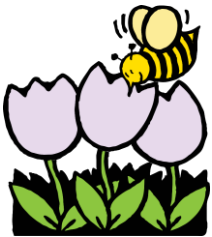


May 2025 Seniors' CHOICE menu

Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
 Complete Meal Meets 1/3 DRI for Older Americans and Complies with the Dietary Guidelines for Americans 2020-2025			Turkey Sandwich on Wheat - 9032 (ch b) ham sandwich on wheat ch7044 Potato Salad Coleslaw Fruit Cocktail Mayo (for turkey only) Mustard (for ham only) Diet: same	Cheese Manicotti - 9133 w/ Pesto Cream Sauce (ch b) spaghetti & meatballs ch7015 Spinach California Blend Vegetables Pears Wheat Bread / Margarine (ch a only) Diet: same
12	13	14	15	16
Cinco de Mayo Beef Taco Salad - 9313 (ch b) chicken taco salad ch7039 Black Beans Corn Peaches w/ Oat Topping Shredded Lettuce, Diced Tomatoes, & Shredded Cheese Tortilla Chips Sour Cream & Taco Sauce Diet: same 	Italian Chicken - 9042 w/ No Salt Added Marinara Spaghetti (ch b) grilled cheese sandwich ch7063 Italian Vegetables Peas Pineapple Diet: same	Summer Salad - 9070 w/ diced Eggs, Shredded Cheese, Grape Tomatoes, Broccoli Floret, Wheat Roll / Margarine Ranch Dressing (ch b) beef & noodles w/gravy green beans, diced carrots ch7052 Apple-Cranberry Juice 100% Animal Crackers Diet: same	Roast Pork Loin w/ Gravy - 9115 (ch b) chicken w/gravy ch7008 Brown Rice Vegetable Medley (2 servings) Wheat Bread / Margarine Mandarin Oranges Diet: same  World Red Cross Day	Mother's Day Celebration Spaghetti & Meatballs - 9035 w/ Marinara & Parmesan (ch b) chicken alfredo w/ broccoli ch7067 Italian Vegetables Spinach / Vinegar Applesauce Chocolate Eclairs Diet: same 
19	20	21	22	23
Philly Beef Steak - 9102 (ch b) turkey frank - ch7010 Potato Wedges Vegetable Medley Swiss Cheese Bun Mustard Pears Diet: same	Ham Sandwich on White - 9125 (ch b) roast beef sandwich on white ch7031 3 Bean Salad Potato Salad Pineapple Mustard (for ham only) Horseradish (for roast beef only) Diet: same	Popcorn Chicken Bowl - 9006 (ch b) meatloaf w/ gravy ch7016 Mashed Potatoes w/ Cheese & Corn Green Beans Baked Cinnamon Apples Biscuit & Margarine Diet: same	BBQ Beef - 9051 (ch b) grilled chicken breast ch7026 Peas & Onions Peaches w/ Oat Topping Cole Slaw Bun Diet: same	Swedish Meatballs - 9053 (ch b) chicken & gravy ch7037 Egg Noodles Broccoli Carrots Fruit Punch 100% Sponge Cake Diet: same  Happy May Birthday!
26	27	28	29	30
Sloppy Joe - 9060 (ch b) chicken bbq ch7002 Peas Chuckwagon Corn Bun Tropical Fruit Salad Diet: same	turkey Ham & Beans - 9062 (ch b) chicken stew ch7022 Mixed Vegetables (2 servings) Cornbread Fruit Cocktail Wheat Roll / Margarine Margarine Diet: same	Chicken Caesar Salad w/ Parmesan & Croutons Marinated Cucumbers & Onions (ch b) spaghetti & meatballs w/ marinara, parmesan, italian vegetables, & spinach Pears Dinner Roll / Margarine Cinnamon Teddy Grahams Diet: same	Hawaiian Pineapple Ham - 9094 (ch b) pineapple topped chicken ch7013 Roasted Sweet Potatoes Peas Mandarin Oranges Wheat Bread (2 slices) Margarine Diet: same	Memorial Day Celebration Hamburger - 9071 (ch b) hot deli ham ch7005 w/ Swiss American Cheese slice Potato Wedges Broccoli Bun Pineapple Tidbits Mustard / Ketchup Diet: same 
Memorial Day 	Chicken & Potato Casserole - 9315 (ch b) roast beef & gravy ch7025 California Blend Vegetables (2 servings) Strawberry Applesauce Wheat Bread (2 slices) Margarine Diet: same	Lemon Pepper Fish - 9033 w/ Tartar Sauce (ch b) chicken tenders ch7009 Brown Rice Scandinavian Veggies (2 servings) Pears Wheat Bread / Margarine Margarine Diet: same	Chicken Salad Sandwich on Wheat - 9047 (ch b) ham salad sandwich on wheat ch7057 Potato Salad Cucumber Salad Peaches Diet: same 	Meatloaf w/ Gravy - 9072 (ch b) roast turkey w/ gravy ch7002 Mashed Potatoes Carrots Pineapple Tidbits Wheat Bread (2 slices) Margarine Diet: same