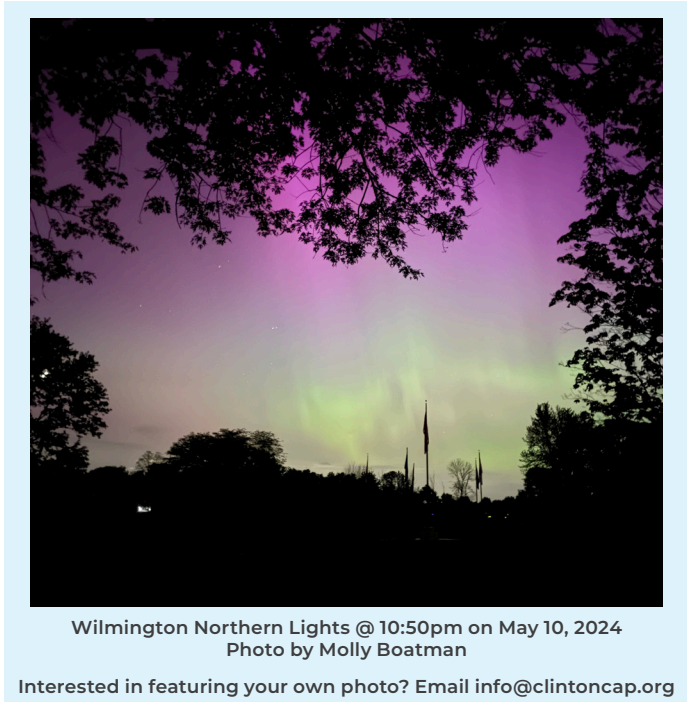


ON THE UP SIDE

CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.
WSB Clinton County Aging UP Community Center

NEWS	SPONSOR SHUTOUT
BIRTHDAYS	LUNCH MENU
EVENTS & TRIPS	ACTIVITIES
PHOTO PAGE	PUZZLE



A Note From Shane

Hello Summer! This month, we have 3 trips planned and more opportunities for you to tackle technology!

On Monday, June 17th we will travel to Lesage, West Virginia to enjoy some Hillbilly Hot Dogs (leave at 8:30 am)

On Thursday, June 20th we will be traveling to Cincinnati to enjoy Silver Spring House (leave at 3:00 pm)

And on Saturday, June 29th we will be taking a Mystery Trip (leave at 9:00 am)

Reservations for all 3 trips are currently being accepted and can be made in-person at the Aging Up Center front desk or by calling 937-382-7170.


Our Technology Classes for Seniors

continue this month on its new day and time,

Thursdays @ 10:00 am. Also, in support of our senior technology outreach, this month we introduce **“Tech Time with Tommy - Learning Labs”!** Tommy Daugherty joins us to offer learning labs where seniors can schedule one-on-one time with Tommy to receive help with any technology issues and challenges. More information on our senior technology offerings can be found later in this newsletter.

Do you have a question or feedback about the Aging Up Center? Please don't hesitate to reach out to me! I can be reached by phone at 937-382-7170, by email at shanebreckel@clintoncap.org, or in-person during my office hours. I'm always happy to hear from you!

*Director
Shane*



WSB Aging Up Community Center
HOURS of OPERATION
Monday - Friday | 8:30 AM - 3:30 PM | 937-382-7170
This institution is an equal opportunity provider and employer.

Interested in volunteering at center events?



The Clinton County Aging Up Center is proud to host alumni dinners this month for Clarksville, Martinsville, and Port William! We thank these groups for renting the center as the funds raised help us to continue to operate the center and serve our senior community.

For events like the alumni dinners, the Aging Up Center is also providing the catering and needs volunteers to help with the dinners. Many volunteer hours are also eligible for matching funds, so you truly provide a great service to our fund-raising efforts when you volunteer at the center!

If you would like to rent the center for an upcoming event or would like to volunteer to help us with events at the center, please contact Stella at 937-382-8365.

Members in the news!

We are excited to share that Carole France is once again volunteering her time and expertise as a member of the Advisory Council with Clinton Memorial Hospital. Her dedication and commitment to our community are truly inspiring. In the accompanying photo, Carole is pictured with the CEO of CMH, Tom Daskalakis, highlighting the strong partnership and shared goals between our organizations.

We look forward to sharing more about Carole's impactful work on our Facebook page!



Mark the calendar for Thursday, June 13...



Our annual **Senior Awareness Fair** will be held on **June 13 from 12:00 pm to 2:00 pm** at the Aging Up Community Center (717 North Nelson Avenue, Wilmington). Numerous vendors will be set up throughout the room, offering valuable information about their businesses and delightful treats. Each vendor will also provide a door prize, giving attendees a chance to win something special. A special guest speaker will deliver an engaging presentation, providing insights and information relevant to seniors. Additionally, a variety of snacks will be available throughout the event. This is a great annual opportunity to connect with local businesses, learn new things, and enjoy a pleasant afternoon together.

Percentage of Income Payment Plan Plus (PIPP) Program

PIPP Program helps income-eligible Ohioans manage their energy bills year-round. The program allows income-eligible Ohioans to pay their energy bill each month based on a percentage of their income. To be eligible for the program, a client must have a total household income at or below 175% of the Federal Poverty Guidelines (FPG) and must apply for all Ohio Development Services Agency (Development) Energy Assistance Programs for which he or she is eligible. A client's PIPP payment will be set at 10% of the last 30 days of household income for households that heat with electric and 5% for households with a different main heating source. Applicants will need to bring the following documents with them:

- Proof of income for the past 30 days for all household members. If self-employed or seasonal you will need to bring the past 12 months' income and a complete copy of the most recent IRS taxes filed. If you have no income, please contact the office for further instructions.
 - Photo ID of applicant.
 - Proof of Disability if applicable
 - Copies of current heating AND electric bills.
 - Social Security Cards for all household members. (Birth certificates, voter registrations, passports or DD-214 will also be accepted if Social Security numbers are provided.)
- Applications are accepted by walk in only at 789 North Nelson Avenue, Wilmington, OH 45177 from 7:00 am until 3:00 pm Monday through Thursday. If you are elderly and/or disabled and cannot come to the office, please contact Becky at Community Action, 937-382-8365 to see if you would be eligible for a home visit.

WSB Aging Up Community Center May Report

MEALS: 544 meals served to 86 clients

TRANSPORTATION: 154-one way trips provided to 26 clients

ESP MEDICAL: 8 units for 3 clients

HOME MEALS: 3,113 home meals delivered to 132 clients

SUPPORTIVE SERVICES: 82.25 units for 82 clients

SOCIALIZATION/RECREATION: Center visited by 166 clients



Charles	Breckel	6/2
Patty	Rudduck	6/3
Pam	Warner	6/4
Judy	Bennett	6/4
Delious (Dee)	Bullock	6/7
Linda	Hilterbrandt	6/7
Beverly	Garrison	6/7
Jane	Dodd	6/8
Robert	Thomas	6/9
Patricia (Pat)	Groh	6/9
Pam	Draeger	6/9
Paula	Walter	6/10
Jeanne	Smith	6/11
Polly	Stanforth	6/13
Paul	Krause	6/13
Lee	Curtis	6/14
Karen	Burton	6/14
Jeff	Boatman	6/14
Kathy	Cooper	6/15
Inga	Grove	6/16
Inga	Grove	6/16
Cindy	Colley	6/16
Becky	Ostermeier	6/16
Nancy	Jones	6/17
Bobbi	Long	6/17
Vickie	Jackson	6/18
Denise	Day	6/18
Robert (Bob)	Robinson	6/19
Mark	McKay	6/20
Christine	Jacobson	6/20
Beverly	Hottinger	6/21
Gina	Straight	6/21
Janell	Smart	6/22
Vera	Gross	6/23
Joe	Petrich	6/23
Danny	Cox	6/24
Margaret	Johnson	6/25
Kenna	Edwards	6/25
Gwen	Marsh	6/25
Judy	Nevels	6/26
Kevin	Whiting	6/27
Carolyn	Harris	6/28
Susan	Henry	6/28
Darlene	Marlel	6/28
May	Stewart	6/29
Gladys	Bobbitt	6/30
Judith	Pendry	6/30
Connie	Hardie	6/30

Upcoming Excursions!

Remember seats are limited so please RSVP to 937-382-7170.

- Monday, June 17, leave 8:30 am, Hillbilly Hot Dogs - Lesage, West Virginia
- Thursday, June 20, leave 3:00 pm, Silver Spring House - Cincinnati
- Saturday, June 29, leave 9:00 am, Mystery Senior Trip
- Friday, July 12, leave 4:30 pm, Dayton Dragons Baseball Game - Dayton. This trip is currently at full capacity.
- Wednesday, July 3, leave 10:00 am, Young's Dairy - Yellow Springs
- Thursday, August 1, leave 3:00 pm, Terry's Carryout & Ice Cream Bar - Lynchburg
Reservations will be accepted starting June 1.
- Wednesday, August 7, leave 3:00 pm, Pickles & Bones Barbecue Restaurant - Milford
Reservations will be accepted starting July 1.
- Friday, August 16, leave 10:00 am, Cincinnati Art Museum - Cincinnati
Reservations will be accepted starting July 1.
- Thursday, September 19, leave 9:30 am, La Comedia - Springboro
We are at the ticket limit for this event but are taking reservations for the backup list!
- Thursday, October 3, leave 8:30 am, Buc-ee's - Richmond, Kentucky
Reservations will be accepted starting September 1.
- Saturday, October 26, leave 9:00 am, Chillicothe for food & shopping
Reservations will be accepted starting September 1.
- Thursday, November 7, leave 3:00 pm, El Asadero Mexican Restaurant - Centerville
Reservations will be accepted starting October 1.
- Saturday, November 16, leave 9:00 am, Der Dutchman Restaurant
Reservations will be accepted starting October 1.

REMINDER

If you are unable to attend an trip, or no longer wish to, please call the center ASAP so that someone from the waiting list can be moved up.



Highlights From May!



June Events

Technology for Seniors Classes

Every Thursday at 10:00 am.

Now Thursdays, each class will focus on NEW information. Classes will be taught by Molly.

Tech Time with Tommy Learning Labs

Tuesday, Wednesday, & Thursdays, NOON to 1:00 pm

As part of our technology outreach to seniors, we will now be offering "learning labs" with Tommy Daugherty! The learning labs are your opportunity to get assistance with all of your technology needs. Whether it's your phone, tablet or computer, Tommy will help you get where you want to go! To schedule a learning lab time with Tommy, please call the Aging Up Center at 937-382-7170.

Senior Awareness Fair

Thursday, June 13th from 12:00 pm to 2:00 pm

Numerous vendors will be set up throughout the room, offering valuable information about their businesses and delightful treats. Each vendor will also provide a door prize, giving attendees a chance to win something special. A special guest speaker will deliver an engaging presentation, providing insights and information relevant to seniors. Additionally, a variety of snacks will be available throughout the event. This is a great annual opportunity to connect with local businesses, learn new things, and enjoy a pleasant afternoon together.

For more information on events, please call 937-382-7170.

Thank you to our 2024 sponsors



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"Personal Attention. Proven Results"



A United Way of Clinton
County Supported Agency



"Discover our community's heritage
Thursdays, Fridays, and Saturdays"



"Modern Banking the Hometown Way"

June Menu

Please remember to RSVP for meals at least 24 hours in advance @ 937-382-7170

Mon	Tue	Wed	Thu	Fri
3 Spaghetti & Meatballs Tossed Salad Breadstick Fruit	4 Turkey & Cheese Sandwich on Wheat Potato Salad Coleslaw Fruit Juice Cookie	5 Beef Stew Green Beans Cornbread Mixed Fruit	6 Chicken & Potato Casserole Broccoli Wheat Bread Fruit Juice Cookie	7 Veal Cutlet Pepper Blend Tossed Salad Hamburger Bun Pudding
10 Salisbury Steak Mashed Potatoes Mixed Vegetables Dinner Roll Applesauce	11 Sloppy Joe on Bun French Fries Coleslaw Fruit Cup	12 Smoked Sausage Sauerkraut Mashed Potatoes Green Beans Rye Bread Fruit Juice	13 Ham Salad on Bun Potato Salad Tomato-Cucumber-Onion Salad Pineapple	14 Fish Sticks Scalloped Potatoes Green Beans Wheat Bread Peaches
17 Chef Salad Crackers Pudding	18 Meatloaf Mashed Potatoes Peas & Carrots Dinner Roll Mandarin Oranges	19 Closed in observance of Juneteenth	20 Hamburger w/ cheese on Bun French Fries Baked Beans Fruit Juice Graham Crackers	21 Chicken Breast Dressing Mashed Potatoes Green Beans Dinner Roll Fruit BIRTHDAY DINNER
24 Bacon, Sausage, Egg Casse- role Hash Browns Stewed Tomatoes Biscuit Orange Juice	25 Chicken Salad Whole Tomato Lettuce Wedge Fruit Cup Crackers	26 Beef Taco Salad Tortilla Chips Corn Mixed Fruit	27 Pulled Pork on Bun Macaroni & Cheese Broccoli Cauliflower Fruit Cup	28 Chicken Caesar Salad Marinated Cucumbers & Onions Breadstick Fruit Cup

ACTIVITIES

Have a suggestion for activities? Email info@clintoncap.org

Pool/Billiards

Mon, Wed, Fri @ 8:15 am

Silver Sneakers

Mon, Wed, Fri @ 9:00 am

Corn Toss (NEW)

Mon, Wed, Fri @ 10:30 am

Bridge (NEW)

Mon @ 9:00 am

Chair Yoga

Mon @ 1:00 pm

CMH Fitness Class

Tue @ 9:00 am

Line Dancing

Tue @ 2:30 pm

Cardio Drumming

Tue @ 5:00 pm, Thurs @ 6:00 pm

Chair Volleyball

Thurs @ 12:15 pm

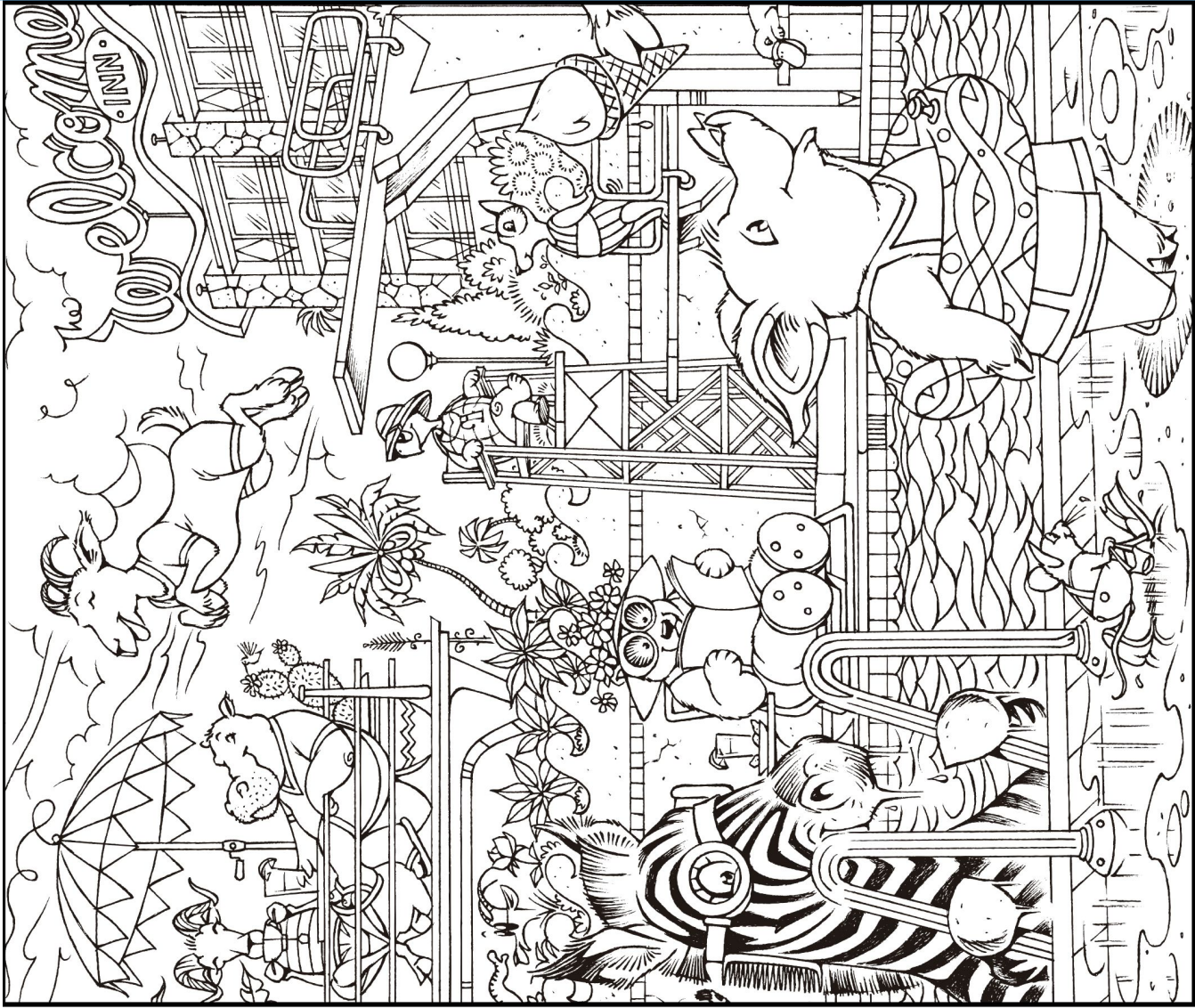
Tech Class (NEW)

Thurs @ 10:00 am

Art Class

Fri @ 10:00 am

Plus following our daily Congregate Lunch @ NOON - general games and activities including card games, bingo, Mexican train dominoes, and more!



BONUS!
 Can you also find
 the baseball bat, envelope,
 pencil, and hockey stick?

