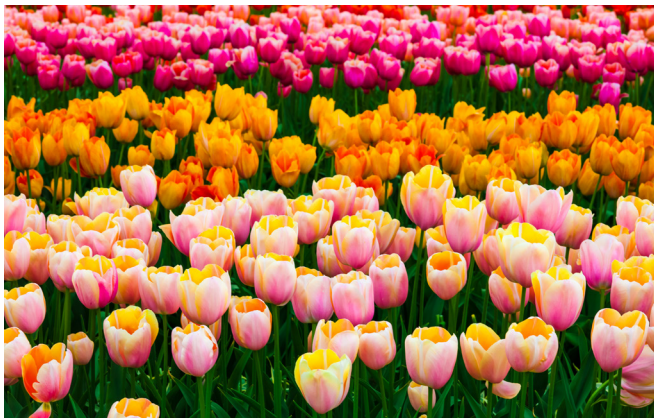


ON THE SIDE

CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.
WSB Clinton County Aging UP Community Center

A Note From Shane



As we continue to enjoy Spring at the Center, we've got some fun trips planned and will see the return of Game Night!

For our trips this month, we will be going to dinner at **The Willows in Washington Court House on Thursday, April 11th** and lunch at the **Schmidt House German Restaurant on Saturday, April 27th!** Spots fill up fast for our trips so don't wait to make a reservation! More info on April's trips can be found in this newsletter.

After a winter break, **Game Night returns this month on Saturday, April 6th at 4:00 pm!** We hope you'll come in for a fun night of games and socialization with all of your friends at the Center! The **Technology for Seniors Classes** will continue this month through a partnership with Wilmington High School. We tackled cell phones at the February classes, online safety at our March classes, and now we'll learn about social media at our classes in April! Classes will be held at NOON following our Congregate Lunch on **April 5th, 12th, 19th, and 26th.** We encourage you to attend multiple times this month to learn all about how to use and have fun with social media.

We're still taking reservations for our trip to see the **Dayton Dragons battle the South Bend Cubs on**


Friday, July 12th! The cost for the game is \$15.00 per person and includes both a ticket and Dayton Dragons Hat. We ask that you pay when making a reservation as we must submit payment to the Dayton Dragons by June 1st.

As always, if you have any questions or ideas for the Center, please let me know or call me at 937-382-7170. Feedback is always welcomed!

*Director
Shane*

NEWS INSIDE

- April Birthdays
- Monthly Bus Trips
- Upcoming Events & Activities
- Congregate Lunch Menu
- Photo Page
- Puzzle Section



Clinton County Community Action Program, Inc.
WSB Aging Up Community Center
HOURS of OPERATION
 Monday - Friday | 8:30 AM - 3:30 PM | 937-382-7170
 This institution is an equal opportunity provider and employer.

Home Energy Assistance Program (HEAP)

Also called “Regular HEAP” – is a federally funded program designed to help income-eligible Ohioans with their winter heating bills. The program runs from July 1 to May 31, 2024. Clients at or below 175% of the Federal Poverty Guidelines (FPG) receive a benefit in the form of a direct payment toward their main heating account. HEAP benefits are typically credited directly towards the eligible client’s energy heating bill beginning in the month of January.

SENIOR HOUSING

Did you know we manage senior housing and are currently accepting applications for the waiting list!

Housing for 55+ years of age:
Blanchester Senior Villas (\$600/m)
 located at 100 Madalyn Loftin Drive, Blanchester;

Clinton Commons I (\$600/m)
 located at 100 Commons lane, off of Howard Street, Wilmington;

Clinton Commons II (\$600/m)
 located on Jeanie Wilson Way, off of Nunn Ave., Wilmington.

Housing for 62+ years of age:
Community Commons (2 bedroom \$525/m, 3 bedroom \$575/m)
 located on Community Drive, off of Nelson Ave., Wilmington.

For more information, please call 937-382-8886.

This institution is an equal opportunity provider.



April

Did you know almost each day of every month is some kind of holiday? Here is a handful we thought would be fun to share with you in case you wanted to celebrate! On certain days we will try to have a treat at the center to celebrate!

April 1st: April Fools Day

April 2nd: National Peanut Butter and Jelly Day

April 3rd: Find a Rainbow Day

April 5th: Deep Dish Pizza Day

April 6th: Tartan Day

April 7th: Coffee Cake Day

April 10th: National Siblings Day

April 11th: National Pet Day

April 12th: National Only Child Day

April 13th: Scrabble Day

April 14th: Gardening Day

April 15th: Laundry Day

April 16th: Wear Your Pajamas To Work Day

April 17th: Cheeseball Day

April 18th: National Exercise Day

April 19th: Garlic Day

April 20th: Pineapple Upside-Down Cake Day

April 22nd: Earth Day

April 23rd: Picnic Day

April 24th: Pigs-in-a-Blanket Day

April 25th: Zucchini Bread Day

April 26th: Pretzel Day

April 27th: Prime Rib Day

April 28th: Blueberry Pie Day

April 30th: National Adopt a Shelter Pet Day

HAPPY BIRTHDAY



Anne	Keys	04/02
Helen	Skogstrom	04/03
Sharlene	Fields	04/03
Deborah	Jones	04/04
Meda	Pittser	04/06
Sharon	Breckel	04/08
Joanne	Lindsey	04/09
Mary	Eveland	04/09
Linda	Brooks	04/12
Barbara	Hickey	04/12
Paula	Holmes	04/13
Liston	Burton	04/14
Tom	Shuttleworth	04/14
Mary Lou	Downing	04/17
Linda	King	04/17
Catherine	Mahanes	04/17
Richard	Schaefer	04/18
Beverly	Schaefer	04/18
Dean	Hartman	04/19
Becky	Perdue	04/19
Jennifer	Hollon	04/20
Diana	Sutherland	04/21
Jack	Carson	04/23
Valerie	Rose	04/23
Denny	Deibel	04/24
Ruth Ann	Kern	04/27
Diana	Barr	04/28
Jeff	Smart	04/28
Norma	Bennett	04/30

If a birthday is missing, please politely let us.

Percentage of Income Payment Plan Plus (PIPP) Program

Helps income-eligible Ohioans manage their energy bills year-round. The program allows income-eligible Ohioans to pay their energy bill each month based on a percentage of their income. To be eligible for the program, a client must have a total household income at or below 175% of the Federal Poverty Guidelines (FPG) and must apply for all Ohio Development Services Agency (Development) Energy Assistance Programs for which he or she is eligible. A client's PIPP payment will be set at 10% of the last 30 days of household income for households that heat with electric and 5% for households with a different main heating source.

Applicants will need to bring the following documents with them:

- Copies of current heating AND electric bills
- Photo ID of applicant
- Proof of Disability if applicable
- Proof of income for the past 30 days for all household members. *(If self-employed or seasonal you will need to bring the past 12 months' income and a complete copy of the most recent IRS taxes filed. If you have no income, please contact the office for further instructions)*
- Social Security Cards for all household members *(Birth certificates, voter registrations, passports or DD-214 will also be accepted if Social Security numbers are provided)*

Applications are accepted by walk in only at 789 North Nelson Avenue, Wilmington from 7am until 3pm Monday through Thursday. If you are elderly and/or disabled and cannot come to the office, please contact Becky at Community Action, 937-382-8365 to see if you would be eligible for a home visit.

NOTICE

Beginning April 1, 2024 Tea & lemonade will now be 50¢ per glass. This policy change is due to a recent increase in waste by congregate lunch attendees and the cost to the Center which does not receive funding to provide these beverages.

REMINDER

If you have not renewed your Clinton County Aging Up Center membership for 2024, we ask that you please do so by April 30th.

Daily Activities

Pool – Mon, Wed, Fri @ 8:15 am

Silver Sneakers – Mon, Wed, Fri @ 9:00 am

Corn Toss – Mon / Wed @ 10:30 am

Chair Yoga – Mon @ 1:00 pm

CMH Fitness – Tues @ 9:00 am

Euchre – Tues @ 12:15 pm

Line Dancing – Tues @ 2:30 pm

Cardio Drumming – Tues @ 5:00 pm / Thurs @ 6:30 pm

Flexibility Exercise – Thurs @ 10:00 am

Chair Volleyball – Thurs @ 12:15 pm

Book Club – Thurs @ 2:30 pm

Art Class – Fri @ 10:00 am

BINGO – Fri @ 12:15 pm

Mexican Train Dominoes – Everyday @ 12:15 pm

April Events

Technology for Seniors Classes

April 5th, 12th, 19th, & 26th: Using Social Media

We will continue our Technology for Seniors Classes this month. The classes, led by students from Wilmington High School, will be held on Fridays at NOON following the Congregate Lunch. The classes will be the same subject throughout the month so everyone will have multiple opportunities to catch that month's class and subject matter. For more information, please contact Shane at 937-382-7170.

Game Night

Saturday, April 6th @ 4:00 pm

Game Night returns! Come in for cards, dominoes and more at the Center! For more information on our events, please call 937-382-7170.



**Remember seats
are limited so
please RSVP to
937-382-7170.**

Monthly Bus Trips!

Thursday April 11, leave @ 3 pm, The Willow's Restaurant in Washington C.H.

Saturday April 27, leave @ 10 am, Schmidt House German Restaurant Columbus

Saturday May 4, leave @ 10:30 am, the Village Restaurant in Waynesville

Thursday May 9, leave @ 3 pm, Butterbees Restaurant in Milford

Saturday May 18, leave @ 10:30 am, The Village Restaurant in Waynesville

Thursday May 30, leave following lunch ~1 pm, Jungle Jim's & Spaghetti Factory

Tuesday June 11, leave @ 3 pm, the Cock & Bull Restaurant in Glendale

Thursday June 20, leave @ 3 pm, Silver Spring House in Cincinnati

Friday July 12, leave 4:30 pm, the Dayton Dragons Baseball Game

HIGHLIGHTS FROM FEBRUARY!



WSB Aging Up Community Center Staff

Shane Breckel

Aging Up Director
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Jonda McCarren

Supportive Services
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Molly Boatman

Outreach Coordinator
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Brian Garber

Food Service Director
briangarber@clintoncap.org

Bob Moreton

Site Coordinator-Transportation
bobmoreton@clintoncap.org

WSB Aging Up Community Center February Report

MEALS: 591 meals were served to 98 clients

TRANSPORTATION: 130-one way trips were provided to 17 participants

ESP MEDICAL: There were 2 units for 1 clients

HOME MEALS: There were 3,241 home meals delivered to 135 clients

SUPPORTIVE SERVICES: There were 75.75 units for 91 clients

SOCIALIZATION/RECREATION: The center was visited by 152 clients

Thank you to our sponsors

Buckley, Miller, Wright, Attorneys at Law - 145 North South Street, Wilmington
Phone: 937-382-0946 Fax: 937-382-1361 Email: bmwlaw@bmwlaw.net

Wilmington Savings Bank - 184 North South Street, Wilmington
Phone: 937-382-1659 wilmingtonsavings.com

Saber Healthcare Group, Wilmington Nursing & Rehabilitation Center - 75 Hale Street, Wilmington
Phone: 937-382-1621 Fax: 937-383-1215

Wilmington Auto Center
Phone: 937-382-7714 wilmingtonautocenter.com

West End Auto Sales & Service - 1403 Rombach Avenue, Wilmington
Phone: 937-382-6100 Mobile: 937-603-5429

Wearly Monuments - 1033 Rombach Avenue, Wilmington
Phone: 937-382-6214 or 800-262-2249 Fax: 937-382-6214

Continental Manor - 820 East Center Street, Blanchester
Phone: 937-783-4949 Follow us on Facebook!



of Clinton County
Supported Agency

April Menu

Please remember to RSVP for meals at least 24 hours in advance @ 937-382-7170

Mon	Tue	Wed	Thu	Fri
1 Chicken & Dumplings Mashed Potatoes Mixed Vegetable Wheat Roll Fruit Cup	2 Chili Dogs Tater Tots Creamed Corn Hot Dog Bun Fruit	3 Meatloaf Scalloped Potatoes Green Beans Wheat Roll Applesauce	4 Spaghetti & Meatballs Broccoli Tossed Salad Garlic Bread Fruit	5 Pork Loin w/gravy Dressing Mashed Potatoes Carrots Peaches
8 Ham & Beans Fried Potatoes Cornbread Fruit	9 Turkey & Cheese on Wheat Macaroni Salad Tomato Lettuce Mandarin Oranges	10 Beef Taco Salad Tomatoes Tortilla Chips Corn Mixed Fruit	11 Sausage & Cabbage Sliced Potatoes Corn Bread Pudding	12 Lasagna Tossed Salad Dinner Roll Fruited Jello
15 Bacon, Sausage & Egg Casserole with Potatoes Stewed Tomatoes Biscuit w/gravy Orange Juice	16 Sloppy Joe on Bun French Fries Coleslaw Fruit Cookie	17 Meal sponsored by Wilmington Nursing and Rehab	18 Broccoli Soup Grilled Ham & Cheese Mixed Vegetables Applesauce	19 Salmon Patty Macaroni & Cheese Creamed Peas Coleslaw Fruit Juice Birthday Dinner
22 Fish Sticks Hashbrowns Green Beans Wheat Bread Mixed Fruit	23 Creamed Chip Beef Gravy on Biscuit Mashed Potatoes Corn Pears	24 Sausage Sauerkraut Mashed Potatoes Green Beans Biscuit Fruit	25 Chicken Alfredo Noodles Peas & Carrots Wheat Roll Peaches	26 Cheeseburger on Bun Baked Beans Tater Tots Graham Crackers Fruit
29 Stuffed Peppers Baked Potato Corn Breadstick Cookies	30 Sausage Sliders Hashbrowns Mixed Vegetables Tossed Salad Pudding Vanilla Wafer			

Menu subject to change without notice



WORD SEARCH

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- BLOOM
- BREEZE
- BUNNY
- BUTTERFLY
- CHICK
- DAFFODIL
- EASTER
- FLOWERS
- GALOSHES
- GREEN
- GRASS
- GROW
- JUNE
- LAMB
- MARCH
- MAY
- NEST
- PUDDLES
- RABBIT
- RAIN
- RAINBOW
- RAINCOAT
- SHOWERS
- SPRING
- SPROUT
- SUNSHINE
- TADPOLE
- TULIP
- UMBRELLA
- WINDY
- WORM