

ON THE **UP** SIDE

CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.
WSB Clinton County Aging UP Community Center

Announcement



Community Action wishes you a safe and Happy Thanksgiving

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Clinton County Community Action Program, Inc.

WSB Aging Up Community Center

HOURS of OPERATION

Monday - Friday | 8:00 AM - 3:30 PM

This institution is an equal opportunity provider and employer.

Monday, October 30th
Help us to welcome the new Aging Up Director during lunch.

* Medicare open enrollment ends December 7th. If you are interested in comparing your plan, call Jonda at 937-382-7170 to schedule an appointment.

* The Health Alliance of Clinton County is sponsoring display areas for crafters and artists at a cost of \$50 for a 10 x 10 space at the Aging Up Community Center on Saturday, December 2nd from 9:00 am to 4:00 pm.

* Tuesday, November 14th, 12:00 noon - Thanksgiving lunch.

* Thursday, November 9th - Veterans Lunch - The children from Head Start Class 5 will be observing the seniors, reciting the Pledge of Allegiance and will have a song to perform to honor the veterans.

* Monday, November 6th - lunch will be sponsored by Merchants National Bank. Representatives from the bank will be at the Center with some giveaways.

* **ATTENTION ALL VOLUNTEERS:** Please fill out a volunteer sheet each time you volunteer for anything at the Center. If you lead an activity, help serve lunch, greet people in the lobby, etc., please fill out a volunteer sheet. This is our way of tracking volunteer hours. Volunteer hours are considered "In Kind" and helps towards the match requirement we have for our funding sources.

* Early reminder: Membership dues are renewable January 2024.

* **Holidazzle Parade - November 25th!** We are once again entering a float and if you would like to ride in the bus please sign up at the Aging Up Center by November 11th.

COMMODITY

Supplemental Food Program

The Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$18,954

2 in household | \$25,636

3 in household | \$32,318

For More information, call the Center.

SENIOR HOUSING

Clinton County Community Action manages senior housing and is currently accepting applications for the waiting list.

Housing for 55 years of age or older:

Blanchester Senior Villas (\$600/mo) located at 100 Madalyn Loffin Drive, Blanchester; Clinton Commons I (\$600/mo) located at 100 Commons lane, off of Howard Street, Wilmington; Clinton Commons II (\$600/mo) located on Jeanie Wilson Way, off of Nunn Ave., Wilmington.

Housing for 62 years of age or older:

Community Commons (\$525/mo - 2 bedroom, \$575/mo - 3 bedroom) located on Community Drive, off of Nelson Ave., Wilmington. For more information, please call 937-382-8886.

This institution is an equal opportunity provider.

COMMUNITY THANKSGIVING DINNER

WHEN: Thanksgiving Day, November 23, 2023

WHERE: Generation's Pizzeria

WHO CAN COME: Open to All!!!

Time: Pick Up 11:00-12:30 pm Eat In 11:30-1:00

Deliveries Starts 10:00 am

COST: FREE!!! **MENU:** Turkey, Stuffing, Mashed Potatoes & Gravy, Green Beans, Pumpkin Pie

RESERVATIONS REQUIRED: Call one of the following numbers: (Deadline November 20TH)

937-382-2706 (Arlafaye) 937-527-6627 (Terri)

937-382-7058 (Homeless Shelter)

WE ARE ACCEPTING MONETARY DONATIONS TO HELP WITH THE Cost

Please Make Checks Payable to The Community Thanksgiving Dinner
Send to:

JoAnn Bartram

%Wilmington Savings Bank

184 North South Street

Wilmington, Ohio 45177

To Volunteer or for information

Call: Tari 937-218-2232, Lorry 937-218-6119, Arlafaye 937-382-2706



Affordable Connectivity Program (ACP)

Dear Spectrum Customer,

It's our pleasure to assist you. Here's some follow-up information we think you'll find useful after our recent discussion.

The [Affordable Connectivity Program](#) offers accepted households a monthly credit to help pay for internet service. You can receive a credit of up to \$30 per month toward your internet service, or of up to \$75 if your household is on Tribal lands.

Please visit the [FCC National Verifier website](#) to find a complete list of eligibility criteria for the Affordable Connectivity Program. If you're eligible, here's how to enroll:

1. Complete your application on the [FCC National Verifier website](#). You may receive immediate approval however, if your eligibility can't be confirmed automatically, you'll receive a request for additional documentation.
2. Once you're approved, go to the [Spectrum online form](#) to finish your application. It's important to complete both the FCC National Verifier form and the Spectrum online form.
3. After you've submitted your Spectrum application, you'll receive updates by email. Updates may include information such as your application status, approval confirmation and what to expect on your bill.

Note: The personal information you provide on the FCC website and the Spectrum application **must match exactly**. For example, if you used "Liz" as your first name on the FCC National Verifier, don't use your full first name "Elizabeth" in the Spectrum application.

[View instructions and other resources](#) to help you receive your ACP benefit.

If you need to talk to someone about your application status, eligibility documents, local participating companies, assistance with the ACP Household Worksheet or resetting your account, call the FCC ACP Support Center at (877) 384-2575, 7 days a week, from 9:00 am to 9:00 pm ET. You can also email support at ACPinfo@fcc.gov.

HAPPY BIRTHDAY



Lynn Adkins	11/19
Billie Baher	11/21
Vera Baker	11/11
Jeffery Bartlett	11/19
Priscilla Batson	11/03
Rhonda Bond	11/27
Angela Bowling	11/20
John Godlove	11/20
Roberta Grooms	11/19
Sharon Haggerty	11/27
Dorothy Henry	11/22
James Hilterbrandt	11/24
Clara Hurt	11/29
Robert Irwin	11/02
Judy King	11/09
Donald Lindsey	11/03
Dave Quairry	11/14
Judy Russell	11/22
Karen Smith	11/12
Eneiqueta Smith	11/25
Peggy Speaight	11/27
Pam Tedlie	11/25
Linda Theener	11/28
Reba Williams	11/05

If a birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible someones birthday is not listed in our membership data or dues have not been paid within the past year.



Winter Crisis Program

The Ohio Development Services Agency and Clinton County Community Action Program will help income-eligible Ohioans stay warm through the winter months. The Home Energy Assistance Winter Crisis Program provides a benefit once per heating season to an income-eligible Ohioan's main heating accounts. Client can apply in person at Community Action, 789 North Nelson Avenue, Wilmington, OH. Eligible clients are those at or below 175% of the Federal Poverty Guideline that are disconnected (or have a pending disconnection notice), need to establish new service, need to pay to transfer service, or have 25% or less bulk fuel supply remaining. The program can also assist in fuel tank replacements, fuel tank testing and heating system repairs. The program operates from November 1, 2023 to March 31, 2024.

Applicants will need to bring the following documents with them to visit:

- Copies of most current heating AND electric bills
- Proof of income for past 30 days, if self-employed or seasonal will need 12 months income and complete IRS 1040 documents. If you have no income, please contact the office for further instructions.
- Birth Certificate or Social Security Cards for all household members

*PIPP (Percentage of Income Payment Plan) Applications are currently being accepted.

*HEAP (Home Energy Assistance Program) Applications are currently being accepted through 5/31/2024.



We help you report fraud.
800-293-4767
proseniors.org/ohio-smp

Medicare Open Enrollment season is right around the corner, which also brings out scammers and their tricks to obtain personal information.

A common tactic during Open Enrollment is to create confusion about Medicare cards. A representative from "Medicare" calls older adults to tell them they are eligible for a new Medicare card. All they need to do is verify their personal information.

Medicare fraud is a billion-dollar business. Scammers are friendly. Personable. Knowledgeable. They create rapport and trust with people answering the phone. Then they apply pressure and often obtain personal information that should never be shared on the phone.

Medicare is not issuing new cards this year. The caller from "Medicare" is a scammer.

We at the Ohio Senior Medicare Patrol hear stories from older adults who have answered the phone and believe that Medicare is on the other end. Or Social Security. Or the Internal Revenue Service. It's not. These trusted government agencies will not initiate calls.*

Con artists are opportunists and target us in times of transition or change. Medicare Open Enrollment is one of those times of transition, which means phones will likely start ringing more often with offers of new cards, new programs, and new services. Know this – Medicare is not calling. I want to make sure that everyone knows that! **Medicare is not calling!** Medicare will not call.*

Please help keep seniors in your network safe from scams by warning them that they may get calls about a new Medicare card – and if so, hang up! Remind them to never give out personal information, especially Medicare card numbers or Social Security numbers. Even better – advise them to screen all calls and decline or send to voicemail calls that are not in their verified caller lists.

If you know anyone who has mistakenly given out their Medicare number to a caller, let us know. We can help check their Medicare account for suspected fraud and help to get it resolved.

*Note that trusted government agencies will never initiate a call, but they may call back if requested.

UPCOMING ACTIVITIES, EVENTS & OTHER NEWS



CLOSED
Thanksgiving Day and Friday the 24th.
AND
November 10th for Veterans Day



EVENTS & OTHER NEWS

Tuesday, Nov. 7th, 14th, 21st, 28th @ 9 am CMH Fitness

Friday, Nov. 17th - Birthday Celebration

Monday, Wednesday, Friday - Silver Sneakers @ 9:00 am

Thursday, Nov. 2nd, 9th, 16th, 23rd, 30th - 10:00 am Flexibility Exercise

Saturdays, November 18th @ 3:00 pm Game Night

ACTIVITIES

Pool - Mondays, Wednesdays, and Fridays at 8:15 am

Corn Toss - Mondays and Wednesdays at 10:30 am

Euchre - Tuesdays at 12:15 pm

Chair Volleyball - Thursdays at 12:15 pm

Line Dancing - Tuesdays at 2:30 pm

BINGO - Fridays at 12:15 pm

Mexican Train Dominoes

Art Classes - Fridays at 10 am

Chair Yoga - Mondays at 1:00 pm

Cardio Drumming - Tuesdays at 5:00 pm



The Center for Cancer Health Equity and OSUCCC James Cancer Mobile Mammography Unit will be at the following location.

Dates for 2024

January 29th
April 1st
June 27th
December 5th

**TO SCHEDULE AN APPOINTMENT
 CALL THE CENTER FOR CANCER HEALTH EQUITY AT**

(614) 366-1586

Eligibility Criteria: Women who do not have breast symptoms, **NOT** pregnant or nursing, with no previous breast cancer. You must be at least 40 to have a screening mammogram. Women who are under 40 would need a written order from their doctor. Women will be screened for eligibility for the Breast and Cervical Cancer Project (BCCP).

*If you are experiencing breast symptoms, please call (614) 366-1586 to schedule a diagnostic mammogram.

Program Sponsored by:

The James



Monthly Bus Trips!



November 30th - Rusty Keg Tavern, Leaving at 4 pm

December 12th - Light Up Middletown, gathering at 4:30 pm for chili & sandwiches, bus leaving at 5:30 pm

December 19th - Friends and Family Christmas dinner starts at 5:30 pm

December 30th - New Years Eve Celebration/Party at 5:00 pm

**Remember seats are limited so please RSVP at (937) 382-7170.

BUS TRIP FUN IN OCTOBER!



RITTER'S FROZEN CUSTARD



**SUB-DISTRICT NUMBER 6
SCHOOL HOUSE**
Brown Road Event Center
1399 BROWN RD., WILMINGTON OH 45177
4937-218-7776
Email: subdistrict6schoolhouse@gmail.com
<http://www.sub-district-no6.com>





DOING THE MOST GOOD

It's Fall, and the Clinton County unit of the Salvation Army is preparing for its annual fund-raiser, the **Red Kettle Campaign**. Given the positive support from Clinton County businesses, we will also continue our mail campaign starting in November and running through the end of December 2023. We encourage you and your employees to sign up to ring at our Salvation Army Red Kettle at the Wilmington Kroger on Saturdays. You can also request us to place one of our small counter kettles at your church or business. Please contact Jane Newkirk or Carol Ewing at 937-382-8365, to arrange to ring or arrange to have a counter-kettle.

Through the annual **Red Kettle Campaign**, the Clinton County Salvation Army unit is able to raise money to provide rent, and social services for those in need in Clinton County. We partner with Clinton County Community Action Program. When people bring their needs to Community Action, it reaches out to Wilmington funding organizations like the Salvation Army to help fill those needs.

Your donation helps provide essentials like rent, utilities, and hope to those hurting right here in Clinton County.

Please be generous and give in person or via mail to your local Salvation Army Unit. You can give via check by mailing your donation to:

The Salvation Army, Clinton County Unit
789 N. Nelson Avenue, Wilmington, Ohio 45177
ATTN: Jane Newkirk or Carol Ewing

Aging UP Community Center September

2023 Board Report

MEALS: 480 meals were served to 119 clients

TRANSPORTATION: 341-one way trips were provided to 60 participants

ESP MEDICAL: There were 10 units for 3 clients.

HOME MEALS: There were 3,405 home meals delivered to 145 clients.

SUPPORTIVE SERVICES: There were 38.5 units for 74 clients

SOCIALIZATION/RECREATION: The center was visited by 213 clients.

WSB AGING UP Community Center Staff

Contact Information - 937-382-7170

Brian Garber
Food Service Director

Jonda McCarren,
Supportive Services

Bob Moreton, Site Coordinator/
Transportation

SPECIAL THANKS TO OUR SPONSORS

Buckley, Miller, Wright, Attorneys at Law - 145 N. South Street, Wilmington, OH 45177
Phone: 937-382-0946 Fax: 937-382-1361 Email: bmwlaw@bmwlaw.net

Wilmington Savings Bank - 184 N. South Street, Wilmington, OH 45177
Phone: 937-382-1659 www.wilmingtonsavings.com

Saber Healthcare Group, Wilmington Nursing & Rehabilitation Center - 75 Hale Street, Wilmington, OH 45177
Phone: 937-382-1621 Fax: 937-383-1215

Wilmington Auto Center
Phone: 937-382-7714 www.wilmingtonautocenter.com

Terry Spurlock, West End Auto Sales & Service - 1403 Rombach Avenue, Wilmington, OH 45177
Phone: 937-382-6100 Mobile: 937-603-5429

Wearly Monuments - 1033 Rombach Avenue, Wilmington, OH 45177
Phone: 937-382-6214 or 800-262-2249 Fax: 937-382-6214

Continental Manor - 820 E. Center Street, Blanchester, OH 45107
Phone: 937-783-4949 Follow us on Facebook!



November Menu

<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>
<p>SUGGESTED DONATION AT MEAL TIME IS \$5.00</p>		<p>Sliced Ham Macaroni & Cheese Green Beans Corn Wheat Bread Fruit Cup</p> <p>1</p>	<p>Creamed Chipped Beef on Biscuit Mashed Potatoes Mixed Vegetables Vanilla Wafers Mixed Fruit</p> <p>2</p>	<p>Spaghetti & Meatballs Broccoli Garlic Toast Applesauce</p> <p>3</p>
<p>Chili Peanut Butter Sand. Tossed Salad Peas Peaches</p> <p>6</p>	<p>Taco Casserole Spanish Rice Corn Sour Cream Fruit Juice</p> <p>7</p>	<p>Sloppy Joe on Bun French Fries Carrots Applesauce</p> <p>8</p>	<p>Cheeseburger Potato Salad Baked Beans Graham Crackers Fruit</p> <p>9</p>	<p>CLOSED FOR VETERANS DAY</p> <p>THANK YOU FOR YOUR SERVICE!!</p> <p>10</p>
<p>Sausage & Sauerkraut Mashed Potatoes Green Beans Bun Fruit</p> <p>13</p>	<p>Turkey & Dressing Mashed Potatoes Gravy Green Beans Dinner Roll Dessert</p> <p>14</p>	<p>Lunch sponsored by Wilmington Nursing and Rehab.</p> <p>15</p>	<p>Cream of Broccoli Soup Grilled Cheese Stewed Tomatoes Crackers Fruit Cup</p> <p>16</p>	<p>BIRTHDAY LUNCH</p> <p>Lasagna Mixed Vegetables Tossed Salad Garlic Bread Fruit Jello</p> <p>17</p>
<p>Pork Loin Scalloped Potatoes Glazed Carrots Wheat Bread Fruit Cocktail</p> <p>20</p>	<p>Chili Dogs Tator Tots CornPineapple Cookie</p> <p>21</p>	<p>Meatloaf Mashed Potatoes Gravy Green Beans Dinner Roll Fruit Cup</p> <p>22</p>	<p>CLOSED</p> <p>Happy Thanksgiving!</p> <p>23</p>	<p>CLOSED</p> <p>24</p>
<p>Ham & Beans Hash Browns Cornbread Fruit Cup</p> <p>27</p>	<p>Salmon Patties Macaroni & Cheese Coleslaw Peas Applesauce</p> <p>28</p>	<p>Chicken & Noodles Mashed Potatoes Corn Wheat Bread</p> <p>29</p>	<p>Cheese Ravioli Tossed Salad Bread Sticks Fruited Jello</p> <p>30</p>	

Menu is subject to change.



November

F N K I T G R A V Y L M M H X
 E A P V B O J M Q W V G M A Q
 U M A C A N D C H E E S E M K
 M A S H E D P O T A T O E S L
 R X Y Q T U R K E Y Q W S C M
 O U U T H A N K S G I V I N G
 L E A F D E M L F X S K Q L M
 L J H M J V I H R K H Y H V Q
 S Z G R E E N B E A N S D C M
 V S D B C Z D Z V T E B T Z Y
 C R A N B E R R Y S A U C E A
 J V G Q H L T G A U E T X P M
 U D R E S S I N G U J A K O S
 J T P U M P K I N P I E L E F
 W T Q P P R B T X M B Z P Z F

rolls	Thanksgiving	mac and cheese
pumpkin pie	green beans	dressing
yams	cranberry sauce	gravy
turkey	ham	mashed potatoes

Word Jumble

sibetwe

okecbafo

telweretns

chobreur

pwspaenre



Missing sunflower, missing white flower, missing feather, missing feathers on wing, missing grass