


ON THE **UP** SIDE

CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.
WSB Clinton County AgingUP Community Center

Letter to the Members






**Clinton County Community
Action Program, Inc.**
 Would like to invite you to an Open House /
 Dedication Ceremony at the
 Wilmington Savings Bank Aging Up Facility located
 at
 717 N. Nelson Avenue
 Wilmington, Ohio

 August 3, 2023
 1:00 pm – 3:00 pm

 There will be a dedication ceremony recognizing

Michael Daugherty
 and the unveiling of multi-generational
 additions to the facility

NEWS INSIDE

- August Birthdays
- Monthly Bus Trips
- Upcoming Events & Activities
- August Menu

EVERY WEDNESDAY IN AUGUST
@ 12:30 PM

**SUMMERTIME
FUN!**

 Lets load the bus and go to the park
 for ice cream and games. Ice cream will be provided!



Brian Garber

AGINGUP DIRECTOR

briangarber@clintoncap.org

937-382-7170

Clinton County Community Action Program, Inc.

WSB Aging Up Community Center

HOURS of OPERATION

Monday - Friday | 8:00 AM - 3:30 PM

This institution is an equal opportunity provider and employer.

COMMODITY

Supplemental Food Program

The Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$17,667

2 in household | \$23,803

3 in household | \$29,939

For More information, call the Center.

SENIOR HOUSING

Clinton County Community Action manages senior housing and is currently accepting applications for the waiting list.

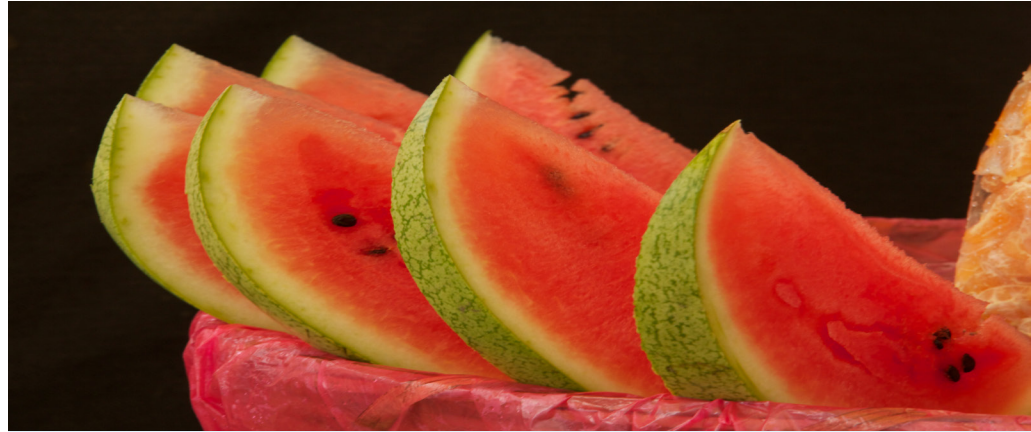
Housing for 55 years of age or older:

Blanchester Senior Villas (\$600/mo) located at 100 Madalyn Loffin Drive, Blanchester; Clinton Commons I (\$600/mo) located at 100 Commons lane, off of Howard Street, Wilmington; Clinton Commons II (\$600/mo) located on Jeanie Wilson Way, off of Nunn Ave., Wilmington.

Housing for 62 years of age or older:

Community Commons (\$525/mo - 2 bedroom, \$575/mo - 3 bedroom) located on Community Drive, off of Nelson Ave., Wilmington. For more information, please call 937-382-8886.

This institution is an equal opportunity provider.



August

Did you know each day of every month was some kind of holiday? We thought this would be fun to share with you in case you wanted to celebrate!

1. Girl Friends Day
2. Ice Cream Sandwich Day
3. White Wine Day
4. International Beer Day
5. Oyster Day
6. Sisters Day
7. Lighthouse Day
8. International Cat Day
9. Melon Day
10. Lazy Day
11. Play in the Sand Day
12. Vinyl Record Day
13. International Lefthanders Day
14. Creamsicle Day
15. Relaxation Day
16. Rum Day
17. Thrift Shop Day
18. Men's Grooming Day
19. World Honey Bee Day
20. Chocolate Pecan Pie Day
21. Senior Citizens Day
22. Eat a Peach Day
23. Ride the Wind Day
24. Pluto Demoted Day
25. Banana Split Day
26. Dog Day
27. Banana Lovers Day
28. Bow Tie Day
29. More Herbs, Less Salt Day
30. Slinky Day
31. Trail Mix Day

*On certain days we will try to have a treat at the center to celebrate!

***Please Note:** If you receive services through the Elderly Services Program (ESP) and have concerns or complaints, please contact the County Commissioners Office at (937) 382-2103.

HAPPY BIRTHDAY



| | |
|------------------|-------|
| Steve Fox | 08/01 |
| Flo Manning | 08/01 |
| Mary Ann Nace | 08/01 |
| Bob Watters | 08/02 |
| Thelma Godlove | 08/05 |
| Patti Kinsinger | 08/05 |
| Maxine Lovelace | 08/07 |
| Carliss Smith | 08/08 |
| Joyce Kimball | 08/09 |
| Lee Silverstrim | 08/09 |
| Dika Swartzel | 08/09 |
| Jack Rose | 08/12 |
| Jeff Sloan | 08/12 |
| Paula Erwin | 08/14 |
| Karen Quairry | 08/14 |
| Jim Gibson | 08/17 |
| Jeff Roach | 08/17 |
| Sharon Cordrey | 08/21 |
| Connie Wall | 08/21 |
| Roy Clark | 08/22 |
| Sue Lamke | 08/23 |
| Wilma Kelso | 08/24 |
| Sharon Ackermann | 08/24 |
| Kay Burton | 08/24 |
| Jim Flint | 08/29 |
| Patti Cook | 08/29 |
| George Cook | 08/29 |
| Jennifer Grove | 08/29 |
| Dorothy Day | 08/31 |

If a birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible someones birthday is not listed in our membership data or dues have not been paid within the past year.

Ohio | Development Services Agency
 Mike DeWine, Governor Lydia L. Mihalik, Director
 Jon Husted, Lt. Governor

News Release



Mike Dewine – Governor
 John Husted – Governor

Clinton County Community Action
Contact: Becky Boris, 937-382-8365,
 beckyboris@clintoncap.org
Ohio Development Services Agency Contact:
 Todd Walker (614) 644-0247
 Todd.Walker@development.ohio.gov

HEAP Summer Crisis Program

The 2023 Summer Crisis Program (SCP) will provide eligible households with a one-time benefit to assist with electric utility bills, central air conditioning repairs, and air conditioning unit and/or fan purchases. Household income must be at or below 175% of the Federal Poverty Guidelines and households must have at least one additional eligibility criteria listed below:

- A household member who is age 60 or older.
- A household member has a documented medical condition verified by a licensed medical professional who is qualified under Ohio law to write prescriptions.
- Percentage of Income Payment Plan Plus (PIPP) customers are eligible for assistance towards their default PIPP payment, first PIPP payment, central air conditioning repairs, or may receive an air conditioning unit and/or fan.
- A household's electric utility has a disconnect notice, has been shut off, or new electric service is being established for the household. These households may also receive an air conditioning unit and/or fan or central air conditioning repairs if the household can maintain electric service for 30 days.

This year the program will be open July 1 – September 30, 2023. The maximum benefit amounts for the 2023 program are: \$500 for customers of regulated utilities and \$800 for customers of unregulated utilities (municipal utilities or cooperatives). Air conditioning units and/or fans may only be provided to eligible customers who have not received an air conditioning unit or fan in the last three years. Up to \$1500 for central air conditioning repair.

The utility assistance benefit is separate from the additional benefit. Households may receive the maximum utility assistance benefit towards their electric bill and still receive an additional benefit (i.e., central air conditioner repair, air conditioner unit, and/or fan).

Low-Income Housing Water Assistance - provides a one-time benefit to an income-eligible Ohioan's water account. Clients can apply in person at Community Action, 789 North Nelson Avenue, Wilmington, OH. Eligible clients are those at or below 175% of the Federal Poverty Guideline that need current charges assistance, disconnected (or have a pending disconnection notice), need to establish new service or need to pay to transfer service. The program runs until September 30, 2023.

***PIPP (Percentage of Income Payment Plan) applications are currently being processed.** Applications are currently being accepted by walk in only at 789 North Nelson Avenue, Wilmington, OH 45177 from 8:00 a.m. until 3:00 p.m. Monday through Friday. If you are elderly and/or disabled and cannot come to the office, please contact Becky at Community Action, 937-382-8365 to see if you would be eligible for a home visit.

*HEAP (Home Energy Assistance Program) Applications are currently being processed

AUGUST 26TH 9 AM - 3 PM
YARD SALE
 \$5.00 PER SET UP SPACE
 RSVP TO BRIAN FOR A SPACE

UPCOMING ACTIVITIES, EVENTS & OTHER NEWS



EVENTS & OTHER NEWS

Wednesday, August 2nd - 11:30 am - 1pm Unlimited Soup and Salad Bar \$7.50

Tuesday, August 1st, 8th, 15th, 22nd, 29th @ 9 am CMH Fitness

Friday, August 18th - Birthday Celebration

Monday, Wednesday, Friday - Silver Sneakers @ 9:00 am

Thursday, August 3rd, 10th, 17th, 24th, 31st - 10:00 am

Flexibility Exercise

Friday, August 4th, 11th, 18th, 25th - 10 am Painting Class



The Health Alliance of Clinton County and the Wilmington Lions Club partnered to purchase a LifePak 1000 defibrillator for the Clinton County Aging Up Center. The new defibrillator features voice prompts and on-screen graphics that provide clear guidance in applying electrodes and initiating a shock to help ensure user confidence. The LifePak 100 is also compatible with the unit carried by the Wilmington Fire Department EMTs, and helps speed the transition to the next level of care. Both the Health Alliance of Clinton County and the Wilmington Lions Club raise funds through events to provide health benefits to residents of Clinton County.

We can't thank you enough for this generous donation!

Pictured L-R is Kay Fisher, President of Health Alliance of Clinton County; Brian Garber, Director of Clinton County Aging Up Center; Lions President Ben Dunn and Lion Larry Fisher.

AUCTION TO BENEFIT THE AGING UP CENTER



There will be an auction held on October 21, 2023 @ 10 am. Start thinking about any good items used, new, or antique that you might like to donate for the auction. Some examples are glassware, china, small furniture, pottery, small desk/table lamps, nice women's purses, jewelry, art work/pictures, antique older books, clocks, etc. Items can be dropped off at the Center Monday - Friday, 8 am to 4 pm or contact the Center if items need to be picked up. All donations made to CCCAP can receive a donation form for tax purposes. If you have any questions about items, please contact George Cook at 937-366-6787. He is coordinating the auction.

- ### ACTIVITIES
- Pool - Mondays, Wednesdays, and Fridays at 8:15 am
 - Corn Toss - Mondays and Wednesdays at 10:30 am
 - Euchre - Tuesdays at 12:15 pm
 - Chair Volleyball - Thursdays at 1:30pm
 - Line Dancing - Tuesdays at 2:30 pm
 - BINGO - Fridays at 12:15 pm
 - Mexican Train Dominoes

100% of proceeds going to a good cause.



HIGHLIGHTS!



DER DUTCHMAN BUS TRIP 7-1-2023



EVERY WEDNESDAY IN AUGUST
@ 12:30 PM

SUMMERTIME FUN!

Lets load the bus and go to the park
for ice cream and games. Ice cream will be provided!

ADMIT ONE



Monthly Bus Trips!

- July 27th - Rusty Keg Restaurant in WCH, leaving at 4 pm
 - July 29th - Lebanon Barrel House Rest. & Whitts Custard, leaving at 10:45 am
 - August 5th - Springfield Flea Market, leaving at 9 am
 - August 10th - Schoolhouse Restaurant, Camp Dennison, leaving at 9:45 am
 - August 19th - Monroe Outlet Mall, leaving at 10 am
 - August 17th - Golden Lamb (Lebanon), leaving at 4 pm
 - August 24th - Cheesecake Factory in Liberty Twp., leaving at 4 pm
 - August 31st - Terry's in Lynchburg for Pizza & Ice Cream, leaving at 4 pm
 - September 7th - Butter Bee's (Milford), leaving at 4 pm
 - September 14th - Old Bag of Nails in Mason, leaving at 4 pm
 - September 21st - The Porch in Hillsboro, leaving at 4 pm
 - September 30th - Rip Rap Roadhouse in Dayton, leaving at 10 am
 - October 14th - Fall Train Ride (Lebanon), tbd
- **Remember seats are limited so please RSVP to Brian at (937) 382-7170.

WSB AGING UP Community Center Staff

Contact Information

Senior Operations
937-382-7170

Jonda McCarren,
Supportive Services

Brian Garber,
Senior Center Director

Bob Moreton,
Site Coordinator-
Transportation

Aging UP Community Center June 2023 Board Report

MEALS: 423 meals were served to 91 clients

TRANSPORTATION: 246-one way trips were provided to 50 participants

ESP MEDICAL: There were 12 units for 3 clients.

HOME MEALS: There were 4,098 home meals delivered to 163 clients.

SUPPORTIVE SERVICES: There were 53.75 units for 73 clients

SOCIALIZATION/RECREATION: The center was visited by 108 clients.

EXERCISE ROOMS: 40 clients



THANK YOU To Our Sponsors



Buckley, Miller, Wright
Attorneys at Law

bmwlaw@bmwlaw.net

145 N. South Street
Wilmington, OH 45177

Phone: 937-382-0946
Fax: 937-382-1361



184 N. South Street
Wilmington, Ohio 45177

937 - 382 - 1659

www.wilmingtonsavings.com



Member
FDIC



Wilmington Nursing &
Rehabilitation Center

75 Hale Street
Wilmington, OH 45177

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Fax: (937) 383 - 1215

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USDA is an equal opportunity provider, employer, and lender.

August Menu

| <u>MON</u> | <u>TUE</u> | <u>WED</u> | <u>THU</u> | <u>FRI</u> |
|--|---|---|--|---|
| SUGGESTED DONATION AT MEAL TIME IS \$5.00 | Chicken Breast with Gravy Italian Vegetables Red Potatoes Wheat Bread/Fruit Cup 1 | Unlimited Soup & Salad Bar Vegetable Beef Soup 2 | Chicken Casserole California Veggies Wheat Bread Peaches 3 | Cinci-Style Chili over Spaghetti Broccoli Beans Fruit Cup 4 |
| Ham & Beans Fried Potatoes Corn Bread Chocolate Pudding 7 | Chicken Salad / Bun Potato Salad Cucumber Salad Sliced Tomato Cookies 8 | Turkey Sausage Mashed Potatoes Sauerkraut Green Beans Pears 9 | Ruben Sliders Hash Browns Peas Fruit Cocktail 10 | Sliced Ham Scallop Potatoes Broccoli & Cauliflower Wheat Bread 11 |
| Beef Hot Shot Mashed Potatoes Green Beans Cherry Pie 14 | Turkey Sandwich/Bun Potato Salad Broccoli Salad Fruit Cup 15 | NURSING HOME LUNCH Chicken and Noodles 16 | Pork Loin w/Gravy Brown Rice Vegetable Medley Fruit Cup 17 | Salmon Patties Mac & Cheese Veggie Combo BIRTHDAY LUNCH 18 |
| Turkey w/ Gravy Mashed Potatoes Carrots Wheat Bread Applesauce 21 | Taco Casserole Baked Corn Spanish Rice Peaches 22 | Fish Sticks Scallop Potatoes Green Beans Bread Fruit Cocktail 23 | Hamburger/Bun Hash Brown Pattie Baked Beans Dessert 24 | BBQ Beef Sandwich Peas & Onions Cole Slaw Peach Cobbler 25 |
| Sausage & Cabbage Casserole Diced Buttered Potatoes Corn, Applesauce 28 | Meatloaf & Gravy Potatoes Mixed Veggies Dinner Roll Mandarin Oranges 29 | Chili Corn Bread Green Beans Fresh Fruit 30 | Lasagna Tossed Salad Garlic Bread Fruit 31 | All meals come with 1% white milk and 100% fruit juice on day it is offered. |

Menu is subject to change.





1403 Rombach Avenue Phone: 937-382-6100
Wilmington, OH 45177 Mobile: 937-603-5429

We buy cars!

The logo for Wearly Monuments features the word "WEARLY" in a large, black, serif font with a thin black arch above it. Below "WEARLY" is the word "MONUMENTS" in a smaller, black, serif font. The logo is centered within a thin black rectangular border.

WEARLY MONUMENTS

— since 1899 —

1033 Rombach Avenue., Wilmington, OH 45177

Alice Ujvary

Office: (937) 382-6214 **Fax:** (937) 382-6214
(800) 262-2249



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WILMINGTON, OHIO 45177

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