

# ON THE **UP** SIDE



CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.  
WSB Clinton County AgingUP Community Center

## Letter to the Members

### Clinton County Program, Inc.

Would like to invite you to an Open House /  
Dedication Ceremony at the  
Wilmington Savings Bank Aging Up Facility located  
at  
717 N. Nelson Avenue  
Wilmington, Ohio

August 3, 2023  
1:00 pm – 3:00 pm

There will be a dedication ceremony recognizing

### Michael Daugherty

and the unveiling of multi-generational  
additions to the facility



## NEWS INSIDE

- July Birthdays
- Monthly Bus Trips
- Upcoming Events & Activities
- July Menu

**Reminder:** All activities the week of July 25th - 28th will be cancelled. We are having the floors waxed and are unable to be utilize the space. Congregate Meals will still be provided. Thank you for your understanding!



### Brian Garber

AGINGUP DIRECTOR

briangarber@clintoncap.org

937-382-7170

Clinton County Community Action Program, Inc.

WSB Aging Up Community Center

HOURS of OPERATION

Monday - Friday | 8:00 AM - 3:30 PM

This institution is an equal opportunity provider and employer.

## COMMODITY

### Supplemental Food Program

The Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$17,667

2 in household | \$23,803

3 in household | \$29,939

For More information, call the Center.

## SENIOR HOUSING

Clinton County Community Action manages senior housing and is currently accepting applications for the waiting list.

### Housing for 55 years of age or older:

Blanchester Senior Villas (\$575/mo) located at 100 Madalyn Loffin Drive, Blanchester; Clinton Commons I (\$575/mo) located at 100 Commons lane, off of Howard Street, Wilmington; Clinton Commons II (\$575/mo) located on Jeanie Wilson Way, off of Nunn Ave., Wilmington.

### Housing for 62 years of age or older:

Community Commons (\$500/mo - 2 bedroom, \$550/mo - 3 bedroom) located on Community Drive, off of Nelson Ave., Wilmington. For more information, please call 937-382-8886.

This institution is an equal opportunity provider.



## July

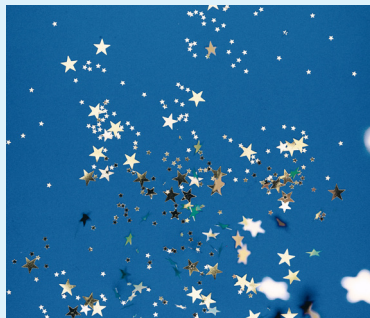
Did you know each day of every month was some kind of holiday? We thought this would be fun to share with you in case you wanted to celebrate!

1. Joke Day
2. Build a Scarecrow Day
3. International Plastic Bag Free Day
4. Barbecue Day
5. Apple Turnover Day
6. Fried Chicken Day
7. Macaroni Day
8. Math 2.0 Day
9. Sugar Cookie Day
10. Pina Colada Day
11. Blueberry Muffin Day
12. New Conversations Day
13. French Fries Day
14. Share Awareness Day
15. Gummi Worm Day
16. Guinea Pig Appreciation Day
17. World Emoji Day
18. Mandela Day
19. Daiquiri Day
20. International Chess Day
21. Junk Food Day
22. Hammock Day
23. Vanilla Ice Cream Day
24. Tequila Day
25. Wine & Cheese Day
26. Coffee Milkshake Day
27. Chili Dog Day
28. Milk Chocolate Day
29. Lasagna Day
30. Friendship Day
31. Raspberry Cake Day

\*On certain days we will try to have a treat at the center to celebrate!

**\*Please Note:** If you receive services through the Elderly Services Program (ESP) and have concerns or complaints, please contact the County Commissioners Office at (937) 382-2103.

# HAPPY BIRTHDAY



Anita Rodgers	07/01
Barb Thomas	07/01
Rita Howard	07/02
Peggy Bennett	07/05
Mike Fouch	07/07
Melanie Morgan	07/07
Martha Riley	07/07
Nancy Baker	07/08
Ester Jordan	07/09
Sid Clay	07/10
Rosie Beal	07/10
William Haynie	07/11
Robert Shingler	07/13
Cindy Petrich	07/14
John Philip	07/14
Kathy Powell	07/21
Connie Wilson	07/21
Anne Lynch	07/22
Charity Gehringer	07/24
Martha Millikin	07/25
Joan Burge	07/26
Lorraine Wise	07/27
Betty Yarger	07/27
Cheri Cleaver	07/28
Patty Hickey	07/29
Mary Smalley	07/29
Dorothy Weiford	07/31

## July Holidays

July 4th - Independence Day

If a birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible someones birthday is not listed in our membership data or dues have not been paid within the past year.

**Ohio** | Development Services Agency  
 Mike DeWine, Governor      Lydia L. Mihalik, Director  
 Jon Husted, Lt. Governor

## News Release



Mike Dewine – Governor  
 John Husted – Governor

**Clinton County Community Action**  
**Contact: Becky Boris, 937-382-8365,**  
 beckyboris@clintoncap.org  
**Ohio Development Services Agency Contact:**  
 Todd Walker (614) 644-0247  
 Todd.Walker@development.ohio.gov

### HEAP Summer Crisis Program

The 2023 Summer Crisis Program (SCP) will provide eligible households with a one-time benefit to assist with electric utility bills, central air conditioning repairs, and air conditioning unit and/or fan purchases. Household income must be at or below 175% of the Federal Poverty Guidelines and household's must have at least one additional eligibility criteria listed below:

- A household member who is age 60 or older.
- A household member has a documented medical condition verified by a licensed medical professional who is qualified under Ohio law to write prescriptions.
- Percentage of Income Payment Plan Plus (PIPP) customers are eligible for assistance towards their default PIPP payment, first PIPP payment, central air conditioning repairs, or may receive an air conditioning unit and/or fan.
- A household's electric utility has a disconnect notice, has been shut off, or new electric service is being established for the household. These households may also receive an air conditioning unit and/or fan or central air conditioning repairs if the household can maintain electric service for 30 days.

This year the program will be open July 1 – September 30, 2023. The maximum benefit amounts for the 2023 program are: \$500 for customers of regulated utilities and \$800 for customers of unregulated utilities (municipal utilities or cooperatives). Air conditioning units and/or fans may only be provided to eligible customers who have not received an air conditioning unit or fan in the last three years. Up to \$1500 for central air conditioning repair.

The utility assistance benefit is separate from the additional benefit. Households may receive the maximum utility assistance benefit towards their electric bill and still receive an additional benefit (i.e., central air conditioner repair, air conditioner unit, and/or fan).

**Low-Income Housing Water Assistance** - provides a one-time benefit to an income-eligible Ohioan's water account. Clients can apply in person at Community Action, 789 North Nelson Avenue, Wilmington, OH. Eligible clients are those at or below 175% of the Federal Poverty Guideline that need current charges assistance, disconnected (or have a pending disconnection notice), need to establish new service or need to pay to transfer service. The program runs until September 30, 2023.

**\*PIPP (Percentage of Income Payment Plan) applications are currently being processed.**

Applications are currently being accepted by walk in only at 789 North Nelson Avenue, Wilmington, OH 45177 from 8:00 a.m. until 3:00 p.m. Monday through Friday. If you are elderly and/or disabled and cannot come to the office, please contact Becky at Community Action, 937-382-8365 to see if you would be eligible for a home visit.



## UPCOMING ACTIVITIES, EVENTS & OTHER NEWS



### EVENTS & OTHER NEWS

Wednesday, July 5th - 11:30 am - 1pm Unlimited Soup and

Salad Bar \$7.50

Tuesday, July 11th, 18th, 25th @ 9 am CMH Fitness

Friday, July 21st - Birthday Celebration

Monday, Wednesday, Friday - Silver Sneakers @ 9:00 am

Thursday, July 6th, 13th, 20th, 27th - 10:00 am Flexibility Exercise

### ACTIVITIES

Pool - Mondays, Wednesdays, and Fridays at 8:15 am

Corn Toss - Mondays and Wednesdays at 10:30 am

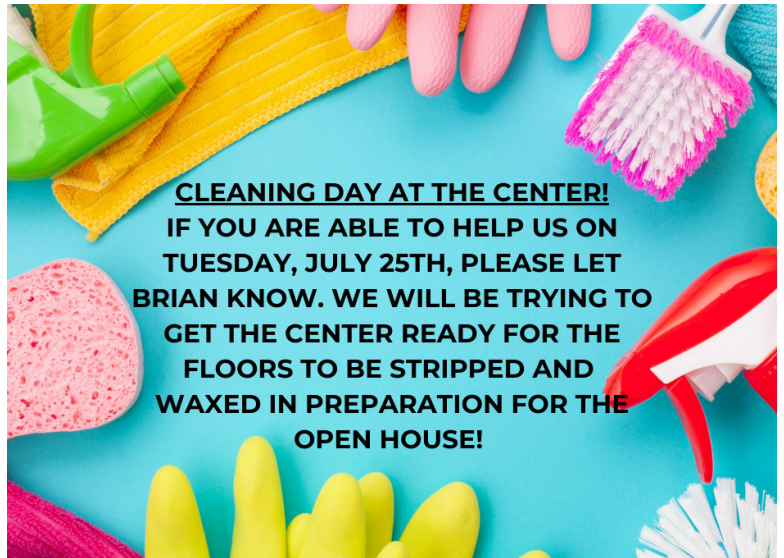
Euchre - Tuesdays at 12:15 pm

Chair Volleyball - Thursdays at 12:15 pm

Line Dancing - Tuesdays at 2:30 pm

BINGO - Fridays at 12:15 pm

Mexican Train Dominoes



**CLEANING DAY AT THE CENTER!**  
**IF YOU ARE ABLE TO HELP US ON**  
**TUESDAY, JULY 25TH, PLEASE LET**  
**BRIAN KNOW. WE WILL BE TRYING TO**  
**GET THE CENTER READY FOR THE**  
**FLOORS TO BE STRIPPED AND**  
**WAXED IN PREPARATION FOR THE**  
**OPEN HOUSE!**



### Monthly Bus Trips!

July 1st - Plains (Amish Restaurant & Shopping), leaving at 9:30 am

July 20th - Cracker Barrel, leaving at 4 pm

August 2nd - Ohio State Fair Senior Day, leaving at 9 am - 3 pm

August 5th - Springfield Flea Market, leaving at 9 am

August 19th - Monroe Outlet Mall, leaving at 10 am

August 17th - Golden Lamb (Lebanon), leaving at 4 pm

September 7th - Butter Bee's (Milford), leaving at 4 pm

October 14th - Fall Train Ride (Lebanon), tbd

**\*\*Remember seats are limited so please RSVP to Brian at (937) 382-7170. If you sign up and are not going to be able to go, please call Brian ASAP to allow someone else a chance to go.**

# HIGHLIGHTS!



Want to receive the newsletter via email?

Call us at 937-382-8365 and provide your email address!



# LOOKING AHEAD!

**AUCTION TO BENEFIT THE AGING UP CENTER**



There will be an auction held on October 21, 2023. George Cook and Carole Erdman are currently accepting donations for the auction. Items can be dropped off at the Center Monday - Friday, 8 am to 4 pm or contact the Center if items need to be picked up. All donations made to CCCAP can receive a donation form for tax purposes.

100% of proceeds going to a good cause.



### WSB AGING UP Community Center Staff

#### Contact Information

Senior Operations  
937-382-7170

Jonda McCarren,  
Supportive Services

Brian Garber,  
Senior Center Director

Bob Moreton,  
Site Coordinator-  
Transportation

### Aging UP Community Center May 2023 Board Report

MEALS: 488 meals were served to 128 clients

TRANSPORTATION: 228-one way trips were provided to 62 participants

ESP MEDICAL: There were 10 units for 3 clients.

HOME MEALS: There were 4,043 home meals delivered to 156 clients.

SUPPORTIVE SERVICES: There were 45 units for 63 clients

SOCIALIZATION/RECREATION: The center was visited by 145 clients.

EXERCISE ROOMS: 48 clients



### THANK YOU To Our Sponsors



Buckley, Miller, Wright  
Attorneys at Law

[bmwlaw@bmwlaw.net](mailto:bmwlaw@bmwlaw.net)

145 N. South Street  
Wilmington, OH 45177

Phone: 937-382-0946  
Fax: 937-382-1361



184 N. South Street  
Wilmington, Ohio 45177

937 - 382 - 1659

[www.wilmingtonsavings.com](http://www.wilmingtonsavings.com)



Wilmington Nursing &  
Rehabilitation Center

75 Hale Street  
Wilmington, OH 45177

Phone: (937) 382 - 1621  
Fax: (937) 383 - 1215

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USDA is an equal opportunity provider, employer, and lender.

## July Menu

<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>
Hamburger/Bun Potato Wedges Broccoli Fruit  3	CLOSED  4	Unlimited Soup & Salad Bar (Cream of Broccoli)  5	Roast Beef Sandwich 3 Bean Salad Carrot/Raisin Salad Mandarin Oranges  6	Cream Chip Beef Mashed Potatoes Mixed Veggies Fruit Cup  7
Lasagna Salad Bowl Garlic Bread Applesauce  10	Philly Beef Steak Hash Browns Vegetable Medley Grape Juice  11	Beef Tacos Spanish Rice Cream Corn Fruit Cocktail  12	Chicken Tenders Brown Rice Mixed Veggies Pineapple Tidbits  13	Chicken Salad Sand. Potato Salad Slaw Fresh Fruit  14
Salmon Patties Mac & Cheese Salad Banana Pudding  17	Spaghetti/Meatballs Green Beans Dinner Rolls Peaches  18	NURSING HOME LUNCH  19	Pork Loin/Gravy Brown Rice Mixed Veggies Peaches  20	Stuffed Peppers Fried Potatoes Corn Cherry Jello BIRTHDAY LUNCH  21
Ham & Beans Corn Bread Fried Potatoes Fruit  24	Pulled BBQ Chicken Potatoe Patties Corn Fresh Fruit  25	Turkey Sandwich Potato Salad Slaw Cookies  26	Roast Turkey Mashed Potatoes Carrots Strawberry Applesauce  27	Hamburger/Hot Dogs Tater Tots Baked Beans Fruit Cup  28
Chicken Alfredo Cauliflower Dinner Roll Apple Pie  31		All meals come with 1% white milk and 100% fruit juice on day it is offered.	SUGGESTED DONA- TION AT MEAL TIME IS \$5.00	

Menu is subject to change.

# BIG ERNIES PIZZA





1403 Rombach Avenue      Phone: 937-382-6100  
Wilmington, OH 45177      Mobile: 937-603-5429

We buy cars!

## WEARLY MONUMENTS

— since 1899 —

1033 Rombach Avenue., Wilmington, OH 45177

Alice Ujvary

**Office:** (937) 382-6214      **Fax:** (937) 382-6214  
(800) 262-2249



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—  
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