

CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.
WSB Clinton County AgingUP Community Center

### Letter to the Members



EFFECTIVE WITH THE JULY NEWSLETTER, WE WILL NO LONGER BE MAILING THEM. IF YOU WOULD LIKE A COPY OF THE MONTHLY NEWSLETTER, THEY CAN BE PICKED UP THE LAST WEDNESDAY OF EACH MONTH. IF THE FIRST FALLS ON WEDNESDAY, THEN THE NEWSLETTER WILL BE READY BY THE LAST MONDAY OF THE MONTH. THE MENU AND ACTIVITIES WILL ALWAYS BE POSTED ON FACEBOOK AND THE ENTIRE NEWSLETTER WILL BE AVAILABLE ON OUR WEBSITE CLINTONCAP.ORG.

There will not be a game night this month as we have many catering events on Saturdays. We will bring it back in July.

We are excited about our 14th Annual Senior Awareness Fair coming up on Wednesday, June 23rd! This is a great event to collect information from services throughout Clinton County! This will take place from 11 am - 1 pm at the center. We will have door prizes along with free popcorn and cotton candy! See you there!

We have a new board in the lobby you may have seen recently that has fliers for all the upcoming trips we have planned! We are very excited for another busy month of such fun activities. Check the board often for new opportunities or special announcements to come!

There will be a big birthday party for Barb Davis at the center on Sunday, June 11th from 1 pm - 4 pm. This event is hosted by her family who would love for you to come and visit Barb for her 90th Birthday Celebration. You're welcome to RSVP at the center. There will be cake and cupcakes to enjoy! Barb enjoys cards if you wish to bring one.

# **NEWS INSIDE**

- June Birthdays
- Monthly Bus Trips
- Upcoming Events & Activities
- June Menu



## **Brian Garber**

Aging UP DIRECTOR briangarber@clintoncap.org 937-382-7170 Clinton County Community Action Program, Inc.

WSB Aging Up Community Center

HOURS of OPERATION

Monday - Friday | 8:00 AM - 3:30 PM

This institution is an equal opportunity provider and employer.

June 2023

# COMMODITY

### Supplemental Food Program

The Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

- 1 in household | \$17,667
- 2 in household | \$23,803
- 3 in household | \$29,939

For More information, call the Center.

### SENIOR HOUSING

Clinton County Community Action manages senior housing and is currently accepting applications for the waiting list.

# Housing for 55 years of age or older:

Blanchester Senior Villas (\$575/mo) located at 100 Madalyn Loftin Drive, Blanchester; Clinton Commons I (\$575/mo) located at 100 Commons lane, off of Howard Street, Wilmington; Clinton Commons II (\$575/mo) located on Jeanie Wilson Way, off of Nunn Ave., Wilmington.

# Housing for 62 years of age or older:

Community Commons (\$500/mo - 2 bedroom, \$550/mo - 3 bedroom) located on Community Drive, off of Nelson Ave., Wilmington. For more information, please call 937-382-8886.

This institution is an equal opportunity provider.



### <u>June</u>

Did you know each day of every month was some kind of holiday? We thought this would be fun to share with you in case you wanted to celebrate!

- 1. Go Barefoot Day
- 2. Rocky Road Day
- 3. Trails Day
- 4. Corgi Day
- 5. World Environment Day
- 6. Drive-In Movie Day
- 7. Chocolate Ice Cream Day
- 8. Best Friends Day
- 9. Donald Duck Day
- 10. World Gin Day
- 11. Corn on the Cob Day
- 12. Red Rose Day
- 13. World Softball Day
- 14. Cupcake Day
- 15. Lobster Day
- 16. Fresh Veggies Day
- 17. Juggling Day
- 18. Go Fishing Day
- 19. Martini Day
- 20. American Eagle Day
- 21. World Motorcycle Day
- 22. B Kinder Day
- 23. Take your Dog To Work Day
- 24. Fairy Day
- 25. Global Beatles Day
- 26. Canoe Day
- 27. Pineapple Day
- 28. International Body Piercing Day
- 29. Camera Day
- 30. Social Media Day

\*On certain days we will try to have a treat at the center to celebrate!

\*Please Note: If you receive services through the Elderly Services Program (ESP) and have concerns or complaints, please contact the County Commissioners Office at (937) 382-2103.

On The UPside

# HAPPY BIRTHDAY



06/02 Charles Breckel 06/03 Patty Rudduck 06/04 Judy Bennett 06/07 **Delious Bullock** 06/07 **Beverly Garrison** Linda Hilderbrant 06/07 06/08 Jane Dodd Patricia Groh 06/09 06/09 **Robert Thomas** 06/11 Jeanne Smith 06/15 Kathy Cooper 06/16 Cindy Colley Inga Grove 06/16 06/17 Nancy Jones 06/19 **Bob Robinson** 06/23 Vera Gross 06/23 Joe Petrich Judy Nevels 06/26 06/28 Carolyn Harris 06/28 Susan Henry 06/30 Gladys Bobbitt 06/30 Gladys Curliss

If a birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible someones birthday is not listed in our membership data or dues have not been paid within the past year.

### June Holidays

June 14th - Flag Day June 18th - Father's Day June 19th - Juneteenth June 21 - Summer begins



### Development Services Agency

Lydia L. Mihalik, Director

Mike Dewine – Governor John Husted – Governor





Clinton County Community Action Contact: Becky Boris, 937-382-8365, beckyboris@clintoncap.org Ohio Development Services Agency Contact: Todd Walker (614) 644-0247 Todd.Walker@development.ohio.gov

Home Energy Assistance Program (HEAP) (also called "Regular HEAP") – is a federally funded program designed to help income-eligible Ohioans with their winter heating bills. The program runs from July 1, 2022 to May 31, 2023. Clients at or below 175% of the Federal Poverty Guidelines (FPG) receive a benefit in the form of a credit directly to their main energy heating account beginning in the month of January.

**Percentage of Income Payment Plan Plus (PIPP) Program** – helps income-eligible Ohioans manage their energy bills year-round. The program allows income-eligible Ohioans to pay their energy bill each month based on a percentage of their income. To be eligible for the program, a client must have a total household income at or below 150% of the Federal Poverty Guidelines (FPG) and must apply for all Ohio Development Services Agency (Development) Energy Assistance Programs for which he or she is eligible. A client's PIPP payment will be set at 10% of the last 30 days of household income for households that heat with electric and 5% for households with a different main heating source.

Applicants will need to bring the following documents with them:

·Proof of income for the past 30 days for all household members. If self-employed or seasonal you will need to bring the past 12 months' income and a complete copy of the most recent IRS taxes filed. If you have no income, please contact the office for further instructions.

·Copies of current heating AND electric bills.

·Social Security Cards for all household members. Birth certificates, voter registrations, passports or DD-214 will also be accepted if Social Security numbers are provided.

·Photo ID of applicant.

·Proof of Disability if applicable

**Low-Income Housing Water Assistance** - provides a one-time benefit to an income-eligible Ohioan's water account. Clients can apply in person at Community Action, 789 North Nelson Avenue, Wilmington, OH. Eligible clients are those at or below 175% of the Federal Poverty Guideline that are disconnected (or have a pending disconnection notice), need to establish new service or need to pay to transfer service. The program runs from October 1, 2022 to September 30, 2023.

Applicants will need to bring the following documents with them to visit:

·Copy of current water bill or disconnect notice.

Proof of income for past 30 days, if self-employed or seasonal will need 12 months income and complete IRS 1040 documents. If you have no income, please contact the office for further instructions. Birth Certificate or Social Security Cards for all household members

Applications are currently being accepted. Applications are accepted by walk in only at 789 North Nelson Avenue, Wilmington, OH 45177 from 8:00 a.m. until 3:00 p.m. Monday through Friday. If you are elderly and/or disabled and cannot come to the office, please contact Becky at Community Action, 937-382-8365 to see if you would be eligible for a home visit.

Additional information can also be found at www.energyhelp.ohio.gov or by calling (800) 282-0880.



4 June 2023

# UPCOMING ACTIVITIES, EVENTS & OTHER NEWS

# June Newsletter

### **EVENTS & OTHER NEWS**

Wednesday, June 7th - 11:30 am - 1pm Unlimited Soup and Salad Bar \$7.50

Tuesday, June 6th, 13th, 20th, 27th @ 9 am CMH Fitness

Friday, June 16th - Birthday Celebration

Monday, Wednesday, Friday - Silver Sneakers @ 9:00 am

Thursday, June 1st, 8th, 15th, 22nd, 29th - 10:00 am Flexibility Exercise

### **ACTIVITIES**

Pool - Mondays, Wednesdays, and Fridays at 8:15 am

Corn Toss - Mondays and Wednesdays at 10:30 am

Euchre - Tuesdays at 12:15 pm

Chair Volleyball - Thursdays at 12:15 pm

Line Dancing - Tuesdays at 2:30 pm

BINGO - Fridays at 12:15 pm

**Mexican Train Dominoes** 





# **Monthly Bus Trips!**

June 3rd - Youngs Dairy, leaving at 11:30 am

June 15th - Big Ernie's Pizza (Hillsboro), leaving at 4 pm

June 19th - Jungle Jim's, leaving at 9 am

June 24th - The Airforce Museum, leaving at 9 am

July 1st - Plains (Amish Restaurant & Shopping), leaving at 9:30 am

July 20th - Cracker Barrel, leaving at 4 pm

August 2nd - Ohio State Fair Senior Day, leaving at 9 am - 3 pm

August 5th - Springfield Flea Market, leaving at 9 am

August 19th - Monroe Outlet Mall, leaving at 10 am

August 17th - Golden Lamb (Lebanon), leaving at 4 pm

September 7th - Butter Bee's (Milford), tbd

October 14th - Fall Train Ride (Lebanon), tbd

\*\*Remember seats are limited so please RSVP to Brian at (937) 382-7170.

On The UPside 5





The Center for Cancer Health Equity and OSUCCC James Cancer Mobile Mammography Unit will be at the following location.

Monday-June 26, 2023 9:30am – 3:30pm

Clinton County Community Action Program 789 N. Nelson Ave.
Wilmington, OH 45177

TO SCHEDULE AN APPOINTMENT CALL THE CENTER FOR CANCER HEALTH EQUITY AT

Angie Medina (614) 293-6924

<u>Eligibility Criteria</u>: Women who do not have breast symptoms, <u>NOT</u> pregnant or nursing, with no previous breast cancer. You must be at least 40 to have a screening mammogram. Women who are under 40 would need a written order from their doctor. Women will be screened for eligibility for the Breast and Cervical Cancer Project (BCCP).

\*If you are experiencing breast symptoms, please call (614) 293-7020 to schedule a diagnostic mammogram.

Program Sponsored by:

The James

THE OHIO STATE UNIVERSITY
COMPREHENSIVE CANCER CENTER





**6** June 2023

### WSB AGING UP Community Center Staff

### **Contact Information**

Senior Operations 937-382-7170 Jonda McCarren, Supportive Services

Brian Garber, Senior Center Director

Bob Moreton, Site Coordinator-Transportation

# Aging UP Community Center April 2023 Board Report

MEALS: 489 meals were served to 127 clients

TRANSPORTATION: 285-one way trips were provided to 68

participants

ESP MEDICAL: There were 10 units for 3 clients.

HOME MEALS: There were 3,405 home meals

delivered to 145 clients.

SUPPORTIVE SERVICES: There were 53.25 units

for 54 clients

SOCIALIZATION/RECREATION: The center was

visited by 143 clients.

**EXERCISE ROOMS: 60 clients** 



# THANK YOU To Our Sponsors









Wilmington Nursing & Rehabilitation Center

75 Hale Street Wilmington, OH 45177

Phone: (937) 382 - 1621 Fax: (937) 383 - 1215



USDA is an equal opportunity provider, employer, and lender.

On The UPside 7

		June Menu		
MON	Tue	WED	THU	Fri
Steak Hoagie/Bun Potato Wedges Baked Beans Fresh Orange	All meals come with 1% white milk and 100% fruit juice on day it is offered.	SUGGESTED DONA- TION AT MEAL TIME IS \$5.00	Cubed Steak/Gravy Scallop Potatoes Green Beans Fruit Cup Dinner Roll	Chicken Casserole Mixed Veggies Wheat Bread Grape Juice
Steak Hoagie on Bun Diced Potatoes Baked Beans Fresh Orange	Chicken Tenders French Fries Mixed Veggies Wheat Bread Apple Juice	Unlimited Spaghetti & Salad Bar	Philly Beef Steak Potato Wedges Vegetable Peaches	Cheeseburgers Tater Tots Cheese Broccoli Fresh Fruit
Ham & Beans Corn Bread Fried Potatoes Fruit Cocktail	Spaghetti/Meatballs Green Beans Garlic Bread Cookies	NURSING HOME LUNCH	Salmon Patties Mac & Cheese Slaw Peas Banana 15	Chicken & Noodles Mashed Potatoes Mixed Veggies Dinner Roll BIRTHDAY LUNCH
CLOSED FOR JUNETEENTH	Pork Loin Slice Brown Rice Vegetable Medley Peaches Wheat Bread 20	Ham & Swiss Sand. Slaw Potato Salad Applesauce	Beef Hot Shot Mashed Potatoes Green Beans Cookies	Roast Turkey/Gravy Dressing Broccoli Roll Pears 23
Sloppy Joes Sand. French Fries Stewed Tomatoes Brownies	Chicken Breast Stuffing/Gravy Italian Green Beans Apple Pie	Beef Taco Casserole Spanish Rise Corn Fruit Cocktail	Turkey Sausage & Sauerkraut Mashed Potatoes Green Beans Peaches 29	Fried Chicken Au Gratin Potatoes Green Beans Dinner Roll Fresh Fruit 30

Menu is subject to change.





1403 Rombach Avenue Wilmington, OH 45177 Phone: 937-382-6100 Mobile: 937-603-5429

We buy cars!



— since 1899 —

1033 Rombach Avenue., Wilmington, OH 45177 Alice Ujvary

**Office:** (937) 382-6214 (800) 262-2249

Fax: (937) 382-6214



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