

# ON THE SIDE

CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.  
WSB Clinton County AgingUP Community Center

## Letter to the Members



Hello everyone, April has been a great success with our FRESH COOKED LUNCHES!!! Thank you all for the wonderful support you have given to the center. It has also been a great month of seeing fresh faces coming in for our lunches and having new members signing up. I am hoping each month gets more and more people enjoying the Center.

We have talked about this subject before, but just to refresh everyone's memory, on May 11th the program funding which allows us to fix meals for carry out will end. All congregate lunches must be eaten in our dining room. You may still order meals to go, but must pay the full price per meal of \$7.00. Carry out meals do not count as a congregate lunch. So please come to the center and enjoy socializing with friends, we would love to see you all!

All sign up sheets for bus trips and dinner trips will be in the front office. When signing up please see Carole at the front desk. Also, please print your name on the form and leave your phone number. Check inside for our May activities.

A recent change is the painting class we hold weekly. There has been more interest lately and the class has moved from Thursdays to Fridays at 10 am. This is for beginners or experienced artists. For beginners, supplies are offered to get you started and see what you prefer before purchasing your own supplies. We hope to have featured projects for all to create soon.

Construction is really coming along on the new exercise room as many have noticed. Continue to bear with us during this time as we are still sharing some spaces to have room for all. Thank you for your patience and we appreciate every one of you for coming!

## NEWS INSIDE

- May Birthdays
- Monthly Bus Trip
- Game Night!
- Upcoming Events & Activities
- May Menu



**Brian Garber**

AGINGUP DIRECTOR

briangarber@clintoncap.org

937-382-7170

Clinton County Community Action Program, Inc.

WSB Aging Up Community Center

HOURS of OPERATION

Monday - Friday | 8:00 AM - 3:30 PM

This institution is an equal opportunity provider and employer.

## COMMODITY

### Supplemental Food Program

The Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$17,667

2 in household | \$23,803

3 in household | \$29,939

For More information, call the Center.

## SENIOR HOUSING

Clinton County Community Action manages senior housing and is currently accepting applications for the waiting list.

### Housing for 55 years of age or older:

Blanchester Senior Villas (\$575/mo) located at 100 Madalyn Loffin Drive, Blanchester; Clinton Commons I (\$575/mo) located at 100 Commons lane, off of Howard Street, Wilmington; Clinton Commons II (\$575/mo) located on Jeanie Wilson Way, off of Nunn Ave., Wilmington.

### Housing for 62 years of age or older:

Community Commons (\$500/mo - 2 bedroom, \$550/mo - 3 bedroom) located on Community Drive, off of Nelson Ave., Wilmington. For more information, please call 937-382-8886.

This institution is an equal opportunity provider.



## May

Did you know each day of every month was some kind of holiday? We thought this would be fun to share with you in case you wanted to celebrate!

1. Global Love Day
2. Baby Day
3. Garden Meditation Day
4. Firefighter's Day
5. No Pants Day
6. No Diet Day
7. Cosmopolitan Day
8. Iris Day
9. Moscato Day
10. Mother Ocean Day
11. Earth What You Want Day
12. International Nurses Day
13. World Cocktail Day
14. Chicken Dance Day
15. Bring Flowers to Someone Day
16. Drawing Day
17. World Baking Day
18. Museum Day
19. Endangered Species Day
20. Plant a Lemon Tree Day
21. International Tea Day
22. Goth Day
23. Turtle Day
24. Brother's Day
25. Tap Dance Day
26. Blueberry Cheesecake Day
27. Sunscreen Day
28. Hamburger Day
29. Learn About Composting Day
30. Mint Julep Day
31. Senior Health & Fitness Day

\*On certain days we will try to have a treat at the center to celebrate!

**\*Please Note:** If you receive services through the Elderly Services Program (ESP) and have concerns or complaints, please contact the County Commissioners Office at (937) 382-2103.

# HAPPY BIRTHDAY



Mark Miars	05/02
Gail Davis	05/03
Rick Buckner	05/04
Judy Delph	05/05
Joyce Kozopas	05/05
Aleta Brown	05/06
Barbara Kelly	05/07
Kathy Harker	05/08
Richard Caplinger	05/09
Norma Sherod	05/09
Cathy Lambcke	05/10
Sandra Fisher	05/17
Alice Goldsberry	05/17
Beverly Carpenter	05/18
Patty Taylor	05/19
Charlotte Lawrence	05/20
Wilma Scanlon	05/25
Diania Wiget	05/26
Kathryn Snowball	05/27
Donna Gibson	05/29
Nancy Davis	05/30
Kathy Lewis	05/30

If a birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible someones birthday is not listed in our membership data or dues have not been paid within the past year.

## May Holidays

- May 14th - Mother's Day
- May 20th - Armed Forces Day
- May 29th - Memorial Day

**Ohio** | Development Services Agency  
 Mike DeWine, Governor      Lydia L. Mihalik, Director  
 Jon Husted, Lt. Governor

## News Release



Mike Dewine – Governor  
 John Husted – Governor

**Clinton County Community Action**  
**Contact: Becky Boris, 937-382-8365,**  
 beckyboris@clintoncap.org  
**Ohio Development Services Agency Contact:**  
 Todd Walker (614) 644-0247  
 Todd.Walker@development.ohio.gov

**Home Energy Assistance Program (HEAP) (also called "Regular HEAP")** – is a federally funded program designed to help income-eligible Ohioans with their winter heating bills. The program runs from July 1, 2022 to May 31, 2023. Clients at or below 175% of the Federal Poverty Guidelines (FPG) receive a benefit in the form of a credit directly to their main energy heating account beginning in the month of January.

**Percentage of Income Payment Plan Plus (PIPP) Program** – helps income-eligible Ohioans manage their energy bills year-round. The program allows income-eligible Ohioans to pay their energy bill each month based on a percentage of their income. To be eligible for the program, a client must have a total household income at or below 150% of the Federal Poverty Guidelines (FPG) and must apply for all Ohio Development Services Agency (Development) Energy Assistance Programs for which he or she is eligible. A client's PIPP payment will be set at 10% of the last 30 days of household income for households that heat with electric and 5% for households with a different main heating source.

Applicants will need to bring the following documents with them:

- Proof of income for the past 30 days for all household members. If self-employed or seasonal you will need to bring the past 12 months' income and a complete copy of the most recent IRS taxes filed. If you have no income, please contact the office for further instructions.
- Copies of current heating AND electric bills.
- Social Security Cards for all household members. Birth certificates, voter registrations, passports or DD-214 will also be accepted if Social Security numbers are provided.
- Photo ID of applicant.
- Proof of Disability if applicable

**Low-Income Housing Water Assistance** - provides a one-time benefit to an income-eligible Ohioan's water account. Clients can apply in person at Community Action, 789 North Nelson Avenue, Wilmington, OH. Eligible clients are those at or below 175% of the Federal Poverty Guideline that are disconnected (or have a pending disconnection notice), need to establish new service or need to pay to transfer service. The program runs from October 1, 2022 to September 30, 2023.

Applicants will need to bring the following documents with them to visit:

- Copy of current water bill or disconnect notice.
- Proof of income for past 30 days, if self-employed or seasonal will need 12 months income and complete IRS 1040 documents. If you have no income, please contact the office for further instructions.**
- Birth Certificate or Social Security Cards for all household members

Applications are currently being accepted. Applications are accepted by walk in only at 789 North Nelson Avenue, Wilmington, OH 45177 from 8:00 a.m. until 3:00 p.m. Monday through Friday. If you are elderly and/or disabled and cannot come to the office, please contact Becky at Community Action, 937-382-8365 to see if you would be eligible for a home visit.

Additional information can also be found at [www.energyhelp.ohio.gov](http://www.energyhelp.ohio.gov) or by calling (800) 282-0880.





## UPCOMING ACTIVITIES, EVENTS & OTHER NEWS



# MAY NEWSLETTER

### EVENTS & OTHER NEWS

Wednesday, May 3rd - 11:30 am - 1pm Unlimited Soup and Salad Bar \$7.50

Tuesday, May 2nd, 9th, 16th, 23rd, 30th @ 8:30 am - 9:30 am CMH Fitness

Friday, May 19th - Birthday Celebration

Monday, Wednesday, Friday - Silver Sneakers @ 9:00 am

Thursday, May 4th, 11th, 18th, 25th - 10:00 am Flexibility Exercise

### ACTIVITIES

Pool - Mondays, Wednesdays, and Fridays at 8:15 am

Corn Toss - Mondays and Wednesdays at 10:30 am

Euchre - Tuesdays at 12:15 pm

Chair Volleyball - Thursdays at 12:15 pm

Line Dancing - Tuesdays at 2:30 pm

BINGO - Fridays at 12:15 pm

Mexican Train Dominoes

### Amazing Work!

Wilma Scanlon's granddaughter had done a drawing of Wilma from a photo and it was in an art show in Cleveland! Thank you so much for sharing it with us!



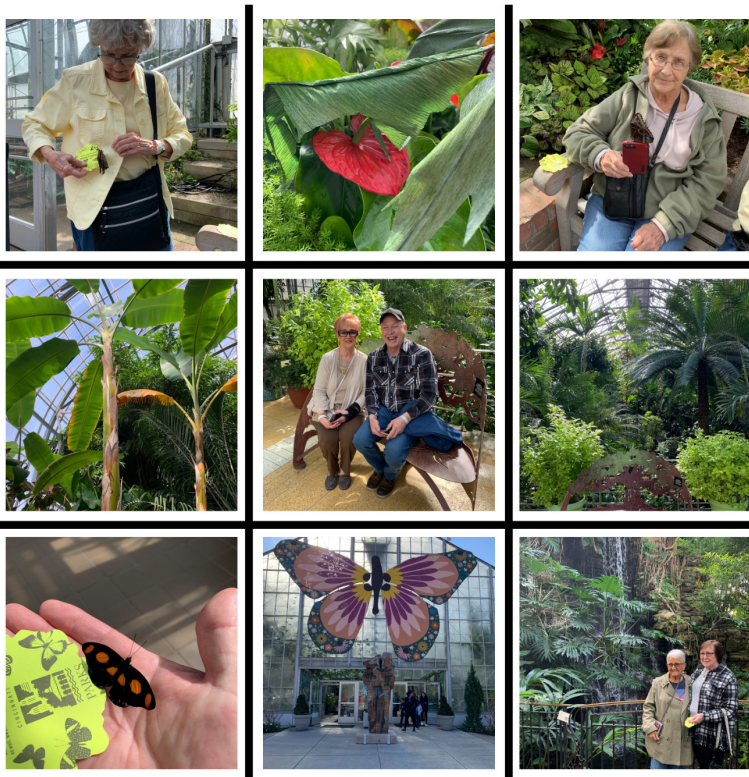
### Monthly Bus Trip!

Our outing for May will be Saturday, May 6th. The bus will leave the Center at 9:30 am. We will be going thrifting at Woodman Drive followed by lunch at Cheddar's!

Remember seats are limited so please RSVP to Brian at (937) 382-7170 as soon as you can.

HIGHLIGHTS!

# Krohn Conservatory



The Center for Cancer Health Equity and OSUCCC James Cancer Mobile Mammography Unit will be at the following location.

**Monday-June 26, 2023**  
**9:30am – 3:30pm**

**Clinton County Community Action Program**  
**789 N. Nelson Ave.**  
**Wilmington, OH 45177**

TO SCHEDULE AN APPOINTMENT  
CALL THE CENTER FOR CANCER HEALTH EQUITY AT

Angie Medina (614) 293-6924

**Eligibility Criteria:** Women who do not have breast symptoms, NOT pregnant or nursing, with no previous breast cancer. You must be at least 40 to have a screening mammogram. Women who are under 40 would need a written order from their doctor. Women will be screened for eligibility for the Breast and Cervical Cancer Project (BCCP).

\*If you are experiencing breast symptoms, please call (614) 293-7020 to schedule a diagnostic mammogram.

Program Sponsored by:



# Monthly Bus Trip



## It's Lunch Time!



Due To Title III guidelines, the following rules are required to be followed:

The major requirement is that all food is required to be consumed inside the center. Wrapped cookies, bread, individually wrapped juice or fruit or fresh fruit may be taken with you, but **NO MILK OR FOOD FROM LUNCH** is permitted to leave the building, it will have to be discarded.

There will never be to go containers except for lunches that are purchased for the full price as a to go lunch. To go lunches purchased at the full price of \$7.00/Salad Bar \$7.50, do not count as Title III lunches.

### WSB AGING UP Community Center Staff

#### Contact Information

Senior Operations  
937-382-7170

Jonda McCarren,  
Supportive Services

Brian Garber,  
Senior Center Director

Bob Moreton,  
Site Coordinator-  
Transportation

### Aging UP Community Center March 2023 Board Report

MEALS: 472 meals were served to 56 clients

TRANSPORTATION: 188-one way trips were provided to 26 participants

ESP MEDICAL: There were 8 units for 3 clients.

HOME MEALS: There were 3,847 home meals delivered to 148 clients.

SUPPORTIVE SERVICES: There were 85 units for 75 clients

SOCIALIZATION/RECREATION: The center was visited by 136 clients for a total of 702 times

EXERCISE ROOMS: 233 clients



### THANK YOU To Our Sponsors



of Clinton County  
Supported Agency



Buckley, Miller, Wright  
Attorneys at Law

[bmwlaw@bmwlaw.net](mailto:bmwlaw@bmwlaw.net)

145 N. South Street  
Wilmington, OH 45177

Phone: 937-382-0946  
Fax: 937-382-1361



184 N. South Street  
Wilmington, Ohio 45177

937 - 382 - 1659

[www.wilmingtonsavings.com](http://www.wilmingtonsavings.com)



Member  
**FDIC**



Wilmington Nursing &  
Rehabilitation Center

75 Hale Street  
Wilmington, OH 45177

Phone: (937) 382 - 1621  
Fax: (937) 383 - 1215

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USDA is an equal opportunity provider, employer, and lender.



## May Menu

<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>
Steak Hoagie/Bun Potato Wedges Baked Beans Fresh Orange  1	Chicken Casserole Blended Veggies Wheat Bread Apple Juice  2	Unlimited Soup & Salad Bar  3	Cream Chip Beef Mashed Potatoes Mixed Vegetables Biscuit Fruit Cup  4	Beef Taco Casserole Spanish Rice Cream Corn Fruit Juice (Cinco de Mayo Day)  5
Chicken Alfredo Cauliflower/Carrots Dinner Roll Fruit Cup  8	Ham Salad Sand. Slice Tomato/Lettuce Macaroni Salad Chips Vanilla Pudding  9	Chili Dogs on Bun Tater Tots Baked Beans Cookies w/ Sherbert  10	Fish Stick French Fries Peas Fresh Fruit  11	Baked Chicken Breast Dressing and Gravy Steamed Asparagus Strawberry Cake (Mother's Day Lunch)  12
Ham, Sausage & Cabbage Stew Corn Bread Fresh Vegetable Fruit  15	Lasagna Small Table Salad Garlic Bread Apple Crisp  16	NURSING HOME LUNCH  17	Beef Hot Shot Mashed Potatoes Green Beans Cranberry Juice  18	Meatloaf/Gravy Mashed Potatoes Cheese Broccoli Cake/Ice Cream (Birthday Lunch)  19
Pork Loin Slice Scallop Potatoes Mixed Veggies Peaches Bread  22	Cincinnati Style Chili over Spaghetti Green Beans/Corn Oyster Crackers Applesauce  23	Sweet & Sour Chicken over White Rice Broccoli Dinner Roll Cherry Jello  24	Country Fried Steak Potato Wedges Vegetable Medley Wheat Bread Mandarin Oranges  25	Hamburgers / Hot Dogs Cookout Slaw/ Potato Salad Ice Cream (Memorial Day Lunch)  26
CLOSED FOR MEMORIAL DAY  29	Ham & Cheese Sandwich Chips Broccoli Salad Cookies  30	Stuffed Peppers Hash Browns Cream Corn Baked Apples  31	All meals come with 1% white milk and 100% fruit juice on day it is offered.	
SUGGESTED DONA- TION AT MEAL TIME IS \$5.00				

Menu is subject to change.

# GAME NIGHT

**Please join us Saturday, May 20th at 3 pm for Game Night! We will have multiple games available including: Corn-hole, Ping Pong, Yahtzee, Mexican Train Dominoes, Euchre, Rummy, Uno, Pit, Jenga and more! Snacks will be provided! See you there!**





1403 Rombach Avenue      Phone: 937-382-6100  
Wilmington, OH 45177      Mobile: 937-603-5429

We buy cars!

## The logo for Wearly Monuments features the word "WEARLY" in a large, black, serif font with a thin black arch above it. Below "WEARLY" is the word "MONUMENTS" in a smaller, black, serif font. The logo is centered within a rectangular frame.

— since 1899 —

1033 Rombach Avenue., Wilmington, OH 45177

Alice Ujvary

**Office:** (937) 382-6214      **Fax:** (937) 382-6214  
(800) 262-2249



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