

ON THE UP SIDE

CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.
WSB Clinton County AgingUP Community Center

Letter to the Members



Hello April and welcome spring! We want to start by giving a big THANK YOU to all that supported us with our St. Patrick's Reuben Sandwich fundraiser lunch. We had a great turnout this year and it was a huge success! As a reminder construction starts this month on the classroom and the new exercise facility. Please understand during construction we have all regular activities, but will have to share space during this time. The end project will be such a great asset to the center when its planned to be completed around the beginning of June.

On April 4th we will be trying something new at the Aging Up Center. We will begin cooking rather than food being brought in for the congregate lunches. Congregate meals, which must be eaten at the center, are a suggested donation of \$5.00. This means that we ask for an anonymous donation from these individuals, donations are deposited into a bucket, but cannot mandate that an individual pay. Due to how we receive reimbursement for our meals, it is a requirement that you sign up for congregate meals by the deadline for each day (at least 2 days prior to meal).

Exciting News.....

Due to a generous estate donation, the Wilmington Savings Bank Clinton County Aging Up Center's mortgage has been paid in full.

Funding streams are not adequate to maintain the center and remembering the center through donations is a way to continue maintaining and operating the staff and facility.

Remember all donations are tax deductible and because of such donations individuals can leave a legacy that will last for generations.

NEWS INSIDE

- April Birthdays
- Montly Bus Trip
- Game Night!
- Upcoming Events & Activities
- April Menu



Brian Garber

AGINGUP DIRECTOR

briangarber@clintoncap.org

937-382-7170

Clinton County Community Action Program, Inc.

WSB Aging UP Community Center

HOURS of OPERATION

Monday - Friday | 8:00 AM - 3:30 PM

This institution is an equal opportunity provider and employer.

COMMODITY

Supplemental Food Program

The Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$17,667

2 in household | \$23,803

3 in household | \$29,939

For More information, call the Center.

SENIOR HOUSING

Clinton County Community Action manages senior housing and is currently accepting applications for the waiting list.

Housing for 55 years of age or older:

Blanchester Senior Villas (\$575/mo) located at 100 Madalyn Loffin Drive, Blanchester; Clinton Commons I (\$575/mo) located at 100 Commons lane, off of Howard Street, Wilmington; Clinton Commons II (\$575/mo) located on Jeanie Wilson Way, off of Nunn Ave., Wilmington.

Housing for 62 years of age or older:

Community Commons (\$500/mo - 2 bedroom, \$550/mo - 3 bedroom) located on Community Drive, off of Nelson Ave., Wilmington. For more information, please call 937-382-8886.

This institution is an equal opportunity provider.



April

Did you know each day of every month was some kind of holiday? We thought this would be fun to share with you incase you wanted to celebrate!

1. Fun Day
2. World Autism Day
3. World Party Day
4. Carrot Day
5. Caramel Day
6. World Table Tennis Day
7. No Housework Day
8. Draw A Picture Of A Bird Day
9. Unicorn Day
10. Golfer's Day
11. Pet Day
12. Grilled Cheese Sandwich Day
13. Scrabble Day
14. Dolphin Day
15. Anime Day
16. Wear Your Pajamas To Work Day
17. Kickball Day
18. World Heritage Day
19. Bicycle Day
20. Volunteer Recognition Day
21. Bulldogs Are Beautiful Day
22. Jelly Bean Day
23. Talk Like Shakespear Day
24. Pig In A Blanket Day
25. World Penguin Day
26. Pretzel Day
27. Marine Mammal Rescue Day
28. Pay It Forward Day
29. International Dance Day
30. International Jazz Day

*On certain days we will try to have a treat at the center to celebrate!

*Please Note: If you receive services through the Elderly Services Program (ESP) and have concerns or complaints, please contact the County Commissioners Office at (937) 382-2103.



Carole Nichols	04/03
Barbara Hamilton	04/04
Meda Pittser	04/06
Sharon Breckel	04/08
Jo Anne Lindsey	04/09
Sue Harris	04/11
Barbara Hickey	04/12
Liston Burton	04/14
Ann Johnson	04/14
Mary Lou Downing	04/17
Catherine Mahanes	04/17
Mildred Cook	04/17
Jennifer Hollon	04/20
Sue Dalton	04/22
Valerie Rose	04/23
Ruth Ann Kern	04/27
Nan Philip	04/29

If a birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible someones birthday is not listed in our membership data or dues have not been paid within the past year.

April Holidays

- April 2nd - Palm Sunday
- April 7th - Good Friday
- April 9th - Easter
- April 18th - Holocaust Remembrance Day
- April 22nd - Earth Day
- April 26th - Administrative Professionals Day

Ohio Development Services Agency News Release

Mike DeWine, Governor Lydia L. Mihalik, Director
 Jon Husted, Lt. Governor



Mike Dewine – Governor
 John Husted – Governor

Clinton County Community Action
Contact: Becky Boris, 937-382-8365,
 beckyboris@clintoncap.org
Ohio Development Services Agency Contact:
 Todd Walker (614) 644-0247
 Todd.Walker@development.ohio.gov

Low-Income Housing Water Assistance Program

The Low-Income Housing Water Assistance Program provides a one-time benefit to an income-eligible Ohioan’s water account. Client can apply online at www.energyhelp.ohio.gov or in person at Community Action, 789 North Nelson Avenue, Wilmington, OH. Eligible clients are those at or below 175% of the Federal Poverty Guideline that are disconnected (or have a pending disconnection notice), need to establish new service or need to pay to transfer service. The program will begin November 1, 2021.

Applicants will need to bring the following documents with them to visit:

- Copy of current water bill or disconnect notice.
- **Proof of income for past 30 days, if self-employed or seasonal will need 12 months income and complete IRS 1040 documents. If you have no income, please contact the office for further instructions.**
- Birth Certificate or Social Security Cards for all household members

For more information about the Low-Income Housing Water Assistance Program, contact Community Action at 937-382-8365 Monday through Friday from 8 am to 3 pm. Additional information can also be found at www.energyhelp.ohio.gov or by calling (800) 282-0880.

*PIPP (Percentage of Income Payment Plan) Applications are currently being accepted.

*HEAP (Home Energy Assistance Program) Applications are currently being accepted through 5/31/2023.



UPCOMING ACTIVITIES, EVENTS & OTHER NEWS



EVENTS & OTHER NEWS

Wednesday, April 5th - 11:30 a - 1p Unlimited Soup and Salad Bar \$7.50

Tuesday, April 4th, 11th, 18th, 25th @ 8:30 am - 9:30 am CMH Fitness

Friday, April 21st - Birthday Celebration

Monday, Wednesday, Friday - Silver Sneakers @ 9:00 am

Thursday, April 6th, 13th, 20th, 27th - 10:00 am Flexibility Exercise

ACTIVITIES

Pool - Mondays, Wednesdays, and Fridays at 8:15 A.M.

Corn Toss - Mondays and Wednesdays at 10:30 A.M.

Euchre - Tuesdays at 12:15 P.M.

Chair Volleyball - Thursdays at 12:15 p.m.

Line Dancing - Tuesdays at 2:30 p.m.

BINGO - Fridays at 12:15 p.m.

Mexican Train Dominoes

Bus Trip to Kenwood Mall



GAME NIGHT!

Please join us Saturday, April 22nd at 3 pm for Game Night! We will again have multiple games available including, Corn-hole, Ping Pong, Yahtzee, Mexican Train Dominoes, Euchre, Rummy, Uno, Pit, Jenga and more! Snacks will also be provided! We hope to have even more people than last time! We will be serving pizza, so come hungry!

HIGHLIGHTS!



St. Patrick's Day

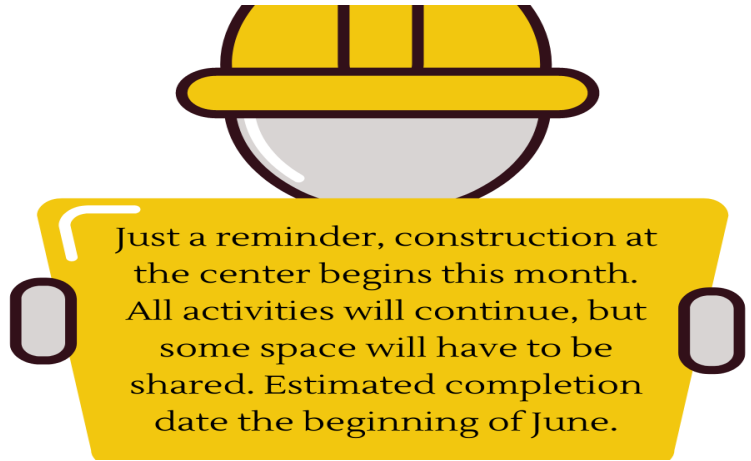
THANK YOU ALL FOR SUPPORTING CLINTON COUNTY SENIORS! WE HAD A RECORD NUMBER OF ORDERS THIS YEAR!

HUGE THANK YOU TO MARGIE PIERSON (PICTURED TO THE RIGHT) FOR BAKING THE DELICIOUS COOKIES THAT CAME WITH THE MEALS! THANK YOU TO BRIAN, RICHARD & BEV SCHAEFER, AND STAFF FOR COOKING!



Thank You

THANK YOU TO BARBARA HICKEY & BEVERLY GARRISON FOR ALL YOUR VOLUNTEER HOURS! WE ARE VERY GRATEFUL FOR YOU!



Just a reminder, construction at the center begins this month. All activities will continue, but some space will have to be shared. Estimated completion date the beginning of June.



MONTHLY BUS TRIP

Saturday, April 1st we will be leaving the center about 9-9:30 am to visit Amish Country. Please RSVP to Brian as limited seats are available.

We have had many members asking when we are starting our trips again. We are talking to a few event planners and working with a travel agency to plan our trips. There have been problems of staffing for these agencies who plan. We will have a trip planned as soon as we can and look forward to many more! As soon as anything gets scheduled it will be posted at the center and on Facebook. We are always open to suggestions as well.

WSB AGING UP Community Center Staff

Contact Information

Senior Operations
937-382-7170

Jonda McCarren,
Supportive Services

Brian Garber,
Senior Center Director

Bob Moreton,
Site Coordinator-
Transportation

Aging UP Community Center February 2023 Board Report

MEALS: 434 meals were served to 53 clients

TRANSPORTATION: 156-one way trips were provided to 40 participants

ESP MEDICAL: There were 10 units for 3 clients.

HOME MEALS: There were 3,075 home meals delivered to 129 clients.

SUPPORTIVE SERVICES: There were 63.75 units for 61 clients

SOCIALIZATION/RECREATION: 276 clients

EXERCISE ROOMS: 220 clients



THANK YOU To Our Sponsors



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Attorneys at Law

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April Menu

<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>
Pork Loin & Gravy Mashed Potatoes Green Beans Peaches Bread 3	Chicken Casserole Broccoli Wheat Bread Apple Juice 4	Unlimited Soup & Salad Bar 5	Ham Slices Sweet Potato Casserole Mixed Veggies Mandarin Oranges 6	CLOSED FOR GOOD FRIDAY 7
Meatloaf / Gravy Mashed Potatoes Mixed Veggies Applesauce 10	Beef Taco Casserole Spanish Rice Corn Fruit Juice 11	Chicken Pot Pie Mashed Potatoes Dinner Roll Fruit Cocktail 12	Smoked Sausage w/ Sauerkraut Potatoes Green Beans Bread 13	Stuffed Peppers Hash Browns Cream Corn Baked Apples 14
Salmon Patties Macaroni & Cheese Peas Slaw 17	Sloppy Joes Tater Tots Macaroni Salad Fruit Cup 18	NURSING HOME LUNCH 19	Fish Stick Veggies Potato Wedges Fruit Cocktail 20	Spaghetti/Meatballs Italian Vegetables Spinach Fruit Punch 21
Country Fried Steak Potato Wedges Green Beans Mandarin Oranges 24	Chicken Salad Sand. Sliced Tomato 3 Bean Salad Pears 25	Hobo Stew Side Salad Apple Pie (Pretzel Day) 26	Chili Peanut Butter Sand. Side Salad Fresh Fruit Cup 27	Hamburgers / Hot Dogs French Fries Baked Beans Peaches 28
All meals come with 1% white milk and 100% fruit juice on day it is offered.	SUGGESTED DONA- TION AT MEAL TIME IS \$5.00			

Menu is subject to change.





1403 Rombach Avenue Phone: 937-382-6100
Wilmington, OH 45177 Mobile: 937-603-5429

We buy cars!

The logo for Wearly Monuments features the word "WEARLY" in a large, black, serif font with a thin black arch above it. Below "WEARLY" is the word "MONUMENTS" in a smaller, black, serif font. The logo is centered within a rectangular frame.

— since 1899 —

1033 Rombach Avenue., Wilmington, OH 45177

Alice Ujvary

Office: (937) 382-6214 **Fax:** (937) 382-6214
(800) 262-2249



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