



## **NEWS INSIDE**

- July Birthdays
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- Upcoming Events & Activities
- · Department of Aging Staying Connected
- July Menu

CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.
WSB Clinton County Aging UP Community Center

#### **Letter to the Members**

Hello everyone and Happy 4th of July! We hope you are enjoying the summer so far. We have been very busy at the center with our new Soup and Salad Bar and our catering is booming! Our first Saturday breakfast was a great success and we thank everyone for coming out and supporting us. Our next Breakfast will be July 9th from 8 am to 11 am. Soup and Salad Bar for July will be on the 6th, 20th, and 27th. Wednesday the 13th is a free meal which is provided by the Wilmington Rehab Center.

In July we have many Birthdays to celebrate on Friday the 15th!

Thank you all for your continued support and ideas to help keep this beautiful center operating. We are grateful to all of you! Please spread the word to all your friends, that everyone is welcome here! We hope to see you back soon.

Sincerely,

Staff



## **Brian Garber**

**AGINGUP DIRECTOR** briangarber@clintoncap.org 937-382-7170

**Clinton County Community Action Program, Inc.** 

**WSB Aging UP Community Center** 

**HOURS of OPERATION** 

Monday - Friday | 8:00 AM - 3:30 PM This institution is an equal opportunity provider and employer. **2** July 2022

## COMMODITY

# Supplemental Food Program

The Community Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$17,667

2 in household | \$23,803

3 in household | \$29,939

For More information, call the Senior Center.

### **Senior Housing**

Clinton County Community Action manages senior housing and is currently accepting names for the waiting list.

## Housing for 55 years of age or older: Blanchester Senior

Villas (\$575/mo) located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I (\$575/mo) located at 100 Commons Ln., off of Howard St., Wilmington; Clinton Commons II (\$575/mo) located on Jeanie Wilson Way, off of Nunn Ave., Wilmington.

## Housing for 62 years of age or older: Community Commons

(\$500/mo- 2 bedroom, \$550/mo- 3 bedroom) located on Community Dr., off of Nelson Ave., Wilmington. For more information, please call

937 - 382 - 8886.

This institution is an equal opportunity provider.



## DEPARTMENT OF AGING

## **Free Staying Connected Service**

"Due to the COVID-19 emergency, older adults are at a heightened risk of contracting this disease and having more serious complications. We know that issues of isolation and loneliness may increase as family members resume their normal routines. Isolation can have serious emotional and physical impacts on any of us, but especially on older adults. During a time when physical distancing has become necessary, many older Ohioans are finding it harder than ever to feel connected to the world and people around them.

This is why the Ohio Department of Aging created the Staying Connected Check-in Service. The Staying Connected service provides a FREE, daily check-in by phone for Ohioans age 60 or older. This service provides comfort and can connect you with aging network information and support. It's easy to get started.

#### Who Can Participate?

Must have a valid phone number (cell or landline) Provide an alternate contact (preferred)

#### **How Does It Work?**

We will make three attempts to contact you. When you respond, you have these options:

- > Confirm you are OK.
- > Transfer to learn more about aging services in your area.
- > Connect for a friendly chat.

If you do not answer after three attempts, we:

- > Reach out to your alternate contact, if one is provided.
- > Place a live call to you and your alternate, if previous contacts fail.
- > Notify local non-emergency services (e.g., sheriff's office) if live call fails to connect."

Hours of Service are 7A.M. - 6P.M., seven days a week.

Call 1(833) 632 - 2428 and press 1 when prompted or sign up online at aging.ohio.gov.

ON THE UPSIDE

## HAPPY BIRTHDAY



| Jim Stanfield   | 07/01 |
|-----------------|-------|
| Barb Thomas     | 07/01 |
| Rita Howard     | 07/02 |
| Susan Taylor    | 07/02 |
| Peggy Bennett   | 07/05 |
| Mike Fouch      | 07/07 |
| Marty Riley     | 07/07 |
| Melanie Morgan  | 07/07 |
| Nancy Baker     | 07/08 |
| Ester Jordan    | 07/09 |
| Sid Clay        | 07/10 |
| Sandra Webb     | 07/10 |
| Steve Dillion   | 07/16 |
| Kathy Powell    | 07/21 |
| Connie Wilson   | 07/21 |
| Anne Lynch      | 07/22 |
| Margaret Wise   | 07/22 |
| Joan Burge      | 07/26 |
| Gerald Cline    | 07/26 |
| Betty Yarger    | 07/27 |
| Patty Hickey    | 07/29 |
| Dean Waddell    | 07/30 |
| Sandy Frederick | 07/31 |

If your birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible your birthday is not listed in our memebership data or dues have not been paid within the past year.

#### **July Holidays**

Independence Day 07/04



## News Release



Mike Dewine – Governor John Husted – Governor Clinton County Community Action Contact: Becky Boris, 937-382-8365, beckyboris@clintoncsp.org Ohlo Development Services Agency Contact: Todd Walker (614) 644-0247 Todd.Walker@development.ohio.gov

#### **HEAP Summer Crisis Program**

The 2022 Summer Crisis Program (SCP) will provide eligible households with a one-time benefit to assist with electric utility bills, central air conditioning repairs, and air conditioning unit and/or fan purchases. Household income must be at or below 175% of the Federal Poverty Guidelines and household's must have at least one additional eligibility criteria listed below:

- A household member who is age 60 or older.
- A household member has a documented medical condition verified by a licensed medical professional who is qualified under Ohio law to write prescriptions.
- Percentage of Income Payment Plan Plus (PIPP) customers are eligible for assistance towards their default PIPP payment, first PIPP payment, central air conditioning repairs, or may receive an air conditioning unit and/or fan.
- A household's electric utility has a disconnect notice, has been shut off, or new electric service is being
  established for the household. These households may also receive an air conditioning unit and/or fan
  or central air conditioning repairs if the household can maintain electric service for 30 days.

This year the program will be open July 1 – September 30, 2022. The maximum benefit amounts for the 2022 program are: \$500 for customers of regulated utilities and \$800 for customers of unregulated utilities (municipal utilities or cooperatives). Air conditioning units and/or fans may only be provided to eligible customers who have not received an air conditioning unit or fan in the last three years.

The utility assistance benefit is separate from the additional benefit. Households may receive the maximum utility assistance benefit towards their electric bill and still receive an additional benefit (i.e., central air conditioner repair, air conditioner unit, and/or fan).

#### Low-Income Housing Water Assistance Program

The Low-Income Housing Water Assistance Program provides a one-time benefit to an income-eligible Ohioan's water account. Client can apply online at www.energyhelp.ohio.gov or in person at Community Action, 789 North Nelson Avenue, Wilmington, OH. Eligible clients are those at or below 175% of the Federal Poverty Guideline that are disconnected (or have a pending disconnection notice), need to establish new service or need to pay to transfer service. The program will begin November 1, 2021. Applicants will need to bring the following documents with them to visit:

- Copy of disconnect notice.
- Proof of income for past 30 days, if self-employed or seasonal will need 12 months income and complete IRS 1040 documents. If you have no income, please contact the office for further instructions.
- · Birth Certificate or Social Security Cards for all household members

Applications are accepted by walk in only at 789 North Nelson Avenue, Wilmington, OH 45177 from 8:00 a.m. until 3:00 p.m. Monday through Friday. If you are elderly and/or disabled and cannot come to the office, please contact Becky at Community Action, 937-382-8365 to see if you would be eligible for a home visit.

\*HEAP / PIPP (Percentage of Income Payment Plan) Applications are currently being processed

4 July 2022

## UPCOMING ACTIVITIES, EVENTS & OTHER NEWS



### **EVENTS & OTHER NEWS**

Monday, July 4th - Closed/Independence Day Every Wednesday in July - Unlimited Soup and Salad Bar at 11:30 a.m. \$7.50 RSVP

**Saturday, July 9th** - Breakfast 8 am - 11 am **Wednesday, July 13th** - Lunch by Wilmington Rehab Center

Friday, July 15th - Birthday Celebration

### **ACTIVITIES**

Pool - Monday, Wednesday, and Friday at 8:15 A.M.

Corn Toss - Monday and Wednesday at 10:30 A.M.

Euchre - Tuesday at 12:15 P.M.

Chair Volleyball - Thursday at 12:15 p.m.

Mexican Train Dominoes, Rook and Hand & Foot

## SUPPORTIVE SERVICES

Jonda McCarren is the Supportive Services Coordinator for the Agency. She is an advocate for Senior Citizens, 60 years of age plus, regardless of income, to receive assistance with services and benefits available to seniors.

#### **Examples of supportive service tasks:**

assistance with completion of applications and forms for benefits; assistance with referrals linking clients to appropriate resources; and Medicare and Medicaid.

#### **Questions of Need Assistance:**

Call (937) 382-7170 or email jondamccarren@clintoncap.org, Monday through Friday from 8:00 A.M. to 4:30 P.M.



## Upcoming Dance Club

There is a group working on getting a Dance Club started at the Center. It would be open to the public and have lessons for the Waltz, Tango, Jitterbug and many more! Dance parties would be held on a Saturday evening. The hope is to have things in place to start the first of September. Dancing is a great form of exercise and soooo much fun!!! More information to come, stay tuned!

On The UPside 5

## FOUTH OF JULY ICE BOX CAKE



- 1 box graham crackers
- 1 pkg cream cheese, softened
- 2 pkgs instant vanilla pudding mix
- 2 & 1/2 cups cold milk
- 3/4 cup heavy cream
- 2 cups sliced strawberries
- 2 cups blueberries
- In a medium bowl and using an electric mixer; beat the heavy cream until stiff. Set aside.
- In a large bowl, beat the cream cheese and the dry pudding mix until combined. Gradually beat in the milk until smooth. Fold in the whipped cream.
- Spread a thin later of the cream mixture on the bottom of a 9x14 baking dish. Layer the graham crackers on top. Spread 1/3 of the cream onto the crackers. Sprinkle half of the blueberries over the cream.
- 4. Repeat with another layer of crackers, cream, and half of the strawberries.
- Repeat with a final layer of crackers and the remaining cream. Decorate with the rest of the berries. Cover and chill for 4 hours or overnight. Serve cold.

## FASY WAYS TO SUPPORT THE CENTER!



Shop online?

If you shop on Amazon, the Center can benefit!! All you have to do is go to the following address: smile.amazon.com Use your usual Amazon login and it will automatically send 0.5% of your purchases to the Center.

Planned Giving - What is it about? It means you are planning to give a gift later. It is a plan that you put in your will, an item that is worked out with your family and attorney. From time to time, the Senior Center receives such gifts. Whether these amounts are small or large, they are extremely important. If you would like more information, please contact Brian Garber, AgingUp Director, at (937) 382-7170. Your call or meeting is strictly confidential. This is one of the easiest ways to leave a legacy to the Senior Center.



## Independence Day, July 4th

"Ask not what your country can do for you, but what you can do for your country."

- John Kennedy

6 **JULY 2022** 

## WSB AGING UP Community Center Staff

## **Contact Information**

#### **Senior Operations**

937-382-7170

#### Jonda McCarren,

Supportive Services

#### Brian Garber,

Senior Center Director

#### **Bob Moreton,**

Site Coordinator-

#### **Sherry Bowling,**

Homemaker Supervisor

Transportation

## THANK YOU

## **To Our Sponsors**



## Aging UP Community Center March

## **2022 Board Report**

MEALS: 235 meals were served to 36 clients

TRANSPORTATION: 77-one way trips were

provided to 20 participants

ESP MEDICAL: There were 4 units for

2 clients.

#### **ADULT DAYCARE:**

**HOME MEALS:** There were 2,603 home meals delivered to 103 clients.

**SUPPORTIVE SERVICES:** There were

60.00 units for 44 clients

**SOCIALIZATION/RECREATION:** 

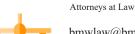
**EXERCISE ROOMS:** 

**HOMEMAKING SERVICES: -ESP units;** Clinton

Maid hours.

# Supported Agency

### Buckley, Miller, Wright



bmwlaw@bmwlaw.net

145 N. South Street Wilmington, OH 45177

Phone: 937-382-0946 Fax: 937-382-1361



#### **CLINTON MAID SERVICE** Clinton County Community Action

717 N. Nelson Avenue Wilmington, OH 45177

#### We can help short or long term

Our homemakers are background checked, bonded & insured.

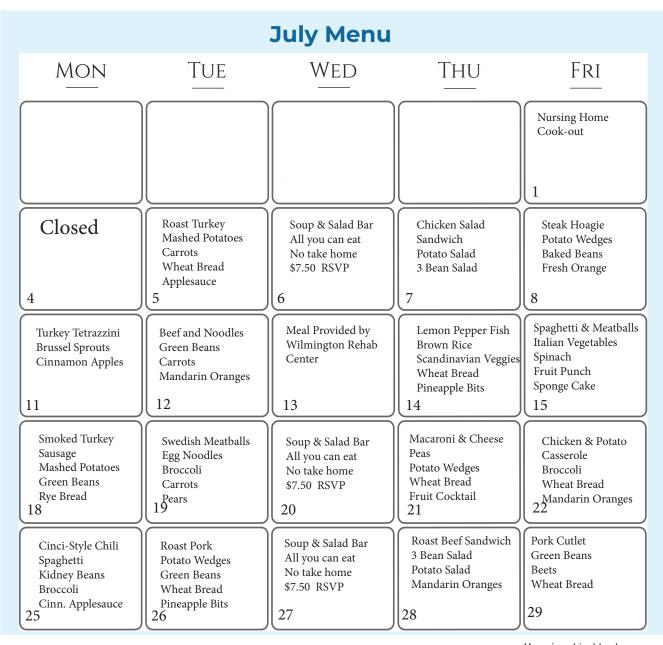
Call us today

937-655-2164

## SPACE AVAILABLE



On The UPside



Menu is subject to change.





USDA is an equal opportunity provider, employer, and lender.



1403 Rombach Avenue **Phone:** 937-382-6100 Wilmington, OH 45177 **Mobile:** 937-603-5429

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