

# ON THE UP SIDE



**CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.**  
WSB Clinton County AgingUP Community Center

## Letter to the Members

Hello everyone! I hope March finds everyone healthy and looking forward to an early Spring.

Thank you all for renewing your dues, and for all the new members that have joined since the first of the year, we welcome you!

Just a reminder that on March 17th, we will be selling our famous Rueben Sandwiches with chips, a pickle, a cookie and bottle of water for \$10.00. It has been two years since we have held it in person, and it has always been a great fundraiser for our center. I hope we have a great turn out and fill the dining room this year, or we will fix them for you to pick up. Tickets are ready for sale and a sign up sheet is available at the front office or in the kitchen. Also, our drivers will have tickets for you to purchase in case you are unable to get here to sign up.

Don't forget, we will draw the winner for the beautiful quilt on this day, along with other doorprizes!

I'm working with CMH and hopefully we can get a weekly exercise group started which would be led by a therapist. More information will be posed later on the Clinton County Community Action website and Facebook page.

We had a great turn out for our NEW soup and salad bar, and will be offering it on a weekly basis. Thank you all for coming!

Stop in for lunch, to exercise, play pool or just sit and visit with friends. I look forward to seeing you soon!

Brian Garber

## NEWS INSIDE

- March Birthdays
- Quilt Raffle
- Upcoming Events & Activities
- Department of Aging Staying Connected
- March Menu



**Brian Garber**

AGINGUP DIRECTOR

briangarber@clintoncap.org

937 - 655 - 2165

**Clinton County Community Action Program, Inc.**

**WSB Aging UP Community Center**

**HOURS of OPERATION**

Monday - Friday | 8:00 AM - 4:30 PM

This institution is an equal opportunity provider and employer.

## COMMODITY

### Supplemental Food Program

The Community Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$16,588

2 in household | \$22,412

3 in household | \$28,236

For More information, call the Senior Center.

### Senior Housing

Clinton County Community Action manages senior housing and is currently accepting names for the waiting list.

**Housing for 55 years of age or older:** **Blanchester Senior Villas** (\$575/mo) located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester ; **Clinton Commons I** (\$575/mo) located at 100 Commons Ln., off of Howard St., Wilmington ; **Clinton Commons II** (\$575/mo) located on Jeanie Wilson Way, off of Nunn Ave., Wilmington.

**Housing for 62 years of age or older:** **Community Commons** (\$500/mo- 2 bedroom, \$550/mo- 3 bedroom) located on Community Dr., off of Nelson Ave., Wilmington. **For more information, please call 937 - 382 - 8886.**

This institution is an equal opportunity provider.



## DEPARTMENT OF AGING

### Free Staying Connected Service

"Due to the COVID-19 emergency, older adults are at a heightened risk of contracting this disease and having more serious complications. We know that issues of isolation and loneliness may increase as family members resume their normal routines. Isolation can have serious emotional and physical impacts on any of us, but especially on older adults. During a time when physical distancing has become necessary, many older Ohioans are finding it harder than ever to feel connected to the world and people around them.

This is why the Ohio Department of Aging created the Staying Connected Check-in Service. The Staying Connected service provides a FREE, daily check-in by phone for Ohioans age 60 or older. This service provides comfort and can connect you with aging network information and support. It's easy to get started.

#### Who Can Participate?

Must have a valid phone number (cell or landline)  
Provide an alternate contact (preferred)

#### How Does It Work?

We will make three attempts to contact you. When you respond, you have these options:

- > Confirm you are OK.
- > Transfer to learn more about aging services in your area.
- > Connect for a friendly chat.

If you do not answer after three attempts, we:

- > Reach out to your alternate contact, if one is provided.
- > Place a live call to you and your alternate, if previous contacts fail.
- > Notify local non-emergency services (e.g., sheriff's office) if live call fails to connect."

Hours of Service are 7A.M. - 6P.M., seven days a week.

**Call 1(833) 632 - 2428 and press 1 when prompted or sign up online at [aging.ohio.gov](https://aging.ohio.gov).**

## HAPPY BIRTHDAY



Richard Schaefer	03/04
Sherry Williams	03/05
Rich Baker	03/07
Sandy Sonder	03/07
Judi Clay	03/14
Robert Cochran	03/15
Renita Cook	03/15
David Kline	03/17
Donna Clevenger	03/27
Margaret Maynard	03/27
Jackie Gray	03/29

If your birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible your birthday is not listed in our membership data or dues have not been paid within the past year.

### March Holidays

St. Patrick's Day 03/17  
(OPEN)

### WELCOME NEW MEMBERS

Rose Richardson	David Powers
Ruth Ann Kern	Hannelore Buckley
Steve Dillion	Charles Bernard
Debi Dillon	



Mike Dewine, Governor  
John Husted, Lt. Governor

Clinton County Community Action  
Contact: Becky Boris, 937-382-8365,  
beckyboris@clintoncap.org  
Ohio Development Services Agency Contact:  
Todd Walker (614) 644-0247  
Todd.Walker@development.ohio.gov

The Ohio Development Services Agency and Clinton County Community Action Program will help income-eligible Ohioans stay warm through the winter months. The Home Energy Assistance Winter Crisis Program provides a benefit once per heating season to an income-eligible Ohioan's main heating accounts. Client can apply online at [www.energyhelp.ohio.gov](http://www.energyhelp.ohio.gov) or in person at Community Action, 789 North Nelson Avenue, Wilmington, OH. Eligible clients are those at or below 175% of the Federal Poverty Guideline that are disconnected (or have a pending disconnection notice), need to establish new service, need to pay to transfer service, or have 25% or less bulk fuel supply remaining. The program can also assist in fuel tank replacements, fuel tank testing and heating system repairs. The program operates from November 1, 2021 to March 31, 2022.

Applicants will need to bring the following documents with them to visit:

- Copies of most current heating AND electric bills
- Proof of income for past 30 days, if self-employed or seasonal will need 12 months income and complete IRS 1040 documents. If you have no income, please contact the office for further instructions.
- Birth Certificate or Social Security Cards for all household members

#### Low-Income Housing Water Assistance Program

The Low-Income Housing Water Assistance Program provides a one-time benefit to an income-eligible Ohioan's water account. Client can apply online at [www.energyhelp.ohio.gov](http://www.energyhelp.ohio.gov) or in person at Community Action, 789 North Nelson Avenue, Wilmington, OH. Eligible clients are those at or below 175% of the Federal Poverty Guideline that are disconnected (or have a pending disconnection notice), need to establish new service or need to pay to transfer service. The program will begin November 1, 2021.

Applicants will need to bring the following documents with them to visit:

- Copy of current water bill or disconnect notice.
- Proof of income for past 30 days, if self-employed or seasonal will need 12 months income and complete IRS 1040 documents. If you have no income, please contact the office for further instructions.
- Birth Certificate or Social Security Cards for all household members

For more information about the Winter Crisis program or the Low-Income Housing Water Assistance Program, contact Community Action at 937-382-8365 Monday through Friday from 8 am to 3 pm. Additional information can also be found at [www.energyhelp.ohio.gov](http://www.energyhelp.ohio.gov) or by calling (800) 282-0880.

\*PIPP (Percentage of Income Payment Plan) Applications are currently being accepted.

\*HEAP Applications are currently being accepted through 3/31/2022.

## UPCOMING ACTIVITIES, EVENTS & OTHER NEWS



### EVENTS & OTHER NEWS

**Wednesday, March 16th** - Lunch sponsored by Wilmington Nursing and Rehab at 12:00 noon. There is no charge for the meal, but please make reservations by March 14th.

**Thursday, March 17th** - Rueben Sandwich fundraiser. Please pre-order by March 11th.

**Monday, March 18th** - March birthday lunch. We will celebrate everyone who has a birthday in March!

### SUPPORTIVE SERVICES

Jonda McCarren is the Supportive Services Coordinator for the Agency. She is an advocate for Senior Citizens, 60 years of age plus, regardless of income, to receive assistance with services and benefits available to seniors.

**Examples of supportive service tasks:**

assistance with completion of applications and forms for benefits; assistance with referrals linking clients to appropriate resources; and Medicare and Medicaid.

**Questions of Need Assistance:**

Call (937) 655 - 2151 or email [jondamccarren@clintoncap.org](mailto:jondamccarren@clintoncap.org), Monday through Friday from 8:00 A.M. to 4:30 P.M.

### ACTIVITIES

**Pool** - Monday, Wednesday, and Friday at 8:15 A.M.

**Corn Toss** - Monday and Wednesday at 10:30 A.M.

**Euchre** - Tuesday at 12:15 P.M.

**Chair Volleyball** - Thursday at 12:15 P.M.

**Mexican Train Dominoes, Rook and**

**Hand & Foot** are also

available activities



### Handmade Quilt Auction

We are raffling a quilt made and donated by Anita Rolfe of Sabina. All proceeds of this raffle will go to the center for the purchase of new tablecloths, cooking pans and miscellaneous items for the center. The winning drawing will be on St. Patrick's Day when we prepare our famous Ruben Sandwiches. Raffle tickets are 2 for \$5.00 or 5 for \$10.00. Tickets can be purchased at the center. For more information, please call us at (937) 382 - 7170.

# ST. PATRICK'S DAY LUNCH

**THURSDAY | MARCH 17 | 11AM - 1PM**

**Bagged Lunch Includes: Homemade  
Reuben Sandwich, Chips, Pickle Spear,  
Dessert and a Drink**

**\$10**

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**Can be picked up at Wilmington Savings  
Bank Clinton County Senior Center**

**717 N. Nelson Avenue, Wilmington  
(Delivery available for orders of 5 or more)**

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**Must pre-order by March 11th**

**CALL (937) 382 - 7170**



*First Day of Spring | March 20, 2022*

“Spring adds new life and  
new beauty to all that is.”

Jessica Harrelson

### WSB AGING UP Community Center Staff

#### Contact Information

**Senior Operations**  
937-382-7170

**Brian Garber,**  
Senior Center Director  
937-655-2165

**Sherry Bowling,**  
Homemaker Supervisor  
937-655-2164

**Jonda McCarren,**  
Supportive Services  
937-655-2151

**Bob Moreton,**  
Site Coordinator-  
Transportation  
937-655-2163



of Clinton County  
Supported Agency

### THANK YOU To Our Sponsors

### Aging UP Community Center January

#### 2022 Board Report

**MEALS:** 202 meals were served to 24 clients

**TRANSPORTATION:** 72-one way trips were provided to 20 participants

**ESP MEDICAL:** There were 16 units for 2 clients.

**ADULT DAYCARE:**

**HOME MEALS:** There were 2,156 home meals delivered to 94 clients.

**SUPPORTIVE SERVICES:** There were 40.25 units for 49 clients

**SOCIALIZATION/RECREATION:**

**EXERCISE ROOMS:**

**HOMEMAKING SERVICES:** 2,718-ESP units; 51 Clinton Maid hours.



#### **Buckley, Miller, Wright**

Attorneys at Law

[bmwlaw@bmwlaw.net](mailto:bmwlaw@bmwlaw.net)

145 N. South Street  
Wilmington, OH 45177

**Phone:** 937-382-0946  
**Fax:** 937-382-1361

**WILMINGTON Savings Bank**  
[www.wilmingtonsavings.com](http://www.wilmingtonsavings.com)

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Wilmington, Ohio 45177

937 - 382 - 1659  
[www.wilmingtonsavings.com](http://www.wilmingtonsavings.com)



#### **CLINTON MAID SERVICE**

Clinton County Community Action

717 N. Nelson Avenue  
Wilmington, OH 45177

**We can help short or long term**

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**Call us today**  
937-655-2164

**Patricia Rudduck**  
**937-218-6646**  
[patciarudduck@yahoo.com](mailto:patciarudduck@yahoo.com)

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822 Rombach Avenue

## March Menu

MON	TUE	WED	THU	FRI
	Hamburger w/ bun Potato Wedges Broccoli Pineapple Tidbits <b>1</b>	Chicken Tenders Brown Rice Mix Veggies Wheat Bread Grape Juice <b>2</b>	Pork Cutlet/ Gravy Green Beans Beets Wheat Bread Oatmeal Cookie Pears <b>3</b>	Meatloaf/Gravy Sweet Potatoes Mixed Veggies Wheat Bread Cranberry Juice <b>4</b>
Steak Hoagie/Bun Potato Wedges Baked Beans Fresh Orange <b>7</b>	Chicken/ Brown Rice Broccoli Carrots Wheat Bread Fruit Cocktail <b>8</b>	Salisbury Steak Sweet Potatoes Mixed Veggies Wheat Bread Peaches <b>9</b>	Turkey Tetrizzini Brussel Sprouts Cinnamon Apples <b>10</b>	Fish Sticks Potato Wedges Peas Mandarin Oranges <b>11</b>
Hawaiian Ham Sweet Potatoes Peas Wheat Bread Apple Juice <b>14</b>	Spaghetti/Meatballs Italian Veggies Spinach Pineapple <b>15</b>	Free Lunch Sponsored by Wilmington Nursing & Rehab 12:00 p.m. <b>16</b>	Rueben Sandwiches Fundraiser for St. Patrick's Day preorder by 3/11 \$10 <b>17</b>	Chicken Alfredo over Spaghetti Broccoli Carrots Cinnamon Apples <b>18</b>
Beef/ Noodles Green Beans Carrots Pineapple <b>21</b>	Chicken & Potato Casserole Broccoli Wheat Bread Choc. Chip Cookie <b>22</b>	Chicken Stew Mixed Veggies Cornbread Chocolate Cake Mandarin Oranges <b>23</b>	Roast Pork Loin Potato Wedges Green Beans Bread Peaches <b>24</b>	Chicken Alfredo Italian Veggies Broccoli Cookie Apple Juice <b>25</b>
Chicken & Gravy Noodles Broccoli Carrots Fruit Cocktail <b>28</b>	Roast Turkey Mashed Potatoes Veggie Medley Bread Pears <b>29</b>	Meatloaf & Gravy Mashed Potatoes Carrots Wheat Bread Apple <b>30</b>	Sausage & Sauerkraut Mashed Potatoes Green Beans Rye Bread <b>31</b>	

Menu is subject to change.



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Wilmington Nursing &  
Rehabilitation Center

75 Hale Street  
Wilmington, OH 45177

Phone: (937) 382 - 1621  
Fax: (937) 383 - 1215

*Caring for life*

USDA is an equal opportunity provider, employer, and lender.

Find us on Facebook @ Clinton County Community Action Program, Inc.



1403 Rombach Avenue **Phone:** 937-382-6100  
Wilmington, OH 45177 **Mobile:** 937-603-5429

**We buy cars!**

## The logo for Wearly Monuments features the word "WEARLY" in a large, black, serif font with a thin black arch above it. Below "WEARLY" is the word "MONUMENTS" in a smaller, black, serif font. The logo is centered within a rectangular frame.

— since 1899 —

*1033 Rombach Avenue., Wilmington, OH 45177*

**Alice Ujvary**

**Office:** (937) 382-6214  
(800) 262-2249

**Fax:** (937) 382-6214



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