

ON THE **UP** SIDE



CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.
WSB Clinton County AgingUP Community Center

Letter to the Members

Hello to all members! I hope this note finds everyone healthy and safe. It has been a long couple of years with covid, but we have continued to work hard providing services and meals to our seniors.

We have also been busy cleaning, painting, and updating the center. We are open for all to come in and enjoy the center, to meet friends, have lunch or exercise. I have talked with many people and groups recently, and many thought the Senior Center had closed to the public, which is not true. We are trying hard to get our members active again to keep growing.

We have been able to purchase new vehicles and we have a 14-passenger bus soon to be delivered. This will allow us to start taking dinner trips, going to ball games, or trips to other points of interest.

Our kitchen has been updated and we will soon be expanding to offer a nice selection of lunches. We hope to be able to offer a soup and salad bar soon, and offer breakfast a few mornings a month.

We would also like to get an exercise program started back up for daily or MWF exercise.

Since stepping into this position, there has been a lot to learn, and there is much more to learn ahead. I just want our members to know we are here and would appreciate any ideas or input to keep the center active and growing. Stop and visit us, see what we are doing, and see the changes coming soon. We need all our members involved to keep growing.

We are having a special lunch for Valentine's Day along with our new soup and salad bar. Plan ahead and come join us for a nice lunch. Hope to see everyone!

Sincerely,

Brian Garber

NEWS INSIDE

- February Birthdays
- Quilt Raffle
- Upcoming Events & Activities
- Department of Aging Staying Connected
- February Menu



Brian Garber

AGINGUP DIRECTOR

briangarber@clintoncap.org

937 - 655 - 2165

Clinton County Community Action Program, Inc.

WSB Aging UP Community Center

HOURS of OPERATION

Monday - Friday | 8:00 AM - 4:30 PM

This institution is an equal opportunity provider and employer.

COMMODITY

Supplemental Food Program

The Community Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$16,588

2 in household | \$22,412

3 in household | \$28,236

For More information, call the Senior Center.



Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin, we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



CSBG CARES

Free Ipads & Tablets

Clinton County Community Action, through funds provided by CSBG CARES will be accepting applications for IPADS/Tablets for both senior citizens and families.

The implementation of this project was due to issues created by COVID-19. Social distancing made it difficult for senior citizens to visit with family and/or friends as well as some physicians moving to virtual doctor appointments leaving them with no visual contact for extended periods. Families with children found themselves attending classes virtually and, in some cases, had the same issues with doctor appointments.

Community Action anticipates working with local youth to provide training on use and learning the skills need to operate the IPADS/ Tablets.

There is an application process and income guidelines. This will be first approved/first served while the units last. If anyone is interested in applying, they need to contact Community Action at 937-382-8365.



HAPPY BIRTHDAY



Dana Dunn	02/05
Carole Erdman	02/09
Patricia Lewis	02/15
Barbara Morris	02/16
Bob Brown	02/16
Benjamin Conger	02/18
Bobbi Hagen	02/19
Lee Debord	02/21
Roslie Guerra	02/21
Libby Curry	02/22
Jayne Garber	02/24
Doris Florea	02/25
Rick Clevenger	02/26
Joann Quallin	02/27

If your birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible your birthday is not listed in our membership data or dues have not been paid within the past year.

February Holidays

Valentine's Day	02/14
(OPEN)	
President's Day	02/21
(CLOSED)	



Mike Dewine, Governor
John Husted, Lt. Governor

Clinton County Community Action
 Contact: Becky Boris, 937-382-8365,
 beckyboris@clintoncap.org
 Ohio Development Services Agency Contact:
 Todd Walker (614) 644-0247
 Todd.Walker@development.ohio.gov

The Ohio Development Services Agency and Clinton County Community Action Program will help income-eligible Ohioans stay warm through the winter months. The Home Energy Assistance Winter Crisis Program provides a benefit once per heating season to an income-eligible Ohioan's main heating accounts. Client can apply online at www.energyhelp.ohio.gov or in person at Community Action, 789 North Nelson Avenue, Wilmington, OH. Eligible clients are those at or below 175% of the Federal Poverty Guideline that are disconnected (or have a pending disconnection notice), need to establish new service, need to pay to transfer service, or have 25% or less bulk fuel supply remaining. The program can also assist in fuel tank replacements, fuel tank testing and heating system repairs. The program operates from November 1, 2021 to March 31, 2022.

Applicants will need to bring the following documents with them to visit:

- Copies of most current heating AND electric bills
- Proof of income for past 30 days, if self-employed or seasonal will need 12 months income and complete IRS 1040 documents. If you have no income, please contact the office for further instructions.
- Birth Certificate or Social Security Cards for all household members

Low-Income Housing Water Assistance Program

The Low-Income Housing Water Assistance Program provides a one-time benefit to an income-eligible Ohioan's water account. Client can apply online at www.energyhelp.ohio.gov or in person at Community Action, 789 North Nelson Avenue, Wilmington, OH. Eligible clients are those at or below 175% of the Federal Poverty Guideline that are disconnected (or have a pending disconnection notice), need to establish new service or need to pay to transfer service. The program will begin November 1, 2021.

Applicants will need to bring the following documents with them to visit:

- Copy of current water bill or disconnect notice.
- Proof of income for past 30 days, if self-employed or seasonal will need 12 months income and complete IRS 1040 documents. If you have no income, please contact the office for further instructions.
- Birth Certificate or Social Security Cards for all household members

For more information about the Winter Crisis program or the Low-Income Housing Water Assistance Program, contact Community Action at 937-382-8365 Monday through Friday from 8 am to 3 pm. Additional information can also be found at www.energyhelp.ohio.gov or by calling (800) 282-0880.

*PIPP (Percentage of Income Payment Plan) Applications are currently being accepted.

*HEAP Applications are currently being accepted through 3/31/2022.

UPCOMING ACTIVITIES, EVENTS & OTHER NEWS



EVENTS & OTHER NEWS

Monday, February 14th - Valentine's Day Lunch

Wednesday, February 16th - Lunch sponsored by Wilmington Nursing and Rehab at 12:00 noon. There is no charge for the meal, but please make reservations by February 14th.

February 21st- Closed for President's Day.

ACTIVITIES

Pool - Monday, Wednesday, and Friday at 8:15 A.M.

Corn Toss - Monday and Wednesday at 10:30 A.M.

Euchre - Tuesday at 12:15 P.M.

Chair Volleyball - Thursday at 12:15 P.M.

Mexican Train Dominoes, Rook and

Hand & Foot are also

available activities

SUPPORTIVE SERVICES

Jonda McCarren is the Supportive Services Coordinator for the Agency. She is an advocate for Senior Citizens, 60 years of age plus, regardless of income, to receive assistance with services and benefits available to seniors.

Examples of supportive service tasks:

assistance with completion of applications and forms for benefits; assistance with referrals linking clients to appropriate resources; and Medicare and Medicaid.

Questions of Need Assistance:

Call (937) 655 - 2151 or email jondamccarren@clintoncap.org, Monday through Friday from 8:00 A.M. to 4:30 P.M.



Handmade Quilt Auction

We are raffling a quilt made and donated by Anita Rolfe of Sabina. All proceeds of this raffle will go to the center for the purchase of new tablecloths, cooking pans and miscellaneous items for the center. The winning drawing will be on St. Patrick's Day when we prepare our famous Ruben Sandwiches. Raffle tickets are 2 for \$5.00 or 5 for \$10.00. Tickets can be purchased at the center. For more information, please call us at (937) 382 - 7170.

DEPARTMENT OF AGING

Free Staying Connected Service

"Due to the COVID-19 emergency, older adults are at a heightened risk of contracting this disease and having more serious complications. We know that issues of isolation and loneliness may increase as family members resume their normal routines. Isolation can have serious emotional and physical impacts on any of us, but especially on older adults. During a time when physical distancing has become necessary, many older Ohioans are finding it harder than ever to feel connected to the world and people around them.

This is why the Ohio Department of Aging created the Staying Connected Check-in Service. The Staying Connected service provides a FREE, daily check-in by phone for Ohioans age 60 or older. This service provides comfort and can connect you with aging network information and support. It's easy to get started.

Who Can Participate?

Must have a valid phone number (cell or landline)
Provide an alternate contact (preferred)

How Does It Work?

We will make three attempts to contact you. When you respond, you have these options:

- > Confirm you are OK.
- > Transfer to learn more about aging services in your area.
- > Connect for a friendly chat.

If you do not answer after three attempts, we:

- > Reach out to your alternate contact, if one is provided.
- > Place a live call to you and your alternate, if previous contacts fail.
- > Notify local non-emergency services (e.g., sheriff's office) if live call fails to connect."

Hours of Service are 7A.M. - 6P.M., seven days a week.

Call 1(833) 632 - 2428 and press 1 when prompted or sign up online at aging.ohio.gov.

Source: Department of Aging

FUN TRIVIA FOR Valentine's Day



1. What Valentine's Day Candy was first created on equipment made for Lozenges?
2. Who wrote the oldest known Valentine's Day message?
3. Who invented the first Valentine's Day candy box?
4. When was February 14 first declared to be Valentine's Day?
5. What state produces most of America's red roses?
6. What major invention was patented on Valentine's Day?
7. Cupid has what name in Greek Mythology?
8. About how many roses are sent for Valentine's Day each year?
9. What insanely popular website debuted on Valentine's Day in 2005?
10. Letters to Juliet are sent to what city every year?

ANSWERS

- | | |
|------------------------|-------------------|
| 1. Sweethearts | 6. The Telephone |
| 2. The Duke of Orleans | 7. Eros |
| 3. Richard Cadbury | 8. 50 Million |
| 4. 1537 | 9. Youtube |
| 5. California | 10. Verona, Italy |



Presiden'ts Day | February 21, 2022

"The only limit to our realization of tomorrow will be our doubts of today."

Franklin D. Roosevelt

WSB AGING UP Community Center Staff

Contact Information

Senior Operations

937-382-7170

Brian Garber,

Senior Center Director
937-655-2165

Sherry Bowling,

Homemaker Supervisor
937-655-2164

Jonda McCarren,

Supportive Services
937-655-2151

Bob Moreton,

Site Coordinator-
Transportation
937-655-2163



of Clinton County
Supported Agency

THANK YOU

To Our Sponsors

Aging UP Community Center December 2021 Board Report

MEALS: 278 meals were served to 42 clients

TRANSPORTATION: 69-one way trips were provided to 13 participants

ESP MEDICAL: There were 0 units for 0 clients.

ADULT DAYCARE:

HOME MEALS: There were 2,946 home meals delivered to 123 clients.

SUPPORTIVE SERVICES: There were 59.25 units for 51 clients

SOCIALIZATION/RECREATION:

EXERCISE ROOMS:

HOMEMAKING SERVICES: 3,028-ESP units; 74 Clinton Maid hours.



Buckley, Miller, Wright

Attorneys at Law

bmwlaw@bmwlaw.net

145 N. South Street
Wilmington, OH 45177

Phone: 937-382-0946
Fax: 937-382-1361

WILMINGTON Savings Bank

www.wilmingtonsavings.com

184 N. South Street
Wilmington, Ohio 45177

937 - 382 - 1659

www.wilmingtonsavings.com



Member
FDIC



CLINTON MAID SERVICE

Clinton County Community Action

717 N. Nelson Avenue
Wilmington, OH 45177

We can help short or long term

Our homemakers are background checked, bonded & insured.

Call us today

937-655-2164



GANO LAW OFFICES

JUDY A. GANO

169 NORTH SOUTH STREET
WILMINGTON, OHIO 45177

(937) 382 - 3320

February Menu

MON	TUE	WED	THU	FRI
	Chicken Tenders Brown Rice Veggies Wheat Bread Grape Juice 1	Chicken Alfredo Broccoli Carrots Cinnamon Apples Wheat Bread 2	Hamburger Potato Wedges Broccoli Pineapple Tidbits 3	Chicken/Brn Rice Broccoli Carrots Mandarin Oranges 4
Pork Cutlet Green Beans Beets Wheat Bread Oatmeal Cookie 7	Salisbury Steak Sweet Potatoes Mixed Veggies Cinnamon Apple Sauce Wheat Bread 8	Fish Sticks Peas Potato Wedges Cranberry Juice Wheat Bread 9	Turkey Tetrizzini w/ Spaghetti Brussel Sprouts Cinnamon Apples 10	Steak Hoagie/Bun Potato Wedges Baked Beans Fresh Orange 11
Valentine's Day Lunch 14	Smoked Turkey Sausage w/ Sauerkraut Mashed Potatoes Green Beans Fruit Cocktail 15	Free Lunch Sponsored by Wilmington Nursing & Rehab 12:00 p.m. 16	Hawaiian Ham Sweet Potatoes Peas Wheat Bread Apple Juice 17	Roast Turkey/ Gravy Mashed Potatoes Carrots Dinner Roll Fruit Punch 18
Broccoli Chicken Brown Rice Veggies Corn Pears 21	Chicken w/ Gravy Egg Noodles Broccoli Carrots Fruit Cocktail 22	Roast Pork Loin Potato Wedges Green Beans Wheat Bread Peaches 23	Chicken Stew Mixed Veggies Corn Bread Chocolate Cake Mandarin Oranges 24	Chicken & Potato Casserole Broccoli Wheat Bread Applesauce 25
Cinci-Style Chili Kidney Beans Broccoli Strawberry Applesauce 28				

Menu is subject to change.

**SENIOR CITIZEN DISCOUNTS
ON AUTO SERVICE!**



**WILMINGTON
AUTO CENTER**

CHRYSLER DODGE
Jeep RAM



SALES • SERVICE • PARTS

937.382.7714  WilmingtonAutoCenter.com



Saber
HEALTHCARE
GROUP

Caring for life

Wilmington Nursing &
Rehabilitation Center

75 Hale Street
Wilmington, OH 45177

Phone: (937) 382 - 1621
Fax: (937) 383 - 1215

USDA is an equal opportunity provider, employer, and lender.

Find us on Facebook @ Clinton County Community Action Program, Inc.



1403 Rombach Avenue Phone: 937-382-6100
Wilmington, OH 45177 Mobile: 937-603-5429

We buy cars!

The logo for Wearly Monuments. It features the word "WEARLY" in a large, black, serif font with a thin black arch above it. Below "WEARLY" is the word "MONUMENTS" in a smaller, black, serif font. The logo is centered within a rectangular box.

— since 1899 —

1033 Rombach Avenue., Wilmington, OH 45177

Alice Ujvary

Office: (937) 382-6214
(800) 262-2249

Fax: (937) 382-6214



Luxor Healthcare
Proudly Serving the Community since 1983
Skilled Nursing, Short-Term Rehabilitation & Long Term Care
820 E. Center Street, Blanchester, Ohio 45107
Call To Schedule a Tour Today
937-783-4949
Follow Us on Facebook!