



NEWS INSIDE

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- December Menu

CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.

WSB Clinton County Aging UP Community Center

Letter to the Members

Dear Members.

The Center is OPEN normal hours—8:00 a.m. to 4:30 p.m. Activities are back to normal. The Congregate meals program needs more participation—as long as we have fewer than 10, we cannot receive food in bulk to serve. Please review the menu and pick some days to come in for lunch! Ala Carte is once again being offered—Mondays and Wednesdays. This is subject to change due to participation.

As many of you know, effective 8/6/21, the Center is requiring masks once again. This is due to the uptick in COVID cases in our area. If you don't have one when you arrive, we have a supply at the check-in table. When you enter the lobby area, please stop to check your temperature at the Kiosk and sign yourself in. If you haven't been to the Center recently, ring the bell outside the office door and someone will assist you. Masks are required upon entry. Please wear your mask unless you are eating. We are just trying to keep everyone healthy and safe.

Looking forward to seeing you!

Staff



Brian Garber

AGINGUP DIRECTOR

briangarber@clintoncap.org 937 - 655 - 2165 **Clinton County Community Action Program, Inc.**

WSB Aging UP Community Center

HOURS of OPERATION

Monday - Friday | 8:00 AM - 4:30 PM This institution is an equal opportunity provider and employer. **2** DECEMBER 2021

COMMODITY

Supplemental Food Program

The Community Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$16,588

2 in household | \$22,412

3 in household | \$28,236

For More information, call the Senior Center.



Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin, we need everyone to place their old newspapers, magazines, junk mail and shredding into the



dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



ASSISTANCE AVAILABLE FOR

Home Related Expenses

Clinton County Community Action Program currently has funding available to assist households with various home related expenses. If you or someone you know is in need of assistance, please have them call CCCAP at (937) 382 - 8365 or visit www.clintoncap.org/covid-relief to apply online.

How has Covid impacted you? Loss of work/decrease in hours, increased childcare costs, increased grocery expenses, unpaid wages/benefits, forced to take off work to care for family, quarantine (by self, government, or medical recommendation), unemployment unavailable or insufficient, personal or family illness or disability and mental health issues, other Covid-19 pandemic related impact.

RENTERS AND HOMEOWNERS

Rent, Rent Arrears, Mortgage, Water, Wastewater, Sewer, Electric, Gas, Alternative Heating Sources, Trash

Assistance can be provided dating back to March 13, 2020.

Monthly Income limits and number of household members:

(1) person \$3,100 (5) 4,779 (2) \$3,542 (6) \$5,133 (3) \$3,983 (7) \$5,488 (4) \$4,425 (8) \$5,842

MORTGAGE UTILITIES AND MORE FOR HOMEOWNERS

Homeowner's Insurance, Flood Insurance, Mortgage Insurance Property Taxes, HOA Fees or Lien, Condominium Association Fees Water, Wastewater, Sewer, Electric, Gas, Alternative Heating Sources, Trash

Assistance can be provided dating back to January 1, 2020.

Annual Income limits and number of household members:

 (1) person \$103,350
 (5) 159,450

 (2) \$118,200
 (6) \$171,300

 (3) \$132,900
 (7) \$183,150

 (4) \$147,600
 (8) \$194,850

On The UPside 3

HAPPY BIRTHDAY



Joe Trapp	12/02
	10/02
Larry Cordrey	12/06
Eugene Snyder	12/13
Shirley Massie	12/14
Sandy Wilson	12/15
Jim Burge	12/16
Cindy Tyo	12/17
Bob Pittser	12/19
Wayne Manning	12/20
Ted Vandervort	12/20
Christine Snyder	12/23
George Kees	12/25
Joyce Powers	12/30

If your birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible your birthday is not listed in our memebership data or dues have not been paid within the past year.

December Holidays

Christmas Eve 12/24
Christmas Day 12/25
New Years Eve 12/31

CCCAP and WSB Clinton County Aging Up Community Center will be CLOSED in oberservance of these holidays.

(Closed 12/27 for Christmas)





Mike Dewine, Governor John Husted, Lt. Govenor Clinton County Community Action Contact: Becky Boris, 937-382-8365, beckyboris@clintoncap.org Ohio Development Services Agency Contact: Todd Walker (614) 644-0247 Todd.Walker@development.ohio.gov

The Ohio Development Services Agency and Clinton County Community Action Program will help income-eligible Ohioans stay warm through the winter months. The Home Energy Assistance Winter Crisis Program provides a benefit once per heating season to an income-eligible Ohioan's main heating accounts. Client can apply online at www.energyhelp.ohio.gov or in person at Community Action, 789 North Nelson Avenue, Wilmington, OH. Eligible clients are those at or below 175% of the Federal Poverty Guideline that are disconnected (or have a pending disconnection notice), need to establish new service, need to pay to transfer service, or have 25% or less bulk fuel supply remaining. The program can also assist in fuel tank replacements, fuel tank testing and heating system repairs. The program operates from November 1, 2021 to March 31, 2022.

Applicants will need to bring the following documents with them to visit:

- · Copies of most current heating AND electric bills
- · Proof of income for past 30 days, if self-employed or seasonal will need 12 months income and complete IRS 1040 documents. If you have no income, please contact the office for further instructions.
- \cdot Birth Certificate or Social Security Cards for all household members

Low-Income Housing Water Assistance Program
The Low-Income Housing Water Assistance Program provides a
one-time benefit to an income-eligible Ohioan's water account.
Client can apply online at www.energyhelp.ohio.gov or in person at
Community Action, 789 North Nelson Avenue, Wilmington, OH.
Eligible clients are those at or below 175% of the Federal Poverty
Guideline that are disconnected (or have a pending disconnection
notice), need to establish new service or need to pay to transfer
service. The program will begin November 1, 2021.
Applicants will need to bring the following documents with them to
visit:

- · Copy of current water bill or disconnect notice.
- · Proof of income for past 30 days, if self-employed or seasonal will need 12 months income and complete IRS 1040 documents. If you have no income, please contact the office for further instructions.
- \cdot Birth Certificate or Social Security Cards for all household members

For more information about the Winter Crisis program or the Low-Income Housing Water Assistance Program, contact Community Action at 937-382-8365 Monday through Friday from 8 am to 3 pm. Additional information can also be found at www.energyhelp.ohio.gov or by calling (800) 282-0880. *PIPP (Percentage of Income Payment Plan) Applications are currently being accepted.

*HEAP Applications are currently being accepted through 3/31/2022.

UPCOMING ACTIVITIES, EVENTS & OTHER NEWS



ACTIVITIES

Pool - Monday, Wednesday, and Friday at 8:15 A.M.

Corn Toss - Monday and Wednesday at 10:30 A.M.

Euchre - Tuesday at 12:15 P.M.

Chair Volleyball - Thursday at 12:15 P.M.

Mexican Train Dominoes, Rook and Hand & Foot are also

available activities



EVENTS & OTHER NEWS

Wednesday, December 15th - Lunch sponsored by Wilmington Nursing and Rehab at 12:00 noon. There is no charge for the meal, but please **make reservations by December 13th**.

Friday, December 17th - Birthday lunch at 11:30am. We will celebrate December birthdays. **December 24th through December 27th**- Closed for Christmas Eve and Christmas. Friday, December 31st - We will be closed for New Years Eve.

CSBG CARES

Free Ipads & Tablets

Clinton County Community Action, through funds provided by CSBG CARES will be accepting applications for IPADS/Tablets for both senior citizens and families. The implementation of this project was due to issues created by COVID-19. Social distancing made it difficult for senior citizens to visit with family and/or friends as well as some physicians moving to virtual doctor appointments leaving them with no visual contact for extended periods. Families with children found themselves attending classes virtually and, in some cases, had the same issues with doctor appointments.

Community Action anticipates working with local youth to provide training on use and learning the skills need to operate the IPADS/Tablets.

There is an application process and income guidelines. This will be first approved/first served while the units last. If anyone is interested in applying, they need to contact Community Action at 937-382-8365.



On The UPside 5

CHRISTMAS RECIPE

persnicketyplates.com

Ingredients

1 cup sugar

3/4 cup unsalted butter at room temp

1/4 cup molasses

1 large egg

2 1/4 cups all purpose flour

2 teaspoons baking soda

1 teaspoon Ground Cinnamon

1/2 teaspoon Ground Ginger

1/2 teaspoon Ground Cloves

1/4 teaspoon Ground Nutmeg

1/2 teaspoon salt

sugar for rolling



Directions

- 1. In a large bowl, add the sugar, butter, molasses, and egg and beat on medium until light and fluffv.
- 2. Add in the flour, baking soda, cinnamon, ginger, cloves, nutmeg, and salt, Stir well with a spatula until fully combined.
- 3. Cover with plastic wrap and chill in the refrigerator for at least an hour.
- 4. Preheat oven to 350 degrees and line baking sheets with parchment paper or silicone baking mats. Set aside.
- 5. Pour approximately 1/2 cup of sugar into a small bowl (for rolling).
- 6. Use a medium cookie scoop to shape the dough into approx.
- 1" balls. Roll in sugar and place 12 per baking sheet onto your prepared sheets.
- 7. Bake for 9-10 minutes or until just set (they will puff up then flatten while baking).
- 8. Remove from oven and let stand on the cookie sheet for 1 minute before transferring to a cooling rack to cool completely.

CHRISTMAS TRFF

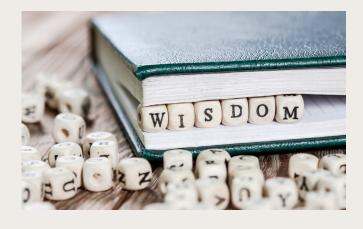
Fun Facts



SALVATION ARMY

Donations





"Year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us."

-Hal Borland

DECEMBER 2021

WSB AGING UP Community Center Staff

Contact Information

Senior Operations

937-382-7170

Brian Garber,

Senior Center Director 937-655-2165

Sherry Bowling,

Homemaker Supervisor 937-655-2164

Jonda McCarren,

Supportive Services 937-655-2151

Bob Moreton.

Transportation 937-655-2163

WWW.CUNTONCAP.ORG/EMPLOYMENT WWW.CUNTONCAP.ORG/EMPLOYMENT POSITION: • Drivers (Part Time) PLEASE CONTACT BRIAN GARBER FOR MORE INFORMATION.

Aging UP Community Center October

2021 Board Report

MEALS: 298 meals were served to 44 clients

TRANSPORTATION: 78-one way trips were

provided to 18 participants

ESP MEDICAL: There were 2 units for

1 client.

ADULT DAYCARE:

HOME MEALS: There were 2,822 home meals delivered to 115 clients.

SUPPORTIVE SERVICES: There were

41.25 units for 60 clients

SOCIALIZATION/RECREATION:

EXERCISE ROOMS:

HOMEMAKING SERVICES: 3,241-ESP units;

89 Clinton Maid hours.

THANK YOU

To Our Sponsors



of Clinton County Supported Agency





(937) 382 - 7170

CLINTON MAID SERVICE

Clinton County Community Action

717 N. Nelson Avenue Wilmington, OH 45177

We can help short or long term

Our homemakers are background checked, bonded & insured.

Call us today

937-655-2164



GANO LAW OFFICES JUDY A. GANO 169 NORTH SOUTH STREET WILMINGTON, OHIO 45177

(937) 382 - 3320

On The UPside 7



Menu is subject to change.





USDA is an equal opportunity provider, employer, and lender.



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