



## **Clinton County Community Action**

### **Head Start Program**

**Office and Center  
789 N Nelson Ave.  
Wilmington, Ohio  
45177**

**937.382.5624      or      937.382.5273**

The Clinton County CAP Head Start Center is licensed by the Ohio Department of Jobs and Family Services Day Care Licensing.

Head Start serves 85 children, 3-5 years old, from economically disadvantaged families. The program provides services in the areas of education, nutrition, health, mental health, transportation, and social services. The children are in class 7 hours a day for the full day program. All children are offered the same opportunities in each classroom. College Degreed teachers provide the children with these opportunities and the skills they need to enter Kindergarten.

#### **Hours of Operation**

The Clinton County CAP Head Start Office is open Monday- Friday, 8:00 am to 4:30 pm.

Full day classrooms are open Monday-Thursday, 9 A.M. - 4 P.M.

Wrap Around Classroom Monday-Friday, 9 A.M. - 2 P.M.

#### **Student to Staff Ratio**

We follow lower staff/child ratios than is mandated by ODJFS – SUTQ requirements. Our classrooms include children 3-5 years of age. We require 2 staff members to 17 children in each classroom.

#### **Services for Children with Special Needs**

Clinton County CAP Head Start provides a complete preschool experience for all enrolled children. Children with special needs participate in all program activities. A child with special needs receives all the usual screenings and services plus any other services necessary to provide a total learning experience. Our program works cooperatively with local school districts and other agencies to deliver individuals appropriate services and accommodations.

## **Head Start Philosophy, Goals and Objectives**

The Clinton County Head Start Program has adopted the philosophy that a child is a member of the community. As we work to help the child in his/her social, intellectual, physical and emotional development, we must also reach out and involve their family so they can all become effective community members. Head Start's basic humanistic approach is to encourage and develop a better growth pattern for children and bridge the gap between home and the larger social world. As the parents and children become more self-sufficient and confident, they will lay the groundwork for future success in school and the larger community. Clinton County CAP Head Start recognizes that the family, community and staff contribute to the child's total development and Head Start experience. We concentrate in the areas of Health, Nutrition, Education, Social Service and Parent Involvement. As the family is fundamental to the child's development, parents play an important role in developing policies, volunteering their time and other program participation. The Head Start Program is based on the premise that all children share certain needs and that children of low income families, in particular, can benefit from a comprehensive development program to meet those needs. The Head Start program approach is based on the philosophy that:

1. A child can benefit from a comprehensive, interdisciplinary program to foster development and remedy problems as expression in a broad range of services, and that
2. The child's entire family, as well as the community, must be involved. The program should maximize the strengths and unique experiences of each child. The family, which is perceived as the principle influence on the child's development, must be a direct participant in the program. Local communities are allowed latitude in developing creative program designs as long as the basic goals, objectives and standards of a comprehensive program are ordered to.

## **The Overall Goal**

The Overall Goal of the Head Start program is to bring about a greater degree of social competence in children of low-income families. Social competence is the child's everyday effectiveness in dealing with both present environment and later responsibilities in school and life. Social competence takes into account the interrelatedness of cognitive and intellectual development, physical and mental health, nutritional needs and other factors that enable a developmental approach to helping children achieve social competence. To the accomplishment of this goal, HEAD START objectives and Performance Standards provide for:

1. The improvement of the child's health and physical abilities, including appropriate steps to correct present physical and mental problems and to

enhance every child's access to an adequate diet. The improvement of the family's attitude toward future health care and physical abilities.

2. The encouragement of self-confidence, spontaneity, curiosity and self-discipline, which will assist in the development of the child's social and emotional health.

3. The enhancement of the child's mental processes and skills with particular attention to conceptual and communication skills.

4. The establishment of patterns and expectations of success for child, which create a climate of confidence for present and future learning efforts and overall development.

5. An increase in the ability of the child and the family to relate to each other and to others.

6. The enhancement of the sense of dignity and self-worth within the child and his family.

### **Educational and Quality Classroom Activities!**



### **Education Service Objectives**

1. Provide children with a learning environment and the various experiences which will help them develop socially, intellectually, physically and emotionally in a manner appropriate to their age and stage of development toward the overall goal of social competence.

2. Integrate the educational aspects of the various Head Start components into the daily program of activities.

3. Involve parents in the educational activities of the program to enhance their role as the principle influence on the child's education and development.

4. Assist parents to increase knowledge and understanding skills and experience child growth and development.

5. Identify and reinforce experiences, which occur in the home that parents can utilize as educational activities for their children.

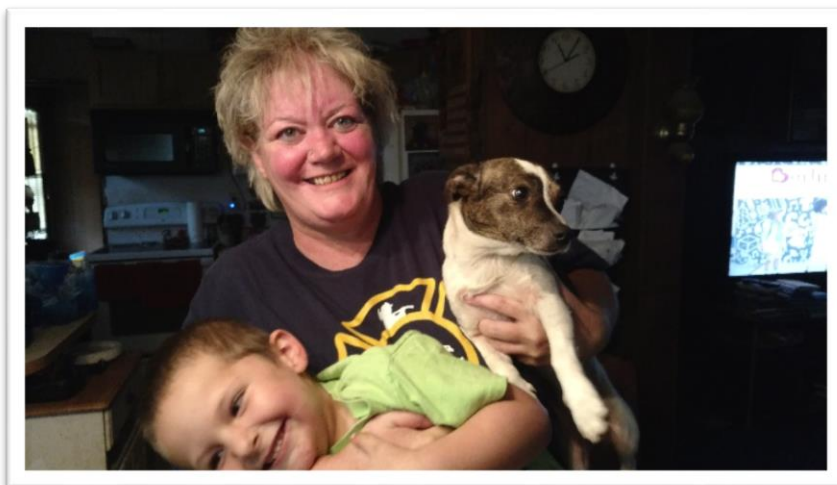
### **Health Services Objectives**

1. Provide a comprehensive health services program which includes a broad range of medical, dental, mental health and nutrition services to preschool children, including children with disabilities, to assist the child's physical, emotional, cognitive and social development toward the overall goal of social competence.
2. Promote preventative health services and early intervention.
3. Provide the child's family with necessary skills and insight and otherwise attempt to link the family to an ongoing health care system to ensure that the child continues to receive comprehensive health care even after leaving the Head Start Program.

### **Nutrition Service Objective**

1. Help provide food that will meet the child's daily nutritional needs in the child's home or another pleasant environment, recognizing individual differences and cultural patterns, and thereby promote sound physical, social and emotional growth and development.
2. Provide an environment for nutritional services, which will support and promote the use of the feeding situation as an opportunity for learning.
3. Help staff, child and family to understand the relationship of nutrition to health, factors which influence food practices, varieties of ways to provide for nutritional needs and to apply this knowledge in the development of good eating habits even after leaving the Head Start Program.
4. Demonstrate the interrelationships of nutrition to other activities for the Head Start Program and its contribution to the overall child development goals.
5. Involve all staff, parents and other community agencies as appropriate in meeting the child's nutritional needs so that nutritional care provided by Head Start compliments and supplements that of the home and community.

### **Family Matters!**



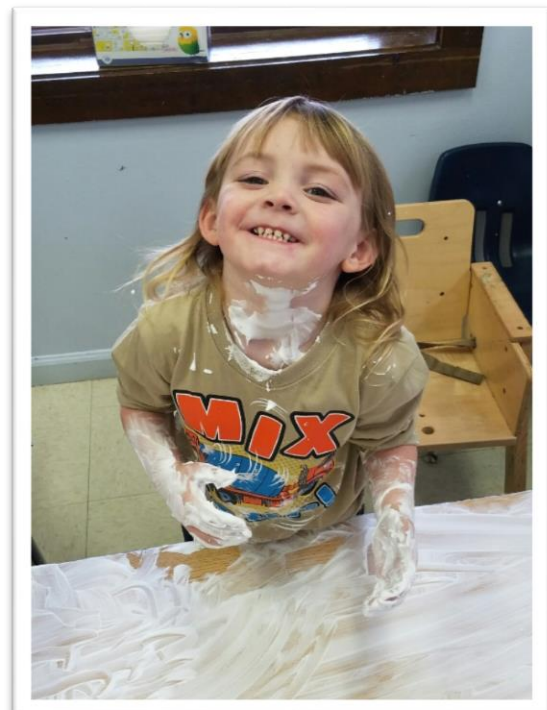
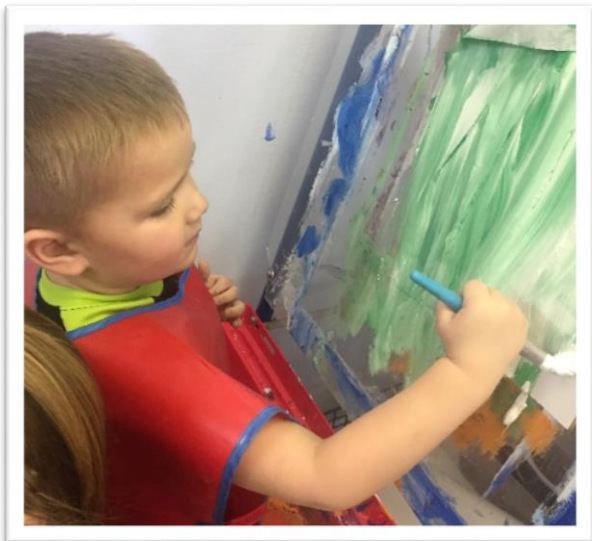
### **Family Services Objectives**

1. Provide community resources to all families who express a need.
2. Engage in a process of collaborative partnership building (family partnership agreement) with parents to establish mutual trust and to identify family goals, strengths and necessary services and other support.
3. Assist families with crisis situations.
4. Help each family attain 85% attendance for their child.
5. Contribute to the data collection for the community assessment

### **Sample Half Day Schedule**

AM

- 8:45 Arrival/Attendance  
Children will go to their cubbies, use the restroom and wash hands before entering the classroom
- 8:55-9:15 Breakfast/Conversations/Open Ended Questions
- 9:15-9:35 Sign in/Helpers/Whole Group Read Aloud/Story Telling
- 9:35-9:45 Small Group/Individualized Learning/  
Math/Literacy/Science/Language
- 9:45-10:20 Outdoor Activities/Large Motor
- 10:20-11:10 Free Choice/Individualized/Dina  
Learning/Math/Literacy/Science
- 11:10-11:25 Brush Teeth
- 11:25-11:35 Restroom/Wash Hands/Books
- 11:45-12:05 Lunch/Conversations/Open ended Questions
- 12:05-12:15 Manipulatives/Books/Story Telling
- 12:15 Departure

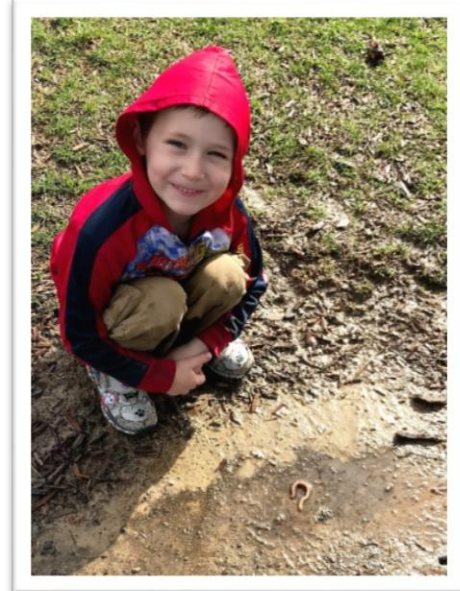




### **Sample Full Day Schedule**

8:45	Arrival/Attendance Children will go to their cubbies, use the restroom and wash hands before entering the classrooms.
8:55-9:15	Breakfast/Conversations/Open Ended Questions
9:15-9:20	Sign in/Large Motor Activity/Calm Your Body Activity
9:20-9:30	Brush Teeth
9:30-9:45	Large Group and Story Time
9:45-10:45	Free Choice/Individualized Learning/Math/Literacy/ Science/Language
10:50-11:45	Outdoor Activities/Large Motor
11:45-12:00	Bathroom/Wash Hands/Read Books/Mighty Minutes/ Sing
12:00-12:20	Lunch/Conversations/Open Ended Question
12:20-1:00	Large Group Activity/Dina School/Read Aloud
1:00-2:30	Rest Time/Quiet Time/Cot Activities
2:35-2:45	Restroom/Wash Hands/Books/Songs/Mighty Minutes
2:45-3:00	Snack
3:00-3:30	Outdoor Activities/Large Motor
3:30-3:45	Prepare For Departure

**Outdoor Play is a great way to gain Large Motor Skills and explore Nature!**



**Clinton County Community Action INC.**  
**Head Start Program**

**Value Statement**

**Head Start Believes:**

All children and families of our community should be served in a responsible respectful, and reliable manner.

In committing to the children and families.

In offering compassion and flexibility of our TEAM to communicate and advocate for the children and the families.

**MISSION STATEMENT**

To engage families in understanding their roles in regards to advocacy, community partnerships, and child development in order to prepare children for success in school and life