

ON THE **UP** SIDE



CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.
WSB Clinton County AgingUP Community Center

Letter to the Members

Dear Members,

The Center is OPEN normal hours - 8:00 A.M. - 4:30 P.M. Activities are back to normal. The Congregate meals program needs more participation- as long as we have fewer than 16, we cannot receive food in bulk to serve. Please review the menu and pick some days to come in for lunch! Ala Carte is once again being offered- Mondays and Wednesdays. This is subject to change due to participation (we need at least 10 signed up for Ala Carte).

As many of you know, effective 8-6-21, the Center is requiring masks once again. This is due to the uptick in COVID cases in our area. If you don't have one when you arrive, we have a supply at the check-in table. When you enter the lobby area, please stop and check your temperature at the Kiosk and sign yourself in. If you haven't been to the Center recently, ring the bell outside the office door and someone will assist you. Masks are required upon entry. Please wear your mask unless you are eating. We are just trying to keep everyone healthy and safe.

Looking forward to seeing you!

Staff

NEWS INSIDE

- September Birthdays
- Hiring Home Delivered Meals Driver
- Upcoming Events & Activities
- Recall on Certain Phillips Medical Devices
- September Menu



Clinton County Community Action Program, Inc.

WSB Aging UP Community Center

HOURS of OPERATION

Monday - Friday | 8:00 AM - 4:30 PM

This institution is an equal opportunity provider and employer.

COMMODITY

Supplemental Food Program

The Community Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$16,588

2 in household | \$22,412

3 in household | \$28,236

For More information, call the Senior Center.



SENIOR FARMERS MARKET Nutrition Program

Senior Farmers Market Nutrition Program is a program for low-income seniors in COA's five-county service area, which included Butler, Clermont, Clinton, Hamilton and Warren counties. The program provides fresh, nutritious, unprepared locally grown fruits, vegetables, herbs and honey through farmers markets, roadside stands and community supported agricultural programs. Eligible seniors who apply will receive a total of \$50 worth of coupons to re-deem during the 2021 growing season at participating farmers markets in southwestern Ohio. If there is more than one eligible senior in a household who applies, they will each receive \$50 in coupons. Once the senior is approved for the program, the coupons, a letter with instructions on how to redeem them and a list of participating locations will be mailed to the senior. Participants may also assign a proxy to shop on your behalf.

Income guidelines are as follows:

(1 person in household) \$0-23,828, (2 persons) \$0-32,227, (3 persons) \$0-\$40,626.

To apply: Call the AgingUP Community Center and we will send you an application. You can go online at www.help4seniors.org, click on 'Programs & Services' then click on "Senior Farmers Market Nutrition Program.' If you need assistance with your application, call Jonda at (937) 655-2151. Questions, just call the AgingUP Community Center at (937) 382-7170.

2021 CORN FESTIVAL

The CC Corn Festival will be held this year from Friday, September 10th - Sunday, September 12th. We will be having a booth selling Pressed Chicken Sandwiches. We will be needing LOTS of help! If you are interested in working (either the booth or at the center picking chicken), please call (937) 382 - 7170. Leave your name, number and times available to work. If you are unable to help by working, we will be accepting donations to offset costs.

This is a big fund raising event for us- any help would be appreciated!

We're hiring.

POSITION:

**Part-Time, On-Call
Home Delivered
Meal Driver**

CALL (937) 382 - 7170
TO APPLY

HAPPY BIRTHDAY



Brenda Davis	09/01
Joan Holmes	09/02
Beverly Yee	09/02
James Morrison	09/02
Carol Kirby	09/03
Andrea Hilderbrant	09/05
Anita Allen	09/09
Dick Mitchner	09/09
Ruby Minton	09/13
Mary Conger	09/16
Jean Swindler	09/17
Betty Wall	09/17
John Riley	09/19
Tony Lamke	09/20
Van Jones	09/21
Wanda Galliett	09/23
Janet Morris	09/23
Elizabeth Waddell	09/23
Sybil Allen	09/24
Patricia Rhoades	09/24
Lois Gibson	09/25
Pamela George	09/25
Gary Kratzer	09/26
Greg Quallen	09/28

If your birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible your birthday is not listed in our membership data or dues have not been paid within the past year.

September Holiday

Labor Day 09/06

CCCAP and WSB Clinton County AgingUP Community Center will be CLOSED on September 6th in observance of this Holiday.

WELCOME NEW MEMBER

Kathy Powell



Mike Dewine, Governor
John Husted, Lt. Governor

Clinton County Community Action
 Contact: Becky Boris, 937-382-8365,
 beckyboris@clintoncap.org
 Ohio Development Services Agency Contact:
 Todd Walker (614) 644-0247
 Todd.Walker@development.ohio.gov

Clinton County Community Action Summer Crisis Program

The Ohio Development Services Agency and Clinton County Community Action will once again help income-eligible Ohioans stay cool during the summer months. The program runs from July 1, 2021 until September 31, 2021 this year. “This year, we’ve extended the length of the program and expanded eligibility requirements so we can help more Ohioans during this health crisis,” Lydia Mihalik, director of the Ohio Development Services Agency said. “We’re working with Clinton County Community Action every day to help Ohioans in need.”

The Summer Crisis Program assists low-income households with a member (60 years or older), households that can provide physician documentation that cooling assistance is needed for a household member’s health, have been diagnosed with COVID-19 in 2020, have a disconnect notice, have been shut off, establishing new service on electric bill or require air conditioning and/or fan. You may qualify if your monthly household size/gross income is below: 1-\$1,878, 2-\$2,540, 3-\$3,203, 4-\$3,865 and 5-\$4,527.

Applicant will need to bring the following documents with them:

- Proof of income for the past 30 days for all household members. If self-employed or seasonal you will need to bring the past 12 months income and complete copy of most recent IRS taxes filed. If you have no income please contact the office for further instructions.
- Copies of current heating and electric bills.
- Social Security Cards for all household members. Birth certificates, voter registrations, passports or DD-214 will also be accepted as long as Social Security numbers are provided.
- Photo ID of applicant.
- Proof of Disability if applicable.

Summer Crisis Program (SCP), Home Energy Assistance Program (HEAP), and Percentage of Income Payment Plan Plus (PIPP Plus) applications are processed Monday through Friday 8:00 am – 3:00 pm. For further information please contact Community Action at 937-382-8365 during these hours.

UPCOMING ACTIVITIES, EVENTS & OTHER NEWS



ACTIVITIES

Pool - Monday, Wednesday, and Friday at 8:15 A.M.

Corn Toss - Monday and Wednesday at 10:30 A.M.

Euchre - Tuesday at 12:15 P.M.

Chair Volleyball - Thursday at 12:15 P.M.

Mexican Train Dominoes, Rook and Hand & Foot are also available activities



EVENTS

Monday, September 6 - Closed for Labor Day

Friday, September 10; Saturday, September 11; Sunday, September 12 - Pressed Chicken Sandwich booth at the Clinton County Corn Festival.

Friday, September 17 - Birthday Lunch at 11:30 A.M. We will celebrate all September birthdays.

Wednesday, September 22 - Lunch sponsored by Wilmington Nursing and Rehab at 12:00 noon.

There is no charge for the meal, but please make reservations by Friday, September 10.

Easy Cinnamon Apples

joyfoodsunshine.com

Ingredients

3 Apple (3 C Chopped)
2 TBS Water
1 TBS Salted Butter
1 TBS Maple Syrup
1/2 tsp Ground Cinnamon
1/8 tsp Fine Sea Salt
1/4 tsp Vanilla Extract

Directions

1. Cut apples into same-sized pieces (about 1/2-1" cubes).
2. Put apples pieces into a skillet with 2 TBS water. Cover the pan and cook over medium heat for about 5 minutes, stirring occasionally, until the apples become slightly soft and water is absorbed.
3. Add 1 TBS of butter to the skillet. Stir apples and oil together until all the apples are coated. Cook for 5 minutes, stirring every minute or so, until the apples become soft (you may need to cover them for the last 2 minutes).
4. Add Maple syrup, cinnamon, salt and vanilla. Stir until well mixed.
5. Cook for about 5 more minutes, stirring every minute until the apples reach your desired softness!
6. Remove from heat and serve!

SUPPORTIVE Services



Jonda McCarren is the Supportive Services Coordinator for the Agency. She is an advocate for Senior Citizens, 60 years of age plus, regardless of income, to receive assistance with services and benefits available to seniors. Examples of supportive services tasks: assistance with completion of applications and forms for benefits; assistance with referrals linking clients to appropriate resources; and Medicare and Medicaid.

Questions of Need Assistance:

Call (937) 655 - 2151 or email jondamccarren@clintoncap.org, Monday through Friday from 8:00 A.M. to 4:30 P.M..

UPDATE ON Congregate Meals



Our congregate meal service needs your help! Until we are able to get our congregate meal reservations up to at least 16, our food provider will not send meals in a bulk for service. Please look over the menu and call in for reservations or sign up while you are at the center for an activity.

Reminder: please make your reservation the day before and our meals are a recommended donation of \$2.50.

RECALL ALERT FOR CERTAIN PHILLIPS MEDICAL DEVICES

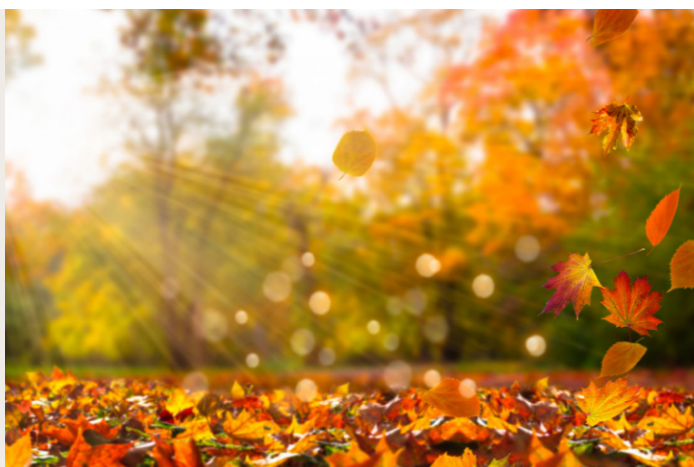
Philips recently issued a product recall for specific ventilators and sleep apnea devices.

If you own or rent one of the Philips products that was recalled, talk to your doctor as soon as possible about whether to continue using your recalled equipment. If you would like to replace or repair your equipment, the supplier you bought the equipment from is responsible for replacing or repairing rental equipment at no cost to you when the equipment is less than 5 years old. If the equipment is more than 5 years old, Medicare will help pay for a replacement. **Important:** Register your recalled equipment with Philips so they know you need a replacement, and can provide information on the next steps for a permanent corrective solution. To register your equipment: Visit philips.com/src-update, or Call 1-877-907-7508

FRIST DAY OF FALL
SEPTEMBER 22, 2021

"And all at once, Summer
collapsed into Fall."

Oscar Wilde



WSB AGING UP Community Center Staff

Contact Information

Senior Operations
937-382-7170

Stella Cramer,
Senior Center Director
937-655-2156

Brian Garber,
Site Coordinator
937-655-2165

Sherry Bowling,
Homemaker Supervisor
937-655-2164

Jonda McCarren,
Supportive Services
937-655-2151

Bob Moreton,
Transportation
937-655-2163

Pam George,
LPN Case Management
937-655-2163

MEMBERS OF THE SENIOR ADVISORY BOARD

Bob Thomas
George Cook
Larry Cordrey
Carole France
Renee Walker

D Bullock
Barb Davis
Carole Erdman
Margie Pierson
Jerome Agean

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board Members. The Board Member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Aging UP Community Center July

2021 Board Report

MEALS: 151 meals were served to 27 clients

TRANSPORTATION: 51-one way trips were provided to 9 participants

ESP MEDICAL: There were 2 units for 1 clients

ADULT DAYCARE:

HOME MEALS: There were 2,965 home meals delivered to 120 clients.

SUPPORTIVE SERVICES: There were 63 units for 55 clients

SOCIALIZATION/RECREATION:

EXERCISE ROOMS:

HOMEMAKING SERVICES: 3,394-ESP units; 80 Clinton Maid hours



THANK YOU

To Our Sponsors



of Clinton County
Supported Agency

WILMINGTON Savings Bank

www.wilmingtonsavings.com

184 N. South Street
Wilmington, Ohio 45177

937 - 382 - 1659
www.wilmingtonsavings.com






CLINTON MAID SERVICE
Clinton County Community Action

717 N. Nelson Avenue
Wilmington, OH 45177

We can help short or long term

Our homemakers are background checked, bonded & insured.

Call us today
937-655-2164



GANO LAW OFFICES
JUDY A. GANO
169 NORTH SOUTH STREET
WILMINGTON, OHIO 45177

(937) 382 - 3320

September Menu

MON	TUE	WED	THU	FRI
<p><i>Ala Carte</i> Mondays Ham & Beans Cornbread Wednesdays Chef Salad</p>		<p>Turkey Sandwich Potato Salad Coleslaw Peaches</p> <p style="text-align: center;">1</p>	<p>Chicken Tenders Brown Rice Scandinavian Veggies Chocolate Chip Cookie</p> <p style="text-align: center;">2 Orange Juice</p>	<p>Hamburger Potato Wedges Broccoli Bun Pineapple Tidbits</p> <p style="text-align: center;">3</p>
<p>CLOSED in Observance of Labor Day</p> <p style="text-align: center;">6</p>	<p>BBQ Beef on Bun Peas & Onions Coleslaw Peaches w/ Oat Topping</p> <p style="text-align: center;">7 Bun</p>	<p>Pineapple Ham Sweet Potatoes Peas Wheat Bread Fruit Cocktail</p> <p style="text-align: center;">8</p>	<p>Summer Salad Ranch Dressing Saltine Crackers Oatmeal Cookie Juice</p> <p style="text-align: center;">9</p>	<p>Grilled Chicken Green Beans Yellow Squash Bun Pears</p> <p style="text-align: center;">10</p>
<p>Chicken & Potato Casserole Broccoli Wheat Bread Elf Grahams Applesauce</p> <p style="text-align: center;">13</p>	<p>Smoked Sausage Sauerkraut Mashed Potatoes Green Beans Rye Bread</p> <p style="text-align: center;">14 Pineapple Tidbits</p>	<p>Turkey Sandwich 3 Bean Salad Potato Salad Mandarin Oranges</p> <p style="text-align: center;">15</p>	<p>Roast Turkey Mashed Potatoes Veggie Medley Wheat Bread Cranberry Juice</p> <p style="text-align: center;">16</p>	<p>Spaghetti & Meatballs Italian Veggies Spinach Sponge Cake Fruit Punch</p> <p style="text-align: center;">17</p>
<p>Country Fried Steak Poato Wedges Green Beans Wheat Bread Animal Crackers Grape Juice</p> <p style="text-align: center;">20</p>	<p>Ham Salad Sandwich Potato Salad Coleslaw Peaches</p> <p style="text-align: center;">21</p>	<p>Meatloaf Mashed Potatoes Carrots Wheat Bread Applesauce</p> <p style="text-align: center;">22</p>	<p>Chicken Green Beans Beets Wheat Bread Teddy Grahams Apple Juice</p> <p style="text-align: center;">23</p>	<p>Cinci-Style Chili Spaghetti Kidney Beans Broccoli Pineapple Tidbits</p> <p style="text-align: center;">24</p>
<p>Chicken Enchilads Corn Zucchini Peaches</p> <p style="text-align: center;">27</p>	<p>Swedish Meatballs Egg Noodles Broccoli Carrots Fruit Cocktail</p> <p style="text-align: center;">28</p>	<p>Lunch Sponsored by Wilmington Nursing and Rehab at 12:00. RSVP by 09/10</p> <p style="text-align: center;">29</p>	<p>Salisbury Steak Sweet Potatoes Mixed Veggies Wheat Bread Cinnamon Applesauce</p> <p style="text-align: center;">30</p>	

Menu is subject to change.

Senior Discounts On Auto Service!



WILMINGTON
 AUTO CENTER
 CHRYSLER · DODGE · JEEP · RAM

www.WilmingtonAutoCenter.com

New & Used Vehicles

Service

Quick-Lube

Storage

937 - 382- 7714

1780 Rombach Ave
 Wilmington, OH



Saber
 HEALTHCARE
 GROUP
 Caring for life

Wilmington Nursing &
 Rehabilitation Center

75 Hale Street
 Wilmington, OH 45177

Phone: (937) 382 - 1621
Fax: (937) 383 - 1215

USDA is an equal opportunity provider, employer, and lender.

Find us on Facebook @ Clinton County Community Action Program, Inc.



1403 Rombach Avenue **Phone:** 937-382-6100
 Wilmington, OH 45177 **Mobile:** 937-603-5429

We buy cars!

WEARLY MONUMENTS

— since 1899 —

1033 Rombach Avenue., Wilmington, OH 45177

Alice Ujvary

Office: (937) 382-6214
 (800) 262-2249

Fax: (937) 382-6214

Clinton County Adult Day Center, Inc.

66 N. Mulberry Street
 Wilmington, Ohio 45177



We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

For More Information, please call 937-382-2070

Buckley, Miller, Wright & Raizk

Attorneys at Law

bmwlaw@bmwlaw.net

145 N. South Street
 Wilmington, OH 45177

Phone: 937-382-0946
Fax: 937-382-1361

