

ON THE **UP** SIDE



CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.
WSB Clinton County AgingUP Community Center

Letter to the Members

Dear Members,

The Center is now OPEN normal hours- 8:00 A.M. to 4:30 P.M.. Activities are back to normal. Silver Sneakers will continue zoom classes through August- info regarding September will be in that newsletter. The Congregate meals program needs more participation- as long as we have fewer than 16, we cannot receive food in bulk to serve. Please review the menu and pick some days to come in for lunch!

We just ask that you enter through the front doors to be checked in- if you have been vaccinated, please bring your vaccination card. Your vaccination card is needed one time only. If you haven't been vaccinated, you will need to wear a mask and practice social distancing. Looking forward to seeing you!

Staff

On a personal note...

As most of you know, I have many, many years with the Senior Program for Community Action. There are those of you attending the center now that I knew your parents! The years have been good- they have been filled with interesting times, great adventures, sad times and lots of fun times!

I am writing this to let you know that I have taken a different position within the agency. You will still see me at the center at times.

Love you all,
Stella

NEWS INSIDE

- August Birthdays
- Hiring Home Delivered Meals Driver
- Upcoming Events & Activities
- Corn 5k Walk & Run Information
- August Menu



Stella Cramer
AGINGUP DIRECTOR
stellacarter@clintoncap.org
937 - 655 - 2156

Clinton County Community Action Program, Inc.

HOURS of OPERATION

Monday - Friday | 8:00 AM - 4:30 PM

This institution is an equal opportunity provider and employer.

COMMODITY

Supplemental Food Program

The Community Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$16,588

2 in household | \$22,412

3 in household | \$28,236

For More information, call the Senior Center.

We're hiring.

POSITION:

**Part-Time, On-Call
Home Delivered
Meal Driver**

CALL (937) 382 - 7170
TO APPLY



SENIOR FARMERS MARKET Nutrition Program

Senior Farmers Market Nutrition Program is a program for low-income seniors in COA's five-county service area, which included Butler, Clermont, Clinton, Hamilton and Warren counties. The program provides fresh, nutritious, unprepared locally grown fruits, vegetables, herbs and honey through farmers markets, roadside stands and community supported agricultural programs. Eligible seniors who apply will receive a total of \$50 worth of coupons to re-deem during the 2021 growing season at participating farmers markets in southwestern Ohio. If there is more than one eligible senior in a household who applies, they will each receive \$50 in coupons. Once the senior is approved for the program, the coupons, a letter with instructions on how to redeem them and a list of participating locations will be mailed to the senior. Participants may also assign a proxy to shop on your behalf.

Income guidelines are as follows:

(1 person in household) \$0-23,828, (2 persons) \$0-32,227, (3 persons) \$0-\$40,626.

To apply: Call the AgingUP Community Center and we will send you an application. You can go online at www.help4seniors.org, click on 'Programs & Services' then click on "Senior Farmers Market Nutrition Program.' If you need assistance with your application, call Jonda at (937) 655-2151. Questions, just call the AgingUP Community Center at (937) 382-7170.

2021 CORN FESTIVAL

The CC Corn Festival will be held this year from Friday, September 10th - Sunday, September 12th. We will be having a booth selling Pressed Chicken Sandwiches. We will be needing LOTS of help! If you are interested in working (either the booth or at the center picking chicken), please call (937) 382 - 7170. Leave your name, number and times available to work. If you are unable to help by working, we will be accepting donations to offset costs.

This is a big fund raising event for us- any help would be appreciated!

HAPPY BIRTHDAY



Flo Manning	08/01
Mary Ann Nace	08/01
Robert Watters	08/02
Patti Kinsinger	08/05
Joyce Kimball	08/09
Vicki Wilson	08/10
Janet Esmail	08/11
Sue Marshall	08/11
Jeff Slone	08/12
Margaret Watters	08/12
Sandy Mongold	08/14
James Gibson	08/17
Jeff Roach	08/17
Paul Skogstrom	08/17
Charlotte Kline	08/19
Maxine Lovelace	08/19
Kay Burton	08/20
Sharon Cordrey	08/21
Connie Wall	08/21
Sue Lamke	08/23
Sharon Ackerman	08/24
Wilma Kelso	08/24
George Cook	08/29
James G. Flint	08/29
Jennifer Grove	08/29
Dorothy Daye	08/31

If your birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible your birthday is not listed in our membership data or dues have not been paid within the past year.

WELCOME New Members

Paul Holmes Joan Holmes



Mike Dewine, Governor
John Husted, Lt. Governor

For Immediate Release
June 28, 2021

Clinton County Community Action
Contact: Becky Boris, 937-382-8365,
beckyboris@clintoncap.org
Ohio Development Services Agency Contact:
Todd Walker (614) 644-0247
Todd.Walker@development.ohio.gov

Summer Crisis Program Starts July 1 – September 30

The 2021 Summer Crisis Program (SCP) will provide eligible households with a one-time benefit to assist with electric utility bills, central air conditioning repairs, and air conditioning unit and/or fan purchases. Household income must be at or below 175% of the Federal Poverty Guidelines and household's must have at least one additional eligibility criteria listed below:

- A household member who is age 60 or older.
- A household member has a documented medical condition verified by a licensed medical professional who is qualified under Ohio law to write prescriptions.
- A household member that was diagnosed with COVID-19 in the last 12 months. May provide a written statement as proof of medical diagnosis.
- Percentage of Income Payment Plan Plus (PIPP) customers are eligible for assistance towards their default PIPP payment, first PIPP payment, central air conditioning repairs, or may receive an air conditioning unit and/or fan.
- A household's electric utility has a disconnect notice, has been shut off, or new electric service is being established for the household. These households may also receive an air conditioning unit and/or fan or central air conditioning repairs, if the household can maintain electric service for 30 days.

This year the program will be open July 1 – September 30, 2021. The maximum benefit amounts for the 2021 program are: \$500 for customers of regulated utilities and \$800 for customers of unregulated utilities (municipal utilities or cooperatives). Air conditioning units and/or fans may only be provided to eligible customers who have not received an air conditioning unit or fan in the last three years.

New this year: The utility assistance benefit is separate from the additional benefit. Households may receive the maximum utility assistance benefit towards their electric bill and still receive an additional benefit (i.e., central air conditioner repair, air conditioner unit, and/or fan).

SCP appointments should be scheduled with the local energy assistance provider.

We are currently processing HEAP and PIPP (Percentage of Income Payment Plan) Applications

ON THE SIDE

Previously known as the Senior Informer...

A special thank you to Ms. Patty Storer for the new name of the monthly newsletter! It will now be called, "On The UPside," to also showcase the AgingUP Community Center.

UPCOMING ACTIVITIES, EVENTS & OTHER NEWS



ACTIVITIES

Pool - Monday, Wednesday, and Friday at 8:15 A.M.

Corn Toss - Monday and Wednesday at 10:30 A.M.

Euchre - Tuesday at 12:15 P.M.

Chair Volleyball - Thursday at 12:15 P.M.

Mexican Train Dominoes, Rook and Hand & Foot are also available activities.



EVENTS

Friday, August 20th - Birthday Lunch at 11:30 A.M.. We will celebrate all August birthdays.

Wednesday, August 25th - Lunch sponsored by Wilmington Nursing & Rehab at 12:00 P.M.. There is no charge for the meal, but please make reservations by Friday, August 13th. Western Southern will be doing a short program.

Wednesday, August 25th - Canvas Painting sponsored by Heartland Hospice of Washington Court House at 1:00 P.M.. This event was rescheduled from last month. Please make reservations to participate at this free event by Friday, August 20th. You will be painting a picture to take home.

SUPPORTIVE Services



Jonda McCarren is the Supportive Services Coordinator for the Agency. She is an advocate for Senior Citizens, 60 years of age plus, regardless of income, to receive assistance with services and benefits available to seniors. Examples of supportive services tasks: assistance with completion of applications and forms for benefits; assistance with referrals linking clients to appropriate resources; and Medicare and Medicaid.

Questions of Need Assistance:

Call (937) 655 - 2151 or email jondamccarren@clintoncap.org, Monday through Friday from 8:00 A.M. to 4:30 P.M..

UPDATE ON Congregate Meals



Our congregate meal service needs your help! Until we are able to get our congregate meal reservations up to at least 16, our food provider will not send meals in a bulk for service. Please look over the menu and call in for reservations or sign up while you are at the center for an activity.

Reminder: please make your reservation the day before and our meals are a recommended donation of \$2.50.

It's time for our 8th Annual Corn 5k Walk & Run! On September 11th, 2021, the 5k will be held virtually, at your own pace. Participants may use their own route of 3.1 miles, or follow the provided directions, which is the usual Corn Walk / Run route.

Post your pictures on Facebook, tagging us and using the hashtag, [#cccapcorn5k](https://www.facebook.com/hashtag/cccapcorn5k).

By participating in this event, you will be part of contributing to the lives of Clinton County Seniors, all while getting exercise, fresh air, and having a little fun.

Complete your registration by **AUGUST 25th** to get a free shirt!

Visit www.clintoncap.org/corn5k for registration forms and to make an online payment. You may also pick up an application at 789 N. Nelson Ave., Wilmington and make a payment in person.

WSB AGING UP Community Center Staff

Contact Information

Senior Operations
937-382-7170

Stella Cramer,
Senior Center Director
937-655-2156

Brian Garber,
Site Coordinator
937-655-2165

Sherry Bowling,
Homemaker Supervisor
937-655-2164

Jonda McCarren,
Supportive Services
937-655-2151

Bob Moreton,
Transportation
937-655-2163

Pam George,
LPN Case Management
937-655-2163

MEMBERS OF THE SENIOR ADVISORY BOARD

Bob Thomas
George Cook
Larry Cordrey
Carole France
Renee Walker

D Bullock
Barb Davis
Carole Erdman
Margie Pierson
Jerome Agean

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board Members. The Board Member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Aging UP Community Center June 2021 Board Report

MEALS: 166 meals were served to 20 clients
TRANSPORTATION: 63-one way trips were provided to 12 participants
ESP MEDICAL: There were 6 units for 2 clients
ADULT DAYCARE:
HOME MEALS: There were 2,985 home meals delivered to 116 clients.
SUPPORTIVE SERVICES: There were 42.5 units for 37 clients
SOCIALIZATION/RECREATION:
EXERCISE ROOMS:
HOMEMAKING SERVICES: 3,463-ESP units; 66.5 Clinton Maid hours



THANK YOU

To Our Sponsors



of Clinton County Supported Agency

WILMINGTON Savings Bank

www.wilmingtonsavings.com

184 N. South Street
Wilmington, Ohio 45177

937 - 382 - 1659
www.wilmingtonsavings.com






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Clinton County Community Action

717 N. Nelson Avenue
Wilmington, OH 45177

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Our homemakers are background checked, bonded & insured.

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937-655-2164



GANO LAW OFFICES
JUDY A. GANO
169 NORTH SOUTH STREET
WILMINGTON, OHIO 45177

(937) 382 - 3320

August Menu

MON	TUE	WED	THU	FRI
Pineapple Ham Sweet Potatoes Peas Wheat Bread Fruit Cocktail 2	Ham Sandwich Potato Salad Coleslaw Peaches 3	Lemon Pepper Fish Brown Rice Scandinavian Veggies Chocolate Chip Cookies 4 Orange Juice	Grilled Chicken Green Beans Yellow Squash Bun Pears 5	Hamburger on bun Potato Wedges Broccoli Pineapple Tidbits 6
Turkey Tetrizzini Brussel Sprouts Baked Cinnamon Apples 9	BBQ Beef on Bun Peas & Onions Coleslaw Peaches w/ Oat Topping 10	Summer Salad Saltine Crackers Ranch Dressing Juice Oatmeal Cookies 11	Fish Sticks Peas Potato Wedges Wheat Bread Pineapple Tidbits 12	Swiss Steak Carrots O'Brien Potatoes Wheat Bread Animal Crackers 13 Cranberry Juice
Smoked Sausage w/ Sauerkraut Mashed Potatoes Green Beans Rye Bread 16 Fruit Cocktail	Turkey Sandwich 3 Bean Salad Potato Salad Mandarin Oranges 17	Spaghetti & Meatballs Italian Veggies Spinach Pears 18	Chicken & Potato Casserole Broccoli Wheat Bread Elf Grahams Applesauce 19	Salisbury Steak Sweet Potatoes Mixed Veggies Dinner Roll Sponge Cake 20 Fruit Punch
Meatloaf Mashed Potatoes Carrots Wheat Bread 23 Pineapple Tidbits	Chicken Salad Sandwich Potato Salad Coleslaw 24 Peaches	Free Lunch Sponsored by Wilmington Nursing & Rehab 25	Pork Cutlet Green Beans Beets Wheat Bread 26 Teddy Grahams Applesauce	Cinci-Style Chili Broccoli Pears 27
Roast Turkey Herb Dressing Broccoli/ Cauliflower Goldfish 30 Apple Juice	Swedish Meatballs Egg Noodles Broccoli Carrots Fruit Cocktail 31			

Senior Discounts On Auto Service!

New & Used Vehicles

Service

Quick-Lube

Storage

937 - 382- 7714

1780 Rombach Ave
Wilmington, OH

WILMINGTON
AUTO CENTER

CHRYSLER · DODGE · JEEP · RAM

www.WilmingtonAutoCenter.com

Wilmington Nursing &
Rehabilitation Center

75 Hale Street
Wilmington, OH 45177

Phone: (937) 382 - 1621
Fax: (937) 383 - 1215

Caring for life

USDA is an equal opportunity provider, employer, and lender.

Find us on Facebook @ Clinton County Community Action Program, Inc.

