

The Senior Informer

CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.
Wilmington Savings Bank - Clinton County Senior Center

Letter to the Members

Dear Members,

Our reopening date is set for May 3rd, 2021. Our hours will be from 9:00 a.m. to 3:00 p.m.. Please see the reopening information on page four.

There are a couple of announcements not in the original reopening plan: 1. Chair Volleyball will be able to be played OUTSIDE- however, masks will need to be worn because of the social distancing requirement; 2. The Exercise Room holding the various equipment for arms and legs will be open for ONE person at a time and by appointment only.

Please be understanding and patient with us as we reopen. We have guidelines we are required to follow regarding every aspect of the Center to reopen.

See you soon!

Farm Market and Trade Days

We will be set up at the Clinton County Fairgrounds for *Farm Market and Trade Days* on Saturday, May 22nd, from 9:00 A.M. to 5:00 P.M.. We will be selling pressed chicken sandwiches, desserts, and bottled water. Hope to see you there!



NEWS INSIDE

- Reopening Updates
- May Birthdays
- Memorial Day Bagged Lunch
- Community Action Month
- Hiring Home Delivered Meals Driver
- May Menu



Stella Cramer
SENIOR CENTER DIRECTOR
stellacarter@clintoncap.org
937 - 655 - 2156

Clinton County Community Action Program, Inc.

HOURS of OPERATION

Monday - Friday | 8:00 AM - 4:30 PM

This institution is an equal opportunity provider and employer.

COMMODITY

Supplemental Food Program

The Senior Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$16,588

2 in household | \$22,412

3 in household | \$28,236

For More information, call the Senior Center.



Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin, we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



HOME ENERGY ASSISTANCE PROGRAM

Percentage of Income Payment Plan Plus Program

Home Energy Assistance Program (HEAP) (also called “Regular HEAP”) – is a federally funded program designed to help income-eligible Ohioans with their winter heating bills. The program runs from July 1 to March 31. Clients at or below 175% of the Federal Poverty Guidelines (FPG) receive a benefit in the form of a direct payment toward their main heating account. HEAP benefits are typically credited directly towards the eligible client’s energy heating bill beginning in the month of January.

Percentage of Income Payment Plan Plus (PIPP) Program – helps income-eligible Ohioans manage their energy bills year-round. The program allows income-eligible Ohioans to pay their energy bill each month based on a percentage of their income. To be eligible for the program, a client must have a total household income at or below 150% of the Federal Poverty Guidelines (FPG) and must apply for all Ohio Development Services Agency (Development) Energy Assistance Programs for which he or she is eligible. A client’s PIPP payment will be set at 10% of the last 30 days of household income for households that heat with electric and 6% for households with a different main heating source.

Applicants will need to bring the following documents with them:

- Proof of income for the past 30 days for all household members. If self-employed or seasonal you will need to bring the past 12 months income and complete copy of the most recent IRS taxes filed. If you have no income, please contact the office for further instructions.
- Copies of current heating AND electric bills.
- Social Security Cards for all household members. Birth certificates, voter registrations, passports or DD-214 will also be accepted as long as Social Security numbers are provided.
- Photo ID of applicant.
- Proof of Disability if applicable

Application are accepted by walk in only at 789 North Nelson Avenue, Wilmington, OH 45177 from 8:00 a.m. until 3:00 p.m. Monday through Friday. If you are elderly and/or disabled and cannot come to the office, please contact Becky at Community Action, 937-382-8365 to see if you would be eligible for a home visit.

HAPPY BIRTHDAY



Mark Miars	05/02
Carol Ewing	05/03
Judy Delph	05/05
Joyce Kozopas	05/05
Aleta Brown	05/06
Barbara Kelly	05/07
Robert Green	05/08
Wilbert Ward	05/08
Norma Sherod	05/09
Cathy Lambcke	05/10
Paul Vaughn	05/11
Mary E. Murphy	05/12
Larry Florea	05/15
Sandra Fisher	05/17
Beverly Carpenter	05/18
Becky Raines	05/19
Patty Taylor	05/19
Charlottle Lawrence	05/20
Wilma Scanlon	05/25
Robert Caldwell	05/26
Diania Wiget	05/26
Linda Hughes	05/29
Nancy Davis	05/30
Nancy Fowler	05/30
Bobbie Howard	05/31
Glenna Samsel	05/31

Happy 100th Birthday to Wilbert Ward!

If your birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible your birthday is not listed in our membership data or dues have not been paid within the past year.

May Holiday

Memorial Day 05/31

CCCAP and Wilmington Savings Bank - Clinton County Senior Center will be closed on this holiday.

SUPPORTIVE Services

Jonda McCarren is the Supportive Services Coordinator for the Agency. She is an advocate for senior citizens, 60 years of age plus, regardless of income, to receive assistance with services and benefits available to seniors. Examples of supportive services tasks: assistance with completion of applications and forms for benefits; assistance with referrals linking clients to appropriate resources; and Medicare and Medicaid.

Questions or need assistance:

Call (937) 655-2151 or email jondamccarren@clintoncap.org, Monday through Friday from 8:00 a.m. to 4:30 p.m..

WEEKLY Food Pantry

The Clinton County Community Action Food Pantry is for any Clinton County resident Mon-Fri, 8a.m. to 3:30p.m..

Items needed to be able to receive services:

>Picture ID

>**Current proof of income for the entire household.** If your income is from Social Security and you do not have a current award letter and this is deposited in your bank, a current bank statement showing this deposit is permitted. If your income is from employment you must have pay stubs for the past 30 days. (If you have no income, contact the office before coming in.)

>**Proof of address** (something that has been mailed to them that is dated within the last 30 days that has their name and address, ie. current bill).

>**All household members names, birthdates, and social security numbers.**

Clients must bring these items the first time for each month they come to apply for services. If they come additional times during the same month, they do not need to bring in documents. Assistance available once per week.

Reopening Updates

Reopening Date: Monday, May 3, 2021

Hours of Operation: Monday through Friday, 9:00 a.m. to 3:00 p.m.

The State's guidelines state you **must** wear a mask to be allowed in the building. Staff are required to wear masks at all times. Attendees are required to wear a mask unless eating. During this initial phase of limited capacity, participants unable to wear masks shall not be permitted to return to the facility.

All participants shall be pre-screened for COVID-19 before entering the facility. Health questions will be asked and temperatures will be taken and recorded at the temperature kiosk located in the lobby area. If your temperature is above 100.4 degrees, you will be asked to leave.

The State guidelines require us to document everyone that comes into the facility, no matter the length of time. We must log everyone's name, address, and phone number. This log will be maintained for at least six (6) months. Logs shall be made available upon request to participants, visitors, and the Ohio Department of Health.

There will be one entrance through the main doors and one exit through the patio doors.

A hand wash station is available in the lobby area. Everyone is required to wash their hands before proceeding further into the facility. Hand sanitizer is available throughout the building as well as on each table in the dining room.

The set of restrooms closest to the lobby will be the only set available for participants. Restrooms are equipped with touchless soap dispensers, faucets, paper towel dispensers and urinal flush. A hand sanitizer dispenser is located between the two restrooms.

Six-foot social distancing must be maintained at all times. The chairs are set up for social distancing, please do not move them. There are also markings/signage on floors for the social distancing requirement.

Some exercise equipment will be available in the front half of the dining room along with two treadmills in the exercise room. Use of the equipment is by appointment only. Equipment and area will be sanitized several times daily; however, each participant is asked to use antiseptic wipes available to clean equipment after use. We will begin accepting appointments to use the exercise equipment beginning April 19.

Lunch tables and chairs will be arranged allowing for social distancing- please do not move them. Meals will be served to you and drinks will be served with your lunch. If you desire a drink prior to lunch, please note all drinks will be served from the kitchen, so you will need to ask kitchen staff. All condiments will be provided in packets with your meal/drinks. Napkins and silverware will be provided with your meal as well. No one will be permitted to bring their own cups, mugs, etc.. No food or food containers from outside the building will be permitted. During our initial reopening phase, Ala Carte lunch items will not be offered. Participants are required to call ahead for lunch reservations no later than 10:00 a.m. the day before to reserve a spot. Please do not arrive prior to 11 a.m. for lunch.

The center will be cleaned in the morning and afternoon. This includes the dining area, restrooms, any surfaces that are touched. Doors in common areas will be propped open. No congregating will be allowed in the lobby. **Offices and kitchen area are staff only - no exceptions!** Other areas off limits during our initial reopening: craft room, pool room, back restrooms, and the second exercise room. Computers will not be available for use.

Three activities we have planned on being able to offer is Mexican Train Dominoes, Cards and Corn Toss. A divider for the round tables has been devised allowing four people to play with a barrier between each person. Gloves will be required to play for all games. Those playing Corn Toss must abide by the social distancing rule. Staff will sanitize play area and dominoes. If you are coming into the center just to play Dominoes, Cards or Corn Toss and not have lunch, arrival time should be no more than 10 minutes prior to game start time. Please call in to reserve your spot for game play. Start times for games: Corn Toss 10:30 a.m., Dominoes and Cards at 12:15 p.m..

To help with the indoor Air Quality, air purifiers have been placed around the building and, weather permitting, windows/doors will be open.

While we know everyone is excited, including the staff, for the center to reopen- keep in mind things will not be business as usual. **We have guidance and directive from Governor DeWine and the Ohio Department of Health that we must follow and these are non-negotiable. The simple truth being- to remain open, these rules must be adhered to by everyone.**

While we understand and realize things may not be what you want or how you expect them to be, we are just excited that this is a start to return to some type of normalcy. Facts are what was our normal, is not longer. Our goal is that you see we have done everything possible to create a safe environment for your return.

If you are not comfortable attending the center yet, we will continue to offer meals for pick up.

We appreciate your patience and understanding as we approach this new future.

If you have any questions and/or comments, please let us know. As guidelines and directives change or are updated, we in turn, will make appropriate provisions to be in line with these changes/updates.

Memorial Day May 31, 2021

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words but to live by them."

John F. Kennedy



MEMORIAL DAY BAGGED LUNCH

MAY 24TH
11 A.M. - 1 P.M.

BAGGED LUNCH INCLUDES:

Pressed Chicken Sandwich, Chips, Pickle Spear, Dessert, and a Drink **\$10.00**

MUST PRE-ORDER BY MARCH 18TH

Can be picked up at Wilmington Savings Bank Clinton County Senior Center at 717 N. Nelson Avenue, Wilmington
Delivery Available for Orders of 5 or More

CALL (937) 382-7170 TO ORDER

We're hiring.

POSITION:

**Part-Time, On-Call
Home Delivered
Meal Driver**

CALL (937) 382 - 7170
TO APPLY

Celebrating
COMMUNITY ACTION MONTH

THE PROMISE OF COMMUNITY ACTION



Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

Senior Center Staff

Contact Information

Senior Operations
937-382-7170

Jonda McCarren,
Supportive Services
937-655-2151

Stella Cramer,
Senior Center Director
937-655-2156

Bob Moreton,
Transportation
937-655-2163

Brian Garber,
Site Coordinator
937-655-2165

Pam George,
LPN Case Management
937-655-2163

Sherry Bowling,
Homemaker Supervisor
937-655-2164

MEMBERS OF THE SENIOR ADVISORY BOARD

Bob Thomas
George Cook
Larry Cordrey
Carole France
Renee Walker

D Bullock
Barb Davis
Carole Erdman
Margie Pierson
Jerome Agean

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board Members. The Board Member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Senior Center March

2021 Board Report

MEALS: 182 meals were served to 16 clients

TRANSPORTATION: 95-one way trips were provided to 12 participants

ESP MEDICAL: There were 12 units for 5 clients

ADULT DAYCARE:

HOME MEALS: There were 3,253 home meals delivered to 112 clients.

SUPPORTIVE SERVICES: There were 46.25 units for 41 clients

SOCIALIZATION/RECREATION:

EXERCISE ROOMS:

HOMEMAKING SERVICES: 3,574-ESP units;
32 Clinton Maid hours



THANK YOU

To Our Sponsors



of Clinton County
Supported Agency

WILMINGTON Savings Bank

www.wilmingtonsavings.com

184 N. South Street
Wilmington, Ohio 45177

937 - 382 - 1659
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CLINTON MAID SERVICE
Clinton County Community Action

717 N. Nelson Avenue
Wilmington, OH 45177

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GANO LAW OFFICES
JUDY A. GANO
169 NORTH SOUTH STREET
WILMINGTON, OHIO 45177

(937) 382 - 3320

May Menu

MON	TUE	WED	THU	FRI
Broccoli Cheddar Chicken w/ Rice Oregon Veggies Corn Juice 3	Pineapple Ham Sweet Potatoes Peas Wheat Bread Fruit Cocktail 4	Beef Taco Salad Black Beans Corn Peaches with Oat Topping 5	Beef & Noodles Green Beans Carrots Mandarin Oranges 6	Fish Sticks Peas Potato Wedges Goldfish Crackers Applesauce 7
Spaghetti & Meatballs Italian Veggies Spinach Apple Juice Mini Eclairs 10	Salisbury Steak Sweet Potatoes Mixed Veggies Wheat Bread Cookie 11	Chicken & Potato Casserole Broccoli Wheat Bread Applesauce 12	Pork Cutlet Green Beans Beets Wheat Bread Pineapple Tidbits 13	Grilled Chicken Green Beans Yellow Squash Pears 14
Chicken Tenders Brown Rice Scandinavian Veggies Wheat Bread Peaches 17	Chicken w/ Gravy Egg Noodles Broccoli Carrots Applesauce 18	Smoked Sausage Sauerkraut Mashed Potatoes Green Beans Rye Bread 19	Summer Salad Saltine Crackers Ranch Dressing Juice Teddy Grahams 20	Meatloaf Mashed Potatoes Carrots Dinner Roll Broccoli Pineapple Tidbits 21
Cinci-Style Chili Kidney Beans Broccoli Mandarin Oranges 24	Ham Salad Sandwich Potato Salad Coleslaw Peaches 25	County Fried Steak Potato Wedges Green Beans Wheat Bread Cranberry Juice 26	Turkey Tetrizzini Brussel Sprouts Cinnamon Apples 27	Hamburger on Bun Potato Wedges Broccoli Pineapple Tidbits 28
Closed in Observance of Memorial Day 31				

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Wilmington Nursing &
 Rehabilitation Center

75 Hale Street
 Wilmington, OH 45177

Phone: (937) 382 - 1621
 Fax: (937) 383 - 1215

USDA is an equal opportunity provier, employer, and lender.

Find us on Facebook @ Clinton County Community Action Program, Inc.



1403 Rombach Avenue **Phone:** 937-382-6100
Wilmington, OH 45177 **Mobile:** 937-603-5429

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WEARLY MONUMENTS

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1033 Rombach Avenue., Wilmington, OH 45177

Alice Ujvary

Office: (937) 382-6214
(800) 262-2249

Fax: (937) 382-6214

Clinton County Adult Day Center, Inc.

66 N. Mulberry Street
Wilmington, Ohio 45177

◆ ————— ◆
We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

For More Information, please call 937-382-2070

Buckley, Miller, Wright & Raizk

Attorneys at Law

bmwlaw@bmwlaw.net

145 N. South Street
Wilmington, OH 45177

Phone: 937-382-0946
Fax: 937-382-1361

