

# The Senior Informer

**CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.**  
Wilmington Savings Bank - Clinton County Senior Center

## Letter to the Members



Dear Members,

Looks like Old Man Winter finally found us! Hope all of you are doing well! Just think, Spring is just around the corner- March 20. 😊 We are looking toward a possible reopening date. When that date is decided, all of the pertinent information regarding the reopening will be in the Senior Informer. All of us are looking forward to this event as well.

In the meantime, we are planning a few 'drive-thru' type events beginning with our St. Patrick's Day Sack Lunch on Wednesday, March 17. Details are in the newsletter. Looking forward to seeing you all again!

Staff

## Membership Dues

Membership Dues are payable now and remain \$30 a year. Please mail in your dues to P.O. Box 32, Wilmington. Checks are payable to: Clinton County Community Action. Dues may also be placed in the drop box at Community Action. Please write "dues" on the envelope. The monies generated by membership dues pays for printing and mailing of the newsletter. If any of your information has changed, please let us know. Thanks for your support!

## NEWS INSIDE

- March Birthdays
- Heating Assistance (HEAP)
- Home Relief Grant Information
- St. Patrick's Day Drive- Thru Lunch
- January 2020 Board Report
- March Menu



**Stella Cramer**

**SENIOR CENTER DIRECTOR**  
stellacarter@clintoncap.org  
937 - 655 - 2156

**Clinton County Community Action Program, Inc.**

### HOURS of OPERATION

Monday - Friday | 8:00 AM - 4:30 PM

This institution is an equal opportunity provider and employer.

## COMMODITY

### Supplemental Food Program

The Senior Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$16,588

2 in household | \$22,412

3 in household | \$28,236

For More information, call the Senior Center.



### Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin, we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



### Heating Assistance Available

The Ohio Development Services Agency and Clinton County Community Action Program will help income-eligible Ohioans stay warm through the winter months. The Home Energy Assistance Winter Crisis Program provides a benefit once per heating season to an income-eligible Ohioan's main heating accounts. Client can apply online at [www.energyhelp.ohio.gov](http://www.energyhelp.ohio.gov) or in person at Community Action, 789 North Nelson Avenue, Wilmington, OH. Eligible clients are those at or below 175% of the Federal Poverty Guideline that are disconnected (or have a pending disconnection notice), need to establish new service, need to pay to transfer service, or have 25% or less bulk fuel supply remaining. The program can also assist in fuel tank replacements, fuel tank testing and heating system repairs. The last day to apply is March 31, 2021.

#### Applicants will need to bring the following documents with them to visit:

- Copies of most current heating AND electric bills
- Proof of income for past 30 days, if self-employed or seasonal will need 12 months income and complete IRS 1040 documents. If you have no income, please contact the office for further instructions.
- Birth Certificate or Social Security Cards for all household members
- Photo ID of applicant

For more information about the Winter Crisis program, contact Community Action at 937-382-8365 Monday through Friday from 8 am to 3 pm. Additional information can also be found at [www.energyhelp.ohio.gov](http://www.energyhelp.ohio.gov) or by calling (800) 282-0880.

## HAPPY BIRTHDAY



David English	03/04
Connie Pyle	03/04
Susan Kempner	03/05
Sherry Williams	03/05
Janet Adams	03/07
Rich Baker	03/07
Sandy Souder	03/07
Cathie Streator	03/07
Judi Clay	03/14
Robert Cochran	03/15
Renita Cook	03/15
Lois Jane Gardina	03/15
Jean Woythe	03/16
Paul Lykins	03/19
Lisa English	03/20
Rosita Noes	03/21
Denny Wilson	03/23
Sara Conley	03/25
Donna Clevenger	03/27
John Galliett	03/27
Margaret Maynard	03/27
Sandy Briggs	03/28
Nancy McKee	03/28
Jackie Gray	03/29

If your birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible your birthday is not listed in our membership data or dues have not been paid within the past year.

## March Holiday

St. Patrick's Day 03/17

CCCAP and Wilmington Savings Bank - Clinton County Senior Center will be OPEN on this holidays.

CLINTON COUNTY COMMUNITY ACTION

# COVID Relief Program

Have you lost wages or suffered **other financial hardship** due to the COVID-19 pandemic?

- Increased household expenses
- Essential workers
- Childcare costs



**CCCAP's COVID Relief Program is currently accepting applications for assistance with:**

- Rent
- Mortgage
- Water
- Sewer
- Electric
- Gas
- Fuel Oil
- Propane
- Bulk Fuel
- Wood
- Trash

AMI income limits per month/number of household members:

(1 person) \$3,041	(5) \$4,691
(2) \$3,475	(6) \$5,037
(3) \$3,908	(7) \$5,387
(4) \$4,341	(8) \$5,733

Pandemic Unemployment Assistance excluded from income.

**Call (937) 382 - 8365 to schedule an appointment at 789 N. Nelson Avenue, Wilmington.**

**Applications available at [www.clintoncap.org/covid-relief](http://www.clintoncap.org/covid-relief)**

Equal opportunity provider



## March Challenge

With Spring right around the corner, it is time to SPRING into action! It's funny how small changes in our daily lives can have such a big impact. This month, implement one small change that you feel can improve your overall attitude towards life. Learn to meditate, spend some time writing, do a small act of kindness for a stranger, or even just get more rest!

# ST. PATRICK'S DAY LUNCH

**WEDNESDAY | MARCH 17 | 11AM - 1PM**

**Bagged Lunch Includes: Homemade  
Reuben Sandwich, Chips, Pickle Spear,  
Dessert and a Drink**

**\$10**

**Can be picked up at Wilmington Savings  
Bank Clinton County Senior Center**

**717 N. Nelson Avenue, Wilmington  
(Delivery available for orders of 5 or more)**

**Must pre-order by March 12th**

**CALL (937) 382 - 7170**

## SUPPORTIVE Services



Jonda McCarren is the Supportive Services Coordinator for the Agency. She is an advocate for senior citizens, 60 years of age plus, regardless of income, to receive assistance with services and benefits available to seniors. Examples of supportive services tasks: assistance with completion of applications and forms for benefits; assistance with referrals linking clients to appropriate resources; and Medicare and Medicaid.

### Questions or need assistance:

Call (937) 655-2151 or email [jondamccarren@clinton-cap.org](mailto:jondamccarren@clinton-cap.org), Monday through Friday from 8:00 a.m. to 4:30 p.m..

## COVID-19 Vaccine Information



For more information on scheduling an appointment, call:

**Clinton County Health District**, (937) 382 - 3829, press 0

**Clinton Memorial Hospital**, (937) 382-9610 (M-F, 8:30-4)

**Ohio Health Source**, (937) 444-8009 or (513)732-5081

**Kroger (Blanchester)**, (937) 783-0270

**CVS Pharmacy**, (888) 300 - 4419

**Kroger (Wilmington)**, (866) 211 - 5320



"A good friend  
is like a four-leaf  
clover, hard to find  
and lucky to have."

Irish Proverb

### Senior Center Staff

#### Contact Information

**Senior Operations**  
937-382-7170

**Jonda McCarren,**  
Supportive Services  
937-655-2151

**Stella Cramer,**  
Senior Center Director  
937-655-2156

**Bob Moreton,**  
Transportation  
937-655-2163

**Brian Garber,**  
Site Coordinator  
937-655-2165

**Pam George,**  
LPN Case Management  
937-655-2163

**Sherry Bowling,**  
Homemaker Supervisor  
937-655-2164

#### MEMBERS OF THE SENIOR ADVISORY BOARD

Bob Thomas  
George Cook  
Larry Cordrey  
Carole France  
Renee Walker

D Bullock  
Barb Davis  
Carole Erdman  
Margie Pierson  
Jerome Agean

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board Members. The Board Member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

### Senior Center January

#### 2020 Board Report

**MEALS:** 159 meals were served to 13 clients

**TRANSPORTATION:** 56-one way trips were provided to 9 participants

**ESP MEDICAL:** There were 6 units for 3 client

**ADULT DAYCARE:**

**HOME MEALS:** There were 3,338 home meals delivered to 129 clients.

**SUPPORTIVE SERVICES:** There were 65.75 units for 42 clients

**SOCIALIZATION/RECREATION:**

**EXERCISE ROOMS:**

**HOMEMAKING SERVICES:** 2,854-ESP units; 30 Clinton Maid hours



#### THANK YOU

#### To Our Sponsors



of Clinton County  
Supported Agency

## WILMINGTON Savings Bank

www.wilmingtonsavings.com

184 N. South Street  
Wilmington, Ohio 45177

937 - 382 - 1659  
www.wilmingtonsavings.com






**CLINTON MAID SERVICE**  
Clinton County Community Action

717 N. Nelson Avenue  
Wilmington, OH 45177

**We can help short or long term**

Our homemakers are background checked, bonded & insured.

**Call us today**  
937-655-2164



**GANO LAW OFFICES**  
JUDY A. GANO

169 NORTH SOUTH STREET  
WILMINGTON, OHIO 45177

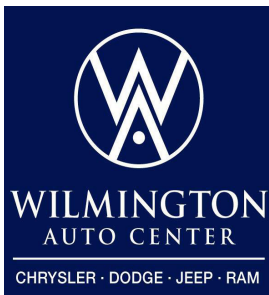
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(937) 382 - 3320

## March Menu

MON	TUE	WED	THU	FRI
BBQ Beef Peas & Onions Potato Wedges Bun Fruit Cocktail 1	Turkey Tetrazzini Brussel Sprouts Baked Cinnamon Apples 2	Sliced Deli Ham Potato Wedges Broccoli Bun Pineapple Tidbits 3	Chicken Green Beans Beets Dinner Toll Peaches 4 Chocolate Cake	Chicken Tenders Brown Rice Scandinavian Veggies Animal Crackers 5 Applesauce
Country Fried Steak Red Skin Potatoes Green Beans Wheat Bread Mandarin Oranges 8	Pineapple Ham Sweet Potatoes Peas Wheat Bread Strawberry Applesauce 9	Swiss Steak Carrots O'Brien Potatoes Wheat Bread Teddy Grahams 10 Orange Juice	Chicken & Potato Casserole Broccoli Wheat Bread Fruit Cocktail 11	Fish Sticks Peas Potato Wedges Pears Goldfish Crackers 12
Grilled Chicken Green Beans Yellow Squash Bun Pears 15	Swedish Meatballs Egg Noodles Broccoli Carrots Apple Juice 16	St. Patrick's Day Lunch 17	County Fried Steak Potato Wedges Green Beans Wheat Bread Elf Grahams 18 Peaches	Chicken Alfredo Spaghetti Broccoli Carrots Baked Cinnamon Apples 19 Sponge Cake
Cinci-Style Chili Spaghetti Kidney Beans Broccoli Mandarin Oranges 22	Ham & Beans Mixed Veggies Cornbread Cookie Juice 23	Baked Chicken Herb Dressing Broccoli Cauliflower Wheat Bread Pineapple Tidbits 24	Meatloaf Mashed Potatoes Carrots Wheat Bread Applesauce 25	Southwestern Omelet Sweet Potatoes Mixed Veggies Wheat Bread Cranberry Juice 26
Beef & Rice Broccoli Diced Carrots Oatmeal Cookie Orange Juice 29	Bean & Cheese Burrito Corn Zucchini Salsa 30 Fruit Cocktail	Roast Turkey Mashed Potatoes Veggie Medley Wheat Bread Peaches 31		

Senior Discounts On Auto Service!



[www.WilmingtonAutoCenter.com](http://www.WilmingtonAutoCenter.com)

New & Used Vehicles

Service

Quick-Lube

Storage

937 - 382- 7714

1780 Rombach Ave  
 Wilmington, OH



Wilmington Nursing & Rehabilitation Center

75 Hale Street  
 Wilmington, OH 45177

Phone: (937) 382 - 1621  
 Fax: (937) 383 - 1215

