

The Senior Informer

CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.
Wilmington Savings Bank - Clinton County Senior Center

Letter to the Members

Dear Members,

Our reopening date is set for May 3, 2021. Our hours will be from 9:00 a.m. to 3:00 p.m.. Please see the reopening information included in this month's newsletter on page four.

Membership Dues

Membership Dues are payable now and remain \$30 a year. Please mail in your dues to P.O. Box 32, Wilmington. Checks are payable to: Clinton County Community Action. Dues may also be placed in the drop box at Community Action. Please write "dues" on the envelope. The monies generated by membership dues pays for printing and mailing of the newsletter. If any of your information has changed, please let us know. Thanks for your support!

Cleaning and Personal Care Boxes

Clinton County Community Action will be distributing free cleaning and personal care boxes on April 16, 2021 from 8:00 a.m. to 3:30 p.m.. You must provide proof of income for 30 days, identification, and proof of address, and be at/or below 200% Federal Poverty Guidelines (FPG). Please call (937) 382 - 8365 for more information.



NEWS INSIDE

- Reopening Updates
- April Birthdays
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- Food Pantry Information
- February 2021 Board Report
- April Menu



Stella Cramer

SENIOR CENTER DIRECTOR
stellacarter@clintoncap.org
937 - 655 - 2156

Clinton County Community Action Program, Inc.

HOURS of OPERATION

Monday - Friday | 8:00 AM - 4:30 PM

This institution is an equal opportunity provider and employer.

COMMODITY

Supplemental Food Program

The Senior Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$16,588

2 in household | \$22,412

3 in household | \$28,236

For More information, call the Senior Center.



Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin, we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



COVID-19

Vaccine Information

For more information on scheduling an appointment, call:

Clinton County Health District, (937) 382 - 3829, press 0

Clinton Memorial Hospital, (937) 382-9610 (M-F, 8:30-4)

Ohio Health Source, (937) 444-8009 or (513)732-5081

Kroger (Blanchester), (937) 783-0270

CVS Pharmacy, (888) 300 - 4419

Kroger (Wilmington), (866) 211 - 5320

SUPPORTIVE

Services

Jonda McCarren is the Supportive Services Coordinator for the Agency. She is an advocate for senior citizens, 60 years of age plus, regardless of income, to receive assistance with services and benefits available to seniors. Examples of supportive services tasks: assistance with completion of applications and forms for benefits; assistance with referrals linking clients to appropriate resources; and Medicare and Medicaid.

Questions or need assistance:

Call (937) 655-2151 or email jondamccarren@clintoncap.org, Monday through Friday from 8:00 a.m. to 4:30 p.m..

WELCOME

New Member

Greg Quallen

HAPPY BIRTHDAY



Beverly Caldwell	04/02
Carole Nichols	04/03
Helen Skogstrom	04/03
Charles Bush	04/04
Barb Hamilton	04/04
Meda Pittser	04/06
Robert Berning	04/08
Sharon Breckel	04/08
Pat McComas	04/08
Sue Harris	04/11
Liston Burton	04/14
Anne Johnson	04/14
Cindy Quigley	04/15
Mike Ropp	04/16
Mildred Cook	04/17
Mary Downing	04/17
Noel Van Pelt	04/17
Ruby Schramm	04/21
Ora Bennett	04/22
Sue Dalton	04/22
Joycelyn Martin	04/23
Valarie Rose	04/23
William Ross	04/25
Nan Philp	04/29
Norma Bennett	04/30

If your birthday is not listed in the newsletter, please contact us about the omission. Sometimes a clerical error is the cause; however, it is possible your birthday is not listed in our membership data or dues have not been paid within the past year.

April Holidays

Easter 04/04

CCCAP and Wilmington Savings Bank - Clinton County Senior Center will be closed on these holidays.

CLINTON COUNTY COMMUNITY ACTION

COVID Relief Program



Have you lost wages or suffered **other financial hardship** due to the COVID-19 pandemic?

- Missed work due to business shutdowns
- Reduced work hours
- Added childcare expenses due to school closings
- Lost wages due to quarantine
- Other household expenses

CCCAP's COVID Relief Program is currently accepting applications for assistance with:

- Rent
- Mortgage
- Water
- Sewer
- Electric
- Gas
- Fuel Oil
- Propane
- Bulk Fuel
- Wood
- Trash

AMI income limits per month/number of household members:

(1 person) \$3,041	(5) \$4,691
(2) \$3,475	(6) \$5,037
(3) \$3,908	(7) \$5,387
(4) \$4,341	(8) \$5,733

Pandemic Unemployment Assistance excluded from income.

Call (937) 382 - 8365 to schedule an appointment at 789 N. Nelson Avenue, Wilmington.

Applications available at www.clintoncap.org/covid-relief

Equal opportunity provider

Reopening Updates

Reopening Date: Monday, May 3, 2021

Hours of Operation: Monday through Friday, 9:00 a.m. to 3:00 p.m.

The State's guidelines state you **must** wear a mask to be allowed in the building. Staff are required to wear masks at all times. Attendees are required to wear a mask unless eating. During this initial phase of limited capacity, participants unable to wear masks shall not be permitted to return to the facility.

All participants shall be pre-screened for COVID-19 before entering the facility. Health questions will be asked and temperatures will be taken and recorded at the temperature kiosk located in the lobby area. If your temperature is above 100.4 degrees, you will be asked to leave.

The State guidelines require us to document everyone that comes into the facility, no matter the length of time. We must log everyone's name, address, and phone number. This log will be maintained for at least six (6) months. Logs shall be made available upon request to participants, visitors, and the Ohio Department of Health.

There will be one entrance through the main doors and one exit through the patio doors.

A hand wash station is available in the lobby area. Everyone is required to wash their hands before proceeding further into the facility. Hand sanitizer is available throughout the building as well as on each table in the dining room.

The set of restrooms closest to the lobby will be the only set available for participants. Restrooms are equipped with touchless soap dispensers, faucets, paper towel dispensers and urinal flush. A hand sanitizer dispenser is located between the two restrooms.

Six-foot social distancing must be maintained at all times. The chairs are set up for social distancing, please do not move them. There are also markings/signage on floors for the social distancing requirement.

Some exercise equipment will be available in the front half of the dining room along with two treadmills in the exercise room. Use of the equipment is by appointment only. Equipment and area will be sanitized several times daily; however, each participant is asked to use anti-septic wipes available to clean equipment after use. We will begin accepting appointments to use the exercise equipment beginning April 19.

Lunch tables and chairs will be arranged allowing for social distancing- please do not move them. Meals will be served to you and drinks will be served with your lunch. If you desire a drink prior to lunch, please note all drinks will be served from the kitchen, so you will need to ask kitchen staff. All condiments will be provided in packets with your meal/drinks. Napkins and silverware will be provided with your meal as well. No one will be permitted to bring their own cups, mugs, etc.. No food or food containers from outside the building will be permitted. During our initial reopening phase, Ala Carte lunch items will not be offered. Participants are required to call ahead for lunch reservations no later than 10:00 a.m. the day before to reserve a spot. Please do not arrive prior to 11 a.m. for lunch.

The center will be cleaned in the morning and afternoon. This includes the dining area, restrooms, any surfaces that are touched. Doors in common areas will be propped open. No congregating will be allowed in the lobby. **Offices and kitchen area are staff only - no exceptions!** Other areas off limits during our initial reopening: craft room, pool room, back restrooms, and the second exercise room. Computers will not be available for use.

Three activities we have planned on being able to offer is Mexican Train Dominoes, Cards and Corn Toss. A divider for the round tables has been devised allowing four people to play with a barrier between each person. Gloves will be required to play for all games. Those playing Corn Toss must abide by the social distancing rule. Staff will sanitize play area and dominoes. If you are coming into the center just to play Dominoes, Cards or Corn Toss and not have lunch, arrival time should be no more than 10 minutes prior to game start time. Please call in to reserve your spot for game play. Start times for games: Corn Toss 10:30 a.m., Dominoes and Cards at 12:15 p.m..

To help with the indoor Air Quality, air purifiers have been placed around the building and, weather permitting, windows/doors will be open.

While we know everyone is excited, including the staff, for the center to reopen- keep in mind things will not be business as usual. **We have guidance and directive from Governor DeWine and the Ohio Department of Health that we must follow and these are non-negotiable. The simple truth being- to remain open, these rules must be adhered to by everyone.**

While we understand and realize things may not be what you want or how you expect them to be, we are just excited that this is a start to return to some type of normalcy. Facts are what was our normal, is not longer. Our goal is that you see we have done everything possible to create a safe environment for your return.

If you are not comfortable attending the center yet, we will continue to offer meals for pick up.

We appreciate your patience and understanding as we approach this new future.

If you have any questions and/or comments, please let us know. As guidelines and directives change or are updated, we in turn, will make appropriate provisions to be in line with these changes/updates.

Earth Day April 22, 2021

"Try to leave the Earth a better place than when you arrived."

Sidney Sheldon



WEEKLY Food Pantry



The Clinton County Community Action Food Pantry is for any Clinton County resident Mon-Fri, 8a.m. to 3:30p.m..

Items needed to be able to receive services:

>Picture ID

>Current proof of income for the entire household.

If your income is from Social Security and you do not have a current award letter and this is deposited in your bank, a current bank statement showing this deposit is permitted. If your income is from employment you must have pay stubs for the past 30 days. (If you have no income, contact the office before coming in.)

>**Proof of address** (something that has been mailed to them that is dated within the last 30 days that has their name and address, ie. current bill).

>All household members names, birthdates, and social security numbers.

Clients must bring these items the first time for each month they come to apply for services. If they come additional times during the same month, they do not need to bring in documents. Assistance available once per week.

EASTER Fun Facts



1. Americans spend \$1.9 billion on Easter candy. That's the second biggest candy holiday after Halloween.
2. 70% of Easter candy purchased is chocolate.
3. 76% of Americans think the ears of a chocolate bunny should be the first to be eaten.
4. Egg dyes were once made out of natural items such as onion peels, tree bark, flower petals, and juices.
5. "The White House Easter Egg Roll" event has been celebrated by the President of the United States and their families since 1878.

Source: dosomething.org

Senior Center Staff

Contact Information

Senior Operations
937-382-7170

Stella Cramer,
Senior Center Director
937-655-2156

Brian Garber,
Site Coordinator
937-655-2165

Sherry Bowling,
Homemaker Supervisor
937-655-2164

Jonda McCarren,
Supportive Services
937-655-2151

Bob Moreton,
Transportation
937-655-2163

Pam George,
LPN Case Management
937-655-2163

MEMBERS OF THE SENIOR ADVISORY BOARD

Bob Thomas
George Cook
Larry Cordrey
Carole France
Renee Walker

D Bullock
Barb Davis
Carole Erdman
Margie Pierson
Jerome Agean

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board Members. The Board Member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Senior Center February

2021 Board Report

MEALS: 135 meals were served to 11 clients
TRANSPORTATION: 56-one way trips were provided to 12 participants
ESP MEDICAL: There were 0 units for 0 client
ADULT DAYCARE:
HOME MEALS: There were 2,949 home meals delivered to 117 clients.
SUPPORTIVE SERVICES: There were 52 units for 51 clients
SOCIALIZATION/RECREATION:
EXERCISE ROOMS:
HOMEMAKING SERVICES: 2,709-ESP units; 23 Clinton Maid hours



of Clinton County
Supported Agency

THANK YOU

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WILMINGTON, OHIO 45177

(937) 382 - 3320

April Menu

MON	TUE	WED	THU	FRI
			Sliced Deli Ham Potato Wedges Broccoli Bun Pineapple Tidbits 1	Chicken Tenders Brown Rice Scandinavian Veggies Animal Crackers 2 Apple Juice
Pineapple Ham Sweet Potatoes Peas Dinner Roll Mandarin Oranges 5 Mini Eclairs	Beef & Rice Broccoli Carrots Wheat Bread Grape Juice 6	Cabbage Roll Peas & Onions Sliced Yellow Squash Wheat Bread Pineapple Tidbits 7	Beef & Noodles Green Beans Carrots Wheat Bread Peaches 8	Fish Sticks Peas Potato Wedges Goldfish Crackers Applesauce 9
Spaghetti & Meatballs Italian Veggies Spinach Cranberry Juice 12	Grilled Chicken Green Beans Yellow Squash Bun Strawberry 13 Applesauce	Salisbury Steak Sweet Potatoes Mixed Veggies Wheat Bread Teddy Grahams 14 Fruit Cocktail	Chicken & Potato Casserole Broccoli Wheat Bread Pears 15	County Fried Steak Potato Wedges Green Beans Dinner Roll Chocolate Cake 16 Fruit Punch
Smoked Sausage Sauerkraut Mashed Potatoes Green Beans Rye Bread 19 Peaches	Chicken Egg Noodles Broccoli Carrots Mandarin Oranges 20	Summer Salad Saltine Crackers Ranch Dressing Orange Juice Elf Grahams 21	Meatloaf Mashed Potatoes Carrots Wheat Bread Oatmeal Cookie 22 Pineapple Tidbits	Turkey Tetrazzini Brussel Sprouts Cinnamon Apples 23
Chicken & Noodles Green Beans Carrots Pears 26	Roast Turkey Herb Dressing Broccoli Cauliflower Wheat Bread 27 Fruit Cocktail	Chicken Green Beans Beets Dinner Roll Sponge Cake Cinnamon 28 Applesauce	Ham Salad Sandwich Potato Salad Coleslaw Peaches 29	Steak Hoagie on bun Potato Wedges Baked Beans Fresh Orange 30

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Alice Ujvary

Office: (937) 382-6214
(800) 262-2249

Fax: (937) 382-6214

Clinton County Adult Day Center, Inc.

66 N. Mulberry Street
Wilmington, Ohio 45177

◆ ————— ◆
We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

For More Information, please call 937-382-2070

Buckley, Miller, Wright & Raizk

Attorneys at Law

bmwlaw@bmwlaw.net

145 N. South Street
Wilmington, OH 45177

Phone: 937-382-0946
Fax: 937-382-1361

