

CLINTON COUNTY COMMUNITY ACTION PROGRAM, INC.
Wilmington Savings Bank - Clinton County Senior Center

The Senior Informer



Letter to the Members

Dear Members,

We hope you are doing well and had a Happy Thanksgiving. With Christmas and the New Year fast approaching, it's hard to imagine the Center without the flurry of activity the holidays bring! Please feel free to call and chat sometime- we would love to hear how you are! Order a meal for pickup-this would give us a chance to have an in-person conversation, social distanced of course.

As we prepare to say goodbye to the year 2020 and all of the challenges it has brought to us, let us look forward to 2021 with hopes of a year filled with hopes fulfilled, prayers and dreams answered along with blessings bestowed upon each individual and our nation as well. Although 2020 has been difficult, this year has shown how strong and resilient we can actually be.

We miss you all and look forward to the time we can be together again! Wishing you a very Merry Christmas and a Happy New Year!

Staff

Christmas Community Scavenger Hunt

Clinton County Community Action is excited to partner with local businesses for a COVID friendly scavenger hunt. Tuesdays and Thursdays in December leading up to Christmas, clues will be posted to the Clinton County Community Action Program, Inc. Facebook page describing a specific small business. The first person to take a picture next to the Community Action snowflake hung outside of the correct business, and share their photo in the comments of the initial clues post, will win a special gift sponsored by that business. Anyone is welcome to participate, tell your friends and family! There is only one winner per business.

NEWS INSIDE

- Medicare Part D Open Enrollment
- Home Energy Assistance Program (HEAP)
- December Book Recommendation
- Sugar Cookie Truffles
- October Board Report
- December Menu



Stella Cramer
SENIOR CENTER DIRECTOR
stellacarter@clintoncap.org
937 - 655 - 2156

Clinton County Community Action Program, Inc.

HOURS of OPERATION

Monday - Friday | 8:00 AM - 4:30 PM

This institution is an equal opportunity provider and employer.

COMMODITY

Supplemental Food Program

The Senior Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows:

1 in household | \$16,588

2 in household | \$22,412

3 in household | \$28,236

For More information, call the Senior Center.



Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin, we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster!



Spread the word to your friends and family, they can place their items in the dumpster too!



Weatherization

Is your home cold and drafty in the winter and hot and steamy in the summer?

Call Clinton County Community Action Program (CCCAP) to apply for the free weatherization service to make your home safe and comfortable. If you are income eligible, you can receive a free furnace inspection and possibly replacement if necessary. All gas appliances will be tested and you may qualify for a new energy star rated refrigerator and deep freeze based upon testing performed by an inspector. Sidewall and attic insulation if needed will be installed. Air leakage testing and measures will be performed. This could include spray foam work, door weather-stripping and many other air reduction items. All free of cost to you and/or your landlord.

Call 937 - 324 - 2971 or 937 - 382 - 0766 for more information.

Senior Housing

Clinton County Community Action manages senior housing and is currently accepting names for the waiting list.

Housing for 55 years of age or older:

Blanchester Senior Villas (\$550/mo) located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester ; Clinton Commons I (\$550/mo) located at 100 Commons Ln., off of Howard St., Wilmington ; Clinton Commons II (\$550/mo) located on Jeanie Wilson Way, off of Nunn Ave., Wilmington.

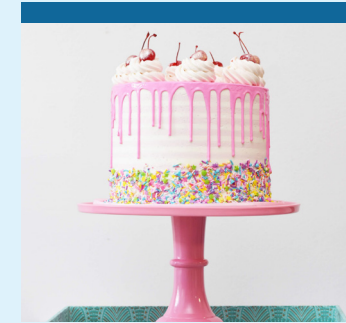
Housing for 62 years of age or older:

Community Commons (\$475/mo- 2 bedroom, \$525/mo- 3 bedroom) located on Community Dr., off of Nelson Ave., Wilmington.

For more information, please call 937 - 382 - 8886.

This institution is an equal opportunity provider.

HAPPY BIRTHDAY



Claire Ropp	12/02
Joe Trapp	12/02
Charlotte Satterfield	12/05
Larry Cordrey	12/06
Georgia Marburger	12/08
Judy Mills	12/13
Gene Snyder	12/13
Shirley Massie	12/14
Sandy Wilson	12/15
Jim Burge	12/16
Yvonne Pollack	12/16
Sammy Gasaway	12/17
Betty Lyon	12/17
Mel Nicholas	12/17
Cindy Bowman	12/18
Bob Pittser	12/19
Wanda Smart	12/19
Truman Long	12/20
Wayne Manning	12/20
Ted Vandervort	12/20
Daniel Wiseman	12/20
Christine Snyder	12/23
Cindy Beckett	12/24
Linda Curtis	12/24
George Kees	12/25
Tillie Lenze	12/26
Joyce Powers	12/30

December Holidays

Christmas Eve	12/24
Christmas Day	12/25

CCCAP and Wilmington Savings Bank - Clinton County Senior Center will be closed on these holidays.

SUPPORTIVE SERVICES & Medicare Part D Open Enrollment

If you need assistance obtaining benefits or services from other agencies, the Supportive Services program is available to help! This includes: assistance with completion of applications and forms necessary for benefits, referrals linking clients to appropriate resources and scheduling appointments, Medicare and Medicaid; etc. Supportive services is happy to assist those 60 years of age or older, regardless of income.

Enrollment for prescription drug plans is open through December 7th, 2020. This is the time to compare drug plans to make sure you have the one best suited for you. Jonda McCarren, Supportive Services Coordinator, is accepting appointments. She will explain what information you need to gather and procedures for your appointment.

You can reach Jonda at 937 - 655 - 2151.

Home Energy Assistance Program (HEAP)

The Ohio Development Services Agency and Clinton County Community Action Program will help income-eligible Ohioans stay warm through the winter months. The Home Energy Assistance Winter Crisis Program provides a benefit once per heating season to an income-eligible Ohioan's main heating accounts. Client can apply online at www.energyhelp.ohio.gov or in person at Community Action, 789 North Nelson Avenue, Wilmington, OH. Eligible clients are those at or below 175% of the Federal Poverty Guideline that are disconnected (or have a pending disconnection notice), need to establish new service, need to pay to transfer service, or have 25% or less bulk fuel supply remaining. The program can also assist in fuel tank replacements, fuel tank testing and heating system repairs. The program operates from November 1, 2020 to March 31, 2021.

Applicants will need to bring the following documents with them to visit:

- Copies of most current heating AND electric bills
- Proof of income for past 30 days, if self-employed or seasonal will need 12 months income and complete IRS 1040 documents. If you have no income, please contact the office for further instructions.
- Birth Certificate or Social Security Cards for all household members
- Photo ID of applicant

For more information about the Winter Crisis program, contact Community Action at 937-382-8365 Monday through Friday from 8 am to 3 pm. Additional information can also be found at www.energyhelp.ohio.gov or by calling (800) 282-0880.



December Challenge

Do something nice for someone unexpectedly. Keep your eyes open for someone who could use a boost. It could be anything as simple as complementing a stranger, sending a friend a letter, or paying for someone's order in a drive-thru.

15 crunchy sugar cookies **1/2 tsp vanilla**
2-3 oz. softened cream cheese **1 1/2 C. white chocolate melts**

1. Use blender or food processor to turn cookies into crumbs
2. Add cream cheese and vanilla to food processor, and pulse to combine.
3. Use cookie scoop or table spoon to scoop dough and roll into balls
4. Place balls on parchment lined baking sheet and freeze for 20 minutes.
5. Melt chocolate in the microwave for 1 minutes. Stir until smooth, melt for additional 15-30 seconds if needed.
6. Dip truffles into chocolate with a fork and place back on baking sheet. Top with sprinkles after dipping, store in refrigerator until ready to serve.



SUGAR COOKIE TRUFFLES
JAMIELYN NYE

DECEMBER 2020

Book Recommendation



“Hiddensee: A Tale of the Once and Future Nutcracker” by Gregory Maguire
Reimagined Folklore

“Hiddensee imagines the backstory of the Nutcracker, revealing how this entrancing creature came to be carved and how he guided an ailing girl named Klara through a dreamy paradise on a Christmas Eve.” - The Spines



HOLIDAY FEASTING
By Joanna Fuchs

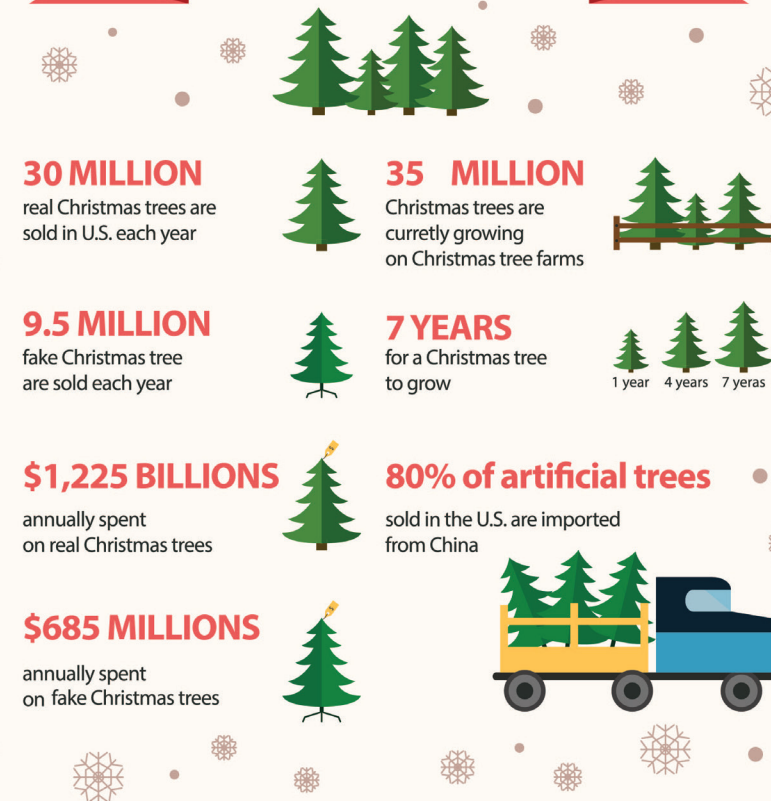
Holiday time is for feasting;
We look forward to each treat.
The tables are full of our favorite foods;
We've got lots of good things to eat.

We scarf marshmallowed sweet potatoes;
There's cider and eggnog to slurp.
There's so much going down at once,
Who can help an occasional burp?

Here's the turkey, dressing and gravy;
Let's all get down to chewing it,
And if we pass a little gas,
Who'll notice? Everyone's doing it.

Dessert is three kinds of pie;
Then pass the box of candy.
Next year will you please remind us
To have Alka-Seltzer handy!

CHRISTMAS TREE INFOGRAPHIC



Christmas Word Scramble

- teesrnsp _____
- uhrdplo _____
- nirgch _____
- ngtsoikc _____
- tooeicadrsh _____
- rwehta _____
- asnat lacsu _____
- mashcrist eret _____

- 1. presents
- 2. rudolf
- 3. grinch
- 4. stocking
- 5. decorations
- 6. wreath
- 7. santa claus
- 8. christmas tree

Senior Center Staff

Contact Information

Senior Operations
937-382-7170

Jonda McCarren,
Supportive Services
937-655-2151

Stella Cramer,
Senior Center Director
937-655-2156

Bob Moreton,
Transportation
937-655-2163

Brian Garber,
Site Coordinator
937-655-2165

Pam George,
LPN Case Management
937-655-2163

Sherry Bowling,
Homemaker Supervisor
937-655-2164

MEMBERS OF THE
SENIOR ADVISORY BOARD

Bob Thomas
George Cook
Larry Cordrey
Carole France
Renee Walker

D Bullock
Barb Davis
Carole Erdman
Margie Pierson
Jerome Agean

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board Members. The Board Member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Senior Center October
2020 Board Report

MEALS: 181 meals were served to 15 clients
TRANSPORTATION: 61-one way trips were provided to 15 participants
ESP MEDICAL: There were 2 units for 1 client
ADULT DAYCARE:
HOME MEALS: There were 4,488 home meals delivered to 169 clients
SUPPORTIVE SERVICES: There were 83 units for 62 clients
SOCIALIZATION/RECREATION:
EXERCISE ROOMS:
HOMEMAKING SERVICES: 3,157-ESP units; 34 Clinton Maid hours



THANK YOU
To Our Sponsors

WILMINGTON Savings Bank
www.wilmingtonsavings.com

184 N. South Street
Wilmington, Ohio 45177

937 - 382 - 1659
www.wilmingtonsavings.com

Member FDIC

December Menu

MON	TUE	WED	THU	FRI
	1 Smoked Sausage w/ Sauerkraut Mashed Potatoes Green Beans Rye Bread Pears	2 BBQ Beef Peas & Onions Potato Wedges Bun Orange Juice	3 Chicken Tenders Brown Rice Scandinavian Veggies Animal Crackers Cinnamon Applesauce	4 Hamburger Potato Wedges Broccoli Bun Pineapple Tidbits
7 Italian Chicken Spaghetti Italian Veggies Peas Fruit Cocktail	8 Port Cutlet Green Beans Beets Dinner Roll Peaches Choc. Cake	9 Turkey Tetrizzini Brussel Sprouts Baked Apples	10 County Fried Steak Red Skin Potatoes Green Beans Wheat Bread Grape Juice	11 Swiss Steak Carrots O'Brien Potatoes Wheat Bread Teddy Grahams Juice
14 Chicken & Potato Casserole Broccoli Wheat Bread Applesauce	15 Fish Sticks Peas Potato Wedges Wheat Bread Pineapple Tidbits	16 Cherry Glazed Ham Sweet Potato Patties Peas Dinner Roll Chocolate Eclairs Cranberry Juice	17 Chicken Tenders Brown Rice Green Beans Carrots Wheat Bread Mandarin Oranges	18 Spaghetti & Meatballs Italian Veggies Spinach Fruit Punch Sponge Cake
21 Chicken Tenders Corn Zucchini Wheat Bread Peaches	22 Roast Turkey Herb Dressing Broccoli Cauliflower Animal Crackers Apple Juice	23 County Fried Steak Potato Wedges Green Beans Wheat Bread Elf Grahams Pears	24 Closed for Christmas Eve	25 Closed for Christmas
28 Salisbury Steak Sweet Potatoes Mixed Veggies Wheat Bread Fruit Cocktail	29 Broccoli Cheddar Chicken Brown Rice Oregon Veggies Corn Teddy Grahams	30 Meatloaf Mashed Potatoes Carrots Wheat Bread Elf Grahams Grape Juice	31 Meatloaf Sweet Potatoes Mixed Veggies Wheat Bread Strawberry Applesauce	

CLINTON MAID SERVICE
Clinton County Community Action

717 N. Nelson Avenue
Wilmington, OH 45177

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Wilmington Nursing & Rehabilitation Center

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Phone: (937) 382 - 1621
Fax: (937) 383 - 1215



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Alice Ujvary

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(800) 262-2249

Fax: (937) 382-6214

Clinton County Adult Day Center, Inc.

66 N. Mulberry Street
Wilmington, Ohio 45177

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We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

For More Information, please call 937-382-2070



Buckley, Miller, Wright & Raizk

Attorneys at Law

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Wilmington, OH 45177

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Fax: 937-382-1361