

<u>Clinton County Community</u> Action Programs, Inc.

Hours Of Operation M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170

<u>SENIOR SERVICES</u> <u>CENTER</u>

Stella Cramer, Senior Center Director 937-655-2156

Brian Garber, Site Coordinator 937-655-2165

Sherry Bowling, Homemaker Supervisor 937-655-2164

> Jonda McCarren, Supportive Services 937-655-2151

Bob Moreton, Transportation 937-655-2165

> Pam George, LPN Case Management 937-655-2163

CLINTON COUNTY COMMUNITY ACTION PROGRAM INC. SENIOR OPERATIONS WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

Dear Members,

We hope, considering the circumstances, that each of you are doing well. These past six months have been trying for everyone, including our staff.

While the center was not permitted to be open to the public, staff has continued to provide services to seniors by delivering meals, providing transportation, continuing homemaking services and providing supportive services.

Also, during this time, the agency has taken the opportunity to give the center a fresh look. Staff has cleaned the building, painting has been done, new flooring installed in some areas and the lobby has a brand-new welcoming appearance. There were areas in the building that the floor was stained, carpet was either raveled or rolled up and needed attention. These enhancements were completed with the goal of providing a place that our members can enjoy and be proud to belong.

All improvements have been paid for through the funds raised from the prior year 5K event. We are holding a virtual one this year in hopes to complete some more necessary projects.

So, the big question on everyone's minds has been about when the senior center will re-open. As you are aware, Governor Mike DeWine has approved this to happen on <u>September 21st.</u> While we know everyone is excited, including the staff, things will not be business as usual. We will be having a "soft opening". What does this mean???

While some will not be permanent, we have made several adjustments to protect everyone due to COVID-19. Remember that these steps are to protect all attendees as well as staff. (Staff has been doing most of this since March, so they are used to it).

<u>Capacity</u>—There will be a limit of 30 individuals permitted for Congregate Meals each day. You will need to call the office by 10:00 a.m. the day before to reserve your spot.

Entrance/Exit—Everyone will enter through the front doors on the right side and exit the same set of doors on the left side (facing the building). So really it will be right side coming in and right side going out.

<u>Health Assessment</u>—Everyone will be required to answer a few questions and have their temperature taken prior to entering the building or entering an agency vehicle.

<u>Social Distancing</u>—Must be followed at all times. The lunch tables have been arranged and seating spaces marked to adhere to this requirement.

<u>Masks</u>—Staff are required to wear masks at all times. Attendees are required to wear a mask unless eating.

Hand Sanitizer—Hand Sanitizer will be placed throughout the building as well as a bottle on each table.

Offices/Kitchen—Only staff will be permitted in these areas.

Lunch—Drinks will no longer be allowed to be offered as self-serve. Beverages will be served with lunch. No one will be permitted to bring their own cups, mugs, etc. All condiments will be provided in packets with your meal/drinks. This will include napkins and silverware. No food or food containers from outside of the building will be permitted.

<u>**Restrooms**</u>—Only the front set will be available with the doors remaining open.

<u>Airflow</u>—Air purifiers have been placed around the building and, weather permitting, windows/doors will be open.

<u>Cleaning</u>—The center will be cleaned in the morning and afternoon. This includes the dining area, restrooms, any surfaces that are touched. To prevent cross-contamination, all doors are propped open. We have installed touchless soap dispensers, paper towel holders and are working on faucets and urinal flush being touchless.

Continued on page 4....

Walk Club Update!

No report for July 2020

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.



and \$525 three bedroom.



Sybil Allen-9/24 Anita Allen-9/09 John Beireis-9/05 Beverly Beireis-9/13 Tom Brausch-9/22 Mary Camp—9/02 Mary Conger-9/17 Orville Conley-9/30 Brenda Davis—9/01 Roberta Eldridge-9/26 Susan Fahrubel-9/17 Diane Fugate—9/22 Wanda Galliett-9/23 Pam George—9/25 Lois Gibson—9/25 Richard Goodwin-9/29 Andrea Hilderbrant-9/05 Van Jones—9/21 Carol Kirby-9/03

Gary Kratzer-9/2 Tony Lamke-9/20 Bonnie Mathews-9/08 Ruby Minton-9.13 Janet Morris—9/23 James Morrison-9/02 Guy Osborne—9/09 Patricia Rhoades-9/24 John Riley-9/19 Eloise Sabin—9/10 Joel Smith-9/22 Jean Swindler-9/17 Elizabeth Waddell-9/23 Betty Wall—9/17 Pat Walt-9/17 Jacqueline White-9/10 Beverly Yee—9/02

Commodity Supplemental Food Program

The Senior Center is accepting applications for the Commodity Supplemental Food Program. This program provides a box of food each month containing various food items including cereal, juice, canned fruits and vegetables.

Income guidelines are as follows: 1 in household—\$16,588; 2 in household—\$22,412; 3 in household—\$28,236.

If you would like more information or an application, call the Senior Center.



Supportive Services Available

If you need assistance obtaining benefits or services from other agencies, the Supportive Services program is available to help! Examples of supportive services tasks: assistance with completion of applications and forms necessary for benefits; assistance with referrals linking clients to appropriate resources and scheduling appointments; Medicare and Medicaid; etc.

Supportive Services is a link for those 60 plus, regardless of income, to receive assistance with services and benefits available to seniors.

Jonda McCarren is our Supportive Services Coordinator and serves as an advocate on seniors behalf. If you have questions or need assistance, give Jonda a call at (937) 655-2151. Supportive Services are offered Monday through Friday from 8:00 a.m. to 4:30 p.m.

Medicare Part D Open Enrollment is slated to begin October 15 and run through December 7. Our procedure for handling Open Enrollment during COVID-19 will be in October's newsletter and our local paper.

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This institution is an equal opportunity provider.

clintoncap.org or OHTTY/YYD 800-750-0750.

Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for

55 years of age or older-Blanchester Senior Villas located at

Lane, off of Howard Street, Wilmington; Clinton Commons II

mington; Housing for 62 years of age or older-Community

Commons located on Community Drive, off of Nelson Ave-

nue, Wilmington. Rents for the complexes are: Clinton Com-

mons I, Clinton Commons II and Blanchester Senior Villas-

\$550 per month; Community Commons—\$475 two bedroom

For information Call (937) 382-8886 or visit our website at

Blanchester; Clinton Commons I located at 100 Commons

located on Jeanie Wilson Way, off of Nunn Avenue, Wil-

100 Madalyn Loftin Drive, formerly 344 Pansy Pike,



WELCOME NEW MEMBERS!



Senior Center Board Report for July 2020

Meals: 229 meals were served to 17 clients.

Transportation: 84 one way trips were provided to 12 participants.

ESP Medical: There were 2 units for 1 clients.

Adult Day Care:

<u>Home Meals</u>: There were 5,260 home meals delivered to 200 clients.

Supportive Services: There were 61 units for 41 clients.

Socialization/Recreation:

Exercise Rooms:

<u>Homemaking Services:</u> 2579 ESP units; 17 Clinton Maid hours <u>Total transportation miles</u>: We traveled 1,220 miles transporting

clients.

<u>Total miles delivering meals</u>: We traveled 2,980 miles delivering meals.

Census 2020....

Responding to the 2020 Census is safe, easy and important. Census takers will be visiting homes to help you respond, but you can complete the questionnaire at <u>www.2020census.gov</u> or <u>by calling toll-free</u> 844-330-2020.

If you haven't taken the 2020 Census, please do so as the information you provide helps determine how much federal money Ohio and local communities will get for the next 10 years. It also helps determine how many representatives Ohio will have in Congress.



MOBILE FOOD PANTRY Prairie View Apartment Dining Room Dates to be determined

Picture ID and current piece of mail necessary for registration. Please bring a box or laundry basket to carry groceries

Please contact Robyn Allen (937) 383-6960 with questions

Blanchester Church of Christ—911 Cherry Street

Dates to be determined

Picture ID and current piece of mail necessary for registration. Please bring a box or laundry basket to carry groceries

Please contact April Hoak (513) 672-3720 with questions

Food Pantry will close if local school district is closed due to inclement weather.

Eligibility Guidelines at or below 200% the poverty line



TO ALL VETERANS— THANK YOU FOR YOUR SERVICE! YOU ARE WHY WE ENJOY THE FREEDOMS WE HAVE TODAY!

Is Your Home cold and drafty in the winter, and hot and steamy in the summer months????

Call us for an application at 937-324-2971 or 937-382-0766. Stop in the office at 789 N. Nelson Road. Please don't miss this opportunity for a completely free service and let us help make you safe and comfy.

If you are income eligible, you can receive a free furnace inspection and possibly replacement if needed. All gas appliances will be tested and you may qualify for a new energy star rated refrigerator and deep freeze based upon testing performed by an inspector. Sidewall and attic insulation if needed will be installed. Air leakage testing and measures will be performed. This could include spray foam work, door weatherstripping and many other air reduction items. All FREE of cost to you and or your landlord.

Buckley, Miller, Wright & Raizk

Attorneys at Law 145 North South Street Wilmington, Ohio 45177

bmwlaw@bmwlaw.net

(937) 382-0946 Fax (937) 382-1361

Terry Spurlock 1403 Rombach Avenue Wilmington, OH 45177 **Phone:** 937-382-6100 **Mobile:** 937-603-5429 **We buy cars!**



CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street

Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.



Seniors Need Help call 382-7170

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There will be no activities when we first open. Due to all the rules and guidelines as to how things must be done, we want to concentrate on getting you back to the center for congregate meals and socialization. We will monitor as to when we will have the ability to open activities in the future.

<u>Socialization</u>—While we realize this is an extremely important part of what the center provides for you, we must be aware of the social distancing aspect. It will not be what you are used to, you will still be able to visit with each other, but at a distance.

Remember that all the things we are asking of you, staff has already adapted to.

While we understand and realize things may not be what you want or how you expect them to be, we are just excited that this a start to return to some type of normalcy. By now we have all had to face the fact that what was our normal is no longer. Our goal is that you will see that we have done everything possible to create a safe environment for you to return to.

During this "soft opening" the hours the center will be open are going to be 11:00 a.m. to 1:00 p.m. (this allows staff time to prepare for the next day). We will continue to offer meals for pick up should you decide you are not ready to attend the Congregate meal setting yet.

We appreciate your patience and understanding as we approach this new future.

If you have any questions and/or comments, please let us know. However, please understand that everything we have set into place, due to guidelines, is not negotiable. Please realize we are doing the best we possibly can, given the current circumstances.

Looking forward to seeing you soon — Staff

PLEASE REALIZE THAT WITH THE POSSIBILITY OF DAILY CHANGES ARISING, THE OPENING DATE IS SUBJECT TO CHANGE





Do you or someone you know have unsecured firearms?

<u>OBTAIN A FREE GUN SAFETY LOCK</u>

at:

Clinton County Community Action 789 N. Nelson Ave., Wilmington, OH 45177



WHY THIS LOCK MATTERS

Firearm cable locks can reduce the risk of suicide and unintentional injury to Veterans and loved ones in your life. ~VA's Rocky Mountain Mirecc

In partnership with the Chillicothe VA Medical Center

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and

family, they can place their items in the dumpster too!



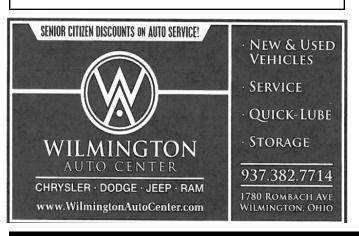




820 E. Center Street * Blanchester, OH 45107 937-783-4949 * fax 937-783-5820 Www.continentalmanornrc.com

> GANO LAW OFFICES JUDY A. GANO 169 NORTH SOUTH STREET WILMINGTON, OHIO 45177

(937) 382-3320



This was the Year....1947

U. S. President & Vice President: Harry S Truman. No Vice President from 1945 – 1949

Time Magazine Person of the Year: George Catlett Marshall

National and World News:

*The International Monetary Fund was conceived following the breakdown of world trade and currencies during the Great Depression

*The Cold War began. It lasted more than four decades until the decline and eventual collapse of East European and USSR state communism.

*The United Nations voted in favor of the creation of the independent Jewish state of Israel.

*Major League Baseball allowed black players, starting with Jackie Robinson.

*Everglades National Park was dedicated.

*The coldest temperature in North America was recorded at -63 degrees in Snag, Yukon, Canada.

Cost Of Living:

New House-\$6,650	Movie Ticket-55 cents
New Car-\$1,290	Average Rent-\$68 month
Gasoline-15 cents gallon	Postage Stamp-3 cents
Average Income-\$2,854 year	Harvard Tuition-\$420 year

Cost of Food:

Sugar-85 cents for 10 lbs.	Eggs-23 cents dozen
Coffee-55 cents per lb.	Bacon-48 cents per lb.
Hamburger-42 cents per lb.	Milk-78 cents per gallon

Technology News:

*The Polaroid Land Camera that gave photographs in 60 seconds was first sold to the public.

*Goodrich manufactured the first tubeless tire.

*Ferrari began production of Italian sports cars after having been involved in motor racing since 1929.

*Kenneth Arnold made the first widely-reported UFP sighting in the U.S.

*Edward Lowe invented and sold a car box filler he called Kitty Litter.

Fads:

Steel pogo sticks; John Deer die-cast tractor; Tonka trucks; Microwave ovens; Home tape recorders.



Seniors Need Help call 382-7170



Summer Crisis Program 7/1/2020 - 9/30/2020

The Summer Crisis Program assists low-income households with a member (60 years or older), households that can provide physician documentation that cooling assistance is needed for a household member's health, have been diagnosed with COVID-19 in 2020, have a disconnect notice, have been shut off, establishing new service on electric bill or require air conditioning and/or fan. You may qualify if your monthly household size/gross income is below: 1-\$1,835.34, 2-\$2,479.73, 3-\$3,124.11, 4-\$3,768.49 and 5-\$4,412.88.

Applicant will need to bring the following documents with them:

- Proof of income for the past 30 days for all household members. If self-employed or seasonal you will need to bring the past 12 months income and complete copy of most recent IRS taxes filed. If you have no income please contact the office for further instructions.
- Copies of current heating and electric bills.
- Social Security Cards for all household members. Birth certificates, voter registrations, passports or DD-214 will also be accepted as long as Social Security numbers are provided.
- Photo ID of applicant.
- Proof of Disability if applicable.

Summer Crisis Program (SCP), Home Energy Assistance Program (HEAP), and Percentage of Income Payment Plan Plus (PIPP Plus) applications are processed Monday through Friday 8:00 am – 3:00 pm. For further information please contact Community Action at 937-382-8365 during these hours.

Requirements:

Mask must be worn when entering the building; temperatures will be taken; and provided hand sanitizer must be used. Only 1 person per application will be permitted in the building. NO CHILDREN will be permitted. No public restrooms.

There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. The Conduct Policy will be updated at the next Senior Advisory Board meeting.

The following is the policy as it was published in the October 2009 Senior Informer: "The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated."

We want the Senior Center to continue to be an enjoyable place for all to attend.

Members of the Senior Advisory Board are:Bob ThomasD BullockGeorge CookBarb DavisLarry CordreyCarole ErdmanCarole FranceMargie PiersonRenee WalkerJerome AgeanIf you have questionsconcerns complaints ideas etc. speak with

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Hamburger w/Cheese Italian Vegetables Pineapple Tidbits Grilled Chicken Chocolate Cake **Teddy Grahams** Potato Wedges Italian Chicken Potato Wedges Г. Fruit Cocktail Wheat Bread Wheat Bread Juice & Cake Green Beans Green Beans Pork Cutlet Spaghetti Broccoli Beets Breast Bun Peas 25 18 11 Smoked Sausage w/ Turkey Tetrazzini Mashed Potatoes Baked Cinnamon Cinci-Style Chili Saltine Crackers Ranch Dressing Brussel Sprouts **Oyster Crackers** Thu Summer Salad Kidney Beans Green Beans Apple Juice Sauerkraut Rye Bread Broccoli Peaches Apples Pears 10 24 17 Country Fried Steak Red Skin Potatoes Mandarin Oranges Mixed Vegetables Chicken & Potato **O'Brien Potatoes** Animal Crackers Beef & Noodles Cranberry Juice Wed Chicken Stew Wheat Bread Green Beans Wheat Bread Wheat Bread Green Beans Grape Juice Dinner Roll Swiss Steak Cornbread Casserole Broccoli Cookie Carrots Carrots Pears Juice 16 30 23 6 Scandinavian Veggies Chicken Salad Sand-Swedish Meatballs Chicken Tenders Peas & Onions wich on Wheat Tue Herb Dressing Peach Dessert Roast Turkey Brown Rice Elf Grahams Egg Noodles Orange Juice Potato Salad Elf Grahams Applesauce Cauliflower Applesauce Applesauce **BBO Beef** Coleslaw Coleslaw Broccoli Broccoli Carrots Cookie Bun 15 22 29 ~ Closed in observance Mixed Vegetables Pineapple Tidbits 28 Salisbury Steak Pineapple Ham Sweet Potatoes Mon Sweet Potatoes Potato Wedges Fruit Cocktail Wheat Bread Wheat Bread Wheat Bread Fish Sticks Labor Day Peaches Peas Peas 14 21 or

NO ALA CARTE AVAILABLE

Return Address Wilmington Savings Bank— Clinton County Senior Center 717 North Nelson Ave., P. O. Box 32 Wilmington, Ohio 45177

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Seniors Need Help call 382-7170