



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
SENIOR OPERATIONS
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

**Clinton County Community
Action Programs, Inc.**

Hours Of Operation

M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170

**SENIOR SERVICES
CENTER**

Stella Cramer,
Senior Center Director
937-655-2156

Brian Garber, Site Coordinator
937-655-2165

Sherry Bowling, Homemaker
Supervisor
937-655-2164

Jonda McCarren
Supportive Services
937-655-2151

Pam George, LPN
Case Management
937-655-2163

‘Welcome to Medicare Webinars for Ohioans Turning 65’

Announced by Ohio Department of Insurance

Governor Mike DeWine and Department of Insurance Director Jillian Froment are please to announce a series of webinar events for Ohioans new to Medicare. These events will be conducted by staff from the Ohio Senior Health Insurance Information Program (OSHIIP) and will educate soon-to-be Medicare eligible Ohioans about their health insurance and prescription drug coverage options.

“This is an excellent opportunity for Ohioans who will be eligible for Medicare to familiarize themselves with the program and understand the options,” Governor Mike DeWine said. “We encourage Ohioans to participate in the webinars and use the resources provided by the Ohio Department of Insurance when determining the plan that is best for them.”

One popular vehicle in which our volunteers and staff serve Medicare consumers is through statewide in-person Welcome to Medicare events that start in May. This year, to ensure the health and safety of Ohioans, the Department is shifting to webinar-only events to assist Ohioans’ transition to Medicare.

Participants will receive the same detailed engagement from the Department’s team in an interactive setting with one-on-one follow-up opportunities, including for help with enrollment. A list of OSHIIP’s Welcome to Medicare webinars is available and staff can also be reached at 1-800-686-1578 and OSHIIPmail@insurance.ohio.gov. Ohioans who have enrollment questions can also call Medicare at 1-800-MEDICARE. In 2019, OSHIIP worked with hundreds of thousands of Ohioans during outreach events, one-on-one meetings and over the phone helping consumers save nearly \$30 million. Medicare experts from the department will cover topics such as Medicare Part A and B benefits, Part D prescription drug coverage, Medicare Supplement plans, Medicare Advantage plans, financial assistance and key deadlines.

“The department is proud to offer these informational sessions,” said Froment. “It is our goal to have those approaching 65 and have Medicare questions come away from these webinars better prepared to select the best coverage that meets their financial and health needs.”

If you have questions regarding any portion of Medicare or need help regarding benefits you may be eligible for, contact **Jonda McCarren at (937) 655-2151**—Jonda is an OSHIIP volunteer.

Walk Club Update!

No report for April 2020

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.



Happy Birthday!!



- Gladys Bobbitt—6/30
- Gene Breckel—6/02
- Geraldine Breckel—6/13
- Delious Bullock—6/07
- Janice Burton—6/22
- Janice Carruthers—6/16
- Lloyd Conn—6/17
- Ron Cramer—6/14
- Gladys Curliss—6/30
- Barbara Davis—6/09
- Jane Dodd—6/08
- Linda Fryer—6/21
- Janene Goodman—6/10
- Vera Gross—6/23
- Inga Grove—6/16
- Connie Hardie—6/30
- Nancy Jones—6/17
- Rick Kelly—6/18
- Patty Long—6/15
- David McCune—6/18

- Pam Miller—6/12
- Mary Ann Morris—6/21
- Judith Nevels—6/26
- Orville Noes—6/27
- Patricia Rudduck—6/03
- Judy Seibert—6/08
- Brenda Shaffer—6/12
- Dora Sholler—6/07
- Robyn Steward—6/18
- Robert Thomas—6/09
- Ann Van Pelt—6/28
- Paula Walter—6/10
- Mae Warden—6/11
- Mary Wilkin—6/30



Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. Rents for the complexes are: Clinton Commons I, Clinton Commons II and Blanchester Senior Villas—\$550 per month; Community Commons—\$475 two bedroom and \$525 three bedroom. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YYD 800-750-0750.



This institution is an equal opportunity provider.



Senior Stimulus Drawing Announcement!

We are no longer going to be doing the Senior Stimulus Drawing once the Senior Center reopens.

Sorry for any inconvenience this may cause. If you have won previously, your winnings are here at the Senior Center and will be available for pick up once the Senior Center reopens.

Thank you.



WELCOME NEW MEMBERS!



Senior Center Board Report for April 2020

- Meals: 449 meals were served to 19 clients.
- Transportation: 41 one way trips were provided to 4 participants.
- ESP Medical: There were 0 units for 0 clients.
- Adult Day Care:
- Home Meals: There were 7,402* home meals delivered to 194 clients. *Includes 14 day shelf stable meal boxes.
- Supportive Services: There were 37.5 units for 41 clients.
- Socialization/Recreation:
- Exercise Rooms:
- Homemaking Services: 2988 ESP units; 20 Clinton Maid hours
- Total transportation miles: We traveled 1,220 miles transporting clients.
- Total miles delivering meals: We traveled 2,980 miles delivering meals.

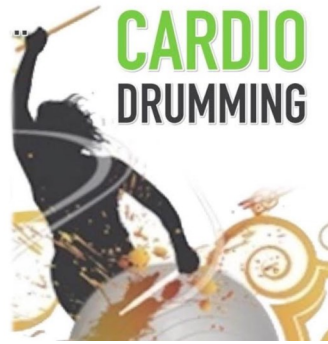
Cardio Drumming

Every Tuesday from 7:30 p.m. to 8:30 p.m. at the Senior Center

First class FREE. Suitable for ALL fitness levels; Affordable; Fun Fitness Class; Community Support; Judgement free atmosphere.

Join us on Facebook at Cardio Drumming Southwest Ohio or email

cardiodrumswohio@gmail.com for more information.



TO ALL VETERANS—
THANK YOU FOR YOUR SERVICE! YOU ARE WHY WE ENJOY THE FREEDOMS WE HAVE TODAY!

MOBILE FOOD PANTRY

Prairie View Apartment Dining Room

Dates to be determined

Picture ID and current piece of mail necessary for registration.

Please bring a box or laundry basket to carry groceries

Please contact Robyn Allen (937) 383-6960 with questions

Blanchester Church of Christ—911 Cherry Street

Dates to be determined

Picture ID and current piece of mail necessary for registration.

Please bring a box or laundry basket to carry groceries

Please contact April Hoak (513) 672-3720 with questions

Food Pantry will close if local school district is closed due to inclement weather.

Eligibility Guidelines at or below 200% the poverty line

Is Your Home cold and drafty in the winter, and hot and steamy in the summer months????

Call us for an application at 937-324-2971 or 937-382-0766. Stop in the office at 789 N. Nelson Road. Please don't miss this opportunity for a completely free service and let us help make you safe and comfy.

If you are income eligible, you can receive a free furnace inspection and possibly replacement if needed. All gas appliances will be tested and you may qualify for a new energy star rated refrigerator and deep freeze based upon testing performed by an inspector. Sidewall and attic insulation if needed will be installed. Air leakage testing and measures will be performed. This could include spray foam work, door weatherstripping and many other air reduction items. All FREE of cost to you and or your landlord.

Buckley, Miller, Wright & Raizk

Attorneys at Law

145 North South Street
Wilmington, Ohio 45177

(937) 382-0946

Fax (937) 382-1361

bmwlaw@bmwlaw.net

CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street

Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

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Mobile: 937-603-5429

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Seniors Need Help call 382-7170

YOU NEED TO THINK LITERALLY TO SOLVE THESE WORD PICTURES.



- 1.
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- 8.
- 9.
- 10.
- 11.
- 12.

Answers on page 50

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Answers on Page 6

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Banana Split Brownie Pizza

- 1 box (16 oz) Betty Crocker Supreme original brownie mix (water, veg. oil and eggs called for on box for cakelike brownies)
- 1 pint (2 cups) favorite flavor ice cream, slightly softened
- 1 cup sliced fresh strawberries
- 2 medium bananas, sliced (1 1/2 cups)
- 1/2 cup pineapple tidbits in juice, drained and patted dry
- 1/2 cup chopped pecans
- 1/4 cup Hersheys hot fudge topping
- Whipped cream, if desired

Heat oven to 350 degrees. Grease 12x3/4 inch pizza pan. Make brownie batter and spread in pan. Bake 18 to 20 minutes or until toothpick comes out almost clean. Cool completely on cooling rack. Spread slightly softened ice cream evenly over brownie base. Freeze at least 1 hour until ice cream is firm. Just before serving, top with strawberries and bananas; sprinkle with pineapple and pecans. Drizzle with topping. Serve with whipped cream.

FOR YOUR INFORMATION:

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM

- Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963
 - Carol Weber-466 Macedonia Road, Blanchester, OH 45107
 - Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-725-8199
 - Duane Weyand, Clinton County Court of Common Pleas, 69 N. South St., Wilmington, OH
 - Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273
 - Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524
 - Sue Caplinger, 982 Peggy Lane, Wilmington, OH Phone—937-481-5510
- You can also contact your county commissioners at 382-2103

A Miracle-Ear Hearing Center representative will be available to come to the Center by appointment only. If you need your hearing checked or your hearing aids adjusted, call 1-513-422-7809 to set up an appointment. If you have any questions, just call the Senior Center.

There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. The Conduct Policy will be updated at the next Senior Advisory Board meeting.

The following is the policy as it was published in the October 2009 Senior Informer: “The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated.”

We want the Senior Center to continue to be an enjoyable place for all to attend.

Members of the Senior Advisory Board are:

- | | |
|---------------|----------------|
| Bob Thomas | D Bullock |
| George Cook | Barb Davis |
| Larry Cordrey | Carole Erdman |
| Carole France | Margie Pierson |
| Renee Walker | Jerome Agean |

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



REMINDER...

COFFEE, TEA AND LEMONADE ARE 25 CENTS PER CUP



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This Was the Year...2000

U. S. President & Vice President: Bill Clinton & Al Gore

Time Magazine Person of the Year: George W. Bush

National and World News:

- *The Summer Olympic Games were held in Sydney, Australia.
- *The *USS Cole* was badly damaged and sailors killed in a terrorist explosion in Yemen.
- *The U.K. was hit by one of the worst snowstorms in 50 years, bringing public transport to a halt.
- *Control of the Panama Canal joining the Pacific and Atlantic Oceans was handed over to Panama after 75 years of U.S. control.
- *A crash of a Concorde near Paris killed 113 people.
- *Charles Schulz, creator of *Peanuts*, died.
- *The world's largest Ferris wheel, the London Eye, was opened.

Cost of Living:

New House-\$134,120	Harvard Tuition-\$32,164 per year
Average Income-\$41,343	Movie Ticket-\$5.39
New Car-\$24,800	Postage Stamp-33 cents
Average Rent-\$645 per month	Gasoline-\$1.22 cents per gallon

Cost of Food:

Sugar-\$1.25 for 5 lbs.	Eggs-89 cents dozen
Coffee-\$3.44 per lb.	Bacon-\$2.97 per lb.
Hamburger-\$1.55 per lb.	Milk-\$3.24 per gallon

Technology News

- *Computers continued to work, and the world didn't come to an end on January 1, 2000 as some feared might happen because of the Y2K bug.
- *Founder of Microsoft, Bill Gates, left his position as CEO.
- *Microsoft released Windows 2000.
- *AOL and Time Warner merged.
- *RIM released the BlackBerry.
- *Young Filipino students released the ILOVEYOU e-mail virus infecting computers worldwide.

POPULAR QUOTES

"What we do in life echoes in eternity."-*Gladiator*

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Phone: (937) 382-1621
Fax: (937) 383-1215

Seniors Need Help call 382-7170

Activities suspended until further notice.

MONDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Bingo
12:15 pm—Mexican Train Dominos
12:15 pm—Rook

TUESDAY

8:00 am—Early Bird
9:00 am—Flexibility & Balance
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
12:15 pm—Mexican Train Dominos
12:15 pm—Bridge
7:30 p.m.—Cardio Drumming

WEDNESDAY

7:45 am—Walking
8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss

WEDNESDAY (CONTINUED)

12:15 pm—Sewing
12:15 pm—Rook
12:15 pm—Mexican Train Dominos
3:00 pm—Line Dancing

THURSDAY

8:00 am—Early Bird
9:00 am—Flexibility & Balance
9:00 am—Pinochle
10:00 am—Exercise
12:15 pm—Chair Volleyball
12:15 pm—Mexican Train Dominoes

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:30 am—Bridge
10:00 am—Ageless Grace
12:15 pm—Mexican Train Dominoes
12:15 pm—Sewing

UPCOMING EVENTS

Activities are suspended until further notice.



Summer begins...June 20, 2020

ANSWERS TO WORD PICTURES

1. Spring roll
2. The road less traveled
3. Tall tale
4. Scrambled eggs
5. Fork over the money
6. Holy mackerel;
7. Close, but no cigar
8. Green around the gills
9. Flip for it?
10. What's up, Doc?
11. Cheapskate
12. Turntable

NO ALA CARTE AVAILABLE:

Mon Tue Wed Thu Fri

1	Spaghetti & Meatballs Italian Vegetables Spinach Cranberry Juice Elf Grahams	2	Roast Beef Sandwich 3 Bean Salad Potato Salad Fruit Cocktail	3	Roast Turkey Herb Dressing Broccoli Cauliflower Peaches Sponge Cake	4	Fish Sticks Green Beans Stewed Tomatoes Wheat Bread Orange Juice	5	Chicken & Brown Rice Broccoli Diced Carrots Wheat Bread Applesauce	
8	Italian Chicken Spaghetti Italian Vegetables Peas Pears	9	Cinci-Style Chili Spaghetti Kidney Beans Broccoli Fruit Cocktail	10	Macaroni & Cheese Peas Potato Wedges Pineapple Tidbits Wheat Bread Cookie	11	Summer Salad Ranch Dressing Orange Juice Cinnamon Teddy Grahams	12	Hamburger Green Beans Yellow Squash Bun Apple Juice	
15	Broccoli Cheddar Chicken Brown Rice Oregon Vegetables Corn Animal Crackers	16	BBQ Beef Peas & Onions Potato Wedges Bun Peaches	17	Chicken Salad Sand- wich Potato Salad Cole Slaw Strawberry Ap- plesauce	18	Pineapple Ham Sweet Potatoes Peas Wheat Bread Mandarin Oranges	19	Beef & Noodles Green Beans Carrots Pears Sponge Cake	
22	Salisbury Steak Sweet Potatoes Mixed Vegetables Wheat Bread Applesauce	23	Turkey Sandwich Potato Salad Cole Slaw Peaches	24	Pork Cutlet Green Beans Beets Wheat Bread Cranberry Juice Elf Grahams	25	Turkey Tetrazzini Brussel Sprouts Baked Cinnamon Apples	26	Swiss Steak Carrots O'Brien Potatoes Wheat Bread Fruit Cocktail	
29	Chicken & Potato Casserole Broccoli Apple Juice Cinnamon Teddy Gra- hams	30	Meatloaf Mashed Potatoes Carrots Wheat Bread Mandarin Oranges							

Return Address

**Wilmington Savings Bank—
Clinton County Senior Center
717 North Nelson Ave., P. O. Box 32
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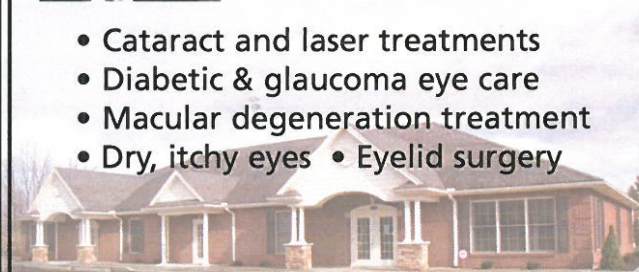


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