



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
SENIOR OPERATIONS
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

Clinton County Community Action Programs, Inc.

Hours Of Operation
M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170

SENIOR SERVICES CENTER

Stella Cramer,
Senior Center Director
937-655-2156

Brian Garber, Site Coordinator
937-655-2165

Sherry Bowling, Homemaker
Supervisor
937-655-2164

Jonda McCarren
Supportive Services
937-655-2151

Pam George, LPN
Case Management
937-655-2163

Home Repair Assistance Available

Clinton County and the City of Wilmington have been awarded grant funds to help low-to-moderate income homeowners make improvements to their homes. Deferred/Forgivable 0% interest housing rehabilitation loans and 100% home repair grants are available for low-to-moderate income homeowners. Eligible homeowners located anywhere in Wilmington and Clinton County may apply for assistance. Household size

and income limits are as follows: 1 in household: \$36,500; 2 in household: \$41,700; 3 in household: \$46,900. If you are interested in obtaining an application or learning more about the programs available, contact the Clinton County CHIP office at (937) 383-6949. If you receive an application and would need assistance completing it, call Jonda McCarren, Supportive Services Coordinator at (937) 655-2151.

The Senior Center May be Closed But Services Continue..

Although the Senior Center is closed during this difficult time our country is experiencing, we are continuing to provide services. Home delivered meals; homemaking services; transportation for dialysis clients and as needed medical transportation; congregate meals are available for pickup or delivery during this time; supportive services are being provided via telephone if at all possible, with home visits on a case by case basis; mobile food pantry

and the supplemental food boxes are being distributed. Every effort is being put forth to protect everyone involved in provision of services—clients and staff. All staff has masks, gloves, hand sanitizer and disinfecting wipes available and staff has their temperature taken prior to working each day. Take care, stay safe and let us know if there is anything we could possibly do for you. Thanks for your understanding and patience during this time.

CENSUS 2020 Reminder

The 2020 Census is happening now. If you haven't done so, please complete your 2020 Census. If you need assistance completing your 2020 Census, we can help! **Call Jonda McCarren, Supportive Services Coordinator, at (937) 655-2151.** Please have your Census paperwork available when you call. Jonda can access the online Census 'form', ask you the questions and when completed she can submit your answers and print out a document showing your Census has

been completed. It's important to complete the Census 2020. This Census will determine how much federal money will go towards Ohio and local communities for the next 10 years. It also helps determine how many representatives Ohio will have in Congress. **Be Counted! Once again, Jonda's number is (937) 655-2151.** Don't hesitate to leave a message should Jonda be away from her desk.

Walk Club Update!

No report for March 2020

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join.

Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.



Happy Birthday!!



- Aleta Brown—5/06
- Robert Caldwell—5/26
- Beverly Carpenter—5/18
- Nancy Davis—5/30
- Judy Delph—5/05
- Carol Ewing—5/03
- Sandra Fisher—5/17
- Larry Florea—5/15
- Nancy Fowler—5/30
- Robert Green—5/08
- Bobbie Howard—5/31
- Linda Hughes—5/29
- Barbara Kelly—5/07
- Joyce Kozopas—5/05
- Cathy Lambke—5/10
- Charlotte Lawrence—5/20
- Mark Miars—5/02

- Mary Murphy—5/12
- Gene Powers—5/20
- Becky Raines—5/19
- Glenna Samsel—5/31
- Wilma Scanlon—5/25
- Norma Sherod—5/09
- Patty Taylor—5/19
- Paul Vaughn—5/11
- Wilbert Ward—5/08
- Diania Wiget—5/26



Protecting yourself when getting prescriptions from Medicare.gov.

The CDC recommends limiting in-person visits to the pharmacy to help you protect yourself from COVID-19 when getting your prescriptions.

Here are some tips: call in prescription orders ahead of time; use drive-thru windows, curbside services, mail-order or other delivery services; try to make one trip, picking up all medicine at the same time.

During this time, you may also want to contact your Medicare prescription drug plan to see if they've temporarily waived certain requirements—such as refill limits or relaxing restrictions on home or mail delivery of prescription drugs.

Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. Rents for the complexes are: Clinton Commons I, Clinton Commons II and Blanchester Senior Villas—\$550 per month; Community Commons—\$475 two bedroom and \$525 three bedroom.

For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YYD 800-750-0750.



This institution is an equal opportunity provider.



Senior Stimulus Drawing Announcement!

We are no longer going to be doing the Senior Stimulus Drawing once the Senior Center reopens.

Sorry for any inconvenience this may cause. If you have won previously, your winnings are here at the Senior Center and will be available for pick up once the Senior Center reopens.



Thank you.

WELCOME NEW MEMBERS!



The Senior Center is looking for Part-Time, On Call, As Needed Van Drivers for Home Delivered Meals. For more information, call the Senior Center (937) 382-7170.



Senior Center Board Report for March 2020

Meals: 449 meals were served to 60 attendees.

Transportation: 164 one way trips were provided to 33 participants.

ESP Medical: There were 0 units for 0 clients.

Adult Day Care: There were a total of 105 trips provided for 8 clients.

Home Meals: There were 5274 home meals delivered to 141 clients.

Supportive Services: There were 55.75 units for 41 clients.

Socialization/Recreation: There were 38.5 different activities and 110 clients attending.

Exercise Rooms: 36 unduplicated clients used the exercise rooms.

Homemaking Services: 3325 ESP units; 21 Clinton Maid hours

Total transportation miles: We traveled 5,670 miles transporting clients.

Total miles delivering meals: We traveled 3,234 miles delivering meals.

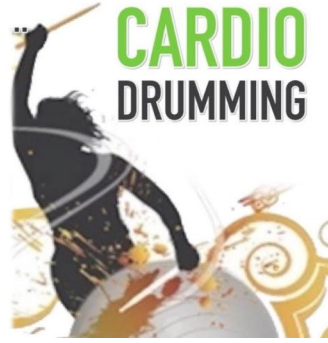
Cardio Drumming

Every Tuesday from 7:30 p.m. to 8:30 p.m. at the Senior Center

First class FREE. Suitable for ALL fitness levels; Affordable; Fun Fitness Class; Community Support; Judgement free atmosphere.

Join us on Facebook at Cardio Drumming Southwest Ohio or email

cardiodrumswohio@gmail.com for more information.



TO ALL VETERANS—
THANK YOU FOR YOUR SERVICE! YOU ARE WHY WE ENJOY THE FREEDOMS WE HAVE TODAY!

MOBILE FOOD PANTRY

Prairie View Apartment Dining Room

Dates to be determined

Picture ID and current piece of mail necessary for registration.

Please bring a box or laundry basket to carry groceries

Please contact Robyn Allen (937) 383-6960 with questions

Blanchester Church of Christ—911 Cherry Street

Dates to be determined

Picture ID and current piece of mail necessary for registration.

Please bring a box or laundry basket to carry groceries

Please contact April Hoak (513) 672-3720 with questions

Food Pantry will close if local school district is closed due to inclement weather.

Eligibility Guidelines at or below 200% the poverty line

Is Your Home cold and drafty in the winter, and hot and steamy in the summer months????

Call us for an application at 937-324-2971 or 937-382-0766. Stop in the office at 789 N. Nelson Road. Please don't miss this opportunity for a completely free service and let us help make you safe and comfy.

If you are income eligible, you can receive a free furnace inspection and possibly replacement if needed. All gas appliances will be tested and you may qualify for a new energy star rated refrigerator and deep freeze based upon testing performed by an inspector. Sidewall and attic insulation if needed will be installed. Air leakage testing and measures will be performed. This could include spray foam work, door weatherstripping and many other air reduction items. All FREE of cost to you and or your landlord.

Buckley, Miller, Wright & Raizk

Attorneys at Law

145 North South Street
Wilmington, Ohio 45177

(937) 382-0946

Fax (937) 382-1361

bmwlaw@bmwlaw.net

CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street

Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

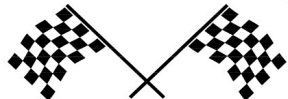
Call 937-382-2070 for further information.

Terry Spurlock
1403 Rombach Avenue
Wilmington, OH 45177

Phone: 937-382-6100
Mobile: 937-603-5429

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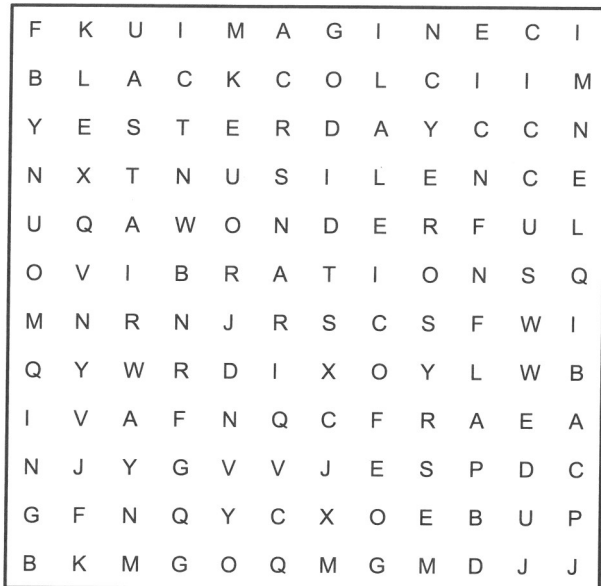
937-382-1659

www.wilmingtonsavings.com



Seniors Need Help call 382-7170

TOP MUSIC HITS WORD SEARCH



WORD LIST

- LET IT BE
- HEY JUDE
- STAIRWAY TO HEAVEN
- PAINT IT BLACK
- WOULDN'T IT BE NICE
- HERE COMES THE SUN
- ROCK AROUND THE CLOCK
- I CAN'T GET NO (SATISFACTION)
- GOOD VIBRATIONS
- GOD ONLY KNOWS
- BAD MOON RISING
- WHAT A WONDERFUL WORLD
- IMAGINE
- THE SOUND OF SILENCE
- YESTERDAY



Answer on Page 6 of newsletter

A Miracle-Ear Hearing Center representative will be available to come to the Center by appointment only. If you need your hearing checked or your hearing aids adjusted, call 1-513-422-7809 to set up an appointment. If you have any questions, just call the Senior Center.

There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. The Conduct Policy will be updated at the next Senior Advisory Board meeting.

The following is the policy as it was published in the October 2009 Senior Informer: "The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others **WILL NOT BE TOLERATED** at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated."

We want the Senior Center to continue to be an enjoyable place for all to attend.

Happy Mother's Day

It takes a mother's LOVE to make a house a home, a place to be remembered, no matter where we roam.

It takes a mother's patience to bring a child up right, and her courage and her cheerfulness to make a dark day bright.

It takes a mother's thoughtfulness to mend the heart's deep "hurts," and her skill and her endurance to mend little socks and shirts.

It takes a mother's kindness to forgive us when we err, to sympathize in trouble and bow her head in prayer.

It takes a mother's wisdom to recognize our needs and to give her loving words and deeds.

It takes a mother's endless faith, her confidence and trust to guide us through the pitfalls of selfishness and lust.

And that is why in all this world there could not be another who could fulfill God's purpose as completely as a mother!

Author Unknown

FOR YOUR INFORMATION:

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM

Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963

Carol Weber-466 Macedonia Road, Blanchester, OH 45107

Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-725-8199

Duane Weyand, Clinton County Court of Common Pleas, 69 N. South St., Wilmington, OH

Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273

Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524

Sue Caplinger, 982 Peggy Lane, Wilmington, OH Phone—937-481-5510

You can also contact your county commissioners at 382-2103

Members of the Senior Advisory Board are:

- | | |
|---------------|----------------|
| Bob Thomas | D Bullock |
| George Cook | Barb Davis |
| Larry Cordrey | Carole Erdman |
| Carole France | Margie Pierson |
| Renee Walker | Jerome Agean |

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



REMINDER...

COFFEE, TEA AND LEMONADE ARE 25 CENTS PER CUP



DEACONESS
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820 E. Center Street * Blanchester, OH 45107
937-783-4949 * fax 937-783-5820
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169 NORTH SOUTH STREET
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(937) 382-3320

This Was the Year...1955

U. S. President & Vice President: Dwight Eisenhower & Richard Nixon

Time Magazine Person of the Year: Harlow Curtice

National and World News:

- *Winston Churchill retired as British prime minister.
- *Disneyland opened in California.
- *Two labor unions, the AFL and the CIO, united to become the AFL-CIO.
- *Albert Einstein passed away from heart failure at age 76.
- *Ray Kroc started the McDonald's fast food restaurant chain by opening the first franchise in partnership with the McDonald brothers.
- *Harland Sanders began Kentucky Fried Chicken.
- *James Dean died in a car crash.
- *"In God We Trust" was added to all U.S. paper currency.

Cost of Living:

New House-\$10,950	Harvard Tuition-\$800 per year
Average Income-\$4,137	Movie Ticket-75 cents
New Car-\$1,910	Postage Stamp-3 cents
Average Rent-\$87 per month	Gasoline-23 cents per gallon

Cost of Food:

Sugar-85 cents for 10 lbs.	Eggs-27 cents dozen
Coffee-80 cents per lb.	Bacon-58 cents per lb.
Hamburger-55 cents per lb.	Milk-92 cents per gallon

Technology News

- *The microwave oven was invented.
- *The first *Guinness Book of World Records* was published by the Guinness Brewing Company following a pub debate over the fastest species of European game bird.
- *Fish fingers were marketed by Birds Eye.
- *The first atomically-generated power was used in the U.S.

FADS AND NEW FOOD PRODUCTS

- *Tonka Trucks
- *Play-Doh (off-white)
- *Pluto Platter Flying Saucer (Frisbee-like)

POPULAR QUOTES

"Now it's time to say good-bye to all our company, M-I-C-K-E-Y M-O-U-S-E..." -The Mickey Mouse Club

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WILMINGTON, OHIO



Wilmington Nursing & Rehabilitation Center

75 Hale Street
Wilmington, OH 45177

Phone: (937) 382-1621
Fax: (937) 383-1215

Seniors Need Help call 382-7170

Activities suspended until further notice.

MONDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Bingo
12:15 pm—Mexican Train Dominos
12:15 pm—Rook

TUESDAY

8:00 am—Early Bird
9:00 am—Flexibility & Balance
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
12:15 pm—Mexican Train Dominos
12:15 pm—Bridge
7:30 p.m.—Cardio Drumming

WEDNESDAY

7:45 am—Walking
8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss

WEDNESDAY (CONTINUED)

12:15 pm—Sewing
12:15 pm—Rook
12:15 pm—Mexican Train Dominos
3:00 pm—Line Dancing

THURSDAY

8:00 am—Early Bird
9:00 am—Flexibility & Balance
9:00 am—Pinochle
10:00 am—Exercise
12:15 pm—Chair Volleyball
12:15 pm—Mexican Train Dominoes

FRIDAY

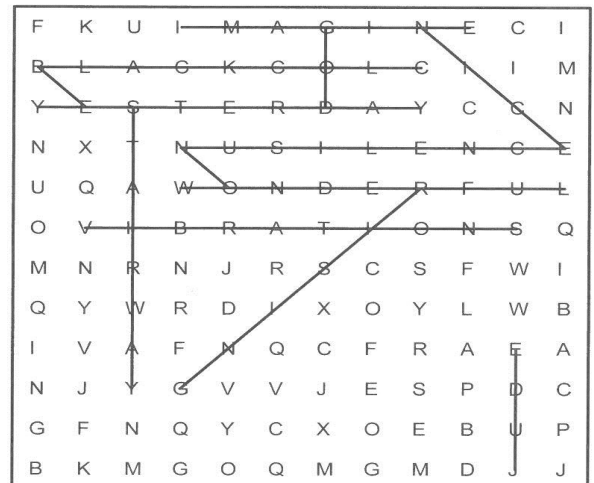
8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:30 am—Bridge
10:00 am—Ageless Grace
12:15 pm—Mexican Train Dominoes
12:15 pm—Sewing

UPCOMING EVENTS

Activities are suspended until further notice.



Answers to TOP MUSIC HITS
WORD SEARCH (from page 42)



NO ALA CARTE AVAILABLE:

	Mon	Tue	Wed	Thu	Fri
					1 Chicken Tenders Brown Rice Scandinavian Veggies Peaches
	4 Chicken Stew Mixed Vegetables Cornbread Cookie & Juice	5 Bean & Cheese Burrito Corn Zucchini Applesauce	6 Roast Beef Sandwich 3 Bean Salad Potato Salad Fruit Cocktail	7 Smoked Sausage w/ sauerkraut Mashed Potatoes Green Beans Pineapple	8 Spaghetti & Meatballs Italian Veggies Spinach Apple Juice Mini Eclairs
	11 Chicken & Rice Broccoli Diced Carrots Wheat Bread Mandarin Oranges	12 Cinci-Style Chili Kidney Beans Broccoli Pears	13 Chicken Alfredo w/ Spaghetti Broccoli Carrots Baked Apples	14 Summer Salad Ranch Dressing Orange Juice Animal Crackers	15 Country Fried Steak Potato Wedges Green Beans Dinner Roll Juice & Cake
	18 BBQ Beef Peas & Onions Cole Slaw Peach Dessert	19 Chicken Salad Sandwich Potato Salad Cole Slaw Applesauce	20 Beef & Noodles Green Beans Carrots Juice & Elf Cookies	21 Roast Turkey Mashed Potatoes Vegetable Medley Dinner Roll Juice & Cake	22 Grilled Chicken Green Beans Yellow Squash Fruit Cocktail Hamburger Bun
	25 Closed in observance of Memorial Day	26 Chicken & Gravy Egg Noodles Broccoli Carrots Animal Crackers	27 Ham Sandwich Potato Salad Cole Slaw Peaches	28 Hamburger Potato Wedges Broccoli Pineapple Tidbits	29 Broccoli Cheddar Chicken w/Rice Oregon Vegetables Corn Cookie

Return Address

**Wilmington Savings Bank—
Clinton County Senior Center
717 North Nelson Ave., P. O. Box 32
Wilmington, Ohio 45177**

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Seniors Need Help call 382-7170