



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
SENIOR OPERATIONS
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

**Clinton County Community
Action Programs, Inc.**

Hours Of Operation
M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170
937-382-1848

**SENIOR SERVICES
CENTER**

Stella Cramer,
Senior Center Director
655-2156

Brian Garber, Site Coordinator
655-2165

Cindy Fitch, Supportive
Services
655-2151

Sherry Bowling, Homemaker
Supervisor
655-2164

Pam George, LPN
Case Management
655-2163



**PRIORITY:
MEMBERSHIP
RENEWAL**

MEMBERSHIP DUES
ATTENTION MEMBERS—IT’S THAT TIME OF YEAR! Time to renew your membership dues of \$30 for 2019. Dues are payable January of each year. Please update your membership info if anything has changed. Thanks and have a great 2019.



Happy Birthday!!



Walk Club Update!

October 333 miles

Judi Clay—98 miles

Carole Erdman—80 miles

Charlotte Bland—155 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join.

Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.

- George Ardwin—1/14
- Ray Baker—1/28
- Kay Barrere—1/27
- Jim Brausch—1/26
- Marietta Buchanan—1/10
- Donald Burton—1/18
- John Cleaver—1/21
- Patricia Coleman—1/22
- Sharon Cooper—1/07
- Robert Halsey—1/23
- Ed Hamilton—1/11
- Sue Hart—1/17
- Bob Holmes—1/08
- Charley Hurt—1/03
- Lois Hutchinson—1/26
- Margarete Kager—1/28
- Bob Kelley—1/17
- Jackie Kersey—1/27
- Goldie Lawson—1/25
- Lou Ann Lind—1/01
- Teresa Luman—1/27
- Marjorie Manson—1/01
- Mary McConnell—1/28
- Shirley Micheal—1/21

- Shirley Montavon—1/07
- Marcella Pagett—1/06
- Mike Payne—1/08
- Carl Piatt—1/30
- Margaret Pierson—1/22
- Carol Pollock—1/04
- Charlie Richter—1/16
- Ace Spurlock—1/23
- Patty Spurlock—1/27
- Frances Stewart—1/23
- Carol Thomas—1/10
- Vicki Trapp—1/28
- Frances Unger—1/28
- Richard Unger—1/29
- Judy Urban—1/06
- Janet Van Pelt—1/08
- Jan Vance—1/31
- Mary Ann VanTress—1/17
- Marlene Viars—1/11
- Holly Vick—1/25
- Ron Walter—1/01
- Lorene Williams—1/12



A Miracle-Ear Hearing Center representative will be coming to the Senior Center the 1st Wednesday of each month. If you need your hearing checked or your hearing aids adjusted, call 1-513-422-7809 to set up an appointment. If you have any questions, just call the Senior Center.



Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



This institution is an equal opportunity provider.



Congratulations to December winners!

- Dave Ostermeier—\$5.38
- Betty Yarger—\$5.00
- Betty Yovich—\$4.25
- Dave Ostermeier—\$5.24
- Marcella Rothwell—\$5.25



WELCOME NEW MEMBERS!

Ann Kuehn
Liston Burton



Senior Center Board Report for November 2018

- Meals: 592 meals were served to 85 attendees.
- Transportation: 289 one way trips were provided to 27 participants.
- ESP Medical: There were 13 units for 4 clients.
- Adult Day Care: There were a total of 169 trips provided for 8 clients.
- Home Meals: There were 2404 home meals delivered to 94 clients.
- Supportive Services: There were 86.75 units for 55 clients.
- Socialization/Recreation: There were 77.75 different activities and 133 clients attending.
- Homemaking Services: 1018.25 ESP units; 30 Clinton Maid hours
- Total transportation miles: We traveled 5,670 miles transporting clients.
- Total miles delivering meals: We traveled 3,234 miles delivering meals.

ATTENTION BRIDGE PLAYERS:
WE WILL BE PLAYING BRIDGE IN THE LIBRARY ON TUESDAYS AT 12:15 P.M. ALL LEVELS OF PLAYERS ARE WELCOME. COME JOIN IN THE FUN.

Many Thanks to:
*Wilmington Nursing & Rehab for December Lunch
*Ohio Living for December Birthday Cake
*Better2Gether LLC for Friday Bingo
*Community Care Hospice for Angel Care Tree Lighting Ceremony

Buckley, Miller, Wright & Raizk
Attorneys at Law
145 North South Street
Wilmington, Ohio 45177

(937) 382-0946
bmwlaw@bmwlaw.net Fax (937) 382-1361

CLINTON CO. ADULT DAY CENTER, INC.
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Wilmington, Ohio 45177
We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.
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Wilmington Savings Bank Clinton County Senior Center Pool Players



Pictured above from L to R: Robert Halsey, Larry Cordrey, Joe Trapp, Bob Cochran, Sandy Souder, Jeff Roach, Don Myers, Dick Caplinger, George Strong, Dan Wiseman, Ken Rothwell and D Bullock.



Pictured above from L to R: Bob Cochran, Ken Rothwell (preparing to make shot) and Dick Caplinger.

There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. Since several years have passed and we have additional members, we felt it would be a good idea to make all aware of this policy.

The following is the policy as it was published in the October 2009 Senior Informer: "The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated."

We want the Senior Center to continue to be an enjoyable place for all to attend.



REMINDER...

COFFEE, TEA AND LEMONADE ARE 25 CENTS PER CUP



The Senior Center is a distribution site for the "Commodity Supplemental Food Program".

We currently have spots available on the waiting list. Clinton County residents 60+ meeting the income guidelines are eligible. Applications will be accepted on Monday, January 14 and Tuesday, January 15 from 10:00 a.m. to 12:00 noon.

Please bring your proof of age and residency. Proof of income is not required as you declare your income eligibility by signing the application. If you qualify, you will receive a letter confirming your spot on the waiting list.

The food program gives eligible recipients a box of grocery items—including fruits, vegetables, cereal, juice, other items and a 2 lb. box of cheese.

For more information, call 382-7170.

FOR YOUR INFORMATION:

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM

Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963

Carol Weber-466 Macedonia Road, Blanchester, OH 45107

Karen Buckley, Esq.-Buckley, Miller, Wright & Raizk, 145 N. South St., Wilmington, OH Phone—937-382-0946

Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-725-8199

Rev. Tom Stephenson, First Christian Church of Disciples, 120 Columbus St., Wilmington, OH Phone—937-382-2251

Duane Weyand, Chief of Police, City of Wilmington, 69 N. South St., Wilmington, OH Phone—937-382-3822

Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273

Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524

You can also contact your county commissioners at 382-2103.

Members of the Senior Advisory Board are:

- | | |
|---------------|----------------|
| Bob Thomas | D Bullock |
| Sid Clay | Barb Davis |
| Larry Cordrey | Carole Erdman |
| Carole France | Margie Pierson |

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



820 E. Center Street * Blanchester, OH 45107
 937-783-4949 * fax 937-783-5820
 Www.continentalmanornrc.com

GANO LAW OFFICES
 JUDY A. GANO
 169 NORTH SOUTH STREET
 WILMINGTON, OHIO 45177

(937) 382-3320

This Was the Year...2000

U. S. President & Vice President: Bill Clinton & Al Gore

Time Magazine Person of the Year: George W. Bush

National and World News:

- *The Summer Olympic Games were held in Sydney, Australia
- *The *USS Cole* was badly damaged and sailors killed in a terrorist explosion in Yemen.
- *The U.K. was hit by one of the worst snowstorms in 50 years, bringing public transport to a halt.
- *Control of the Panama Canal joining the Pacific and Atlantic Oceans was handed over to Panama after 75 years of U.S. control.
- *A crash of a Concorde near Paris killed 113 people.
- *Charles Schulz, creator of *Peanuts*, died.
- *The world's largest Ferris wheel, the London Eye, was opened.

Cost of Living:

New House-\$134,120	Harvard Tuition-\$32,164 year
Average Income-\$41,343	Movie Ticket-\$5.39
New Car-\$24,800	Postage Stamp-33 cents
Average Rent-\$645 per month	Gasoline-\$1.22 per gallon

Cost of Food:

Sugar-\$1.25 for 5 lbs.	Eggs-89 cents dozen
Coffee-\$3.44 per lb.	Bacon-\$2.97 per lb.
Hamburger-\$1.55 per lb.	Milk-\$3.24 per gallon

Technology News

- *Computers continued to work, and the world didn't come to an end on January 1, 2000 as some feared might happen because of the Y2K bug.
- *Founder of Microsoft, Bill Gates, left his position as CEO.
- *Microsoft released Windows 2000.
- *AOL and Time Warner merged.

Quote

"What we do in life echoes in eternity" -Gladiator

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Wilmington Nursing & Rehabilitation Center

75 Hale Street
 Wilmington, OH 45177

Phone: (937) 382-1621
 Fax: (937) 383-1215

Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR JANUARY 2019

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Bingo
12:15 pm—Mexican Train Dominos
12:15 pm—Rook

TUESDAY

8:00 am—Early Bird
9:00 am—Flexibility & Balance
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
12:15 pm—Mexican Train Dominos
12:15 pm—Bridge

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos

WEDNESDAY (CONTINUED)

12:15 pm—Sewing
12:15 pm—Rook
1:30 pm—Ageless Grace
3:00 pm—Line Dancing

THURSDAY

8:00 am—Early Bird
9:00 am—Flexibility & Balance
9:00 am—Pinochle
10:00 pm—Exercise
12:15 pm—Chair Volleyball
12:15 pm—Mexican Train Dominoes

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:30 am—Bridge
12:15 pm—Mexican Train Dominoes
12:15 pm—Sewing

UPCOMING EVENTS

Tuesday, January 1—Closed for New Year's

Tuesday, January 8—Advisory Board Meeting at 10:00 a.m.

Wednesday, January 16—Lunch sponsored by Wilmington Nursing & Rehab at 12:00 noon.

Friday, January 18—Birthday Dinner. We celebrate all January birthdays.

Wednesday, January 23—Pie Day. Choice of Peach or Cherry for \$1.50 per slice.

Wednesday, January 23—Veterans Aid and Attendance Benefit information session at 12:30 p.m.

Friday, January 25—'Beat the Winter Blues' Pizza Party at 5:00 p.m. Join us for pizza, salad and dessert for \$5. Play cards or board games afterward.

Wednesday, January 30—Candis Conley from Court House Manor will present information on their new Assisted Living Facility at 11:30 with lunch immediately following.

NO ALA CARTE AVAILABLE: 1/16/19; 1/18/19; 1/30/19

Ala Carte	Mon	Tue	Wed	Thu	Fri
Mondays Ham & Beans Cornbread	1 HAPPY NEW YEAR!	2 Ham & Beans Mixed Vegetables Cornbread Fruit Punch Animal Crackers	3 Lemon Pepper Fish Brown Rice Scandinavian Veggies Dinner Roll Fruit Cocktail	4 Beef & Rice Carrots Broccoli Wheat Bread Applesauce	
Tuesdays Soup of the Day Grilled Cheese	7 Turkey Tetrazzini Brussel Sprouts Baked Apples Dinner Roll	8 Hamburger on Bun Tomato Soup Baked Beans Broccoli Pineapple	9 ALA CARTE ONLY— Chef Salad Grilled Ham Cheese Grilled Cheese	10 Beef & Broccoli Brown Rice Oregon Vegetables Corn Applesauce	11 Country Fried Steak Potato Wedges Green Beans Wheat Bread Juice & Grahams
Wednesdays Chef Salad	14 Salisbury Steak Sweet Potatoes Mixed Vegetables Wheat Bread Peaches	15 Chicken & Potato Casserole Broccoli Wheat Bread Peaches	16 Lunch sponsored by Wilmington Nursing & Rehab at 12:00 noon	17 Smoked Sausage w/ Sauerkraut Mashed Potatoes Green Beans Fruit Cocktail	18 Grilled Chicken Potato Wedges Broccoli Bun Birthday Cake
Thursdays Fish & Chips Grilled Cheese Grilled Ham & Cheese	21 Closed in observance of Martin Luther King Holiday	22 Meatloaf Mashed Potatoes Carrots Wheat Bread Fruit Cocktail	23 Roast Turkey Herb Dressing Broccoli Cauliflower Applesauce	24 Cheese Lasagna Peas & Onions Carrot Coins Pineapple	25 Chicken w/gravy Green Beans Beets Wheat Bread Mandarin Oranges
	28 Beef & Noodles Green Beans Carrots Wheat Bread Cinnamon Applesauce	29 Roast Turkey Mashed Potatoes Vegetable Medley Dinner Roll Juice & Grahams	30 Spaghetti & Meatballs Italian Vegetables Spinach Wheat Bread Peaches	31 BBQ Beef on Bun Creamy Veggie Soup Peas & Onions Potato Wedges Pears	

Return Address

**Wilmington Savings Bank—
Clinton County Senior Center
717 North Nelson Ave., P. O. Box 32
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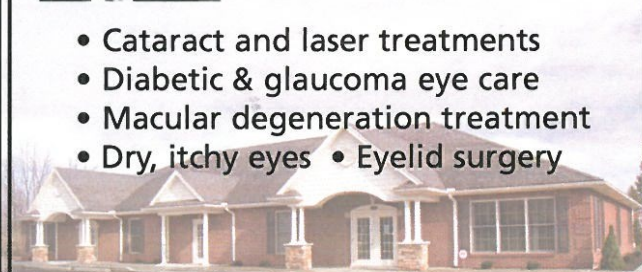


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