

CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
SENIOR OPERATIONS
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer



THE SENIOR INFORMER

**Clinton County Community
Action Programs, Inc.**

Hours Of Operation
M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170
937-382-1848

**SENIOR SERVICES
CENTER**

Stella Cramer,
Senior Center Director
655-2156

Brian Garber, Site Coordinator
655-2165

Cindy Fitch, Supportive
Services
655-2151

Sherry Bowling, Homemaker
Supervisor
655-2164

Pam George, LPN
Case Management
655-2163

MEMBERSHIP DUES

The Senior Advisory Board discussed and voted on a membership dues increase at their last meeting. The 2019 membership dues for the Senior Center will be \$30 per year. The monies generated by membership dues does not only pay for the printing and mailing of the newsletter—it covers more than that. Membership dues help raise match money required by our funding source and assists with Senior Center operating expenses. If you have any questions or concerns, the members of the Senior Advisory Board are listed on page 4 of the Senior Informer. 2019 Membership is due January 1.



**G & J Pepsi Does Community
Project**

On October 3rd members of management from G & J Pepsi did a community project by cleaning up our landscaping at the Senior Center. The project was spearheaded by Dwayne Bloom, Senior Market Sales Manager.

Pictured left to right: Jeff Green, Randy Fritch, Dwayne Bloom, Chad Weikel and Tiffany Goodman.

Many thanks to Dwayne and the crew—they did a great job! And thanks to Sue Caplinger for suggesting the Senior Center to her son, Dwayne.





Happy Birthday!!



Walk Club Update!

September 307.25 miles
 Judi Clay—88.25 miles
 Carole Erdman—73 miles
 Charlotte Bland—146 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.



- Loren Allen—11/29
- Vera Baker—11/11
- Glen Brewer—11/21
- Roger Brown—11/06
- Jim Brubaker—11/25
- Joy Brubaker—11/05
- Cindy Burgess—11/04
- Walt Carruthers—11/21
- Joan Davis—11/15
- Georgia Dodd—11/04
- Roberta Douglas—11/15
- Louise Francis—11/23
- Lena Gibson—11/19
- Roberta Grooms—11/19
- Debbie Hatten—11/22
- James Hilterbrandt—11/24
- Clara Hurt—11/29
- Robert Irwin—11/02
- Mary Alice Kendall—11/16
- Deborah Maher—11/23
- Robert Malyuk—11/06
- Judy McCune—11/11
- Linda Moore—11/22
- Regina Moore—11/13
- Steve Osborne—11/25
- James Pagett—11/02
- Clifford Pfahler—11/24
- Suzanne Sims—11/13
- Karen Smith—11/12
- Peggy Speaight—11/27
- Linda Theener—11/28
- Marilyn Whitmore—11/28
- Marlene Williams—11/04
- Reba Williams—11/05
- Yvonner Williams—11/16
- Birthday Correction—
- Shirley Hedges—10/10
- Belated Wishes—
- Kenneth Rothwell—10/23
- George Strong—10/20

A Miracle-Ear Hearing Center representative will be coming to the Senior Center the 1st Wednesday of each month. If you need your hearing checked or your hearing aids adjusted, call 1-513-422-7809 to set up an appointment. If you have any questions, just call the

REMINDER!!

TURN CLOCKS BACK
 1 HOUR SUNDAY, NOVEMBER 4.



Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



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Congratulations to September/October winners!

- Esther Jordan—\$4.00
- Brenda Davis—\$6.06
- Shirley Massie—\$5.00
- Charlotte Lawrence—\$5.73



WELCOME NEW MEMBERS!

- Nathan Unger
- Jane Green
- Suzanne Sims
- Deborah Mahen
- David Mahen
- William Johnson
- Dwayne Wilson
- Theresa Huesman
- Janet Van Pelt



Senior Center Board Report for September 2018

- Meals: 630 meals were served to 80 attendees.
- Transportation: 245 one way trips were provided to 29 participants.
- ESP Medical: There were 20 units for 6 clients.
- Adult Day Care: There were a total of 167 trips provided for 11 clients.
- Home Meals: There were 2429 home meals delivered to 99 clients.
- Supportive Services: There were 61.75 units for 19 clients.
- Socialization/Recreation: There were 89.5 different activities and 163 clients attending.
- Homemaking Services: 1018.25 ESP units; 30 Clinton Maid hours
- Total transportation miles: We traveled 5,670 miles transporting clients.
- Total miles delivering meals: We traveled 3,234 miles delivering meals.

Many Thanks to:

- *Wilmington Nursing & Rehab for October Lunch
- *Ohio Living for October Cake
- *Better2Gether LLC for Friday Bingo
- *Pepsi Management for the Landscape clean-up Project
- *Cape May's Armchair Theatre Group for their performance for Birthday Dinner



TO ALL VETERANS—
THANK YOU FOR YOUR SERVICE! YOU ARE WHY WE ENJOY THE FREEDOMS WE HAVE TODAY!

Buckley, Miller, Wright & Raizk

Attorneys at Law
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Wilmington, Ohio 45177

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bmwlaw@bmwlaw.net

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66 N. Mulberry Street
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We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.



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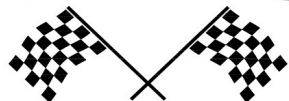


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Seniors Need Help call 382-7170



Our Annual Christmas Bazaar will be held on Saturday, December 1st. We are offering spaces again this year to rent. If you are interested in a space, stop by the Senior Center. Spaces are available for \$25—which includes an area with a double 6’ table. Deadline to reserve a space is November 22. We will be on the “Homespun Christmas” map as well.

Breakfast will be served from 8:00 a.m. to 10:00 a.m.—Waffles and Sausage; Eggs and Sausage; Biscuits and Gravy; Juice and Coffee for \$4. Lunch will be served from 11:30 a.m. to 1:30 p.m. Homemade Vegetable and Potato Soup; Pressed Chicken Sandwiches; BBQ Pork Sandwiches; desserts; coffee and tea will be available.

The Craft Room will be open along with Lions Club Candy, Bake Sale and our White Elephant Sale.

We will be accepting donations for the White Elephant Sale (no clothing please) the week of November 26. If you would like to donate baked goods for the Bake Sale or Lunch, please bring them on Friday, November 30 before 4:30 p.m. or the morning of December 1.



Happy Thanksgiving

WENDY’S THANKSGIVING DAY DINNER

THURSDAY, NOVEMBER 22

WHERE: WENDY’S RESTAURANT 11:30 A.M. TO 1:00 P.M.

1055 ROMBACH AVENUE, WILMINGTON, OH

TURKEY WITH ALL THE TRIMMINGS—FREE OF CHARGE.

CALL ARLA FAYE AT 937-382-2706 BY NOVEMBER 16

FOR YOUR INFORMATION:

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM

Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963

Carol Weber-466 Macedonia Road, Blanchester, OH 45107

Karen Buckley, Esq.-Buckley, Miller, Wright & Raizk, 145 N. South St., Wilmington, OH Phone—937-382-0946

Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-725-8199


Rev. Tom Stephenson, First Christian Church of Disciples, 120 Columbus St., Wilmington, OH Phone—937-382-2251

Duane Weyand, Chief of Police, City of Wilmington, 69 N. South St., Wilmington, OH Phone—937-382-3822

Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273

Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524

You can also contact your county commissioners at 382-2103.



Annual American Legion Senior Christmas Dinner will be held on Sunday, December 2 at 12:00 noon At the Legion Post on Locust St. For more information, contact the Legion at 382-2219.

There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. Since several years have passed and we have additional members, we felt it would be a good idea to make all aware of this policy.

The following is the policy as it was published in the October 2009 Senior Informer: “The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated.”

We want the Senior Center to continue to be an enjoyable place for all to attend.

Members of the Senior Advisory Board are:

Bob Thomas	D Bullock
Sid Clay	Barb Davis
Larry Cordrey	Carole Erdman
Carole France	Margie Pierson

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.



REMINDER...

COFFEE, TEA AND LEMONADE ARE 25 CENTS PER CUP



Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



Operation Christmas Child packing party at the Senior Center will be held on November 8 at 10:30 a.m.



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This Was the Year...1998

U. S. President & Vice President: Bill Clinton & Al Gore

Time Magazine Person of the Year: Kenneth Starr and Bill Clinton

National and World News:

- *The world's biggest airport opened in Hong Kong.
- *Terrorists bombed two U.S. embassies in Nairobi and Dar es Salaam, killing 250 people.
- *Hurricane Mitch made landfall in Central America, killing an estimated 18,000 people.
- *Europeans agreed on a single currency, the Euro.
- *President Clinton was impeached for perjury and obstruction of justice.

Cost of Living:

New House-\$129,300	Harvard Tuition-\$30,080 year
Average Income-\$28,861	Movie Ticket-\$4.69
New Car-\$17,215	Postage Stamp-32 cents
Average Rent-\$619 per month	Gasoline-\$1.15 per gallon

Cost of Food:

Sugar-\$1.30 for 5 lbs.	Eggs-88 cents dozen
Coffee-\$3.73 per lb.	Bacon-\$2.53 per lb.
Hamburger-\$1.40 per lb.	Milk-\$2.59 per gallon

Technology News

- *The search engine Google was founded.
- *Windows 98 was released by Microsoft.
- *The world's largest suspension bridge (1,234 miles) opened in Japan.
- *Adobe Photoshop 5.0 was released.
- *MP3s were created.

Fads

- * Furbies
- * Barbie and Ken as the Munsters
- * Reading *Harry Potter and the Sorcerer's Stone*

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Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR NOVEMBER 2018

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Bingo
12:15 pm—Mexican Train Dominos
12:15 pm—Rook

TUESDAY

8:00 am—Early Bird
9:00 am—Flexibility & Balance
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
12:15 pm—Mexican Train Dominos

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos

WEDNESDAY (CONTINUED)

12:15 pm—Sewing
12:15 pm—Rook
1:30 pm—Ageless Grace
3:00 pm—Line Dancing

THURSDAY

8:00 am—Early Bird
9:00 am—Flexibility & Balance
9:00 am—Pinochle
10:00 pm—Exercise
12:15 pm—Chair Volleyball
12:15 pm—Mexican Train Dominoes

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:30 am—Bridge
12:15 pm—Mexican Train Dominoes
12:15 pm—Sewing

UPCOMING EVENTS

Thursday, November 8—Operation Christmas Child Packing Party at 10:30 a.m.

Friday, November 9—Bingo sponsored by Better2Gether LLC after lunch.

Monday, November 12—Veterans Day Program. Bring picture of you or loved one that served.

Friday, November 16—Birthday Dinner. We celebrate all November birthdays. \$3 for lunch.

Monday, November 19—Thanksgiving Dinner at 11:30 a.m. Special Entertainment.

Wednesday, November 21—Lunch sponsored by Wilmington Nursing & Rehab at 12:00 noon.

Thursday, November 22 and Friday, November 23—Closed in observance of Thanksgiving.

Saturday, December 1—Christmas Bazaar. See page 4 for more information.

Tuesday, December 4—Community Care Hospice 'Lighting of the Angel Tree' Ceremony at 12:00 noon.

Ala Carte **Mon** **Tue** **Wed** **Thu** **Fri**

<p>Mondays</p> <p>Ham & Beans Cornbread</p>				<p>1</p> <p>BBQ Beef on Bun Creamy Veggie Soup Peas & Onions Potato Wedges Pears</p>	<p>2</p> <p>Turkey Tetrazzini Brussel Sprouts Cinnamon Apples Dinner Roll</p>
<p>Tuesdays</p> <p>Soup of the Day Grilled Cheese</p>	<p>5</p> <p>Chicken Tenders Brown Rice Scandinavian Veggies Dinner Roll Fruit Cocktail</p>	<p>6</p> <p>Pineapple Ham Whipped Sweet Potatoes Peas Wheat Bread</p>	<p>7</p> <p>Country Fried Steak Potato Wedges Green Beans Wheat Bread Juice & Grahams</p>	<p>8</p> <p>Chicken & Potato Casserole Broccoli Wheat Bread Peaches</p>	<p>9</p> <p>Chicken Green Beans Beets Wheat Bread Juice & Animal Cookies</p>
<p>Wednesdays</p> <p>Chef Salad</p>	<p>12</p> <p>Salisbury Steak Whipped Sweet Potatoes Mixed Veggies Wheat Bread</p>	<p>13</p> <p>Grilled Chicken Potato Wedges Cheesy Broccoli Bun Applesauce</p>	<p>14</p> <p>Hamburger on Bun Tomato Soup Baked Beans Broccoli Pineapple</p>	<p>15</p> <p>Smoked Sausage w/ sauerkraut Mashed Potatoes Green Beans Rye Bread</p>	<p>16</p> <p>Meatloaf Mashed Potatoes Green Beans Dinner Rolls Birthday Cake</p>
<p>Thursdays</p> <p>Fish & Chips Grilled Ham & Cheese Grilled Cheese</p>	<p>19</p> <p>Roast Turkey Mashed Potatoes Vegetable Medley Dinner Roll Pumpkin Pie</p>	<p>20</p> <p>Chili Spaghetti Vegetable Medley Saltine Crackers Pears</p>	<p>21</p> <p>Lunch sponsored by Wilmington Nursing & Rehab at 12:00 noon</p>	<p>22</p> <p>Closed for Thanksgiving Holiday</p>	<p>23</p> <p>Closed for Thanksgiving Holiday</p>
	<p>26</p> <p>Cheesy Beef & Broccoli w/Rice Oregon Veggies Corn Wheat Bread</p>	<p>27</p> <p>Chicken Stew Mixed Veggies Cornbread Fruit Punch Animal Crackers</p>	<p>28</p> <p>Meatloaf Mashed Potatoes Carrots Wheat Bread Fruit Cocktail</p>	<p>29</p> <p>Roast Turkey Herb Dressing Broccoli/Cauliflower Wheat Bread Applesauce</p>	<p>30</p> <p>Spaghetti & Meatballs Italian Vegetables Spinach Wheat Bread Peaches</p>

Return Address

**Wilmington Savings Bank—
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717 North Nelson Ave., P. O. Box 32
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