



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
SENIOR OPERATIONS
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

Clinton County Community Action Programs, Inc.

Hours Of Operation
M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170
937-382-1848

SENIOR SERVICES CENTER

Stella Cramer,
Senior Center Director
655-2156

Brian Garber, Site Coordinator
655-2165

Cindy Fitch, Supportive Services
655-2151

Sherry Bowling, Homemaker Supervisor
655-2164

Pam George, LPN
Case Management
655-2163

2018 Corn Festival

Pictured at right are Patti and George Cook—2018 Corn Festival King and Queen. Our Pressed Chicken Sandwich booth realized a profit of \$2,216.68. We would like to thank all who helped make this profit possible. It takes many hands working together to succeed—no matter what you gave (time, money, visited the booth) no effort is too small. Many thanks to all of you—you are appreciated!



Ohio Senior Health Insurance Information Program (OSHIIIP)

Medicare Check-Up Days 2018

Learn ways to:
Stay Informed. Stay Healthy. Save Money.

1-800-686-1578
www.insurance.ohio.gov

Clinton County Senior Center
717 North Neson Avenue, Wilmington

Wednesday, October 31st, at noon

Presentation Only.

- Learn about recent changes to Medicare.
- Find out how the Oct 15 - Dec 7 Medicare Annual Coordinated Election Period can work for you.
- Get tips on how to enroll for 2019 coverage in a Medicare prescription drug plan (Part D) and/or a Medicare health plan.
- See if you qualify to SAVE an average of \$4,000 on your prescription drug costs.

John R. Kasich
Governor



ODI
Ohio Department
of Insurance

Jillian Froment
Director



Happy Birthday!!



Walk Club Update!

August 321 miles

Judi Clay—87 miles

Carole Erdman—79 miles

Charlotte Bland—155 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.



Peggy Allen—10/14
 Stella Boring—10/31
 Catherine Brausch—10/28
 Janet Burnett—10/02
 Mary Anna Cherry-holmes—10/30
 Gary Clark—10/30
 Patti Cook—10/15
 Kathy Cook—10/15
 Virginia Craig—10/12
 Judi Creeger—10/23
 Colena Crrek—10/08
 Renee Curtis—10/05
 Carolyn Earley—10/26
 Ethel Eury—10/31
 Jeanette Flint—10/22
 William Graesser—10/17
 Tom Hart—10/30
 Yvonne Hayes—10/28
 Shirley Hedges—10/25
 Kay Hofer—10/02
 Hazel Hufford—10/28

Sara Hummelgard—10/15
 Janet Jones—10/23
 Virginia Kelley—10/02
 Susie Kienle—10/15
 Mark Lewis—10/06
 H James Mason—10/31
 Rita Miars—10/14
 Mary Montgomery—10/17
 Don Myers—10/23
 Sondra Nordyke—10/30
 Boyd Osborne—10/02
 Johnnie Pierson—10/28
 Mary Reynolds—10/19
 Johnnie Richardson—10/03
 Barbara Ross—10/07
 Mike Shigley—10/28
 Jack Stacy—10/27
 Karen Standridge—10/06
 Connie Townsend—10/07
 Pauline Unger—10/31

Linda Whitaker—10/03
 Earl Zurface—10/26



A Miracle-Ear Hearing Center representative will be coming to the Senior Center the 1st Wednesday of each month. If you need your hearing checked or your hearing aids adjusted, call 1-513-422-7809 to set up an appointment. If you have any questions, just call the Senior Center.



Congratulations to September winners!

Mary Ann Nace—\$5.50
 Brenda Davis—\$4.75
 Kathy Taylor—\$6.06



Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



This institution is an equal opportunity provider.



WELCOME NEW MEMBERS!

Carol Pollack
 Christine Batts
 Sybil Allen
 Joyce Ward
 Shirley Hayslip
 Steve Hildebrandt



Senior Center Board Report for August 2018

Meals: 785 meals were served to 99 attendees.
Transportation: 337 one way trips were provided to 30 participants.
ESP Medical: There were 36 units for 7 clients.
Adult Day Care: There were a total of 244 trips provided for 11 clients.
Home Meals: There were 2740 home meals delivered to 108 clients.
Supportive Services: There were 80.5 units for 22 clients.
Socialization/Recreation: There were 102.25 different activities and 128 clients attending.
Homemaking Services: 1018.25 ESP units; 30 Clinton Maid hours
Total transportation miles: We traveled 5,670 miles transporting clients.
Total miles delivering meals: We traveled 3,234 miles delivering meals.

Many Thanks to:

- *Wilmington Nursing & Rehab for September Lunch
- *Ohio Living for September Birthday Cake
- *Everyone that helped with Corn Festival



TO ALL VETERANS—
THANK YOU FOR YOUR SERVICE! YOU ARE WHY WE ENJOY THE FREEDOMS WE HAVE TODAY!

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CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street
Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

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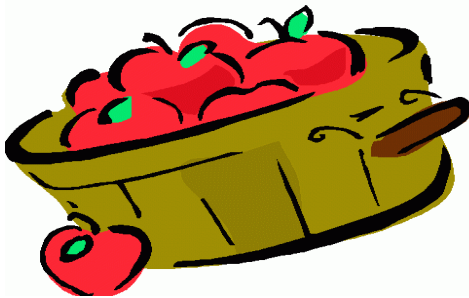


Operation Christmas Child packing party at the Senior Center will be held on November 8 at 10:30 a.m.



Mark Your Calendars!

Want to learn the proper way to use the equipment in the exercise room? On Tuesday, October 16 and Thursday, October 18 at 10:30 a.m., Jill Vaughn will be in the exercise room to work with those interested .



There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. Since several years have passed and we have additional members, we felt it would be a good idea to make all aware of this policy.

The following is the policy as it was published in the October 2009 Senior Informer: "The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated."

We want the Senior Center to continue to be an enjoyable place for all to attend.



REMINDER...
COFFEE, TEA AND LEMONADE ARE 25 CENTS PER CUP



FALL PARTY/LUNCH ON WEDNESDAY, OCTOBER 31 AT THE WILMINGTON SAVINGS BANK CLINTON COUNTY SENIOR CENTER. We will be providing Pressed Chicken Sandwiches, Tater Tots, Applesauce and Smores. RSVP at 382-7170 by October 26.



FOR YOUR INFORMATION:

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM

Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963

Carol Weber-466 Macedonia Road, Blanchester, OH 45107

Karen Buckley, Esq.-Buckley, Miller, Wright & Raizk, 145 N. South St., Wilmington, OH Phone—937-382-0946

Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-725-8199

Rev. Tom Stephenson, First Christian Church of Disciples, 120 Columbus St., Wilmington, OH Phone—937-382-2251

Duane Weyand, Chief of Police, City of Wilmington, 69 N. South St., Wilmington, OH Phone—937-382-3822

Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273

Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524

You can also contact your county commissioners at 382-2103.

Members of the Senior Advisory Board are:

- | | |
|---------------|----------------|
| Bob Thomas | D Bullock |
| Sid Clay | Barb Davis |
| Larry Cordrey | Carole Erdman |
| Carole France | Margie Pierson |

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



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(937) 382-3320

This Was the Year...1997

U. S. President & Vice President: Bill Clinton & Al Gore
Time Magazine Person of the Year: Andrew Grove, CEO of Intel Corp.
National and World News:

- *Princess Diana of Wales was killed in a car crash.
- *Mother Teresa died in Calcutta.
- *The Dow Jones Industrial Average closed above 7,000 for the first time ever.
- *Scotland voted to create its own parliament after 290 years of union with England.
- *Woolworth's closed its remaining discount stores after more than 100 years of trading.
- *Tiger Woods, at 21 years old, became the youngest golfer ever to win the Masters.

Cost of Living:

New House-\$124,100	Harvard Tuition-\$28,896 year
Average Income-\$27,426	Movie Ticket-\$4.59
New Car-\$16,950	Postage Stamp-32 cents
Average Rent-\$576 per month	Gasoline-\$1.22 per gallon

Cost of Food:

Sugar-\$1.30 for 5 lbs.	Eggs-88 cents dozen
Coffee-\$3.98 per lb.	Bacon-\$2.67 per lb.
Hamburger-\$1.38 per lb.	Milk-\$2.55 per gallon

Technology News

- *Scientists in Scotland revealed the first successful cloning of a sheep named Dolly.
- *Microsoft became the world's most valuable company.
- *Mars Pathfinder successfully landed on Mars.
- *Yahoo introduced Yahoo! Mail.
- *Netflix was established.

Fads

- * Watching Titanic
- * Beanie Babies
- *Pokemon * Teletubby toys * Tamagotchi

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**Wilmington Nursing &
Rehabilitation Center**

75 Hale Street
Wilmington, OH 45177

Phone: (937) 382-1621
Fax: (937) 383-1215

Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR OCTOBER 2018

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Bingo
12:15 pm—Mexican Train Dominos
12:15 pm—Rook

TUESDAY

8:00 am—Early Bird
9:00 am—Flexibility & Balance
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
12:15 pm—Mexican Train Dominos
3:00 pm—Line Dancing
7:00 pm—Square Dancing

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos

WEDNESDAY (CONTINUED)

12:15 pm—Sewing
12:15 pm—Rook
1:30 pm—Ageless Grace

THURSDAY

8:00 am—Early Bird
9:00 am—Flexibility & Balance
9:00 am—Pinochle
10:00 pm—Exercise
12:15 pm—Chair Volleyball
12:15 pm—Mexican Train Dominoes

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:30 am—Bridge
12:15 pm—Mexican Train Dominoes
12:15 pm—Sewing

UPCOMING EVENTS

Monday, October 8—Closed for Columbus Day Holiday.

Tuesday, October 9—Advisory Board Meeting at 10:00 a.m.

Tuesday, October 16 and Thursday, October 18—Exercise equipment demonstration at 10:30 a.m.

Wednesday, October 17—Lunch sponsored by Wilmington Nursing & Rehab at 12:00 noon.

Wednesday, October 17—Guest Speaker from Clear Caption at 11:30 a.m.

Friday, October 19—Birthday Dinner. We celebrate all October birthdays. Special program at 11:30 a.m. Cape May Armchair Theatre Group will perform “Bingo Ladies Gone Bad”.

Wednesday, October 24—Pie Day! Your choice of Apple Pie or Pumpkin Pie for \$1.50 per slice. Served at lunchtime.

Wednesday, October 31—Fall Party

Wednesday, October 31—Medicare Check-up Day at 12:00 noon.

NO ALA CARTE AVAILABLE: 10/17; 10/19; 10/31

Ala Carte		Mon	Tue	Wed	Thu	Fri
<i>Mondays</i>		1 Chicken & Rice Broccoli Diced Carrots Wheat Bread Peaches	2 Beef Stew Green Beans Cornbread Pineapple	3 Turkey Tetrazzini Brussel Sprouts Baked Apples Dinner Roll	4 BBQ Beef on Bun Creamy Veggie Soup Peas & Onions Potato Wedges Pears	5 Country Fried Steak Potato Wedges Green Beans Dinner Roll Juice & Cake
<i>Tuesdays</i>		8 Closed for Columbus Day	9 Pineapple Ham Sweet Potatoes Peas Wheat Bread Mandarin Oranges	10 Chicken Potato Casse- role Broccoli Wheat Bread Peaches	11 Chicken Green Beans Beets Wheat Bread Pineapple	12 Cabbage Roll Peas & Onions Yellow Squash White Bread Juice & Grahams
<i>Wednesdays</i>		15 Hamburger on Bun Tomato Soup Baked Beans Broccoli Pineapple	16 Smoked Sausage w/ sauerkraut Mashed Potatoes Green Beans Rye Bread	17 Lunch sponsored by Wilmington Nursing & Rehab at 12:00 noon	18 Grilled Chicken Potato Wedges Broccoli Bun Applesauce	19 Italian Chicken Spaghetti Italian Vegetables Peas Birthday Cake
<i>Thursdays</i>		22 Chili Spaghetti Vegetable Medley Saltine Crackers Pears	23 Chicken Stew Mixed Vegetables Cornbread Mandarin Oranges Animal Cookies	24 Meatloaf w/gravy Mashed Potatoes Carrots Wheat Brad Fruit Cocktail	25 Cheese Pizza Peas & Onions Carrot Coins Juice & Cookie	26 Roast Turkey Herb Dressing Broccoli/Cauliflower Wheat Bread Applesauce
		29 Roast Turkey Mashed Potatoes Vegetable Medley Wheat Bread Juice & Grahams	30 Swiss Steak Stewed Tomatoes O'Brien Potatoes Wheat Bread Pears	31 Fall Party— Pressed Chicken Sandwiches Tater Tots Applesauce		

Return Address

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717 North Nelson Ave., P. O. Box 32
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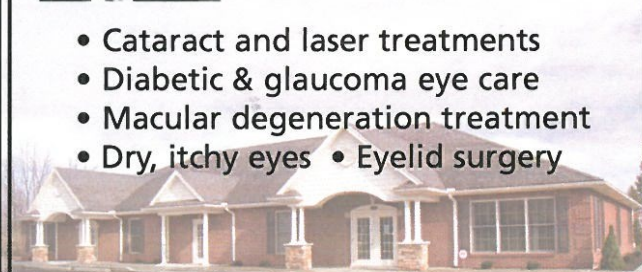


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