

CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
SENIOR OPERATIONS
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer



THE SENIOR INFORMER

**Clinton County Community
Action Programs, Inc.**

Hours Of Operation
M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170
937-382-1848

**SENIOR SERVICES
CENTER**

Stella Cramer,
Senior Center Director
655-2156

Brian Garber, Site Coordinator
655-2165

Cindy Fitch, Supportive
Services
655-2151

Sherry Bowling, Homemaker
Supervisor
655-2164

Pam George, LPN
Case Management
655-2163



Ice Cream Social

Saturday, August 11

4:00 p.m. to 7:00 p.m.

BBQ Pork and Pressed Chicken Sandwiches; Hot Dogs; Assorted Desserts; Coffee, Tea & Lemonade; Homemade Ice Cream

All proceeds benefit the Senior Center

SUMMER CRISIS PROGRAM

****Bills cannot be paid if you're on Percentage of Income Payment Plan (PIPP)****

MUST HAVE CURRENT ELECTRIC BILL DUE WHEN APPLYING

The 2018-19 Summer Crisis Program will begin July 1, 2018 and run through August 31, 2018. You may qualify if your gross household size/income is as follows: 1-\$21,245, 2-\$28,805 and 3-\$36,365 and at least one household member is 60 yrs. or older or have a documented medical condition verified by a licensed physician or registered nurse practitioner (letterhead, stamped or prescription). You may also qualify for an air conditioner at this time if you have no other cooling in your home.

*Summer Crisis Program will only pay on the ELECTRIC portion of current bill.

*If client is in disconnect, we can pay up to \$500 to stop it **AFTER** the copay has been made.

*If client is **NOT** in disconnect, copay is **NOT** required and we can pledge up to \$500 on current electric bill.



Happy Birthday!!



Walk Club Update!

June miles—242 miles

Charlotte Bland—149 miles

Judi Clay—93 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.



- Helen Abney—8/17
- Sharon Ackerman—8/24
- Lois Allen—8/06
- Wilma Blakeman—8/06
- Rick Bracht—8/29
- Dayle Brown—8/13
- Kay Burton—8/20
- Patti Charles—8/13
- George Cook—8/29
- Sharon Cordrey—8/21
- Ruth Dawson—8/10
- Betty Day—8/30
- Dorothy Daye—8/31
- Paula Erwin—8/14
- Janet Esmail—8/11
- Bob Fadden—8/10
- Christina Fadden—8/08
- James G. Flint—8/29
- Mary Fulton—8/04
- James Gibson—8/17
- Fran Gnau—8/11
- Walter Hank—8/29
- Diana Howard—8/07
- Wilma Kelso—8/24

- Joyce Kimball—8/09
- William Malone—8/04
- Robert Malyuk—8/22
- Florence Manning—8/01
- Sue Marshall—8/11
- Sandy Mongold—8/14
- Mary Ann Nace—8/01
- James Patterson—8/25
- John Rose—8/17
- Paul Skogstrom—8/17
- Jeff Slone—8/12
- Paul Smith—8/13
- Martha Theener—8/17
- Mary Vaughn—8/09
- Connie Wall—8/21
- Margaret Watters—8/12
- Robert Watters—8/02
- Donna Williams—8/08
- Vicki Wilson—8/10
- Marie Zitney—8/04

A Miracle-Ear Hearing Center representative will be coming to the Senior Center the 1st Wednesday of each month. If you need your hearing checked or your hearing aids adjusted, call 1-513-422-7809 to set up an appointment. If you have any questions, just call the Senior Center.

We are asking for donations of baked goods for our Ice Cream Social August 11. Donations can be brought to the Center before 4:30 on Friday, August 10.

Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



This institution is an equal opportunity provider.



Congratulations to June/July winners!

Betty Yarger—\$4.75

Ray Baker—\$3.75

Shirley Massie—\$3.50

Martha Weithoff—\$5.75



WELCOME NEW MEMBERS!

- Ann Kuehn
- Sheila Kirkpatrick
- Janet Vance
- Joel Smith
- Sandra Malone
- William Malone
- Marjorie Manson
- Dennis Zurface
- April Zurface
- Edward Adams
- Sandy Wilson



Senior Center Board Report for June 2018

Meals: 637 meals were served to 92 attendees.

Transportation: 367 one way trips were provided to 36 participants.

ESP Medical: There were 20 units for 4 clients.

Adult Day Care: There were a total of 277 trips provided for 12 clients.

Home Meals: There were 2222 home meals delivered to 92 clients.

Supportive Services: There were 50 units for 19 clients.

Socialization/Recreation: There were 63.75 different activities and 103 clients attending.

Homemaking Services: 997.25 ESP units; 38 Clinton Maid hours

Total transportation miles: We traveled 5,670 miles transporting clients.

Total miles delivering meals: We traveled 3,234 miles delivering meals.

Many Thanks to:

- *Wilmington Nursing & Rehab for July Lunch
- *Ohio Living for July Birthday Cake
- *Old Car Club for sponsoring the Cruise In
- *Back in Time Express Band for playing during Cruise In



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CLINTON CO. ADULT DAY CENTER, INC.

**66 N. Mulberry Street
Wilmington, Ohio 45177**

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Seniors Need Help call 382-7170



We are accepting nominations for Corn Festival King and Queen. Nominations will be accepted beginning August 1 through August 16. Final voting will be held on Friday, August 17 until 6:00 p.m.



In an attempt to assist the Clinton County Regional Planning Commission, Clinton County Community Action is asking willing participants at the Wilmington Savings Bank Clinton County Senior Center to complete an 'Age-Friendly Clinton County Survey'. Surveys are available at the reception desk at the Senior Center. If you have any questions, please let us know. Thanks!

AGELESS GRACE

Beginning Wednesday, Aug. 8, the Center will be offering a new class which promotes brain health. Ageless Grace is a cutting-edge brain fitness program based on neuroplasticity that activates all 5 functions of the brain. The program consists of 21 simple exercise tools designed for all ages and abilities. These exercises are based on everyday movements and promote health longevity of the body and mind. All exercises are done seated in a chair. Join us at 1:30 p.m. on August 8th to see what this exciting new program is all about.

Annual Corn 5k Run/Walk to be held September 8. Proceeds from this event will benefit Clinton County Seniors. If you are interested in participating, stop by the Senior Center and pick up a registration form.



There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. Since several years have passed and we have additional members, we felt it would be a good idea to make all aware of this policy.

The following is the policy as it was published in the October 2009 Senior Informer: "The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated."

We want the Senior Center to continue to be an enjoyable place for all to attend.

It's Almost the Time of Year!!!

The Clinton County Corn Festival will be September 7, 8 and 9th. The Center will, once again, having a booth selling the Pressed Chicken Sandwiches. We will be needing lots of help!. If you are interested in working for the Center on that weekend (either the booth or at the Center picking chicken), please sign up in the Lobby. Please leave your phone number and times you are available to work. Also, if you are unable to help by working, we will be accepting donations to offset costs. This is a big fund raising event for the Senior Center—any help would be appreciated!



FOR YOUR INFORMATION:

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM

Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963

Carol Weber-466 Macedonia Road, Blanchester, OH 45107

Karen Buckley, Esq.-Buckley, Miller, Wright & Raizk, 145 N. South St., Wilmington, OH Phone—937-382-0946

Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-382-4367

Rev. Tom Stephenson, First Christian Church of Disciples, 120 Columbus St., Wilmington, OH Phone—937-382-2251

Duane Weyand, Chief of Police, City of Wilmington, 69 N. South St., Wilmington, OH Phone—937-382-3822

Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273

Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524

You can also contact your county commissioners at 382-2103.

Members of the Senior Advisory Board are:

- | | |
|---------------|----------------|
| Bob Thomas | D Bullock |
| Sid Clay | Barb Davis |
| Larry Cordrey | Carole Erdman |
| Carole France | Margie Pierson |

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



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This Was the Year...1995

U. S. President & Vice President: Bill Clinton & Al Gore

Time Magazine Person of the Year: Newt Gingrich

National and World News:

*Truck bomb devastated Oklahoma City Federal Building and 168 people were killed.

*The World Trade Organization (WTO) started as a replacement for the General Agreement on Tariffs and Trade (GATT).

*An unprecedented heat wave hit the Midwestern U.S. Temperatures exceeded 104 degrees for five straight days. At least 3,000 people died, 750 in Chicago, IL.

*Steve Fossett became the first person to make a solo flight across the Pacific Ocean in a hot air balloon.

*O. J. Simpson was found innocent in the murders of Nicole Brown Simpson and Ron Goldman.

Cost of Living:

New House-\$113,100	Harvard Tuition-\$26,230 year
Average Income-\$23,754	Movie Ticket-\$4.35
New Car-\$15,500	Postage Stamp-32 cents
Average Rent-\$550 per month	Gasoline-\$1.12 per gallon

Cost of Food:

Sugar-\$1.25 for 5 lbs.	Eggs-87 cents dozen
Coffee-\$4.07 per lb.	Bacon-\$2.02 per lb.
Hamburger-\$1.35 per lb.	Milk-\$2.55 per gallon

Technology News

*Windows 95 was released by Microsoft.

*Microsoft released Internet Explorer 1.0 and 2.0.

*The Yahoo.com domain was registered.

*The company, eBay was founded by Pierre Omidyar.

*The first movie that was completely computer-generated *Toy Story*, was released.

Quotes

* "Houston, we have a problem."-*Apollo 13*

* "No soup for you!"-*Seinfeld*

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Fax: (937) 383-1215

Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR AUGUST 2018

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Bingo
12:15 pm—Mexican Train Dominos
12:15 pm—Rook

TUESDAY

8:00 am—Early Bird
9:00 am—Flexibility & Balance
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
12:15 pm—Mexican Train Dominos
3:00 pm—Line Dancing
7:00 pm—Square Dancing

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos

WEDNESDAY (CONTINUED)

12:15 pm—Sewing
12:15 pm—Rook
1:30 pm—Senior Stretch
(8/8—Ageless Grace)

THURSDAY

8:00 am—Early Bird
9:00 am—Flexibility & Balance
9:00 am—Pinochle
10:00 pm—Exercise
12:15 pm—Chair Volleyball
12:15 pm—Mexican Train Dominoes

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:30 am—Bridge
12:15 pm—Mexican Train Dominoes
12:15 pm—Sewing

UPCOMING EVENTS

Wednesday, August 1—Nominations being accepted for Corn Festival King and Queen beginning today. Nominations accepted through 8/16 with voting on 8/17.

Saturday, August 11—Ice Cream Social from 4:00 p.m. to 7:00 p.m. BBQ Pork and Pressed Chicken Sandwiches; Hot Dogs; Assorted Desserts; Coffee, Tea and Lemonade;
Homemade Ice Cream.

Tuesday, August 14—Advisory Board Meeting at 10:00 a.m.

Wednesday, August 15—Lunch sponsored by Wilmington Nursing & Rehab at 12:00 noon.

Friday, August 17—Birthday Dinner. We celebrate all August birthdays. No birthday bingo.

Friday, August 17—Summer Picnic at 5:30 p.m. Bring a covered dish—meat will be furnished.

Thursday, August 23—Banana Splits 2:00 p.m. to 3:00 p.m. Cost \$4

Wednesday, August 29—Pie Day at lunch time. Your choice of Lemon Meringue or Peach for \$1.50 per slice.

Monday, September 3—Closed in observance of Labor Day.

NO ALA CARTE AVAILABLE: 8/15; 8/17

Ala Carte	Mon	Tue	Wed	Thu	Fri
<i>Mondays</i> <i>Ham & Beans</i> <i>Cornbread</i>			1 Chicken w/gravy Green Beans Beets Wheat Bread	2 Chicken Tenders Brown Rice Scandinavian Veggies Wheat Bread Fruit Cocktail	3 Chicken Potato Caserole Broccoli Wheat Bread Peaches
<i>Tuesdays</i> <i>BLTs</i> <i>Grilled Cheese</i>	6 Swiss Steak Stewed Tomatoes O'Brien Potatoes Wheat Bread Pears	7 Cheesy Beef & Broccoli w/Rice Oregon Vegetables Corn Wheat Bread	8 Summer Salad Saltine Crackers Orange Juice Animal Crackers	9 Roast Turkey Mashed Potatoes Vegetable Medley Wheat Bread Juice & Grahams	10 Hamburger on Bun Baked Beans Broccoli Juice & Cookie
<i>Wednesdays</i> <i>Chef Salad</i>	13 Smoked Sausage w/sauerkraut Mashed Potatoes Green Beans Fruit Cocktail	14 Salisbury Steak Whipped Sweet Potatoes Mixed Vegetables Peaches	15 Lunch with Wilmington Nursing & Rehab at 12:00 noon	16 Turkey Tetrazzini Brussel Sprouts Baked Apples Juice & Animal Crackers	17 Spaghetti & Meatballs Italian Vegetables Spinach Birthday Cake
<i>Thursdays</i> <i>Fish & Chips</i> <i>Grilled Ham & Cheese</i> <i>Grilled Cheese</i>	20 Cheese Lasagna Peas & Onions Carrot Coins Juice & Animal Crackers	21 Turkey Sandwich Creamy Veg. Soup Potato Salad Coleslaw Peaches	22 Chili Spaghetti Vegetable Medley Saltine Crackers Pears	23 Meatloaf w/gravy Mashed Potatoes Diced Carrots Wheat Bread Fruit Cocktail	24 Roast Turkey Herb Dressing Broccoli/Cauliflower Wheat Bread Applesauce
<i>Fridays</i> <i>No Ala Carte</i>	27 Pineapple Ham Sweet Potato Patties Peas Wheat Bread Mandarin Oranges	28 Country Fried Steak Potato Wedges Green Beans Dinner Roll Juice & Cake	29 Roast Beef Sandwich Tomato Soup 3 Bean Salad Potato Salad Mandarin Oranges	30 BBQ Beef on Bun Peas & Onions Coleslaw Peach Cobbler	31 Southwestern Omelet Stewed Tomatoes O'Brien Potatoes Wheat Bread Pears

Return Address

**Wilmington Savings Bank—
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717 North Nelson Ave., P. O. Box 32
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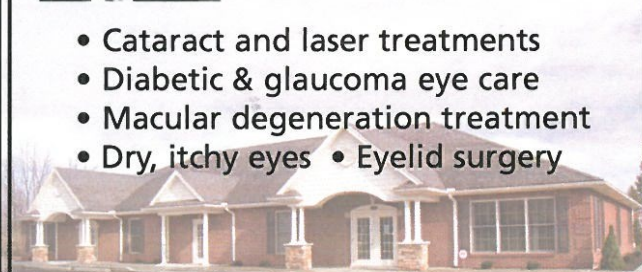


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