June 2018



<u>Clinton County Community</u> <u>Action Programs, Inc.</u>

> Hours Of Operation M-F 8:00 am - 4:30 pm

#### SENIOR OPERATIONS

937-382-7170 937-382-1848

#### SENIOR SERVICES CENTER

Stella Cramer, Senior Center Director 655-2156

Brian Garber, Site Coordinator 655-2165

> Cindy Fitch, Supportive Services 655-2151

Sherry Bowling, Homemaker Supervisor 655-2164

> Pam George, LPN Case Management 655-2163

CLINTON COUNTY COMMUNITY ACTION PROGRAM INC. SENIOR OPERATIONS WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER This institution is an equal opportunity provider and employer

# THE SENIOR INFORMER

# TENTH ANNUAL SENIOR AWARENESS

## FAIR



## **THURSDAY, JUNE 7, 2018**

1:00 p.m. to 3:00 p.m.

**DOOR PRIZES & FOOD,** 

**INFORMATION & PRESENTATIONS** 

### **COME JOIN IN A FUN FILLED AFTERNOON**

Seniors needing transportation: Call 382-7170 by June 1<sup>ST</sup>

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#### Walk Club Update!

April miles—328.5 miles

Charlotte Bland-150 miles

Judi Clay-114.75 miles

Carole Erdman—63.75 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.





Fred Blake—6/11 Gladys Bobbitt—6/30 Nancy Boldman—6/06 Camille Brady—6/11 Geraldine Breckel— 6/13

Gene Breckel—6/02 Delious Bullock—6/07 Marcella Burkitt-6/24 Janice Burton—6/22 Shirley Burton-6/27 Martha Campbell-6/18 Janice Carruthers-6/16 Gladys Curliss—6/30 Maureen Curliss—6/01 Barbara Davis-6/09 Jane Dodd-6/08 Leo Femeyer-6/29 Merri Ellen Gens-6/22 Richard Glaser—6/14 Janene Goodman-6/10 Mary Gray-6/21 Vera Gross-6/23 Connie Hardie—6/30 Virgil Hawkins-6/17

Susan Henry-6/28 Linda Hilterbrandt-6/07 Mary Irwin—6/21 Nancy Jones-6/17 Rick Kelly—6/18 Sharon Lozano-6/16 Marty Mason-6/24 Buell McBrayer-6/09 David McCune-6/18 Naomi Nichols-6/06 Orville Noews-6/27 Cindy Payne-6/16 Joe Petrich-6/23 Debbi Powell—6/30 Robert Robinson-6/19 Norma Shadley-6/16

Robert Shigley-6/27

Robert Thomas-6/09

Mary Ann Walker-6/28

Patricia Whitacre-6/08

Ann Van Pelt-6/28

Paula Walter-6/10

Dora Sholler-6/07

Fred Stern-6/23

Mary Wilkin—6/30 Teri Willis—6/20 Ric Wren—6/22 Janet Zurface—6/04



A Miracle-Ear Hearing Center representative will be coming to the Senior Center the 1st Wednesday of each month. If you need your hearing checked or your hearing aids adjusted, call 1-513-422-7809 to set up an appointment. If you have any questions, just call the Senior Center.



Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YYD 800-750-0750.

This institution is an equal opportunity provider.



## WELCOME NEW MEMBERS!



Congratulations to April/May winners!

Betty Yovich—\$4.25 Betty Yarger—\$7.75 Wilma Scanlon—\$8.00 Carole Nichols—\$8.00



Senior Center Board Report for April 2018

Meals: 483 meals were served to 78 attendees.

Transportation: 407 one way trips were provided to 38 participants.

ESP Medical: There were 17 units for 6 clients.

Adult Day Care: There were a total of 252 trips provided for 11 clients.

Home Meals: There were 2324 home meals delivered to 91 clients.

Supportive Services: There were 65.75 units for 21 clients.

<u>Socialization/Recreation</u>: There were 99.5 different activities and 132 clients attending.

Homemaking Services: 1021.75 ESP units; 57 Clinton Maid hours

<u>Total transportation miles</u>: We traveled 5,670 miles transporting clients.

<u>Total miles delivering meals</u>: We traveled 3,234 miles delivering meals.

- \*Wilmington Nursing & Rehab for May 16 Lunch
- \*Ohio Living for May birthday cake
- \*Medigold for Birthday Bingo

\*The Laurels of Blanchester for birthday raffle gift and bingo gift

\*Ohio Living Cape May "Armchair Theatre Troupe" for entertaining at the Mother Daughter Tea



REMINDER... COFFEE, TEA AND LEMONADE ARE 25

CENTS PER CUP



#### **Daniel Art**

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#### CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street

Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

**Terry Spurlock** 1403 Rombach Avenue Wilmington, OH 45177 **Phone:** 937-382-6100 **Mobile:** 937-603-5429 **We buy cars!** 

Seniors Need Help call 382-7170





#### TO ALL VETERANS-

THANK YOU FOR YOUR SERVICE! YOU ARE WHY WE ENJOY THE FREEDOMS WE HAVE TODAY!

#### Is Your Home cold and drafty in the winter, and hot and steamy in the summer months????

Call us for an application at 937-324-2971 or 937-382--0766. Stop in the office at 789 N. Nelson Road. Please don't miss this opportunity for a completely free service and let us help make you safe and comfy.

If you are income eligible, you can receive a free furnace inspection and possibly replacement if needed. All gas appliances will be tested and you may qualify for a new energy star rated refrigerator and deep freeze based upon testing performed by an inspector. Sidewall and attic insulation if needed will be installed. Air leakage testing and measures will be performed. This could include spray foam work, door weatherstripping and many other air reduction items. All FREE of cost to you and or your landlord.

## McBrayer Real Estate Company

WILMA M°BRAYER Broker, Owner

Business (937) 382-0809 ext. 14 Fax (937) 382-4548 Residence (937) 382-4548 Residence (937) 382-3407 Cell (937) 728-0809 E-mail wmcbrayer@cinci.rr.com 1107 Rombach Ave., Wilmington, OH 45177





#### STRAWBERRY FESTIVAL

Saturday, June 16, 2018

Chester Friends Church

3451 Gurneyville Road

4:00 p.m. to 8:00 p.m.

Boneless Grilled Pork Chops and Chicken, Hot Dogs, STOKES Strawberries, Homemade Pies, Cake and Ice Cream.

Entertainment: Back in Time Express Band with Dick Mitchener, Troy Villars, Tim Villars, Larry East, Don Pierson. Other entertainers: Don Moore, Dave Hutchinson, Joe Adams, Don Allen, Ray Haynes, Janet Smith, Casey Smith and Robyn McMillan.

Wagon Rides!

Bring Lawn Chairs -sit and enjoy!





#### IT'S THAT TIME OF YEAR AGAIN!!!!!

## OUR FIRST BANANA SPLIT PARTY WILL BE THURSDAY, JUNE 28 2:00 P.M. TO 3:00 P.M.

#### COST \$4

There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. Since several years have passed and we have additional members, we felt it would be a good idea to make all aware of this policy.

The following is the policy as it was published in the October 2009 Senior Informer: "The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated."

We want the Senior Center to continue to be an enjoyable place for all to attend.

#### BIRTHDAY OPEN HOUSES!!

#### Gerry Breckel is turning 95!

Sunday, June 10 2:30 to 4:30 Wilmington Church of Christ 909 W. Locust Street



Dee Bullock is turning 80! Sunday, June 3 2:00 to 4:00 Wilmington Savings Bank Clinton Co. Senior Center

717 N. Nelson Avenue

#### FOR YOUR INFORMATION:

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM

Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963

Carol Weber-466 Macedonia Road, Blanchester, OH 45107

Karen Buckley, Esq.-Buckley, Miller, Wright & Raizk, 145 N. South St., Wilmington, OH Phone—937-382-0946

Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-382-4367

Rev. Tom Stephenson, First Christian Church of Disciples, 120 Columbus St., Wilmington, OH Phone—937-382-2251

Duane Weyand, Chief of Police, City of Wilmington, 69 N. South St., Wilmington, OH Phone—937-382-3822

Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273

Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524

You can also contact your county commissioners at 382-2103.

Members of the Senior Advisory Board are:

Bob Thomas Sid Clay

Larry Cordrey

Barb Davis Carole Erdman Margie Pierson

D Bullock

Carole France

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

## **Recycling Program**

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread

the word to your friends and family, they can place their items in the dumpster too!



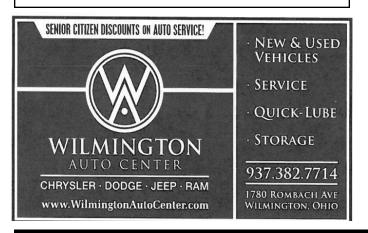


820 E. Center Street \* Blanchester, OH 45107 937-783-4949 \* fax 937-783-5820 Www.continentalmanornrc.com



GANO LAW OFFICES JUDY A. GANO 169 NORTH SOUTH STREET WILMINGTON, OHIO 45177

## (937) 382-3320



#### This Was the Year...1993

U. S. President & Vice President: Bill Clinton & Al Gore

**Time Magazine Person of the Year**: Peacemakers: Nelson Mandela, Yasser Arafat, Frederik de Klerk, Yitzhak Rabin

#### National and World News:

\*Terrorists attacked the World Trade Center in New York City.

\*Puerto Rican citizens decided to remain a U.S. commonwealth.

\*A severe blizzard struck the eastern U.S., bringing record snowfall and other severe weather from Cuba to Quebec.

\*The Bureau of Alcohol, Tobacco and Firearms conducted a 51-day raid on the Branch Davidian compound near Waco, TX.

\*The House of Representatives passed the North American Free Trade Agreement (NAFTA).

\*President Clinton signed the Brady Bill which mandated federal background checks on firearm purchasers and imposed a five-day waiting period on purchases.

#### Cost of Living:

New House-\$113,194	Harvard Tuition-\$23,514 year
Average Income-\$23,133	Movie Ticket-\$4.14
New Car-\$12,750	Postage Stamp-29 cents
Average Rent-\$532 per month	Gasoline-\$1.16 per gallon
Cost of Food:	
Sugar-\$1.25 for 5 lbs.	Eggs-86 cents dozen
Coffee-\$4.05 per lb.	Bacon-\$1.94 per lb.
Hamburger-\$1.36 per lb.	Milk-\$2.27 per gallon

Technology News

\*Microsoft Office 4.0 was released by Microsoft.

\*Intel released the Pentium Processor.

#### **Popular Movies**

Schindler's List (Academy Award Winner); Jurassic Park; Grumpy Old Men; The Fugitive; Groundhog Day; Mrs. Doubtfire; Sleepless in Seattle; The Pelican Brief; Indecent Proposal

#### Quotes

- "Got Milk?"-California Milk Processor Board
- "The truth is out there."- X-Files



## Seniors Need Help call 382-7170

### **ACTIVITY SCHEDULE FOR JUNE 2018**

<b>MONDAY</b>	8:00 am—Early Bird	WEDNESDAY	(CONTINUED)
	8:30 am—Chair Yoga		12:15 pm—Sewing
	8:45 am—Silver Sneakers		12:15 pm—Rook
	9:00 am—Walk Club		1:30 pm—Senior Stretch
	9:00 am—Pool		
	10:00 am—Corn Toss		
	12:15 pm—Bingo		
	12:15 pm—Mexican Train Dominos	THURSDAY	8:00 am—Early Bird
	12:15 pm—Rook		9:00 am—Flexibility & Balance
			9:00 am—Pinochle
TUESDAY	8:00 am—Early Bird		10:00 pm—Exercise
	9:00 am—Flexibility & Balance		12:15 pm—Chair Volleyball
	10:00 am—Exercise		12:15 pm—Mexican Train Dominoes
	12:15 pm—Crafts		
	12:15 pm—Euchre		
	12:15 pm—Mexican Train Dominos	FRIDAY	8:00 am—Early Bird
	3:00 pm—Line Dancing		8:45 am—Silver Sneakers
	7:00 pm—Square Dancing		9:00 am—Pool
			9:00 am—Walk Club
WEDNESDAY	8:00 am—Early Bird		9:30 am—Bridge
	8:45 am—Silver Sneakers		12:15 pm—Mexican Train Dominoes
	9:00 am—Pool		12:15 pm—Sewing
	10:00 am—Corn Toss		
	12:15 pm—Mexican Train Dominos		
	<u>UPCOMIN</u>	<u>G EVENTS</u>	

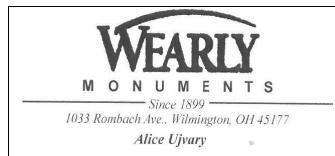
Sunday, June 3—Open House for Dee Bullock's "80th" Birthday—2:00 to 4:00 Thursday, June 7—10th Annual Senior Awareness Fair from 1:00 p.m. to 3:00 p.m. Vendors, Presentations, Food and Door Prizes. Sunday, June 10-Open House for Gerry Breckel's "95th" Birthday-2:30 to 4:30. Held at Wilmington Church of Christ, 909 W. Locust Street. Wednesday, June 13-Speaker from Ohio Extension Office at 11:30 a.m. Friday, June 15-Birthday Dinner. We celebrate all June birthdays. Bingo after lunch sponsored by Medi-Gold. Saturday, June 16-Strawberry Festival at Chester Friends, 3451 Gurneyville Road from 4:00 p.m.to 8:00 p.m. Food, Entertainment and Wagon Rides Tuesday, June 19—Advisory Board Meeting at 10:00 a.m. Wednesday, June 20-Lunch sponsored by Wilmington Nursing and Rehab at 12:00 noon. Speaker from Ohio Attorney General's office at 11:30 a.m. Thursday, June 28—Banana Splits from 2:00 p.m. to 3:00 p.m. Cost \$3 Wednesday, July 4—Closed in observance of Independence Day Saturday, July 7-4th Annual Cruise In

Ala Carte	Mon	Tue	Wed	Thu	Fri	
<u>Mondays</u> Ham & Beans Cornbread					l Chicken Potato Cas- serole Broccoli Wheat Bread Peaches	
<u>Tuesdays</u> Grilled Cheese BLTs	4 Spaghetti & Meatballs Italian Vegetables Spinach Wheat Bread Peaches	5 Swiss Steak O'Brien Potatoes Wheat Bread Mandarin Oranges	6 Summer Salad Saltine Crackers Apple Juice Animal Crackers	7 Broccoli Cheddar Chicken w Rice Oregon Vegetables Corn Wheat Bread	8 Roast Turkey Mashed Potatoes Vegetable Medley Wheat Bread Juice & Grahams	
Wednesdays Chef Salad	11 Grilled Chicken Potato Wedges Cheesy Broccoli Bun Applesauce	12 Smoked Sausage w/ Sauerkraut Mashed Potatoes Green Beans Fruit Cocktail	13 Salisbury Steak Sweet Potatoes Mixed Vegetables Wheat Bread Peaches	14 American Pasta Salad Saltine Crackers Orange Juice	15 Hamburger on Bun Baked Beans Broccoli Birthday Cake	
<u>Thursdays</u> Fish & Chips Grilled Cheese Grilled Ham & Cheese	18 Cheese Lasagna Peas & Carrots Carrot Coins Apple Juice Animal Crackers	19 Roast Turkey Herb Dressing Broccoli/Cauliflower Wheat Bread Applesauce	20 Lunch with Wilming- ton Nursing & Rehab at 12:00 noon	21 Meatloaf Mashed Potatoes Diced Carrots Wheat Bread Fruit Cocktail	22 Ham Sandwich Creamy Veg. Soup Potato Salad Coleslaw Peaches	
<u>Fridays</u> Grilled Cheese	25 BBQ Beef on Bun Peas & Onions Coleslaw Peach Cobbler	26 Beef & Brown Rice Broccoli Diced Carrots Wheat Bread Pears	27 Country Fried Steak Potato Wedges Green Beans Dinner Roll Juice & Cake	28 Roast Beef Sandwich Tomato Soup 3 Bean Salad Potato Salad Mandarin Oranges	29 Turkey Tetrazzini Brussel Sprouts Baked Cinnamon Ap- ples Dinner Roll	

## NO ALA CARTE AVAILABLE: 6/6; 6/7; 6/15; 6/20

Return Address Wilmington Savings Bank— Clinton County Senior Center 717 North Nelson Ave., P. O. Box 32 Wilmington, Ohio 45177

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OFFICE: (937) 382-6214 \* (800) 262-2249 \* FAX: (937) 382-6214



## **CLINTON MAID SERVICE**

**Clinton County Community Action** 

717 N. Nelson Ave. Wilmington

**Bogged down with house work?** We can help short-term or long term. We even have giftcertificates. Our Homemakers are background checked, bonded and insured.

CALL US TODAY 937-655-2164

# Seniors Need Help call 382-7170