



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.  
SENIOR OPERATIONS  
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER  
*This institution is an equal opportunity provider and employer*

# THE SENIOR INFORMER

## DP & L SMART ENERGY PROGRAM ACCEPTING APPLICATIONS

### Clinton County Community Action Programs, Inc.

Hours Of Operation  
M-F 8:00 am - 4:30 pm

### SENIOR OPERATIONS

937-382-7170  
937-382-1848

### SENIOR SERVICES CENTER

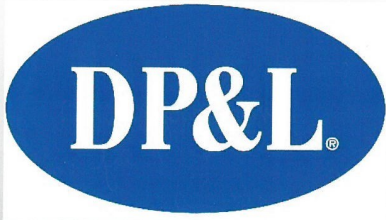
Stella Cramer,  
Senior Center Director  
655-2156

Brian Garber, Site Coordinator  
655-2165

Cindy Fitch, Supportive  
Services  
655-2151

Sherry Bowling, Homemaker  
Supervisor  
655-2164

Pam George, LPN  
Case Management  
655-2163



FREE TO ELIGIBLE CUSTOMERS!!!!!!

CLINTON COUNTY COMMUNITY ACTION PROGRAM IS PROUD TO ANNOUNCE THAT THE DP&L SMART ENERGY PROGRAM IS NOW ACCEPTING APPLICATIONS FOR INCOME ELIGIBLE CLIENTS. THIS INCLUDES FREE FURNACE INSPECTION ALONG WITH SAFETY TESTING OF ALL GAS APPLIANCES AND POSSIBLE REFRIGERATOR AND OR FREEZER REPLACEMENT AFTER METERING TEST FOR HIGH USAGE.

INCOME GUIDELINES	HOUSEHOLD SIZE	
•	1	\$24120.00
•	2	\$32480.00
•	3	\$40840.00
•	4	\$49200.00
•	5	\$57560.00
•	6	\$65920.00
•	7	\$74280.00
•	8	\$82640.00

APPLICATIONS AVAILABLE AT FRONT DESK OF CLINTON COUNTY COMMUNITY ACTION, OR CALL 937-324-2971 TO HAVE AN APPLICATION MAILED TO YOUR ADDRESS



# Happy Birthday!!



### Walk Club Update!

March miles—328.25 miles  
 Charlotte Bland—150 miles  
 Judi Clay—103.25 miles  
 Carole Erdman—75 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.



Susan Bradshaw—5/16  
 Aleta Brown—5/06  
 Evelyn Brown—5/26  
 Gerald Burton—5/23  
 Robert Caldwell—5/26  
 Richard Caplinger—5/09  
 Beverly Carpenter—5/18  
 Melanie Corwin—5/22  
 Susan Delaney—5/20  
 Jack Earley—5/10  
 Sandra Fisher—5/17  
 Nancy Fowler—5/30  
 Alice Goldsberry—5/17  
 Joyce Graesser—5/26  
 Robert Green—5/08  
 Kathy Harker—5/08  
 Goldie Howard—5/03  
 Bobbie Howard—5/31  
 Barbara Kelly—5/07  
 Joyce Kozopas—5/05  
 Charlotte Lawrence—5/20  
 Mary E. Murphy—5/12

Joan Noel—5/21  
 Judi Pohlmeier—5/09  
 Gene Powers—5/20  
 Sally Reese—5/17  
 Glenna Samsel—5/31  
 Wilma Scanlon—5/25  
 Norma Sherod—5/09  
 Anne Smethwick—5/01  
 Paul Vaughn—5/11  
 Diania Wiget—5/26

Belated Birthday—  
 Valarie Rose—4/23



Friday, May 25 at 11:30 a.m. we will be replacing the flag at the Center. Weather Permitting.

A Miracle-Ear Hearing Center representative will be coming to the Senior Center the 1st Wednesday of each month. If you need your hearing checked or your hearing aids adjusted, call 1-513-422-7809 to set up an appointment. If you have any questions, just call the Senior Center.

**LINE DANCE CLASS CHANGE**  
 Line Dance class has been changed to Tuesdays from 3:00 p.m. to 4:00 p.m.

Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



This institution is an equal opportunity provider.



### Congratulations to March/April winners!

Shirley Massie—\$6.25  
 Ginger LaDuke—\$8.25  
 Betty Yovich—\$5.50  
 Brenda Davis—\$5.45



### WELCOME NEW MEMBERS!

Mae Hansford  
 Mary Smalley  
 Ric Wren  
 Carla Wren  
 Noel VanPelt  
 Betty Lewis  
 Peggy Bennett  
 Carol Thomas  
 Janet Adams



### Senior Center Board Report for March 2018

Meals: 483 meals were served to 78 attendees.  
Transportation: 407 one way trips were provided to 38 participants.  
ESP Medical: There were 17 units for 6 clients.  
Adult Day Care: There were a total of 252 trips provided for 11 clients.  
Home Meals: There were 2324 home meals delivered to 91 clients.  
Supportive Services: There were 65.75 units for 21 clients.  
Socialization/Recreation: There were 99.5 different activities and 132 clients attending.  
Homemaking Services: 1021.75 ESP units; 57 Clinton Maid hours  
Total transportation miles: We traveled 5,670 miles transporting clients.  
Total miles delivering meals: We traveled 3,234 miles delivering meals.

Many Thanks to:

- \*Wilmington Nursing & Rehab for April 18 Lunch
- \*Ohio Living for April birthday cake and Dayton Dragons ticket raffle
- \*Medigold for Birthday Bingo
- \*The Laurels of Blanchester for birthday raffle gift and bingo gift
- \*Ohio Consumer Council for 'Consumer Protections' presentation
- \*Modern Woodmen for April 24 Lunch and presentation
- \*Kay Frances Brewer and the Roman's Road Bluegrass/Gospel Band for 'A Night of Music and Humor' Benefit



### Buckley, Miller, Wright & Raizk

Attorneys at Law  
 145 North South Street  
 Wilmington, Ohio 45177

[www.bmwlaw.net](http://www.bmwlaw.net) (937) 382-0946  
[bmwlaw@bmwlaw.net](mailto:bmwlaw@bmwlaw.net) Fax (937) 382-1361

### CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street  
 Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

**Terry Spurlock**  
 1403 Rombach Avenue  
 Wilmington, OH 45177

Phone: 937-382-6100  
 Mobile: 937-603-5429



TO ALL VETERANS—  
 THANK YOU FOR YOUR SERVICE! YOU ARE WHY WE ENJOY THE FREEDOMS WE HAVE TODAY!

### Is Your Home cold and drafty in the winter, and hot and steamy in the summer months????

Call us for an application at 937-324-2971 or 937-382--0766. Stop in the office at 789 N. Nelson Road. Please don't miss this opportunity for a completely free service and let us help make you safe and comfy.

If you are income eligible, you can receive a free furnace inspection and possibly replacement if needed. All gas appliances will be tested and you may qualify for a new energy star rated refrigerator and deep freeze based upon testing performed by an inspector. Sidewall and attic insulation if needed will be installed. Air leakage testing and measures will be performed. This could include spray foam work, door weatherstripping and many other air reduction items. All FREE of cost to you and or your landlord.



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 937-382-1659

[www.wilmingtonsavings.com](http://www.wilmingtonsavings.com)



**Seniors Need Help call 382-7170**



Attention Ladies—To celebrate Mother’s Day, please join us for a “Mother and Daughter Evening Tea” on Monday, May 14 at 6:00 p.m. This will be an evening of light refreshments and fun. Please make reservations by Friday, May 11. The Armchair Theatre group from Ohio Living Cape May will provide entertainment. Make plans to join us!



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**Mark Your Calendars for Thursday, June 7!!!!**

Our annual Senior Awareness Fair will be held on Thursday, June 7 from 1:00 p.m. to 3:00 p.m.

This will be the 10th year for the Awareness Fair. There will door prizes, food, information booths and presentations.



**FOR YOUR INFORMATION:**

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

**ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM**

Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963

Carol Weber-466 Macedonia Road, Blanchester, OH 45107

Karen Buckley, Esq.-Buckley, Miller, Wright & Raizk, 145 N. South St., Wilmington, OH Phone—937-382-0946

Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-382-4367

Rev. Tom Stephenson, First Christian Church of Disciples, 120 Columbus St., Wilmington, OH Phone—937-382-2251

Duane Weyand, Chief of Police, City of Wilmington, 69 N. South St., Wilmington, OH Phone—937-382-3822

Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273

Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524

You can also contact your county commissioners at 382-2103.

There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. Since several years have passed and we have additional members, we felt it would be a good idea to make all aware of this policy.

The following is the policy as it was published in the October 2009 Senior Informer: “The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated.”

We want the Senior Center to continue to be an enjoyable place for all to attend.

**VOLUNTEERS WANTED**

Clinton County Community Action Program is looking for volunteers to support its Head Start Program!!

Many Opportunities exist including:

Reading books to children; Helping in classrooms; Playground Maintenance; Cleaning; Kitchen Help; Leading Activities; Art Projects; Music Projects; Gross Motor Activities and many more opportunities are available!!

Please contact Zach Foster at [zacharyfoster@clintoncap.org](mailto:zacharyfoster@clintoncap.org) or Robin Crone at [robincrone@clintoncap.org](mailto:robincrone@clintoncap.org) to see how you can help.



Members of the Senior Advisory Board are:

- |               |                |
|---------------|----------------|
| Bob Thomas    | D Bullock      |
| Sid Clay      | Barb Davis     |
| Larry Cordrey | Carole Erdman  |
| Carole France | Margie Pierson |

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

### Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



### This Was the Year...1992

**U. S. President & Vice President:** George H. W. Bush & Dan Quayle

**Time Magazine Person of the Year:** Bill Clinton

**National and World News:**

- \*The U.S. and U.N. intervened to end famine and civil war in Somalia with Operation Restore Hope.
- \*The 25th Olympic Games opened in Barcelona, Spain.
- \*The Great Chicago Flood took place as the city's century-old tunnel system and adjacent basements filled with water from the Chicago River.
- \*Americans with Disabilities Act went into effect.
- \*Hurricane Andrew hit South Florida.
- \*Mall of America, the U.S.'s largest mall, opened in Bloomington, MN.

**Cost of Living:**

New House-\$122,500	Harvard Tuition-\$15,410 year
Average Income-\$22,935	Movie Ticket-\$4.25
New Car-\$16,950	Postage Stamp-29 cents
Average Rent-\$519 per month	Gasoline-\$1.05 per gallon

**Cost of Food:**

Sugar-\$1.20 for 5 lbs.	Eggs-85 cents dozen
Coffee-\$4.20 per lb.	Bacon-\$1.92 per lb.
Hamburger-\$1.28 per lb.	Milk-\$2.80 per gallon



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**Wilmington Nursing &  
Rehabilitation Center**

75 Hale Street  
Wilmington, OH 45177

Phone: (937) 382-1621  
Fax: (937) 383-1215

**Seniors Need Help call 382-7170**

## ACTIVITY SCHEDULE FOR MAY 2018

### MONDAY

8:00 am—Early Bird  
8:30 am—Chair Yoga  
8:45 am—Silver Sneakers  
9:00 am—Walk Club  
9:00 am—Pool  
10:00 am—Corn Toss  
12:15 pm—Bingo  
12:15 pm—Mexican Train Dominos  
12:15 pm—Rook

### TUESDAY

8:00 am—Early Bird  
9:00 am—Flexibility & Balance  
10:00 am—Exercise  
12:15 pm—Crafts  
12:15 pm—Euchre  
12:15 pm—Mexican Train Dominos  
3:00 pm—Line Dancing  
7:00 pm—Square Dancing

### WEDNESDAY

8:00 am—Early Bird  
8:45 am—Silver Sneakers  
9:00 am—Pool  
10:00 am—Corn Toss  
12:15 pm—Mexican Train Dominos

### WEDNESDAY (CONTINUED)

12:15 pm—Sewing  
12:15 pm—Rook  
1:30 pm—Senior Stretch

### THURSDAY

8:00 am—Early Bird  
9:00 am—Flexibility & Balance  
9:00 am—Pinochle  
10:00 pm—Exercise  
12:15 pm—Chair Volleyball  
12:15 pm—Mexican Train Dominoes

### FRIDAY

8:00 am—Early Bird  
8:45 am—Silver Sneakers  
9:00 am—Pool  
9:00 am—Walk Club  
9:30 am—Bridge  
12:15 pm—Mexican Train Dominoes  
12:15 pm—Sewing

## UPCOMING EVENTS

Tuesday, May 8—Advisory Board Meeting at 10:00 a.m.

Monday, May 14—Mother and Daughter Evening Tea at 6:00 p.m. Light refreshments and entertainment. Make reservations by Friday, May 11.

Wednesday, May 16—Lunch provided by Wilmington Nursing & Rehab at 12:00 noon

Friday, May 18—Birthday Dinner. We celebrate all May birthdays. Bingo sponsored by Medi-gold after lunch.

Thursday, May 24—Baked Cod Dinner at 5:00 p.m. Cost \$8—please purchase tickets in advance. Menu: Baked Cod, baked potato, green beans, roll and dessert.

Friday, May 25—Change flag at lunchtime. Memorial day celebration—bring dessert to share for lunch!

Monday, May 28—Closed in observance of Memorial Day.

Wednesday, May 30—Dinner Trip to O'Charley's. Leave at 3:30 p.m.

Thursday, June 7—10th Annual Senior Awareness Fair from 1:00 p.m. to 3:00 p.m.

<b>Ala Carte</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
<b>Mondays</b> Ham & Beans Cornbread		1 Roast Turkey Mashed Potatoes Vegetable Medley Wheat Bread Juice & Grahams	2 Spaghetti & Meatballs Italian Vegetables Spinach Wheat Bread Peaches	3 Beef & Noodles Green Beans Diced Carrots Juice & Animal Crackers	4 Broccoli Cheddar Chicken w/Rice Oregon Vegetables Corn Wheat Bread
<b>Tuesdays</b> Soup of the Day Grilled Cheese Hamburger	7 Hamburger on Bun Baked Beans Broccoli Pineapple	8 Smoked Sausage w/ Sauerkraut Mashed Potatoes Green Beans Rye Bread	9 American Pasta Salad w/Rotini Noodles Saltine Crackers Orange Juice	10 Grilled Chicken Potato Wedges Cheesy Broccoli Applesauce	11 Salisbury Steak Whipped Sweet Potatoes Mixed Vegetables Wheat Bread
<b>Wednesdays</b> Chef Salad	14 Meatloaf Mashed Potatoes Diced Carrots Wheat Bread Fruit Cocktail	15 Chili Spaghetti Vegetable Medley Saltine Crackers Pears	16 Lunch with Wilming- ton Nursing & Rehab at 12:00 noon	17 Roast Turkey Herb Dressing Broccoli/Cauliflower Wheat Bread Applesauce	18 Cheese Lasagna Peas & Onions Carrot Coins Birthday Cake
<b>Thursdays</b> Fish & Chips Grilled Cheese Grilled Ham & Cheese	21 Beef & Brown Rice Broccoli Diced Carrots Wheat Bread Pears	22 Turkey Tetrazzini Brussel Sprouts Cinnamon Apples Dinner Roll	23 Roast Beef Sandwich Tomato Soup 3 Bean Salad Potato Salad Fresh Orange	24 Country Fried Steak Potato Wedges Green Beans Dinner Roll Juice & Cake	25 BBQ Beef on Bun Peas & Onions Coleslaw Peach Cobbler
<b>Fridays</b> Soup of the Day Grilled Cheese	28 Closed in observance of Memorial Day	29 Pineapple Ham Sweet Potato Patties Peas Wheat Bread Mandarin Oranges	30 Chicken Tenders Brown Rice Scandinavian Veggies Wheat Bread Fruit Cocktail	31 Chicken Green Beans Beets Wheat Bread Pears	



**Return Address**

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Clinton County Senior Center  
717 North Nelson Ave., P. O. Box 32  
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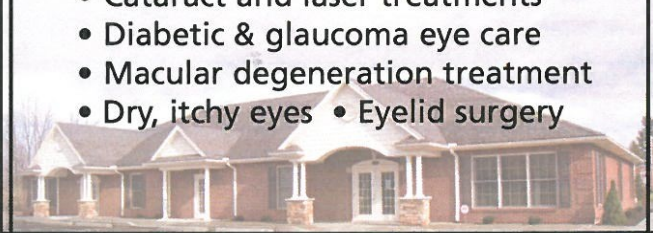


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