



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.  
SENIOR OPERATIONS  
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER  
*This institution is an equal opportunity provider and employer*

# THE SENIOR INFORMER

**Clinton County Community  
Action Programs, Inc.**

Hours Of Operation  
M-F 8:00 am - 4:30 pm

**SENIOR OPERATIONS**

937-382-7170  
937-382-1848

**SENIOR SERVICES  
CENTER**

Stella Cramer,  
Senior Center Director  
655-2156

Brian Garber, Site Coordinator  
655-2165

Cindy Fitch, Supportive  
Services  
655-2151

Sherry Bowling, Homemaker  
Supervisor  
655-2164

Pam George, LPN  
Case Management  
655-2163

**Saturday, April 21, 2018 @ 5:00 pm**  
Wilmington Savings Bank Clinton County  
Senior Center Presents

**A Night of Music and Humor**  
**Kay Frances Brewer**  
**and**  
**Roman's Road**  
**Bluegrass/Gospel Band**

**BENEFIT** **Tickets** **BENEFIT**  
**\$20**

Tickets include entry to the show and an Italian Buffet:  
Lasagna, Chicken Alfredo, Baked Ziti, Salad Bar, Bread Sticks,  
Dessert and Drink.

Tickets can be purchased in advance at the following locations:  
Wilmington Savings Bank Senior Center or West End Auto  
Sales or by mail to P.O. Box 32, Wilmington, OH 45177

For more information contact 937-382-8365



# Happy Birthday!!



### Walk Club Update!

February miles—281 miles  
 Charlotte Bland—140 miles  
 Judi Clay—89 miles  
 Carole Erdman—52 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.



James Abney—4/16  
 Carolyn Alexander—4/26  
 Carolyn Bauer—4/19  
 Shirley Blake—4/14  
 Dan Bowman—4/30  
 Shelia Bracht—4/28  
 Sharon Breckel—4/08  
 Betty Bridges—4/09  
 Charles Bush—4/04  
 Beverly Caldwell—4/02  
 Barry Campbell—4/07  
 Mildred Cook—4/17  
 Sue Dalton—4/22  
 Mary Downing—4/17  
 Dennis Earls—4/01  
 Donald Edwards—4/21  
 Nancy Ellis—4/01  
 Linda Graves—4/15  
 Joy Hall—4/27  
 Barbara Hamilton—4/04  
 Mary Eleanor Harris—4/08  
 Sue Harris—4/11

David Harris—4/27  
 Ruth Heeg—4/11  
 Ruth Kern—4/27  
 Gregory Kidwell—4/12  
 Paul Lewis—4/23  
 Deanne Lightner—4/03  
 Catherine Mahanes—4/17  
 Joycelyn Martin—4/23  
 Patricia McComas—4/08  
 Jeanne McDowell—4/27  
 Mark Newkirk—4/02  
 John O'Rourke—4/27  
 Eileen Parris—4/12  
 Reva Pendell—4/27  
 Nan Philp—4/29  
 Meda Pittser—4/06  
 Cindy Quigley—4/15  
 Doris Roberts—4/04  
 Matt Robinson—4/25  
 Mike Ropp—4/16  
 William Ross—4/25  
 Beverly Schaefer—4/18  
 Ruby Schramm—4/21

Helen Skogstrom—4/03  
 William Striblen—4/24  
 Pat Sweeney—4/28  
 William Temple—4/21  
 Linda Walls—4/09  
 Ann Williams—4/24  
 Martha Willis—4/11  
 Deborah Woodruff—4/06



Tuesday, April 10 at 11:30 a.m. we will be replacing the flag at the Center.



Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



This institution is an equal opportunity provider.



### Congratulations to February/March winners!

Linda Wallace—\$4.25  
 Marcella Rothwell—\$5.70  
 Ginny Jones Kelley—\$6.00  
 Ron McKee—\$8.50



### WELCOME NEW MEMBERS!

Cindy Bowman  
 Dan Bowman  
 Susan Bradshaw  
 Gerald Clint  
 Anna Cline  
 Clifford Pfaehler  
 Ruth Carroll  
 Kathy Carroll  
 Pauline Unger  
 Teresa Luman



### Senior Center Board Report for February 2018

Meals: 409 meals were served to 81 attendees.  
Transportation: 297 one way trips were provided to 34 participants.  
ESP Medical: There were 20 units for 4 clients.  
Adult Day Care: There were a total of 158 trips provided for 9 clients.  
Home Meals: There were 2079 home meals delivered to 89 clients.  
Supportive Services: There were 61.5 units for 22 clients.  
Socialization/Recreation: There were 79.5 different activities and 132 clients attending.  
Homemaking Services: 965.5 units for 151 clients.  
Total transportation miles: We traveled 5,670 miles transporting clients.  
Total miles delivering meals: We traveled 3,234 miles delivering meals.

Many Thanks to:

- \*Wilmington Nursing & Rehab for March 21 Lunch
- \*Ohio Living for March birthday cake

*Thanks!*

A Miracle-Ear Hearing Center representative will be coming to the Senior Center the 1st Wednesday of each month. If you need your hearing checked or your hearing aids adjusted, call 1-513-422-7809 to set up an appointment. If you have any questions, just call the Senior Center.

### Buckley, Miller, Wright & Raizk

Attorneys at Law  
145 North South Street  
Wilmington, Ohio 45177

[www.bmwlaw.net](http://www.bmwlaw.net) (937) 382-0946  
[bmwlaw@bmwlaw.net](mailto:bmwlaw@bmwlaw.net) Fax (937) 382-1361

### CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street  
Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

**Terry Spurlock**  
1403 Rombach Avenue  
Wilmington, OH 45177

Phone: 937-382-6100  
Mobile: 937-603-5429

**West End**  
  
Auto Sales & Service



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THANK YOU FOR YOUR SERVICE! YOU ARE WHY WE ENJOY THE FREEDOMS WE HAVE TODAY!

### Is Your Home cold and drafty in the winter, and hot and steamy in the summer months????

Call us for an application at 937-324-2971 or 937-382--0766. Stop in the office at 789 N. Nelson Road. Please don't miss this opportunity for a completely free service and let us help make you safe and comfy.

If you are income eligible, you can receive a free furnace inspection and possibly replacement if needed. All gas appliances will be tested and you may qualify for a new energy star rated refrigerator and deep freeze based upon testing performed by an inspector. Sidewall and attic insulation if needed will be installed. Air leakage testing and measures will be performed. This could include spray foam work, door weatherstripping and many other air reduction items. All FREE of cost to you and or your landlord.



**WILMA M<sup>o</sup>BRAVER**  
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E-mail [wmcbrayer@cinci.rr.com](mailto:wmcbrayer@cinci.rr.com)

1107 Rombach Ave., Wilmington, OH 45177



184 N. South Street • Wilmington, Ohio 45177  
937-382-1659

[www.wilmingtonsavings.com](http://www.wilmingtonsavings.com)



**Seniors Need Help call 382-7170**

Effective Immediately....

The side door of the Senior Center will be locked each day after 2:00 p.m. Please enter the building through the Front Lobby. Sorry for any inconvenience this may cause.

**VOLUNTEERS WANTED**

Clinton County Community Action Program is looking for volunteers to support its Head Start Program!!



Many Opportunities exist including:

Reading books to children; Helping in classrooms; Playground Maintenance; Cleaning; Kitchen Help; Leading Activities; Art Projects; Music Projects; Gross Motor Activities and many more opportunities are available!!

Please contact Zach Foster at zacharyfoster@clintoncap.org or Robin Crone at robincrone@clintoncap.org to see how you can help.



Trip to Ark Encounter & Lexington, KY. Dates of trip are May 14-May 16. The 3 Day/2 Night package includes: 2 night accommodations, 2 breakfasts at your hotel & 2 dinner including a fabulous Dinner Cruise aboard the Belle of Louisville. The Ark Encounter features a full-size Noah's Ark, built according to the dimensions given in the Bible. Visit the Kentucky Horse Park & International Museum of the Horse. Also a visit to Museum Row in Downtown Louisville is included. Cost for the trip is \$399 per person based on double occupancy. For information and/or reservations call the Center. Full payment must be made by April 9.

Trip to Krohn's Conservatory on Monday, April 30 to see the "Butterflies of Madagascar". Leave the Center at 9:30 a.m. Cost \$12 which includes admission and transportation. Will stop on return trip for lunch. Space is limited.



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**FOR YOUR INFORMATION:**

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

**ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM**

Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963

Carol Weber-466 Macedonia Road, Blanchester, OH 45107

Karen Buckley, Esq.-Buckley, Miller, Wright & Raizk, 145 N. South St., Wilmington, OH Phone—937-382-0946

Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-382-4367

Rev. Tom Stephenson, First Christian Church of Disciples, 120 Columbus St., Wilmington, OH Phone—937-382-2251

Duane Weyand, Chief of Police, City of Wilmington, 69 N. South St., Wilmington, OH Phone—937-382-3822

Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273

Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524

You can also contact your county commissioners at 382-2103.

**Members of the Senior Advisory Board are:**

- |               |                |
|---------------|----------------|
| Bob Thomas    | D Bullock      |
| Sid Clay      | Barb Davis     |
| Larry Cordrey | Carole Erdman  |
| Carole France | Margie Pierson |

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

## Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. Since several years have passed and we have additional members, we felt it would be a good idea to make all aware of this policy.

The following is the policy as it was published in the October 2009 Senior Informer: "The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated."

We want the Senior Center to continue to be an enjoyable place for all to attend.

### GANO LAW OFFICES

JUDY A. GANO

169 NORTH SOUTH STREET

WILMINGTON, OHIO 45177

(937) 382-3320

## This Was the Year...1991

**U. S. President & Vice President:** George H. W. Bush & Dan Quayle

**Time Magazine Person of the Year:** Ted Turner

### National and World News:

- \*Clarence Thomas was the first African American to be confirmed to the Supreme Court
- \*A cyclone in Bangladesh killed 200,000
- \*Fires in the hills of Oakland, CA burned thousands of homes and killed 25
- \*India's prime minister, Rajiv Gandhi, was assassinated
- \*The Dead Sea Scrolls were unveiled
- \*Canada introduced the Canadian Goods and Services Tax (GST)

### Cost of Living:

New House-\$120,000	Harvard Tuition-\$14,450 year
Average Income-\$21,811	Movie Ticket-\$4.25
New Car-\$16,850	Postage Stamp-25 cents
Average Rent-\$495 per month	Gasoline-\$1.12 per gallon

### Cost of Food:

Sugar-\$1.20 for 5 lbs.	Eggs-85 cents dozen
Coffee-\$4.69 per lb.	Bacon-58 cents per lb.
Hamburger-\$1.35 per lb.	Milk-\$2.80 per gallon

### Technology News:

- \*Microsoft released MS-DOS 5.0
- \*Cell phone lithium batteries were recalled in Japan after a phone exploded and burned a man's face
- \*The cybercafé opened in San Francisco
- \*The Internet became available for everyone to use

### Popular Movies:

*Silence of the Lambs* (Academy Award winner); *Terminator 2: Judgment Day*; *The Addams Family*; *Sleeping with the Enemy*; *JFK*; *Fried Green Tomatoes*; *Thelma & Louise*; *Bugsy*; *Cape Fear*

### Quotes:

"The few, the proud, the Marines."—U.S. Marines' ad; "The quicker, pick-upper."—Bounty paper towels; "Hasta la vista, baby!"—*Terminator 2: Judgment Day*

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WILMINGTON, OHIO



Wilmington Nursing &  
Rehabilitation Center

75 Hale Street  
Wilmington, OH 45177

Phone: (937) 382-1621  
Fax: (937) 383-1215

**Seniors Need Help call 382-7170**

## ACTIVITY SCHEDULE FOR APRIL 2018

### MONDAY

8:00 am—Early Bird  
8:30 am—Chair Yoga  
8:45 am—Silver Sneakers  
9:00 am—Walk Club  
9:00 am—Pool  
10:00 am—Corn Toss  
12:15 pm—Bingo  
12:15 pm—Mexican Train Dominos  
12:15 pm—Rook

### TUESDAY

8:00 am—Early Bird  
9:00 am—Flexibility & Balance  
10:00 am—Exercise  
12:15 pm—Crafts  
12:15 pm—Euchre  
12:15 pm—Mexican Train Dominos  
7:00 pm—Square Dancing

### WEDNESDAY

8:00 am—Early Bird  
8:45 am—Silver Sneakers  
9:00 am—Pool  
10:00 am—Corn Toss  
12:15 pm—Mexican Train Dominos

### WEDNESDAY (CONTINUED)

12:15 pm—Sewing  
12:15 pm—Rook  
1:30 pm—Senior Stretch  
3:00 pm—Line Dancing

### THURSDAY

8:00 am—Early Bird  
9:00 am—Flexibility & Balance  
9:00 am—Pinochle  
10:00 pm—Exercise  
12:15 pm—Chair Volleyball  
12:15 pm—Mexican Train Dominoes

### FRIDAY

8:00 am—Early Bird  
8:45 am—Silver Sneakers  
9:00 am—Pool  
9:00 am—Walk Club  
9:30 am—Bridge  
12:15 pm—Mexican Train Dominoes  
12:15 pm—Sewing

## UPCOMING EVENTS

Wednesday, April 4—Medigold will have an information station at 9:30 a.m.

Tuesday, April 10—Advisory Board Meeting at 10:00 a.m.

Saturday, April 14—Spring Breakfast 8:00 a.m. to 10:00 a.m. \$5 for Choice of: Waffle and Sausage; Biscuits and Sausage Gravy; Eggs (made to order), Sausage and Biscuit.

Wednesday, April 18—Lunch sponsored by Wilmington Nursing and Rehab at 12:00 noon. Program by Ohio Consumer Council on “Consumers Protection”.

Friday, April 20—Birthday Dinner. We celebrate all April birthdays. MediGold will be sponsoring Bingo after lunch.

Saturday, April 21—A Night of Music and Humor featuring Kay Frances Brewer and Roman’s Road Bluegrass/Gospel Band. Tickets \$20—includes show and an Italian Buffet.

Monday, April 23—Annual Volunteer Recognition at 5:00 p.m.

Tuesday, April 24—Lunch sponsored by Modern Woodman at 12:00 noon. Program “Legacy of Love”

Wednesday, April 25—Pie Wednesday. Choice of Cherry or Peach for \$1.50 slice

Wednesday, April 25—Dinner Trip to Butterbee’s in Mt. Orab.

Monday, April 30—Trip to Krohn’s Conservatory for Butterfly Show. Leave Center at 9:30 a.m. Cost \$12 -- includes transportation and admission.

	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
<i>Mondays</i>					
<i>Ham &amp; Beans Cornbread</i>	2 Smoked Sausage w/ Sauerkraut Mashed Potatoes Green Beans Fruit Cocktail	3 Salisbury Steak Whipped Sweet Potatoes Mixed Vegetables Peaches	4 Hamburger on Bun Tomato Soup Baked Beans Broccoli Pineapple	5 Italian Chicken Spaghetti Italian Vegetables Peas Juice & Cake	6 Grilled Chicken Potato Wedges Broccoli Applesauce
<i>Tuesdays</i>					
<i>Soup of the Day Grilled Cheese Hamburger</i>	9 Chili Spaghetti Vegetable Medley Saltine Crackers Pears	10 Chicken Stew Mixed Vegetables Cornbread Mandarin Oranges	11 Meatloaf Mashed Potatoes Carrots Wheat Bread Fruit Cocktail	12 Cheese Lasagna Peas & Onions Carrot Coins Juice & Cookie	13 Roast Turkey Herb Dressing Broccoli/Cauliflower Wheat Bread Applesauce
<i>Wednesdays</i>					
<i>Chef Salad</i>	16 Beef & Brown Rice Broccoli Diced Carrots Wheat Bread Pears	17 Beef Stew Green Beans Cornbread Pineapple	18 Lunch sponsored by Wilmington Nursing & Rehab at 12:00 noon	19 BBQ Beef on Bun Creamy Veg. Soup Peas & Onions Potato Wedges Peaches	20 Grilled Chicken Potato Wedges Green Beans Dinner Roll Birthday Cake
<i>Thursdays</i>					
<i>Fish &amp; Chips Grilled Cheese Grilled Ham &amp; Cheese</i>	23 Chicken Tenders Brown Rice Scandinavian Veggies. Wheat Bread Fruit Cocktail	24 Lunch sponsored by Modern Woodman at 12:00 noon	25 Chicken & Potato Casserole Broccoli Wheat Bread Peaches	26 Pork Cutlet Green Beans Beets Wheat Bread Pineapple	27 Cabbage Roll Peas & Onions Yellow Squash White Bread Juice & Grahams
<i>Fridays</i>					
<i>Soup of the Day Grilled Cheese</i>	30 Swiss Steak Stewed Tomatoes O'Brien Potatoes Wheat Bread Pears				

**Return Address**

**Wilmington Savings Bank—  
Clinton County Senior Center  
717 North Nelson Ave., P. O. Box 32  
Wilmington, Ohio 45177**

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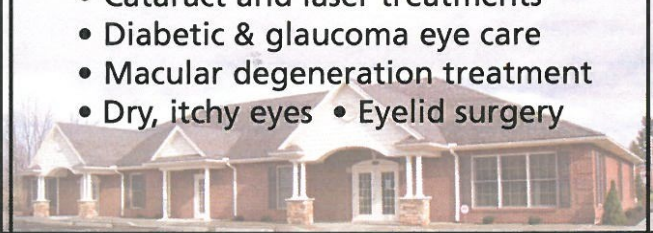


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