



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
SENIOR OPERATIONS
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

**Clinton County Community
Action Programs, Inc.**

Hours Of Operation
M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170
937-382-1848

**SENIOR SERVICES
CENTER**

Stella Cramer,
Senior Center Director
655-2156

Brian Garber, Site Coordinator
655-2165

Cindy Fitch, Supportive
Services
655-2151

Sherry Bowling, Homemaker
Supervisor
655-2164

Pam George, LPN
Case Management
655-2163



ST. PATRICK'S DAY LUNCH

THURSDAY, MARCH 15TH

Bagged Lunch to Include: Homemade Rubeen Sandwich,
Chips, Pickle Spear, Dessert and Drink plus a
St. Patrick's Surprise

Cost: \$10

Available from 11:00—1:00

Can be delivered to your business or eat-in at the
Wilmington Savings Bank Clinton County Senior Center at
717 N. Nelson Avenue, Wilmington.

To pre-order please call 382-7170 by March 9th. (You can
begin pre-ordering now)

All proceeds to benefit the Clinton County Senior Center





Happy Birthday!!



Walk Club Update!

January miles—296.5 miles
 Charlotte Bland—146 miles
 Judi Clay—100.25 miles
 Carole Erdman—50.25 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.



Tom Baedyananda—3/20	Peggy Kieffer—3/13
Sid Bagford—3/14	Ed Kienle—3/21
Rich Baker—3/07	Barbara Little—3/01
John Benjamin—3/12	Margaret Maynard—3/27
Nancy Bernard—3/11	Nancy McKee—3/28
Carlynn Breakfield—3/12	Patricia Midgely—3/20
Sue Caplinger—3/14	Judith Mills—3/26
Judi Clay—3/14	Linda Moore—3/30
Donna Clevenger—3/27	Shirley Noes—3/11
Bob Cochran—3/15	Rosita Noes—3/21
Sara Conley—3/25	Eileen Ostermeier—3/08
George Cordy—3/08	Nancy Piatt—3/21
Kimberly Ertel—3/18	Rebecca Powell—3/01
Clifford Fahrer—3/25	Connie Pyle—3/04
John Galliett—3/27	Richard Schaefer—3/04
Rose Georges—3/01	David Simonson—3/11
Lynn Goley—3/31	Sandy Souder—3/07
Jackie Gray—3/29	Tom South—3/15
Ronald Gregory—3/27	Wayne Sprouse—3/20
Dean Hall—3/18	Judith Stortz—3/18
Phyllis Hillsamer—3/05	Cathie Streator—3/07
Del Jackson—3/15	Bill Wiget—3/30
Susan Kempner—3/05	C Sherry Williams—3/05
	Joan Williams—3/23

Jerri Wingo—3/02
 Belated—
 Doris Florea—2/25



Got a couple hours to spare? We are looking for additional people for receptionist. The following times are available: Tuesdays after 1 p.m.; Wednesdays after 12:00 noon; Thursdays time will vary; and Fridays after 12:00 noon. Just call the Center if you would like to volunteer.



Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



This institution is an equal opportunity provider.



Congratulations to February winners!

Marlene Valentine—\$4.30
 Ray Baker—\$2.72
 Dave Ostermeier—\$4.75



WELCOME NEW MEMBERS!

Janet Burnett
 DeAnne Lightner
 Yvonner Williams
 Dorothy Weiford
 Sue Powell
 Donna Williams
 Melanie Corwin
 Jeff Slone
 Daniel Smart
 Melanie Morgan
 Leonora Brown



Senior Center Board Report for January 2018

Meals: 408 meals were served to 69 attendees.
Transportation: 329 one way trips were provided to 29 participants.
ESP Medical: There were 14 units for 5 clients.
Adult Day Care: There were a total of 155 trips provided for 10 clients.
Home Meals: There were 2384 home meals delivered to 91 clients.
Supportive Services: There were 66.25 units for 26 clients.
Socialization/Recreation: There were 65 different activities and 130 clients attending.
Homemaking Services: 965.5 units for 151 clients.
Total transportation miles: We traveled 5,670 miles transporting clients.
Total miles delivering meals: We traveled 3,234 miles delivering meals.

Many Thanks to:

- *Wilmington Nursing & Rehab for February 21 Lunch
- *Ohio Living for February birthday cake
- *Clinton County Health Department for blood pressure clinic
- *MediGold for Birthday Bingo

Thanks!

A Miracle-Ear Hearing Center representative will be coming to the Senior Center the 1st Wednesday of each month. If you need your hearing checked or your hearing aids adjusted, call 1-513-422-7809 to set up an appointment. If you have any questions, just call the Senior Center.

Buckley, Miller, Wright & Raizk

Attorneys at Law
145 North South Street
Wilmington, Ohio 45177

www.bmwlaw.net (937) 382-0946
bmwlaw@bmwlaw.net Fax (937) 382-1361

CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street
Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

Terry Spurlock
1403 Rombach Avenue
Wilmington, OH 45177

Phone: 937-382-6100
Mobile: 937-603-5429

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If you are income eligible, you can receive a free furnace inspection and possibly replacement if needed. All gas appliances will be tested and you may qualify for a new energy star rated refrigerator and deep freeze based upon testing performed by an inspector. Sidewall and attic insulation if needed will be installed. Air leakage testing and measures will be performed. This could include spray foam work, door weatherstripping and many other air reduction items. All FREE of cost to you and or your landlord.



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937-382-1659

www.wilmingtonsavings.com



Seniors Need Help call 382-7170

Effective Immediately....

The side door of the Senior Center will be locked each day after 2:00 p.m. Please enter the building through the Front Lobby. Sorry for any inconvenience this may cause.

VOLUNTEERS WANTED

Clinton County Community Action Program is looking for volunteers to support its Head Start Program!!



Many Opportunities exist including:

Reading books to children; Helping in classrooms; Playground Maintenance; Cleaning; Kitchen Help; Leading Activities; Art Projects; Music Projects; Gross Motor Activities and many more opportunities are available!!

Please contact Zach Foster at zacharyfoster@clintoncap.org or Robin Crone at robincrone@clintoncap.org to see how you can help.



Trip to Ark Encounter & Lexington, KY. Dates of trip are May 14-May 16. The 3 Day/2 Night package includes: 2 night accommodations, 2 breakfasts at your hotel & 2 dinner including a fabulous Dinner Cruise aboard the Belle of Louisville. The Ark Encounter features a full-size Noah's Ark, built according to the dimensions given in the Bible. Visit the Kentucky Horse Park & International Museum of the Horse. Also a visit to Museum Row in Downtown Louisville is included. Cost for the trip is \$399 per person based on double occupancy. For information and/or reservations call the Center. Full payment must be made by April 9.



**EASTER LUNCH
MARCH 30, 2018**

FUNDRAISER LUNCH

MENU: HAM, SWEET POTATOES, GREEN BEANS, ROLL, DESSERT AND DRINK

COST \$10 PER TICKET

LUNCH SERVED AT 12:00 NOON

TICKETS MAY BE PURCHASED AT THE SENIOR CENTER

DEADLINE IS MARCH 23, 2018

Daniel Art
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daniel.art@anthem.com

www.anthemdirectoh.com/dart



FOR YOUR INFORMATION:

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM

Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963

Carol Weber-466 Macedonia Road, Blanchester, OH 45107

Karen Buckley, Esq.-Buckley, Miller, Wright & Raizk, 145 N. South St., Wilmington, OH Phone—937-382-0946

Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-382-4367

Rev. Tom Stephenson, First Christian Church of Disciples, 120 Columbus St., Wilmington, OH Phone—937-382-2251

Duane Weyand, Chief of Police, City of Wilmington, 69 N. South St., Wilmington, OH Phone—937-382-3822

Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273

Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524

You can also contact your county commissioners at 382-2103.

Members of the Senior Advisory Board are:

- | | |
|---------------|----------------|
| Bob Thomas | D Bullock |
| Sid Clay | Barb Davis |
| Larry Cordrey | Carole Erdman |
| Carole France | Margie Pierson |

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. Since several years have passed and we have additional members, we felt it would be a good idea to make all aware of this policy.

The following is the policy as it was published in the October 2009 Senior Informer: "The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated."

We want the Senior Center to continue to be an enjoyable place for all to attend.

GANO LAW OFFICES

JUDY A. GANO

169 NORTH SOUTH STREET
WILMINGTON, OHIO 45177

(937) 382-3320

This Was the Year...1955

U. S. President & Vice President: Dwight Eisenhower & Richard Nixon

Time Magazine Person of the Year: Harlow Curtice

Headlines:

- *U.S. Occupation of Japan Ends
- *Winston Churchill Retires as British Prime Minister
- *Rosa Parks Refuses to Relinquish Bus Seat—Arrested in Montgomery, AL
- *Post-war Babies Enter School
- *Eisenhower Increase Hourly Minimum Wage to \$1
- *Atomic Warheads Tested in Nevada
- *Kentucky Fried Chicken & Disneyland Open

Cost of Living:

New House-\$10,950	Harvard Tuition-\$800 year
Average Income-\$4,137	Movie Ticket-75 cents
New Car-\$1,910	Postage Stamp-3 cents
Average Rent-\$87 per month	Gasoline-23 cents per gallon

Cost of Food:

Sugar-85 cents for 10 lbs.	Eggs-27 cents dozen
Coffee-80 cents per lb.	Bacon-58 cents per lb.
Hamburger-56 cents per lb.	Milk-92 cents per gallon

Music: *Ain't That a Shame* (Pat Boone), *Autumn Leaves* (Roger Williams), *Ballad of Davy Crockett* (Bill Hayes), *Sixteen Tons* ("Tennessee" Ernie Ford), *Rock Around the Clock* (Bill Haley & His Comets), *Love Is a Many-Splendored Thing* (Four Aces), *Sincerely* (McGuire Sisters)

Popular Movies:

Blackboard Jungle (Glenn Ford, Anne Francis), *East of Eden* (James Dean, Julie Harris), *Guys and Dolls* (Marlon Brando, Jean Simmons, Frank Sinatra), *Lady and the Tramp* (Disney), *Marty* (Ernest Borgnine, Betsy Blair), *Mister Roberts* (Henry Fonda, Jack Lemmon), *Oklahoma!* (Gordon McRae, Shirley Jones), *Rebel Without a Cause* (James Dean, Natalie Wood), *The Seven Year Itch* (Marilyn Monroe, Tom Ewell), *To Catch a Thief* (Cary Grant, Grace Kelly)

Sports: Champions include Brooklyn Dodgers (World Series Baseball), Cleveland Browns (Pro Football), Detroit Red Wings (Stanley Cup Hockey) and Jack Fleck (U.S. Open Golf).

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WILMINGTON, OHIO



Wilmington Nursing &
Rehabilitation Center

75 Hale Street
Wilmington, OH 45177

Phone: (937) 382-1621
Fax: (937) 383-1215

Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR MARCH 2018

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Bingo
12:15 pm—Mexican Train Dominos
12:15 pm—Rook

TUESDAY

8:00 am—Early Bird
9:00 am—Flexibility & Balance
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
12:15 pm—Mexican Train Dominos
7:00 pm—Square Dancing

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos

WEDNESDAY (CONTINUED)

12:15 pm—Sewing
12:15 pm—Rook
1:30 pm—Senior Stretch
3:00 pm—Line Dancing

THURSDAY

8:00 am—Early Bird
9:00 am—Flexibility & Balance
9:00 am—Pinochle
10:00 pm—Exercise
12:15 pm—Chair Volleyball
12:15 pm—Mexican Train Dominoes

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:30 am—Bridge
12:15 pm—Mexican Train Dominoes
12:15 pm—Sewing

UPCOMING EVENTS

Tuesday, March 6—Oreo Cookie Day—special dessert for those eating lunch.

Tuesday, March 13—Advisory Board Meeting at 10:00 a.m.

Thursday, March 15—St Patrick's Day Sack Lunch from 11:00 a.m. to 1:00 p.m. Cost \$10. Lunch consists of Homemade Reuben Sandwich, Chips, Pickle Spear, Dessert and Drink. Please place order by March 9.

Friday, March 16—Birthday Dinner. We celebrate all birthdays in March. Medigold will be sponsoring Bingo after lunch.

Wednesday, March 21—Lunch with Wilmington Nursing and Rehab at 12:00 noon. No charge for the meal, please make reservations.

Monday, March 26—Shopping Trip to Dayton Mall. Depart Center at 9:30 a.m.

Friday, March 30—Easter Fundraiser Lunch at 12:00 noon. Menu: Ham, Sweet Potatoes, Green Beans, Roll, Dessert and Drink for \$10. Tickets are to be purchased in advance by March 23. Easter Bunny will visit and door prizes awarded.

NO ALA CARTE AVAILABLE: 3/9; 3/16; 3/21; 3/30

Ala Carte		Mon	Tue	Wed	Thu	Fri
Mondays	Ham & Beans Cornbread				1 Smoked Sausage w/ Sauerkraut Mashed Potatoes Green Beans Rye Bread	2 Cheese Lasagna Italian Vegetables Peas Cranberry Juice Cake
Tuesdays	Soup of the Day Grilled Cheese Hamburger	5 Meatloaf Mashed Potatoes Carrots Wheat Bread Pears	6 Chili Spaghetti Vegetable Medley Saltine Crackers Fruit Cocktail	7 Chicken Stew Mixed Vegetables Cornbread Mandarin Oranges Animal Cracker	8 Baked Chicken Herb Dressing Broccoli/Cauliflower Wheat Bread Applesauce	9 Potato Soup Grilled Cheese \$3
Wednesdays	Chef Salad	12 Chicken & Brown Rice Broccoli Carrots Wheat Bread	13 Grilled Chicken Potato Wedges Green Beans Wheat Bread Juice/Crackers	14 BBQ Beef on Bun Creamy Veg. Soup Peas & Onions Potato Wedges Peaches	15 St. Patrick's Day Bagged Lunch \$10	16 Spaghetti & Marinara Vegetable Medley Garlic Bread Birthday Cake
Thursdays	Fish & Chips Grilled Cheese Grilled Ham & Cheese	19 Cheesy Beef & Broc- coli Brown Rice Oregon Vegetables Corn	20 Beef Stew Green Beans Dinner Roll Pineapple	21 Lunch with Wilmington Nursing & Rehab at 12:00 noon	22 Chicken & Potato Casserole Broccoli Wheat Bread Peaches	23 Chicken Tenders Brown Rice Scandinavian Veggies Cake & Juice
Fridays	Soup of the Day Grilled Cheese	26 Spaghetti & Meatballs Italian Vegetables Spinach Wheat Bread Peaches	27 Swiss Steak Stewed Tomatoes O'Brien Potatoes Wheat Bread Pears	28 Roast Turkey Mashed Potatoes Vegetable Medley Wheat Bread Juice & Grahams	29 Rosemary Chicken Potato Wedges Vegetable Medley Wheat Bread Applesauce	30 Easter Fundraiser Lunch at 12:00 noon. \$10 Door Prizes

Return Address

**Wilmington Savings Bank—
Clinton County Senior Center
717 North Nelson Ave., P. O. Box 32
Wilmington, Ohio 45177**

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717 N. Nelson Ave. Wilmington

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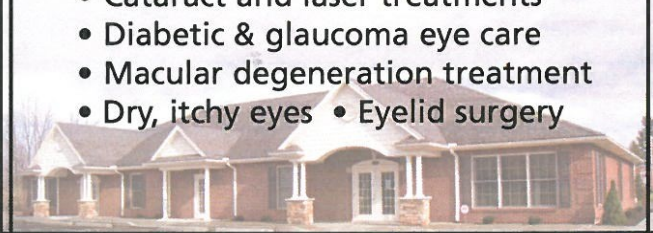


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