



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
SENIOR OPERATIONS
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

**Clinton County Community
Action Programs, Inc.**

Hours Of Operation
M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170
937-382-1848

**SENIOR SERVICES
CENTER**

Stella Cramer,
Senior Center Director
655-2156

Brian Garber, Site Coordinator
655-2165

Cindy Fitch, Supportive
Services
655-2151

Sherry Bowling, Homemaker
Supervisor
655-2164

Pam George, LPN
Case Management
655-2163





Happy Birthday!!



Walk Club Update!

October miles—316 miles

Charlotte Bland—148 miles

Judi Clay—95 miles

Carole Erdman—73 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

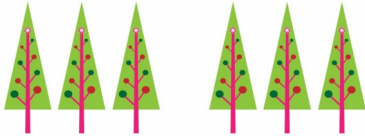
New members are always welcome to join.

Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.

Sharon Adams—12/11
 Teresa Avedisian—12/14
 Jon Barber—12/26
 Bernadine Beckett—12/31
 Cindy Beckett—12/24
 Charlotte Bland—12/16
 Rheada Brown—12/18
 James Burge—12/16
 David Burris—12/26
 Larry Cordrey—12/06
 Joan Corr—12/04
 Ruth Curtis—12/24
 H. France Frazier—12/29
 Steve Geffre—12/16
 Joann Gray—12/06
 Keith Griffin—12/25
 Mary Haselip—12/18
 Jo Ann Hayslip—12/27
 Carol Ilg—12/07
 George Kees—12/25
 Lisa Knisley—12/31
 Jean Lay—12/16

Barbara Ledford—12/21
 Jack Lindsay—12/13
 Truman Long—12/20
 Betty Lyon—12/17
 Wayne Manning—12/20
 Georgia Marburger—12/08
 Shirley Massie—12/14
 Nancy Maxfield—12/14
 Wilma McBrayer—12/02
 Ronald McKee—12/17
 Judy Mills—12/13
 Elizabeth Mitchell—12/12
 Danny Mongold—12/27
 JoAnn Mossbarger—12/18
 Carl Osborne—12/21
 Gerald Pierson—12/30
 Bob Pittser—12/19
 Yvonne Pollack—12/16
 Joyce Powers—12/30
 Anicia Powers-Russell—12/31

Carol Rack—12/06
 Claire Ropp—12/02
 Marilyn Sager—12/26
 Charlotte Satterfield—12/05
 Mildred Shelton—12/30
 Jean Singleton—12/16
 Eugene Snyder—12/13
 Christine Snyder—12/23
 Leanna Stephenson—12/09
 Deborah Stern—12/14
 Pauline Taylor—12/10
 Vicki Temple—12/14
 Joe Trapp—12/02
 Ted Vandervort—12/20
 Jill Vaughn—12/20
 Edith Viviono—12/11
 Ralph Willett—12/17
 Daniel Wiseman—12/20



Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



This institution is an equal opportunity provider.



2018 is almost upon us and it will soon be time for Membership Renewal.

Congratulations to November winners!

Dave Ostermeier—\$4.25

Ray Baker—\$6.75

Shirley Massie—3.25

Joyce Wilburn—\$5.25

Mary Fulton—\$2.50



WELCOME NEW MEMBERS!

Cathy Earley

Danny Montgomery

Mary Montgomery

Sid Bagford

Buell McBrayer



Senior Center Board Report for October 2017

Meals: 563 meals were served to 99 attendees.

Transportation: 307 one way trips were provided to 46 participants.

ESP Medical: There were 23 units for 5 clients.

Adult Day Care: There were a total of 183 trips provided for 8 clients.

Home Meals: There were 2321 home meals delivered to 95 clients.

Supportive Services: There were 51.5 units for 31 clients.

Socialization/Recreation: There were 78.5 different activities and 117 clients attending.

Homemaking Services: 965.5 units for 151 clients.

Total transportation miles: We traveled 5,670 miles transporting clients.

Total miles delivering meals: We traveled 3,234 miles delivering meals.

Many Thanks to:

- *Wilmington Nursing & Rehab for November 15 Lunch
- *Mike Foley from United Health Care for information booth
- *Clinton County Health Department for Blood Pressure Clinic



Miracle-Ear Hearing Center representative, Jason Steeber, currently comes to the Senior Center the 4th Wednesday of the month. Jason will be here by appointment only. If you need your hearing checked or your hearing aids adjusted, call 1-513-385-7436 to set up an appointment. If you have any questions, just call the Senior Center.

Buckley, Miller, Wright & Raizk

Attorneys at Law
 145 North South Street
 Wilmington, Ohio 45177

www.bmwlaw.net (937) 382-0946
bmwlaw@bmwlaw.net Fax (937) 382-1361

CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street
 Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

Terry Spurlock
 1403 Rombach Avenue
 Wilmington, OH 45177

Phone: 937-382-6100
 Mobile: 937-603-5429



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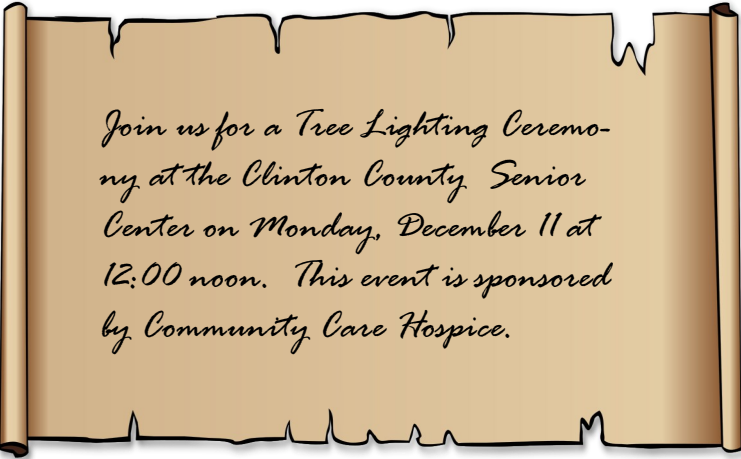


Our Annual Christmas Bazaar will be held on Saturday, December 2nd. Breakfast will be served from 8:00 a.m. to 10:00 a.m.—Waffles and sausage; Eggs and Sausage; Biscuits and gravy; juice and coffee for \$4. Lunch will be served from 11:30 a.m. to 1:30 p.m. Homemade Vegetable and Potato Soup; Pressed Chicken Sandwiches; BBQ Pork Sandwiches; desserts; coffee and tea will be available.

The Craft Room will be open along with Lions Club Candy and our White Elephant Sale.



Trip to see “Light Up Middletown” Christmas Lights drive-thru display at Smith Park on Monday, December 11. Leave the Center at 5:00 p.m. After the ride, we will return to the Center for Sloppy Joes, chips, cookies and hot chocolate. Cost for the evening is \$8. Please sign up in the lobby.



Join us for a Tree Lighting Ceremony at the Clinton County Senior Center on Monday, December 11 at 12:00 noon. This event is sponsored by Community Care Hospice.

FOR YOUR INFORMATION:

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM

Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963

Carol Weber-466 Macedonia Road, Blanchester, OH 45107

Karen Buckley, Esq.-Buckley, Miller, Wright & Raizk, 145 N. South St., Wilmington, OH Phone—937-382-0946

Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-382-4367

Rev. Tom Stephenson, First Christian Church of Disciples, 120 Columbus St., Wilmington, OH Phone—937-382-2251

Tim Prestridge-CFO & COO, Clinton Memorial Hospital, 610 W. Main St., Wilmington, OH Phone—937-382-6611

Duane Weyand, Chief of Police, City of Wilmington, 69 N. South St., Wilmington, OH Phone—937-382-3822

Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273

Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524

You can also contact your county commissioners at 382-2103.



Cookie Exchange Party—Friday, December 15 at 12:30 p.m. To participate bring 4 dozen homemade cookies and the recipe to share. One dozen will be used with refreshments and you will take 3 dozen home. Bring a wrapped \$1 ornament for a Christmas Game Exchange!



Christmas Carry-In

Saturday, December 16 at 5:00 p.m. Bring covered dish.

There will be a special guest and surprise entertainment.

Members of the Senior Advisory Board are:
Bob Thomas D Bullock
Sid Clay Barb Davis
Larry Cordrey Carole Erdman
Carole France Margie Pierson
If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. Since several years have passed and we have additional members, we felt it would be a good idea to make all aware of this policy.

The following is the policy as it was published in the October 2009 Senior Informer: "The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated."

We want the Senior Center to continue to be an enjoyable place for all to attend.

GANO LAW OFFICES

JUDY A. GANO

169 NORTH SOUTH STREET

WILMINGTON, OHIO 45177

(937) 382-3320

This Was the Year...1951

U. S. President & Vice President: Harry Truman & Alben Barkley

Time Magazine Person of the Year: Mohammad Mosaddegh

Headlines:

*The 22nd Amendment was ratified limiting the U.S. Presidential term in office to eight years (two terms).

*First nuclear bomb was tested at Nevada test sight.

*The Broker Commuter Train crashed in Woodbridge, NJ, killing 85 people.

*The Great Flood of 1951 displaced 518,000 people and 17 lives were lost.

*Joe DiMaggio had a 56-game hitting streak and did not strike out during the 1951 season.

Cost of Living:

New House-\$9,000

Harvard Tuition-\$600 year

Average Income-\$3,515

Movie Ticket-65 cents

New Car-\$1,520

Postage Stamp-3 cents

Average Rent-\$78 per month

Gasoline-19 cents per gallon

Cost of Food:

Sugar-85 cents for 10 lbs.

Eggs-24 cents dozen

Coffee-72 cents per lb.

Bacon-52 cents per lb.

Hamburger-50 cents per lb.

Milk-92 cents per gallon

Technology News:

*Tupperware parties were introduced.

*Oral contraceptive (The Pill) pills were introduced.

*First color television picture was broadcast from the Empire State Building.

Fads:

Reading *The Catcher in the Rye*, Muffin the Mule pull-toy, View-Master, Scrabble

Popular Quote:

"I have always depended on the kindness of strangers." Vivien Leigh in *A Streetcar Named Desire*

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Wilmington Nursing &
Rehabilitation Center

75 Hale Street
Wilmington, OH 45177

Phone: (937) 382-1621
Fax: (937) 383-1215

Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR DECEMBER 2017

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Bingo
12:15 pm—Mexican Train Dominos
12:15 pm—Rook

TUESDAY

8:00 am—Early Bird
9:00 am—Stability Ball
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
12:15 pm—Mexican Train Dominos
7:00 pm—Square Dancing

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos

WEDNESDAY (CONTINUED)

12:15 pm—Sewing
12:15 pm—Rook
1:30 pm—Senior Stretch
3:00 pm—Line Dancing

THURSDAY

8:00 am—Early Bird
9:00 am—Exercise with Weights
9:00 am—Pinochle
10:00 pm—Exercise
12:15 pm—Chair Volleyball
12:15 pm—Mexican Train Dominoes

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:30 am—Bridge
12:15 pm—Mexican Train Dominoes
12:15 pm—Sewing

UPCOMING EVENTS

Saturday, December 2—Annual Christmas Bazaar begins at 8:00 a.m. More information inside this month's newsletter.

Sunday, December 3—Annual American Legion Senior Citizens Christmas Dinner at 12:00 noon at the Legion Post.

Monday, December 11—Community Care Hospice Lighting of the Angel Tree Ceremony at 12:00 noon.

Monday, December 11—Trip to "Light Up Middletown". Leave at 5:00 p.m. Return to Center afterwards for Sloppy Joes, Chips, Cookies and Hot Chocolate. Cost \$8 for the evening.

Thursday, December 14—Christmas Lunch at 12:00 noon. There is no charge for the meal. Please RSVP by December 11.

Friday, December 15—Birthday Dinner. We celebrate all December birthdays.

Friday, December 15—Cookie Exchange Party at 12:30 p.m. Details in newsletter.

Saturday, December 16—Christmas Carry-In

Wednesday, December 20—Lunch with Wilmington Nursing and Rehab at 12:00 noon. There is no charge for the meal. Please make reservations.

Monday, December 25 and Tuesday, December 26—Closed in observance of Christmas holiday.

Monday, January 1—Closed in observance of New Year's Day.

NO ALA CARTE AVAILABLE 12/14; 12/15; 12/20

Ala Carte	Mon	Tue	Wed	Thu	Fri
<i>Mondays</i> Ham & Beans Cornbread					1 Cabbage Roll Peas & Onions Yellow Squash White Bread
<i>Tuesdays</i> Soup of the Day Grilled Cheese Hamburger	4 Lemon Pepper Fish Brown Rice Mixed Vegetables Fruit Cocktail	5 Pork Cutlet Potato Wedges Vegetable Medley Applesauce	6 Chicken Potato Casserole Broccoli Peaches	7 Chicken w/gravy Green Beans Beets Pineapple	8 Cheese Lasagna Peas & Onions Carrot Coins Juice & Cookie
<i>Wednesdays</i> Chef Salad	11 Spaghetti & Meatballs Italian Veggies Spinach Peaches	12 Cheesy Beef & Broccoli w/Brown Rice Oregon Veggies Corn	13 Swiss Steak Stewed Tomatoes O'Brien Potatoes Wheat Bread	14 Christmas Lunch At 12:00 noon No charge—RSVP by 12/11.	15 Roast Turkey Mashed Potatoes Veggie Medley Dinner Roll
<i>Thursdays</i> Fish & Chips Grilled Cheese Grilled Ham & Cheese	18 Smoked Sausage w/sauerkraut Mashed Potatoes Green Beans	19 Hamburger on Bun Tomato Soup Baked Beans Broccoli	20 Lunch with Wilmington-Nursing & Rehab at 12:00 noon	21 Grilled Chicken Potato Wedges Broccoli Applesauce	22 Italian Chicken Spaghetti Italian Veggies Peas
<i>Fridays</i> Soup of the Day Grilled Cheese	25 Merry Christmas!! Closed for Holiday	26 Closed for Holiday	27 Meatloaf w/gravy Mashed Potatoes Carrots Wheat Bread	28 Ham & Beans Mixed Vegetables Cornbread Fruit Cocktail	29 Baked Chicken Herb Dressing Broccoli/Cauliflower Applesauce

Return Address

**Wilmington Savings Bank—
Clinton County Senior Center
717 North Nelson Ave., P. O. Box 32
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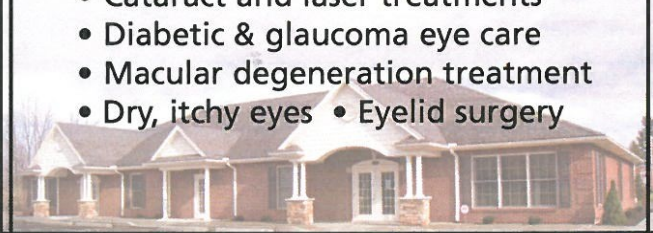
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