



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
 SENIOR OPERATIONS
 WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

Thank you Veterans for your service....

Clinton County Community Action Programs, Inc.

Hours Of Operation
 M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170
 937-382-1848

SENIOR SERVICES CENTER

Stella Cramer,
 Senior Center Director
 655-2156

Brian Garber, Site Coordinator
 655-2165

Cindy Fitch, Supportive
 Services
 655-2151

Sherry Bowling, Homemaker
 Supervisor
 655-2164

Pam George, LPN
 Case Management
 655-2163

In November 1919, President Wilson proclaimed November 11 as the first commemoration of Armistice Day with the following words: "To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..."

An Act (52 Stat. 351; 5 U. S. Code, Sec. 87a) approved May 13, 1938, made the 11th of November in each year a legal holiday—a day to be dedicated to the cause of world peace and to be thereafter celebrated and known as "Armistice Day." Armistice Day was primarily set aside to honor veterans of World War I, but in 1954, after World War II had required the greatest mobilization of soldiers, sailors, Marines and airmen in the Nation's history; after American forces had fought aggression in Korea, the 83rd Congress, at the urging of the veterans service organizations, amended the Act of 1938 by striking the word "Armistice" and inserting in its place the word "Veterans." With the approval of this legislation (Public Law 380) on June 1, 1954, November 11th became a day to honor American veterans of all wars.

The Uniform Holiday Bill (Public Law 90-363 (82 Stat.250)) was signed on June 28, 1968, and was intended to ensure three-day weekends for Federal employees by celebrating four national holidays on Mondays: Washington's Birthday, Memorial Day, Veterans Day and Columbus Day. It was thought that these extended weekends would encourage travel, recreational and cultural activities and stimulate greater industrial and commercial production. Many states did not agree with this decision and continued to celebrate the holidays on their original dates.

The first Veterans Day under the new law was observed with much confusion on October 25, 1971. It was quite apparent that the commemoration of this day was a matter of historic and patriotic significance to a great number of our citizens, and so on September 20th, 1975, President Gerald R. Ford signed Public Law 94-97 (89 Stat. 479), which returned the annual observance of Veterans Day to its original date of November 11, beginning in 1978. This action supported the desires of the overwhelming majority of state legislatures, all major veterans service organizations and the American people.

Veterans Day continues to be observed on November 11, regardless of what day of the week on which it falls. The restoration of the observance of Veterans Day to November 11 not only preserves the historical significance of the date, but helps focus attention on the important purpose of Veterans Day: A celebration to honor America's veterans for their patriotism, love of country and willingness to serve and sacrifice for the common good.



*Land of the free
because of the brave*



Happy Birthday!!



Walk Club Update!
 September miles—319 miles
 Charlotte Bland—145 miles
 Judi Clay—94 miles
 Carole Erdman—80 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

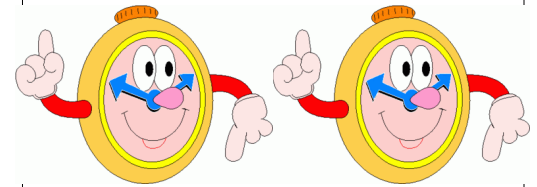
All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.

- Lynne Adkins—11/19
- Loren Allen—11/29
- Joy Ames—11/22
- Frances Ames—11/28
- Vera Baker—11/04
- Billie Baker—11/21
- Angel Kay Bowling—11/20
- Roger Brown—11/06
- Jim Brubaker—11/25
- Joy Brubaker—11/05
- Cindy Burgess—11/04
- Robert Cadeam—11/08
- Walt Carruthers—11/21
- John Cronin—11/10
- Tom Dalton—10/24
- Joan Davis—11/15
- Nancy Dennis—11/19
- Georgia Dodd—11/04
- Roberta Douglas—11/15
- Sally Estep—11/06
- Louise Francis—11/23
- Gloria Fulkerson—11/05
- Dorothy Garrison—11/26
- Lena Gibson—11/19
- John Godlove—11/20
- Janet Goings—11/27
- Roberta Grooms—11/19
- Marjorie Haines—11/27
- Debbie Hatten—11/22
- James Hilterbrandt—11/24
- John Howell—11/30
- Clara Hurt—11/29
- Robert Irwin—11/02
- Judith Johnston—11/25
- Charlie Kenser—11/22
- Ruth Malyuk—11/06
- Judy McCune—11/11
- Linda Moore—11/22
- Regina Moore—11/13
- Steve Osborne—11/25
- James Pagett—11/02
- Judy Russell—11/22
- Enriqueta Smith—11/25
- Karen Smith—11/12
- Peggy Speaight—11/27

- Linda Theener—11/28
- Donna Vaughan—11/24
- Marilyn Whitamore—11/28
- Trisha Wiget—11/21
- Marlene Williams—11/04
- Reba Williams—11/05
- Dana Yeagley—11/2

FALL BACK—Daylight Savings Time ends on Sunday, November 5. Remember to turn your clocks back 1 hour..



Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



This institution is an equal opportunity provider.



Congratulations to October winners!

- Arline Bayless—\$5.80
- Mary Fulton—\$5.00
- Shirley Massie—\$5.20
- Marcella Rothwell—\$6.15



WELCOME NEW MEMBERS!

- Janet Jones
- Tom Hart
- Sue Hart
- Marlene Williams
- Richard E. Williams
- Cindy Payne
- Michael Payne
- Cindy Beckett
- Janet Goings
- Carolyn Henry
- Marilyn Sager
- Karen Reed
- Jack Stacey
- Judi Pohlmeier
- Wanda Sue Roudebush
- Bernadine Beckett



Senior Center Board Report for September 2017

- Meals: 474 meals were served to 92 attendees.
- Transportation: 327 one way trips were provided to 65 participants.
- ESP Medical: There were 4 units for 2 clients.
- Adult Day Care: There were a total of 149 trips provided for 8 clients.
- Home Meals: There were 2545 home meals delivered to 98 clients.
- Supportive Services: There were 47.5 units for 14 clients.
- Socialization/Recreation: There were 89 different activities and 124 clients attending.
- Homemaking Services: 965.5 units for 151 clients.
- Total transportation miles: We traveled 5,670 miles transporting clients.
- Total miles delivering meals: We traveled 3,234 miles delivering meals.

Many Thanks to:

- *Wilmington Nursing & Rehab for October 18 Lunch
- *Ohio Living/Cape May for October birthday cake
- *Mike Foley from United Health Care for information booth



Miracle-Ear Hearing Center representative, Jason Steeber, currently comes to the Senior Center the 4th Wednesday of the month. Jason will be here by appointment only. If you need your hearing checked or your hearing aids adjusted, call 1-513-385-7436 to set up an appointment. If you have any questions, just call the Senior Center.

Buckley, Miller, Wright & Raizk

Attorneys at Law
 145 North South Street
 Wilmington, Ohio 45177

www.bmwlaw.net (937) 382-0946
bmwlaw@bmwlaw.net Fax (937) 382-1361

CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street
 Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

Terry Spurlock
 1403 Rombach Avenue
 Wilmington, OH 45177

Phone: 937-382-6100
 Mobile: 937-603-5429



TO ALL VETERANS—
 THANK YOU FOR YOUR SERVICE! YOU ARE WHY WE ENJOY THE FREEDOMS WE HAVE TODAY!

Is Your Home cold and drafty in the winter, and hot and steamy in the summer months????

Call us for an application at 937-324-2971 or 937-382--0766. Stop in the office at 789 N. Nelson Road. Please don't miss this opportunity for a completely free service and let us help make you safe and comfy.

If you are income eligible, you can receive a free furnace inspection and possibly replacement if needed. All gas appliances will be tested and you may qualify for a new energy star rated refrigerator and deep freeze based upon testing performed by an inspector. Sidewall and attic insulation if needed will be installed. Air leakage testing and measures will be performed. This could include spray foam work, door weatherstripping and many other air reduction items. All FREE of cost to you and or your landlord.



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 Broker, Owner

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 Fax (937) 382-4548
 Residence (937) 382-3407
 Cell (937) 728-0809

E-mail wmcbrayer@cinci.rr.com

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 937-382-1659

www.wilmingtonsavings.com



Seniors Need Help call 382-7170



Our Annual Christmas Bazaar will be held on Saturday, December 2nd. We are offering spaces again this year to rent. If you are interested in a space, stop by the Senior Center. Spaces are available for \$25—which includes an area with a double 6' table. Deadline to reserve a space is November 22. We will be on the "Homespun Christmas" map as well.

Breakfast will be served from 8:00 a.m. to 10:00 a.m.—Waffles and sausage; Eggs and Sausage; Biscuits and gravy; juice and coffee for \$4. Lunch will be served from 11:30 a.m. to 1:30 p.m. Homemade Vegetable and Potato Soup; Pressed Chicken Sandwiches; BBQ Pork Sandwiches; desserts; coffee and tea will be available.

The Craft Room will be open along with Lions Club Candy and our White Elephant Sale.

We will be accepting donations for the White Elephant Sale (no clothing please) the week of November 27. If you would like to donate baked goods for Lunch, please bring them on Friday, December 1 before 4:30 p.m. or the morning of December 2.



Operation Christmas Child's annual packing party at the Senior Center is Thursday, November 9 at 10:30 a.m.



Annual American Legion Senior Citizen Christmas Dinner will be held on Sunday, December 3 at 12:00 noon at the Legion Post on Locust Street. For more information, contact the Legion at 382-2219.

FOR YOUR INFORMATION:

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM

Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963

Carol Weber-466 Macedonia Road, Blanchester, OH 45107

Karen Buckley, Esq.-Buckley, Miller, Wright & Raizk, 145 N. South St., Wilmington, OH Phone—937-382-0946

Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-382-4367

Rev. Tom Stephenson, First Christian Church of Disciples, 120 Columbus St., Wilmington, OH Phone—937-382-2251

Tim Prestridge-CFO & COO, Clinton Memorial Hospital, 610 W. Main St., Wilmington, OH Phone—937-382-6611

Duane Weyand, Chief of Police, City of Wilmington, 69 N. South St., Wilmington, OH Phone—937-382-3822

Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273

Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524

You can also contact your county commissioners at 382-2103.



WENDY'S THANKSGIVING DAY DINNER

THURSDAY, NOVEMBER 23

WHERE: WENDY'S RESTAURANT 11:30 A.M. TO 1:00 P.M.

1055 ROMBACH AVENUE

WILMINGTON, OH 45177

TURKEY WITH ALL THE TRIMMINGS—FREE OF CHARGE. CALL ARLA FAE AT 937-382-2706; DENISE AT 937-382-6272 OR TERRI AT 937-527-6627 BY

NOVEMBER 20

Thanksgiving Cranberry Salad

1 large box strawberry Jello

1 can pineapple, drained

1 can cranberry sauce, jellied or whole

1/2 cup chopped pecans

1 cup boiling water

Dissolve Jello in boiling water. Add other ingredients and chill.



Members of the Senior Advisory Board are:

Bob Thomas D Bullock

Sid Clay Barb Davis

Larry Cordrey Carole Erdman

Carole France Margie Pierson

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. Since several years have passed and we have additional members, we felt it would be a good idea to make all aware of this policy.

The following is the policy as it was published in the October 2009 Senior Informer: "The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated."

We want the Senior Center to continue to be an enjoyable place for all to attend.

GANO LAW OFFICES

JUDY A. GANO

169 NORTH SOUTH STREET

WILMINGTON, OHIO 45177

(937) 382-3320

This Was the Year...1950

U. S. President & Vice President: Harry Truman & Alben Barkley

Time Magazine Person of the Year: American Fighting Man

Headlines:

*FBI began its "Ten Most Wanted Criminals" publicity campaign.

*President Truman ordered the production of the hydrogen bomb.

*North Korea invaded South Korea, capturing Seoul.

*A blizzard on the East Coast lasted seven days, leaving more than one million homes without power.

*The Great Brink's Robbery in Boston involved seven men stealing nearly \$3 million from Brink's headquarters.

Cost of Living:

New House-\$8,450

Harvard Tuition-\$600 year

Average Income-\$3,216

Movie Ticket-65 cents

New Car-\$1,511

Postage Stamp-3 cents

Average Rent-\$75 per month

Gasoline-16 cents per gallon

Cost of Food:

Sugar-85 cents for 10 lbs.

Eggs-24 cents dozen

Coffee-70 cents per lb.

Bacon-50 cents per lb.

Hamburger-49 cents per lb.

Milk-84 cents per gallon

Technology News:

*TV remote control, *Lazy Bones*, was invented by Zenith.

*Diners Club issued first credit cards.

*TV ownership increased sharply to eight million sets being used.

Fads:

Watching *Your Show of Shows*, Magic-8 Ball, Silly Putty, Woolly Willy

Popular Quote:

"Fasten your seatbelts. It's going to be a bumpy night." - Bette Davis in *All About Eve*



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Wilmington Nursing & Rehabilitation Center

75 Hale Street
Wilmington, OH 45177

Phone: (937) 382-1621
Fax: (937) 383-1215

Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR NOVEMBER 2017

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Bingo
12:15 pm—Mexican Train Dominos
12:15 pm—Rook

TUESDAY

8:00 am—Early Bird
9:00 am—Stability Ball
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
12:15 pm—Mexican Train Dominos
7:00 pm—Square Dancing

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos

WEDNESDAY (CONTINUED)

12:15 pm—Sewing
12:15 pm—Rook
1:30 pm—Senior Stretch
3:00 pm—Line Dancing

THURSDAY

8:00 am—Early Bird
9:00 am—Exercise with Weights
9:00 am—Pinochle
10:00 pm—Exercise
12:15 pm—Chair Volleyball
12:15 pm—Mexican Train Dominoes

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:30 am—Bridge
12:15 pm—Mexican Train Dominoes
12:15 pm—Sewing

UPCOMING EVENTS

Wednesday, November 8—Pie Day for \$1.50. Choice of Apple or Pecan.

Thursday, November 9—Operation Christmas Child Packing Party at 10:30 a.m.

Friday, November 10—Veteran's Day History. Bring a picture of a Veteran from your family or of YOU to share.

Tuesday, November 14—Advisory Board meeting at 10:00 a.m.

Wednesday, November 15—Lunch sponsored by Wilmington Nursing and Rehab at 12:00 noon.

Friday, November 17—Health Department holding Blood Pressure Clinic from 10:30 a.m. to 11:30 a.m.

Friday, November 17—Birthday Dinner. We celebrate all November birthdays.

Thursday, November 23—Community Thanksgiving Dinner at Wendy's from 11:30 a.m. to 1:00 p.m.

Thursday, November 23 and Friday, November 24—Closed in observance of Thanksgiving Holiday

Monday, November 27—Shopping Trip to Dayton Mall. Leave at 9:30 a.m.

Saturday, December 2—Annual Christmas Bazaar begins at 8:00 a.m. More information inside this month's newsletter.

Sunday, December 3—Annual American Legion Senior Citizens Christmas Dinner at 12:00 noon at the Legion Post.

NO ALA CARTE AVAILABLE 11/15; 11/16; 11/17; 11/20; 11/30

Ala Carte	Mon	Tue	Wed	Thu	Fri
<i>Mondays</i> <i>Ham & Beans</i> <i>Cornbread</i>			1 Grilled Chicken Potato Wedges Cheesy Broccoli Bun Applesauce	2 Pork Cutlet Green Beans Beets Wheat Bread Pineapple	3 Chicken Tenders Brown Rice Veggie Blend Wheat Bread Fruit Cocktail
<i>Tuesdays</i> <i>Soup of the Day</i> <i>Grilled Cheese</i> <i>Hamburger</i>	6 Cheesy Beef & Broccoli Brown Rice Oregon Veggies Corn	7 Spaghetti & Meatballs Italian Veggies Spinach Wheat Bread Peaches	8 Swiss Steak Stewed Tomatoes O'Brien Potatoes Wheat Bread Pears	9 Ham & Beans Mixed Vegetables Cornbread Fruit Cocktail	10 Beef & Noodles Green Beans Carrots Orange
<i>Wednesdays</i> <i>Chef Salad</i>	13 Salisbury Steak Whipped Sweet Potatoes Mixed Veggies Pears	14 Hamburger on Bun Baked Beans Broccoli Pineapple	15 Lunch sponsored by Wilmington Nursing and Rehab at 12:00 noon	16 Chili Peanut Butter Sandwich \$ 4	17 \$ 3 Spaghetti w/ Meatsauce Green Beans Garlic Stick Birthday Cake
<i>Thursdays</i> <i>Fish & Chips</i> <i>Grilled Cheese</i> <i>Grilled Ham & Cheese</i>	20 Roast Turkey w/ dressing Mashed Potatoes Vegetable Medley Pumpkin Pie	21 Chili Spaghetti Vegetable Medley Crackers Pears	22 Beef & Noodles Green Beans Carrots Wheat Bread Peaches	23 Closed for Thanksgiving Holiday	24 Closed for Thanksgiving Holiday
<i>Fridays</i> <i>Soup of the Day</i> <i>Grilled Cheese</i>	27 BBQ Beef on Bun Peas & Onions Potato Wedges Peaches	28 Country Fried Steak Potato Wedges Green Beans Dinner Roll Chocolate Cake	29 Turkey Tetrazzini Brussel Sprouts Baked Apples Wheat Bread	30 Potato Soup Grilled Cheese \$ 4	

Return Address

**Wilmington Savings Bank—
Clinton County Senior Center
717 North Nelson Ave., P. O. Box 32
Wilmington, Ohio 45177**

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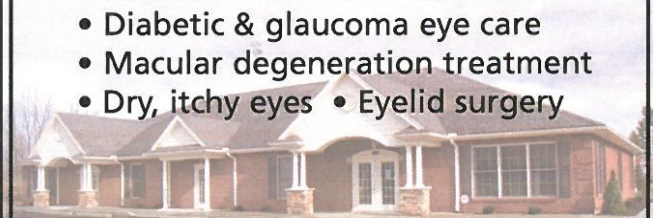
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