



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
SENIOR OPERATIONS
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

Beware of Scams

Clinton County Community Action Programs, Inc.

Hours Of Operation
M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170
937-382-1848

SENIOR SERVICES CENTER

Stella Cramer,
Senior Center Director
655-2156

Brian Garber, Site Coordinator
655-2165

Cindy Fitch, Supportive Services
655-2151

Sherry Bowling, Homemaker Supervisor
655-2164

Pam George, LPN
Case Management
655-2163

Financial scams targeting seniors have become so prevalent that they're now considered "the crime of the 21st century." Why? Because seniors are thought to have a significant amount of money sitting in their accounts.

The following are some of the top scams targeting seniors:

- *Health Care/Medicare/Health Insurance Fraud
- *Counterfeit Prescription Drugs
- *Funeral & Cemetery Scams
- *Fraudulent Anti-Aging Products
- *Telemarketing
- *Internet Fraud
- *Investment Schemes
- *Homeowner/Reverse Mortgage Scams

- *Sweepstakes & Lottery Scams
- *The Grandparent Scam

If someone contacts you or stops by your home unannounced claiming to be a representative of an area agency on aging, Medicare, Social Security or other similar organization, do not give them any information and contact the senior center or the sheriff's department. Medicare and Social Security do not make house calls nor does either one call you unless they are returning your call. Agencies on Aging schedule appointments. If you have any questions or doubts about anyone calling or visiting you, call the senior center.

LABOR DAY



History of Labor Day

Labor Day, the first Monday in September, is a creation of the labor movement and is dedicated to the social and economic achievements of American workers. It constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity and well-being of our country.



Clinton County Corn Festival 9/8; 9/9
and 9/10



Happy Birthday!!



Walk Club Update!

July miles—312 miles

Charlotte Bland—147 miles

Judi Clay—102 miles

Carole Erdman—67 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join.

Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.



Anita Allen—9/09
 Arline Bayless—9/07
 John Beireis—9/05
 Bev Beireis—9/13
 Velma Billings—9/10
 Eva Botts—9/04
 Kenneth Breckel—9/16
 George Bush—9/26
 Mary Camp—9.17
 Mary Camp—9/02
 Huoyuan Chen—9/15
 Mary Conger—9/16
 Orville Conley—9/30
 Linda Conover—9/04
 Cynthia Curry—9/16
 Helen Damron—9/10
 Connie Damron—9/19
 Susan Fahrubel—9/17
 Jack Frye—9/08
 Dianne Fugate—9.22
 Wanda Galliett—9.23
 Pamela George—9/25
 Gale Gerard—8/15
 Kathleen Geyman—9/28

Lois Gibson—9/25
 Gypsy Goodman—9/22
 Richard Goodwin—9/29
 Linda Gregory—9/14
 JoAnn Hale—9/03
 Phyllis Henize—9/25
 Andrea Hilderbrant—9/05
 Tim Howard—9/13
 James Jones—9/04
 Van Jones—9/21
 Carol Kirby—9/03
 Barbara Martin—9/01
 Julianne Mason—9/24
 Michael McAllister—9/30
 Donald Mercer—9/28
 Ruby Minton—9.13
 Ruth Moots—9/24
 Janet Morris—9/23
 James Morrison—9/02
 Diann Nadeau—9.29
 Arthur Kevin Peterson—9/17

Alma Plummer—9/02
 Margaret Rector—9/28
 Bill Reeves—9/01
 Harley Reveal, Jr—9/24
 John Riley—9/19
 Kathy Rothwell—9.17
 Eloise Sabin—9/10
 Sharon Schmidtgesling—9/27
 Nancy Seyfried-Stanforth—9/15
 Tami Showen—9/18
 Paulette Sigman—9/18
 Eldon Speaight—9/26
 Eugene Stethem—9/25
 Ken Surface—9/05
 Lennie Swearingen—9/24
 Jean Swindler—9/17
 Carol Theetge—9/05
 Howard Theetge—9/03
 Susan Utley—9/02
 Bill Vandervort—9/10
 Betty Wall—9/17

Charlotte Walls—9/07
 Pat Walt—9/17
 Jacqueline White—9/10
 Catherine Wisecup—9/08
 Beverly Yee—9/02



Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



This institution is an equal opportunity provider.



Congratulations to August winners!

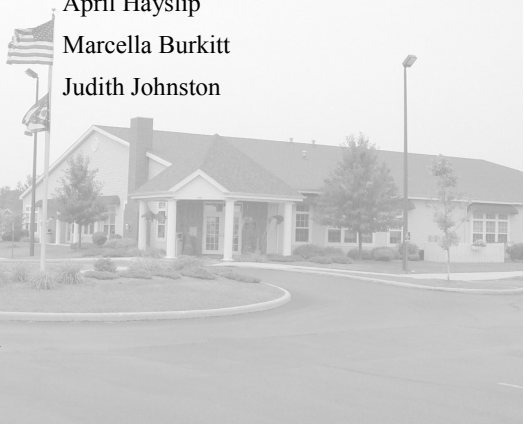
Sondra Nordyke—\$4.25
 Billie Baker—\$4.00
 Charlotte Baker—\$5.50
 Sue Dalton—\$6.07
 Sue Dalton—\$6.54



WELCOME NEW MEMBERS!

Robert Halsey
 Lou Ann Lind
 Carl Osborne
 Barbara Ertel
 Rich Goodwin
 Deborah Gillen
 April Hayslip
 Marcella Burkitt
 Claudette Reedy
 Pauletta McCarren
 Patricia Whitacre

Merri Ellen Gens
 April Hayslip
 Marcella Burkitt
 Judith Johnston



Senior Center Board Report for July 2017

Meals: 474 meals were served to 92 attendees.
Transportation: 327 one way trips were provided to 65 participants.
ESP Medical: There were 4 units for 2 clients.
Adult Day Care: There were a total of 149 trips provided for 8 clients.
Home Meals: There were 2545 home meals delivered to 98 clients.
Supportive Services: There were 47.5 units for 14 clients.
Socialization/Recreation: There were 89 different activities and 124 clients attending.
Homemaking Services: 961 units for 141 clients.
Total transportation miles: We traveled 5,670 miles transporting clients.
Total miles delivering meals: We traveled 3,234 miles delivering meals.

Many Thanks to:

- *Wilmington Nursing & Rehab for August Lunch and cookies 8/21
- *Ohio Living/Cape May for August birthday cake
- *Back in Time Express Band for performing during Ice Cream Social
- *Those individuals making baked goods for Ice Cream Social
- *Medigold for Birthday Bingo
- *Health Dept for Blood Pressure Clinic

Miracle-Ear Hearing Center representative, Jason Steeber, currently comes to the Senior Center the 4th Wednesday of the month. Jason will be here by appointment only. If you need your hearing checked or your hearing aids adjusted, call 1-513-385-7436 to set up an appointment. If you have any questions, just call the Senior Center.

Buckley, Miller, Wright & Raizk

Attorneys at Law
 145 North South Street
 Wilmington, Ohio 45177

www.bmwlaw.net (937) 382-0946
bmwlaw@bmwlaw.net Fax (937) 382-1361

CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street
 Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

Terry Spurlock Phone: 937-382-6100
 1403 Rombach Avenue Mobile: 937-603-5429
 Wilmington, OH 45177



Monday, September 11 is Patriot Day. We will be replacing our flag on this day at 11:30 a.m. After the new flag is raised, we will recite the Pledge of Allegiance before going indoors. Weather permitting.

Is Your Home cold and drafty in the winter, and hot and steamy in the summer months????

Call us for an application at 937-324-2971 or 937-382--0766. Stop in the office at 789 N. Nelson Road. Please don't miss this opportunity for a completely free service and let us help make you safe and comfy.

If you are income eligible, you can receive a free furnace inspection and possibly replacement if needed. All gas appliances will be tested and you may qualify for a new energy star rated refrigerator and deep freeze based upon testing performed by an inspector. Sidewall and attic insulation if needed will be installed. Air leakage testing and measures will be performed. This could include spray foam work, door weatherstripping and many other air reduction items. All FREE of cost to you and or your landlord.



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 Residence (937) 382-3407
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Seniors Need Help call 382-7170

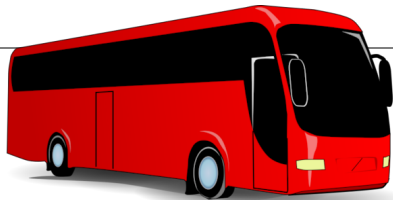


Operation Christmas Child supplies for September — small stuffed animals. The Senior Center’s annual packing party is Thursday, November 9 at 10:30 a.m.



Mark your calendars—The Clinton County Health Department will be giving flu shots at the Senior Center on Friday, September 15 at 11:00 a.m.

Still have openings** Trip to Historic Charleston November 13—November 16. The four day/3 night trip includes: 3 nights accommodations; 3 breakfasts at your hotel; 3 wonderful dinners to include: The Spirit of Carolina Dinner Cruise. Plus, James Island Holiday Festival of Lights and much more. Cost is \$649 per person —based on double occupancy. Final payment by September 29.



Members of the Senior Advisory Board are:

- | | |
|---------------|---------------|
| Bob Thomas | D Bullock |
| Sid Clay | Barb Davis |
| Larry Cordrey | Carole Erdman |

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

FOR YOUR INFORMATION:

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM

Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963

Carol Weber-466 Macedonia Road, Blanchester, OH 45107

Karen Buckley, Esq.-Buckley, Miller, Wright & Raizk, 145 N. South St., Wilmington, OH Phone—937-382-0946

Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-382-4367

Rev. Tom Stephenson, First Christian Church of Disciples, 120 Columbus St., Wilmington, OH Phone—937-382-2251

Tim Prestridge-CFO & COO, Clinton Memorial Hospital, 610 W. Main St., Wilmington, OH Phone—937-382-6611

Duane Weyand, Chief of Police, City of Wilmington, 69 N. South St., Wilmington, OH Phone—937-382-3822

Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273

Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524

You can also contact your county commissioners at 382-2103.

Trip to LaComedia to see “Timeless Memories of Christmas”—Sunday, November 5. Leave Center at 10:00 a.m. Cost \$43. Money and reservations due by October 6.



FOR YOUR INFORMATION:

There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. Since several years have passed and we have additional members, we felt it would be a good idea to make all aware of this policy.

The following is the policy as it was published in the October 2009 Senior Informer:

“The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated.”

We want the Senior Center to continue to be an enjoyable place for all to attend.

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



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This Was the Year...1948

U. S. President: Harry Truman

Time Magazine Person of the Year: Harry Truman

Headlines:

*Mahatma Gandhi is assassinated in India.

*Israel is declared an independent state.

*United Nations creates the World Health Organization.

*Workman's compensation laws are passed in all 48 states.

Cost of Living:

New House-\$7,700

Harvard Tuition-\$525 year

Average Income-\$2,936

Movie Ticket-60 cents

New Car-\$1,230

Postage Stamp-3 cents

Average Rent-\$70 per month

Gasoline-16 cents per gallon

Cost of Food:

Sugar-85 cents for 10 lbs.

Eggs-23 cents dozen

Coffee-60 cents per lb.

Bacon-50 cents per lb.

Hamburger-45 cents per lb.

Milk-87 cents per gallon

Technology News:

*Porsche is founded.

*Honda introduces a motorcycle.

*The first radio-controlled airplane is flown.

*One million households in America own television sets.

*The game of Scrabble is introduced.

*Velcro is invented.

Fads:

Raccoon coats; Hawaiian muumuus, radial tires, transistor

Popular Quote:

"Tonight, we have a really big show (pronounced shoe)" - Ed Sullivan



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Wilmington Nursing & Rehabilitation Center

75 Hale Street
Wilmington, OH 45177

Phone: (937) 382-1621
Fax: (937) 383-1215

Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR SEPTEMBER 2017

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Bingo
12:15 pm—Mexican Train Dominos
12:15 pm—Rook

TUESDAY

8:00 am—Early Bird
9:00 am—Stability Ball
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
12:15 pm—Mexican Train Dominos
7:00 pm—Square Dancing

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos

WEDNESDAY (CONTINUED)

12:15 pm—Sewing
12:15 pm—Rook
1:30 pm—Senior Stretch
3:00 pm—Line Dancing

THURSDAY

8:00 am—Early Bird
9:00 am—Exercise with Weights
9:00 am—Pinochle
10:00 pm—Exercise
12:15 pm—Chair Volleyball
12:15 pm—Mexican Train Dominoes

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:30 am—Bridge
12:15 pm—Mexican Train Dominoes
12:15 pm—Sewing

UPCOMING EVENTS

Monday, September 4—Closed for Labor Day

Friday, September 8; Saturday, September 9; Sunday, September 10—Clinton County Corn Festival.

Monday, September 11—Flag replacement before lunch—weather permitting.

Tuesday, September 12—Advisory Board meeting at 10:00 a.m.

Wednesday, September 13—Choice of Apple or Cherry Pie at lunchtime—\$1.50 per slice.

Friday, September 15—Clinton County Health Department Flu Shot Clinic at 11:00 a.m.

Friday, September 15—Birthday Dinner. We celebrate all birthdays in September.

Wednesday, September 20—Lunch sponsored by Wilmington Nursing and Rehab at 12:00 noon. No charge for lunch—please make reservations by Tuesday, September 19.

Monday, September 25—Special entertainment at lunchtime.

Wednesday, September 27—Dinner Trip to Cheddar's Scratch Kitchen. Leave at 4:00 p.m.

Friday, September 29—Balance due for Charleston Trip.

Friday, October 6—Brian's Famous Trash Can Soup with Smores for dessert. Lunch will be served at 12:00 noon. There is no charge for this event but please make reservations by October 4. Entertainment provided.

Friday, October 13—Medicare Check-Up day at 12:00 noon

NO ALA CARTE AVAILABLE: 9/8; 9/15; 9/20

ALA CARTE

Mon

Tue

Wed

Thu

Fri

MONDAY— HAM & BEANS CORNBREAD					1 Hamburger on Bun Potato Wedges Broccoli Juice & Cookie	
TUESDAY— STEAK SUB ITALIAN SUB	4 Closed for Labor Day	5 Salisbury Steak Sweet Potatoes Mixed Vegetables Wheat Bread Peaches	6 Italian Chicken w/ Spaghetti Italian Vegetables Peas Juice & Cake	7 Smoked Sausage w/ Sauerkraut Mashed Potatoes Green Beans Fruit Cocktail	8 Ham Salad Sandwich Potato Salad Coleslaw Mandarin Oranges	
WEDNESDAY— CHEF SALAD	11 Chili Spaghetti Vegetable Medley Crackers Applesauce	12 Beef & Noodles Green Beans Diced Carrots Animal Crackers	13 Baked Chicken Herb Dressing Broccoli/Cauliflower Strawberry Apple- sauce	14 Cheese Lasagna Peas & Onions Carrot Coins Juice & Cookie	15 Meatloaf Mashed Potatoes Carrots Wheat Bread Birthday Cake	
THURSDAY— FISH & CHIPS GRILLED CHEESE GRILLED HAM & CHEESE	18 Chili Peanut Butter Sand- wich	19 Ham Sandwich Tomato Soup 3 Bean Salad Potato Salad Mandarin Oranges	20 Lunch sponsored by Wilmington Nursing & Rehab at 12:00 noon	21 Turkey Tetrazzini Brussel Sprouts Baked Cinnamon Apples Wheat Bread	22 BBQ Beef on Bun Peas & Onions Coleslaw Peach Cobbler	
FRIDAY— TACO SALAD	25 Cheese Pizza Peas & Onions Yellow Squash White Bread Juice & Grahams	26 Pineapple Ham Sweet Potatoes Peas Wheat Bread Juice & Cookie	27 Chicken Tenders Brown Rice Veggie Blend Wheat Bread Fruit Cocktail	28 Pork Cutlet Green Beans Beets Wheat Bread Pineapple	29 Chicken & Potato Casserole Broccoli Wheat Bread Peaches	

Return Address

**Wilmington Savings Bank—
Clinton County Senior Center
717 North Nelson Ave., P. O. Box 32
Wilmington, Ohio 45177**

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