



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.  
SENIOR OPERATIONS  
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER  
*This institution is an equal opportunity provider and employer*

# THE SENIOR INFORMER

**Clinton County Community  
Action Programs, Inc.**

Hours Of Operation  
M-F 8:00 am - 4:30 pm

**SENIOR OPERATIONS**

937-382-7170  
937-382-1848

**SENIOR SERVICES  
CENTER**

Stella Cramer,  
Senior Center Director  
655-2156

Brian Garber, Site Coordinator  
655-2165

Cindy Fitch, Supportive  
Services  
655-2151

Sherry Bowling, Homemaker  
Supervisor  
655-2164

Pam George, LPN  
Case Management  
655-2163



Ice Cream Social

Saturday, August 12

4:00 p.m. to 7:30 p.m.

Wilmington Savings Bank-Clinton County Senior Center  
Pressed Chicken Sandwiches; BBQ Pork Sandwiches; Hot Dogs;  
Assorted Desserts; Coffee, Tea and Lemonade; Homemade Ice  
Cream.

The Back in Time Express Band will provide  
entertainment.

Join us for a fun-filled evening!

Proceeds benefit the Senior Center

Annual Corn 5k Run/Walk to be held  
September 9. Proceeds from this event  
will benefit Clinton County Seniors. If  
you are interested in participating, stop by  
the Senior Center and pick up a registra-  
tion form.



It's that time of year....

We are accepting nominations for Corn Festival  
King and Queen. Nominations will be accepted  
beginning August 7 through August 17. Final  
voting will be held on Friday, August 18 until  
4:00 p.m.

Our food booth is the most profitable fundraiser  
that we do all year. Once again, we will have  
our pressed chicken sandwiches at the Festival  
this year. We need donations for purchasing  
chicken and supplies; or you can purchase the  
chicken and bring it to the senior center.



# Happy Birthday!!



### Walk Club Update!

June miles—330 miles

Charlotte Bland—149 miles

Judi Clay—99 miles

Carole Erdman—82.25 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join.

Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.



Helen Abney—8/17  
 Sharon Ackerman—8/24  
 Lois Allen—8/06  
 Mark Allen—8/20  
 Wilma Blakeman—8/06  
 Dayle Brown—8/13  
 Bill Brown—8/11  
 Kay Burton—8/20  
 Patti Charles—8/13  
 George Cook—8/29  
 Ruth Cooper—8/25  
 Sharon Cordrey—8/21  
 Sandy Daugherty—8/09  
 Ruth Dawson—8/10  
 Betty Day—8/30  
 Dorothy Daye—8/31  
 Paula Erwin—8/14  
 Janet Esmail—8/11  
 Bob Fadden—8/10  
 Christina Fadden—8/08  
 Phyllis Flint—8/18  
 James G. Flint—8/29  
 Mary Fulton—8/04  
 James Gibson—8/17

Thelma Godlove—8/05  
 Diane Good—8/11  
 Walter Hank—8/29  
 Jennifer Harvey—8/01  
 Diana Howard—8/07  
 Theresa Huesman—8/06  
 Wilma Kelso—8/24  
 Joyce Kimball—8/09  
 Willard Lane—8/26  
 Sandy Leslie—8/21  
 Maxine Lovelace—8/19  
 Wendell Mahanes—8/05  
 Robert Malyuk—8/22  
 Florence Manning—8/01  
 Sue Marshall—8/11  
 Sandy Mongold—8/14  
 Mary Ann Nace—8/01  
 James Patterson—8/25  
 Judith Reiley—8/14  
 Venita Rhoads—8/17  
 John Rose—8/12  
 Bettyanne Short—8/28  
 Paul Skogstorm—8/17  
 Paul Smith—8/13

Belina Snell—8/22  
 Kathy Spangler—8/16  
 Dika Swartzel—8/09  
 Martha Theener—8/17  
 Franklin Wall—8/20  
 Margaret Watters—8/12  
 Robert Watters—8/02  
 Vicki Wilson—8/10  
 Marie Zitney—8/04

Many Thanks to:

- \*Wilmington Nursing & Rehab for July Lunch
- \*Ohio Living/Cape May for July birthday cake
- \*Dr. Vanketesh for her presentation
- \*Back in Time Express Band for performing during Cruise In
- \*Wilmington Old Car Club for sponsoring Cruise in
- \*Wal-Mart; Kroger; Lowes; and Peebles for donations of raffle gifts for Cruise In

Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at [clintoncap.org](http://clintoncap.org) or OHTTY/YD 800-750-0750.



This institution is an equal opportunity provider.



### Congratulations to July winners!

- Sondra Nordyke—\$5.00
- Ray Baker—\$5.25
- Joyce Wilburn—\$8.99



### WELCOME NEW MEMBERS!

- Roberta Douglas
- Judith Reiley
- Mary Vaughn
- Paul Vaughn
- Phyllis Hall



### Senior Center Board Report for June 2017

- Meals: 552 meals were served to 97 attendees.
- Transportation: 282 one way trips were provided to 31 participants.
- ESP Medical: There were 6 units for 3 clients.
- Adult Day Care: There were a total of 212 trips provided for 9 clients.
- Home Meals: There were 2627 home meals delivered to 103 clients.
- Supportive Services: There were 43.75 units for 14 clients.
- Socialization/Recreation: There were 72 different activities and 136 clients attending.
- Homemaking Services: 961 units for 141 clients.
- Total transportation miles: We traveled 5,670 miles transporting clients.
- Total miles delivering meals: We traveled 3,234 miles delivering meals.

**HONOR FLIGHT DAYTON**

We have applications at the Senior Center for veterans for the Honor Flight to Washington D.C. We also have the applications for guardians to accompany veterans as well. Honor Flight Dayton recognizes American Veterans for their sacrifices and achievements by flying them to Washington D.C. to see THEIR memorial at no cost.

We also have applications for Memorial Bricks to be installed in the walkway of the Clinton County Veterans Memorial located at the Clinton County Courthouse.

Miracle-Ear Hearing Center representative, Jason Steeber, currently comes to the Senior Center the 4th Wednesday of the month. Jason will be here by appointment only. If you need your hearing checked or your hearing aids adjusted, call 1-513-385-7436 to set up an appointment. If you have any questions, just call the Senior Center.

**Buckley, Miller, Wright & Raizk**

Attorneys at Law  
145 North South Street  
Wilmington, Ohio 45177

[www.bmwlaw.net](http://www.bmwlaw.net)  
[bmwlaw@bmwlaw.net](mailto:bmwlaw@bmwlaw.net)

(937) 382-0946  
Fax (937) 382-1361

**CLINTON CO. ADULT DAY CENTER, INC.**

66 N. Mulberry Street  
Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

**Terry Spurlock**  
1403 Rombach Avenue  
Wilmington, OH 45177

Phone: 937-382-6100  
Mobile: 937-603-5429



**Is Your Home cold and drafty in the winter, and hot and steamy in the summer months????**

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If you are income eligible, you can receive a free furnace inspection and possibly replacement if needed. All gas appliances will be tested and you may qualify for a new energy star rated refrigerator and deep freeze based upon testing performed by an inspector. Sidewall and attic insulation if needed will be installed. Air leakage testing and measures will be performed. This could include spray foam work, door weatherstripping and many other air reduction items. All FREE of cost to you and or your landlord.

**Still have openings\*\***Trip to Historic Charleston November 13—November 16. The four day/3 night trip includes: 3 nights accommodations; 3 breakfasts at your hotel; 3 wonderful dinners to include: The Spirit of Carolina Dinner Cruise. Plus, James Island Holiday Festival of Lights and much more. Cost is \$649 per person —based on double occupancy. Deposit of \$100 is due August 4 and final payment by September 8.



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937-382-1659

[www.wilmingtonsavings.com](http://www.wilmingtonsavings.com)





**SUMMER CRISIS PROGRAM THROUGH 8/31/2017**

The following may be eligible for utility assistance and or air-conditioner.

\*Households with a member 60 or older

or

\*Households with medical documentation of illness that client would benefit from continued electric service or air conditioning.

You may be able to receive help on your electric if your income is at or below the following guidelines:

Household Size	3 Months Income	12 Months Income
1	5,276.25	21,105.00
2	7,105.00	28,420.00
3	8,933.75	35,735.00
4	10,762.50	43,050.00

We need the following information:

Total household income—past three months \* Social Security numbers \* Date of Birth \* Heat bill and Electric bill \* Proof of Citizenship-Birth Certificate or Social Security Cards for everyone in household \* Proof of Disability

For more information call: Clinton County Community Action Program, 789 N. Nelson Avenue, Wilmington, OH 45177 (937) 382-1234.



Our Ice Cream Social is scheduled for Saturday, August 12 from 4:00 p.m. to 7:30 p.m. We are asking for donations of baked goods for the evening. Please bring baked goods to the Senior Center on Friday, August 11 by 4:00 p.m. Thanks and hope to see you there!

Members of the Senior Advisory Board are:

- |               |               |
|---------------|---------------|
| Bob Thomas    | D Bullock     |
| Sid Clay      | Barb Davis    |
| Larry Cordrey | Carole Erdman |

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

**FOR YOUR INFORMATION:**

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

**ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM**

Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963

Carol Weber-466 Macedonia Road, Blanchester, OH 45107

Karen Buckley, Esq.-Buckley, Miller, Wright & Raizk, 145 N. South St., Wilmington, OH Phone—937-382-0946

Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-382-4367

Rev. Tom Stephenson, First Christian Church of Disciples, 120 Columbus St., Wilmington, OH Phone—937-382-2251

Tim Prestridge-CFO & COO, Clinton Memorial Hospital, 610 W. Main St., Wilmington, OH Phone—937-382-6611

Duane Weyand, Chief of Police, City of Wilmington, 69 N. South St., Wilmington, OH Phone—937-382-3822

Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273

Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524

You can also contact your county commissioners at 382-2103.



Effective September 1, 2017: coffee, tea and lemonade will be 25 cents per cup/glass. Coffee, tea and lemonade are NOT included in the donation cost of your meal. The Center absorbs the cost of the tea, lemonade, sugar, sweetener and creamer that the 10 cent charge doesn't cover. Luckily, we have the coffee donated. Thanks for your understanding.

**FOR YOUR INFORMATION:**

There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. Since several years have passed and we have additional members, we felt it would be a good idea to make all aware of this policy.

The following is the policy as it was published in the October 2009 Senior Informer:

“The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated.”

We want the Senior Center to continue to be an enjoyable place for all to attend.

## Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



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## This Was the Year...1947

**U. S. President:** Harry Truman

There was no Vice President from 1945-1949

**Time Magazine Person of the Year:** George Catlett Marshall

**Headlines:**

\*Everglades National park in Florida is established.

\*The first of the Dead Sea Scrolls is discovered.

\*The first Aloha Week Parade is held in Hawaii.

\*The U. N. partitions Palestine into two sections, one Arab, one Jewish.

\*Extraterrestrials allegedly crash-land near Roswell, NM.

**Cost of Living:**

New House-\$6,650

Harvard Tuition-\$420 year

Average Income-\$2,854

Movie Ticket-55 cents

New Car-\$1,290

Postage Stamp-3 cents

Average Rent-\$68 per month

Gasoline-15 cents per gallon

**Cost of Food:**

Sugar-85 cents for 10 lbs.

Eggs-23 cents dozen

Coffee-55 cents per lb.

Bacon-48 cents per lb.

Hamburger-42 cents per lb.

Milk-78 cents per gallon

**Technology News:**

\*First instant camera is shown.

\*Goodrich manufactures the first tubeless tire.

\*Howard Hughes flying boat, The Spruce Goose, takes off but never goes into production.

\*The transistor is invented.

\*ENIAC, one of the world's first digital computers, is turned on after a memory upgrade.

\*The sound barrier is broken.

\*The first LPs are introduced.

\*Kitty litter is invented.

**Fads:**

Dog chains on skirts, Microwave oven, home tape recorders, bobby socks as hair curlers.

**Popular Quote:**

"I have always depended on the kindness of strangers,"-from *A Streetcar Named Desire*



**Wilmington Nursing &  
Rehabilitation Center**

75 Hale Street  
Wilmington, OH 45177

Phone: (937) 382-1621  
Fax: (937) 383-1215

**Seniors Need Help call 382-7170**

## ACTIVITY SCHEDULE FOR AUGUST 2017

### MONDAY

8:00 am—Early Bird  
8:30 am—Chair Yoga  
8:45 am—Silver Sneakers  
9:00 am—Walk Club  
9:00 am—Pool  
10:00 am—Corn Toss  
12:15 pm—Bingo  
12:15 pm—Mexican Train Dominos  
12:15 pm—Rook

### TUESDAY

8:00 am—Early Bird  
9:00 am—Stability Ball  
10:00 am—Exercise  
12:15 pm—Crafts  
12:15 pm—Euchre  
12:15 pm—Mexican Train Dominos  
7:00 pm—Square Dancing

### WEDNESDAY

8:00 am—Early Bird  
8:45 am—Silver Sneakers  
9:00 am—Pool  
10:00 am—Corn Toss  
12:15 pm—Mexican Train Dominos  
1:30 pm—Senior Stretch Class

### THURSDAY

8:00 am—Early Bird  
9:00 am—Exercise with Weights  
9:00 am—Pinochle  
10:00 pm—Exercise  
12:15 pm—Chair Volleyball  
12:15 pm—Mexican Train Dominoes

### FRIDAY

8:00 am—Early Bird  
8:45 am—Silver Sneakers  
9:00 am—Pool  
9:00 am—Walk Club  
9:30 am—Bridge  
12:15 pm—Mexican Train Dominoes

## UPCOMING EVENTS

Saturday, August 12—Ice Cream Social from 4:00 p.m. to 7:30 p.m. Pressed Chicken and BBQ Pork Sandwiches; Hot Dogs, Assorted Desserts and HOMEMADE ICE CREAM! Back in Time Express will provide entertainment.

Tuesday, August 15—Advisory Board Meeting at 10:00 a.m.

Wednesday, August 16—Lunch sponsored by Wilmington Nursing and Rehab at 12:00 noon. No charge for meal—please make reservations by Tuesday, August 15.

Friday, August 18—Birthday Dinner—we celebrate all August birthdays. Birthday Bingo is back! Yolanda from Medi-gold will be here for Bingo after lunch.

Monday, August 21—Wilmington Nursing and Rehab will provide cookies for dessert!

Wednesday, August 23—Celebrating birthday of Lemonade. Choice of Frozen Lemonade or slice of Lemon Pie for \$1.50—only served during lunchtime.

Sunday, August 27—Trip to LaComedia to see “Mama Mia”—depart Center at 10:00 a.m.

Wednesday, August 30—Dinner Trip to Country Inn, Mt. Orab. Depart Center at 4:00 p.m.

**NO ALA CARTE AVAILABLE: 8/16; 8/18**

	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
		1 Salisbury Steak Whipped Sweet Potatoes Mixed Vegetables Peaches	2 Chicken Salad Sandwich Potato Salad Coleslaw Mandarin Oranges	3 Smoked Sausage w/ Sauerkraut Mashed Potatoes Green Beans Fruit Cocktail	4 Italian Chicken Spaghetti Peas Juice & Cake
	7 Baked Chicken Herb Dressing Broccoli Cauliflower Applesauce	8 Cheese Lasagna Peas & Onions Carrot Coins Juice & Cookie	9 Turkey Sandwich Creamy Veggie Soup Pasta Salad Coleslaw Peaches	10 Chili Spaghetti Vegetable Medley Applesauce	11 Pineapple Ham Whipped Sweet Potatoes Peas Juice & Cake
	14 Turkey Tetrazzini Brussel Sprouts Baked Apples Wheat Bread	15 BBQ Beef on Bun Peas & Onions Peach Cobbler Coleslaw	16 Lunch sponsored by Wilmington Nursing and Rehab at 12:00 noon	17 Ham Sandwich 3 Bean Salad Potato Salad Mandarin Oranges	18 Grilled Chicken Potato Wedges Green Beans Dinner Roll Birthday Cake
	21 Chicken w/gravy Green Beans Beets Wheat Bread Pineapple	22 Lemon Pepper Fish Brown Rice Veggie Blend Wheat Bread Fruit Cocktail	23 Chef Salad	24 Chicken & Potato Casserole Broccoli Wheat Bread Peaches	25 Meatloaf Mashed Potatoes Carrots Wheat Bread Juice & Cake
	28 Spaghetti & Meatballs Italian Vegetables Spinach Wheat Bread Peaches	29 Beef & Noodles Green Beans Diced Carrots Fruit Punch Animal Cookies	30 Roast Turkey Mashed Potatoes Vegetable Medley Wheat Bread Applesauce	31 Swiss Steak Stewed Tomatoes O'Brien Potatoes Wheat Bread Pears	

## Return Address

**Wilmington Savings Bank—  
Clinton County Senior Center  
717 North Nelson Ave., P. O. Box 32  
Wilmington, Ohio 45177**

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