



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.  
SENIOR OPERATIONS  
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER  
*This institution is an equal opportunity provider and employer*

# THE SENIOR INFORMER

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## 3rd Annual Cruise-In

717 N. Nelson Avenue Wilmington, OH  
Admission FREE—Donations Welcome!  
Funds to support Clinton County Seniors

**Clinton County Community  
Action Programs, Inc.**

Hours Of Operation  
M-F 8:00 am - 4:30 pm

**SENIOR OPERATIONS**

937-382-7170  
937-382-1848

**SENIOR SERVICES  
CENTER**

Stella Cramer,  
Senior Center Director  
655-2156

Brian Garber, Site Coordinator  
655-2165

Cindy Fitch, Supportive  
Services  
655-2151

Sherry Bowling, Homemaker  
Supervisor  
655-2164

Pam George, LPN  
Case Management  
655-2163



**JULY 22, 2017  
9 AM TO 2 PM**

**FOOD AVAILABLE**

**RAFFLES**

**BAKE SALE**

**50/50 DRAWING**

ENTERTAINMENT



**WOMEN'S WORLD PURSE AND SCARF  
BOOTH OPEN INSIDE**

Sponsored by the Wilmington Old Car Club

Entertainment provided by Back in Time Express Band. Food available: Hamburgers, Hot Dogs, Baked Beans, Macaroni Salad, Breakfast Casserole.

Accepting donations of baked goods for the bake sale and purses, scarves, jewelry for the Women's World Booth.



# Happy Birthday!!



### Walk Club Update!

May miles—327 miles

Charlotte Bland—146 miles

Judi Clay—106 miles

Carole Erdman—75 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join.

Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.



- Richard Achor—7/12
- John Ames—7/26
- Nancy Baker—7/08
- Bob Baker—7/28
- Joan Burge—7/26
- Mary Bush—7/21
- Sid Clay—7/10
- Cheri Cleaver—7/28
- Bill Davis—7/19
- Robert Fahrubel—7/21
- Susan Femeyer—7/28
- Thomas Fillinger—7/29
- Bill Flint—7/22
- Mike Fouch—7/07
- Susan Frazier—7/01
- Gary Frazier—7/04
- Anna Garner—7/15
- Evelyn Gunning—7/13
- Murial Hiatt—7/11
- Patty Hickey—7/29
- Rita Howard—7/02
- George Jones—7/18
- Julia Jones—7/28
- Esther Jordan—7/09
- Shirley Katter—7/16

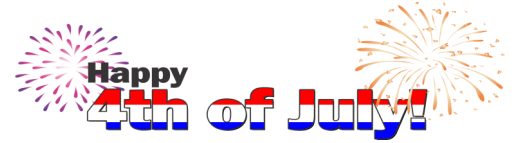
- Mary Lou Kellum—7/31
- Sue Kratzer—7/08
- Ginger LaDuke—7/20
- Anne Lynch—7/22
- Helen McFadden—7/26
- Janet McFarland—7/21
- Connie Milburn—7/14
- Sandra Millard—7/04
- Sherrie Murray—7/19
- Glenn Orr—7/15
- JoAnn Patterson—7/23
- Roy Penwell—7/09
- Cindy Petrich—7/14
- Irene Puckett—7/11
- Marty Riley—7/04
- Kathy Schwab—7/28
- Gustelia Scott—7/26
- Jeri Stewart—7/22
- Vickie Strange—7/15
- Edna Strange—7/15
- Barbara Thomas—7/01
- David Viars—7/13
- Victor Vick—7/16
- Pat Walker—7/17

- Douglas Wallace—7/17
- Sandra Webb—7/10
- Connie Wilson—7/21
- Betty Yarger—7/27
- Herman Young—7/18
- Terry Zurface—7/29



### Many Thanks to:

- \*Wilmington Nursing & Rehab for June Lunch
- \*Ohio Living/Cape May for June birthday cake
- \*Vendors and guest for the 9th annual Senior Awareness Fair
- \*All who participated in our Dish Towel Drive



Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



This institution is an equal opportunity provider.



### Congratulations to May/June winners!

- Betty Yarger—\$7.55
- Ken Rothwell—\$11.00
- Ray Baker—\$5.26
- Arline Bayless—\$5.50



### WELCOME NEW MEMBERS!

- Arthur Peterson
- Kenny Woodgeard
- Del Jackson
- Zeny Jackson
- Echo Green



### Senior Center Board Report for May 2017

- Meals: 559 meals were served to 90 attendees.
- Transportation: 395 one way trips were provided to 70 participants.
- ESP Medical: There were 6 units for 2 clients.
- Adult Day Care: There were a total of 207 trips provided for 9 clients.
- Home Meals: There were 2932 home meals delivered to 111 clients.
- Supportive Services: There were 40.25 units for 13 clients.
- Socialization/Recreation: There were 66.75 different activities and 153 clients attending.
- Homemaking Services: 961 units for 141 clients.
- Total transportation miles: We traveled 5,670 miles transporting clients.
- Total miles delivering meals: We traveled 3,234 miles delivering meals.

**HONOR FLIGHT DAYTON**

We have applications at the Senior Center for veterans for the Honor Flight to Washington D.C. We also have the applications for guardians to accompany veterans as well. Honor Flight Dayton recognizes American Veterans for their sacrifices and achievements by flying them to Washington D.C. to see THEIR memorial at no cost.

We also have applications for Memorial Bricks to be installed in the walkway of the Clinton County Veterans Memorial located at the Clinton County Courthouse.

Miracle-Ear Hearing Center representative, Jason Steeber, currently comes to the Senior Center the 4th Wednesday of the month. Jason will be here by appointment only. If you need your hearing checked or your hearing aids adjusted, call 1-513-385-7436 to set up an appointment. If you have any questions, just call the Senior Center.

**Buckley, Miller, Wright & Raizk**

Attorneys at Law  
145 North South Street  
Wilmington, Ohio 45177

[www.bmwlaw.net](http://www.bmwlaw.net)  
[bmwlaw@bmwlaw.net](mailto:bmwlaw@bmwlaw.net)

(937) 382-0946  
Fax (937) 382-1361

**CLINTON CO. ADULT DAY CENTER, INC.**

66 N. Mulberry Street  
Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

**Terry Spurlock**  
1403 Rombach Avenue  
Wilmington, OH 45177

Phone: 937-382-6100  
Mobile: 937-603-5429



**Is Your Home cold and drafty in the winter, and hot and steamy in the summer months????**

Call us for an application at 937-324-2971 or 937-382--0766. Stop in the office at 789 N. Nelson Road. Please don't miss this opportunity for a completely free service and let us help make you safe and comfy.

If you are income eligible, you can receive a free furnace inspection and possibly replacement if needed. All gas appliances will be tested and you may qualify for a new energy star rated refrigerator and deep freeze based upon testing performed by an inspector. Sidewall and attic insulation if needed will be installed. Air leakage testing and measures will be performed. This could include spray foam work, door weatherstripping and many other air reduction items. All FREE of cost to you and or your landlord.

**\*\*Trip to Historic Charleston November 13—November 16.** The four day/3 night trip includes: 3 nights accommodations; 3 breakfasts at your hotel; 3 wonderful dinners to include: The Spirit of Carolina Dinner Cruise. Plus, James Island Holiday Festival of Lights and much more. Cost is \$649 per person —based on double occupancy. Deposit of \$100 is due August 4 and final payment by September 8.



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937-382-1659



[www.wilmingtonsavings.com](http://www.wilmingtonsavings.com)







### Ice Cream Social

Saturday, August 12

4:00 p.m. to 7:30 p.m.

Pressed Chicken Sandwiches; BBQ Pork Sandwiches; Hot Dogs; Assorted Desserts; Coffee, Tea and Lemonade; Homemade Ice Cream.

The Back in Time Express Band will provide entertainment.

Join us for a fun-filled evening!

Trip to LaComedia to see *MAMMA MIA* on Sunday, August 27. Cost is \$42 —reservations and payment due by July 14. *MAMMI MIA* is the ultimate feel-good show that has thrilled 54 million people worldwide. Now it's your turn to experience the mega-hit musical that combines ABBA's greatest hits such as "Dancing Queen," "S.O.S.," "Super Trooper," "Take a Chance On Me" and "The Winner Takes It All," with an enchanting tale of love, laughter and friendship. The excitement unfolds when Sophie dreams of a perfect wedding—one which includes her father giving her away. The problem is that Sophie doesn't know who he is! When she secretly invites three men from her mother's past to the wedding, she's convinced that she'll know which one is her father. But it may not be as easy as she thought!

#### Members of the Senior Advisory Board are:

Bob Thomas	D Bullock
Sid Clay	Barb Davis
Larry Cordrey	Carole Erdman

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

#### FOR YOUR INFORMATION:

Do you have problems, questions or concerns with your services through the Elderly Services Program? Concerned about how your tax dollars for the Elderly Services Program are being used? There is someone you can call—listed below are the members of the Advisory Board for the Clinton County Elderly Services Program.

#### ADVISORY BOARD FOR C.C. ELDERLY SERVICES PROGRAM

Kathi Spirk, Job & Family Services, 1025 S. South St., Suite 200, Wilmington, OH Phone—937-382-0963

Carol Weber-466 Macedonia Road, Blanchester, OH 45107

Karen Buckley, Esq.-Buckley, Miller, Wright & Raizk, 145 N. South St., Wilmington, OH Phone—937-382-0946

Gene Breckel-615 N. Spring Street, Wilmington, OH Phone—937-382-4367

Rev. Tom Stephenson, First Christian Church of Disciples, 120 Columbus St., Wilmington, OH Phone—937-382-2251

Tim Prestridge-CFO & COO, Clinton Memorial Hospital, 610 W. Main St., Wilmington, OH Phone—937-382-6611

Duane Weyand, Chief of Police, City of Wilmington, 69 N. South St., Wilmington, OH Phone—937-382-3822

Larry Roddy, 3549 Gurneyville Road, Wilmington, OH Phone—937-382-3273

Tim Hawk, 299 McKay Road, Wilmington, OH Phone—937-382-5524

You can also contact your county commissioners at 382-2103.



Banana Splits are Back!!!!

Our next Banana Split Party is Thursday, July 20 from 2:00 p.m. to 3:00 p.m.

Cost is \$3—hope to see you there!

#### FOR YOUR INFORMATION:

There is a Conduct Policy in place at the Senior Center. This policy was put into effect in 2009. Since several years have passed and we have additional members, we felt it would be a good idea to make all aware of this policy.

The following is the policy as it was published in the October 2009 Senior Informer:

“The Senior Center Advisory Board and staff have developed a new policy concerning conduct while attending the Senior Center. Violence and abusive language to others WILL NOT BE TOLERATED at the Senior Center. Participants come to the Center to have fun and socialize with others and not to be victims of any type of misconduct. Effective immediately, if there is any type of abusive language toward another participant or staff member you will be asked to leave and you will not be permitted back at the Center for any activity or program for 30 days. If a violent act has occurred, that will be cause for immediate removal from the Center and your membership will be terminated.”

We want the Senior Center to continue to be an enjoyable place for all to attend.

## Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



## This Was the Year...1946

**U. S. President:** Harry Truman

There was no Vice President from 1945-1949

**Time Magazine Person of the Year:** James F. Byrnes

**Headlines:**

\*The Central Intelligence Agency is formed.

\*Five die in riot at Alcatraz.

\*WWII soldiers make use of the GI Bill of Rights provision and head to college in record numbers.

\*Birthrates jump to more than 1.4 million in one year with the return of WWII veterans.

\*Alaskans vote in favor of statehood.

\*A major undersea 7.4 earthquake in Alaska causes a Tsunami that, by the time it reached Hawaii, caused waves of 60' in height, resulting in more than 150 deaths.

**Cost of Living:**

New House-\$5,600

Harvard Tuition-\$420 year

Average Income-\$2,500

Movie Ticket-55 cents

New Car-\$1,125

Postage Stamp-3 cents

Average Rent-\$65 per month

Gasoline-15 cents per gallon

**Cost of Food:**

Sugar-75 cents for 10 lbs.

Eggs-22 cents dozen

Coffee-50 cents per lb.

Bacon-47 cents per lb.

Hamburger-40 cents per lb.

Milk-70 cents per gallon

**Technology News:**

\*A T & T announces the first car phones.

\*BBC television service begins broadcasting again.

\*The U. S. begins atomic tests on Bikini Atoll.

\*Piaggio produces the first successful motor scooter, the Vespa.

**New Food Products:**

\*Frozen French fries

\*Ragu Spaghetti Sauce

\*French's Instant Potatoes

**Fads:**

Jacques Heim and Louis Reard designs the first bikini for the public; Women's short-legged overalls; Magic 8 ball; Lionel Trains with steam



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**Wilmington Nursing &  
Rehabilitation Center**

75 Hale Street  
Wilmington, OH 45177

Phone: (937) 382-1621  
Fax: (937) 383-1215

**Seniors Need Help call 382-7170**

## ACTIVITY SCHEDULE FOR JULY 2017

### MONDAY

8:00 am—Early Bird  
8:30 am—Chair Yoga  
8:45 am—Silver Sneakers  
9:00 am—Walk Club  
9:00 am—Pool  
10:00 am—Corn Toss  
12:15 pm—Bingo  
12:15 pm—Mexican Train Dominos  
12:15 pm—Rook

### TUESDAY

8:00 am—Early Bird  
9:00 am—Stability Ball  
10:00 am—Exercise  
12:15 pm—Crafts  
12:15 pm—Euchre  
12:15 pm—Mexican Train Dominos  
7:00 pm—Square Dancing

### WEDNESDAY

8:00 am—Early Bird  
8:45 am—Silver Sneakers  
9:00 am—Pool  
10:00 am—Corn Toss  
12:15 pm—Mexican Train Dominos  
1:30 pm—Senior Stretch Class

### THURSDAY

8:00 am—Early Bird  
9:00 am—Exercise with Weights  
9:00 am—Pinochle  
10:00 pm—Exercise  
12:15 pm—Chair Volleyball  
12:15 pm—Mexican Train Dominoes

### FRIDAY

8:00 am—Early Bird  
8:45 am—Silver Sneakers  
9:00 am—Pool  
9:00 am—Walk Club  
9:30 am—Bridge  
12:15 pm—Mexican Train Dominoes

## UPCOMING EVENTS

Monday, July 3—4th of July Cookout at 12:00 noon. Everything will be provided.

Tuesday, July 4—Closed for Independence Day

Tuesday, July 11—Advisory Board Meeting at 10:00 a.m.

Thursday, July 13—Diabetic Shoe Clinic 10:00 a.m. to 11:30 a.m.

Wednesday, July 19—Lunch with Wilmington Nursing and Rehab at 12:00 noon. Dr. Vankatesh will be speaking.

Thursday, July 20—Banana Splits from 2:00 p.m. to 3:00 p.m. Cost \$3

Friday, July 21—Birthday Dinner. We celebrate all birthdays in July.

Saturday, July 22—3rd Annual Cruise-In from 9:00 a.m. to 2:00 p.m.

Monday, July 24—Shopping Trip to Dayton Mall. Leave at 9:30 a.m. \$5 for transportation.

Wednesday, July 26—Dinner Trip to Bag of Nails. Leave at 4:00 p.m.

Tuesday, August 1—Trip to Ohio State Fair Senior Day. Leave Center at 9:30 a.m. Cost \$12 includes admission ticket and transportation.

Saturday, August 12—Ice Cream Social from 4:00 p.m. to 7:30 p.m. Pressed Chicken and BBQ Pork Sandwiches; Hot Dogs, Assorted Desserts and HOMEMADE ICE CREAM! Back in Time Express will provide entertainment.

**NO ALA CARTE AVAILABLE:**

**7/3; 7/19; 7/21**

<b>Ala Carte</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
Mondays— Ham & Beans Cornbread					
Tuesdays— Italian Sub Steak Sub	3 Cookout for July 4th At 12:00 noon	4 Closed for Holiday	5 Chili Spaghetti Vegetable Medley Saltine Cracker Fresh Orange	6 Baked Chicken Herb Dressing Broccoli/Cauliflower Applesauce	7 Meatloaf Mashed Potatoes Carrots Wheat Bread
Wednesdays— Chef Salad	10 Cheese Pizza Peas & Onions Yellow Squash Juice & Grahams	11 Ala Carte Only— Italian or Steak Sub Chips Pickle	12 Ham Sandwich Tomato Soup 3 Bean Salad Coleslaw	13 BBQ Beef on Bun Peas & Onions Coleslaw Peach Cobbler	14 Country Fried Steak Potato Wedges Green Beans Wheat Bread
Thursdays— Fish & Chips Grilled Ham & Cheese Grilled Cheese	17 Chicken & Potato Casserole Broccoli Peaches	18 Cheese Pizza Peas & Onions Carrot Coins Juice/Cookie	19 Lunch with Wilming- ton Nursing & Rehab at 12:00 noon	20 Pineapple Ham Whipped Sweet Potatoes Peas	21 Chicken & Gravy Mashed Potatoes Green Beans Birthday Cake
Fridays— Taco Salad	24 Pork Cutlet Red Skin Potatoes Vegetable Medley Wheat Bread	25 Swiss Steak Stewed Tomatoes O'Brien Potatoes Pears	26 Ala Carte Only— Chef Salad	27 Roast Turkey Mashed Potatoes Vegetable Medley Wheat Bread	28 Spaghetti & Meatballs Italian Vegetables Spinach Wheat Bread
	31 Hamburger on Bun Baked Beans Broccoli Pineapple				

## Return Address

**Wilmington Savings Bank—  
Clinton County Senior Center  
717 North Nelson Ave., P. O. Box 32  
Wilmington, Ohio 45177**

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