



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
SENIOR OPERATIONS
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

**Clinton County Community
Action Programs, Inc.**

Hours Of Operation
M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170
937-382-1848

**SENIOR SERVICES
CENTER**

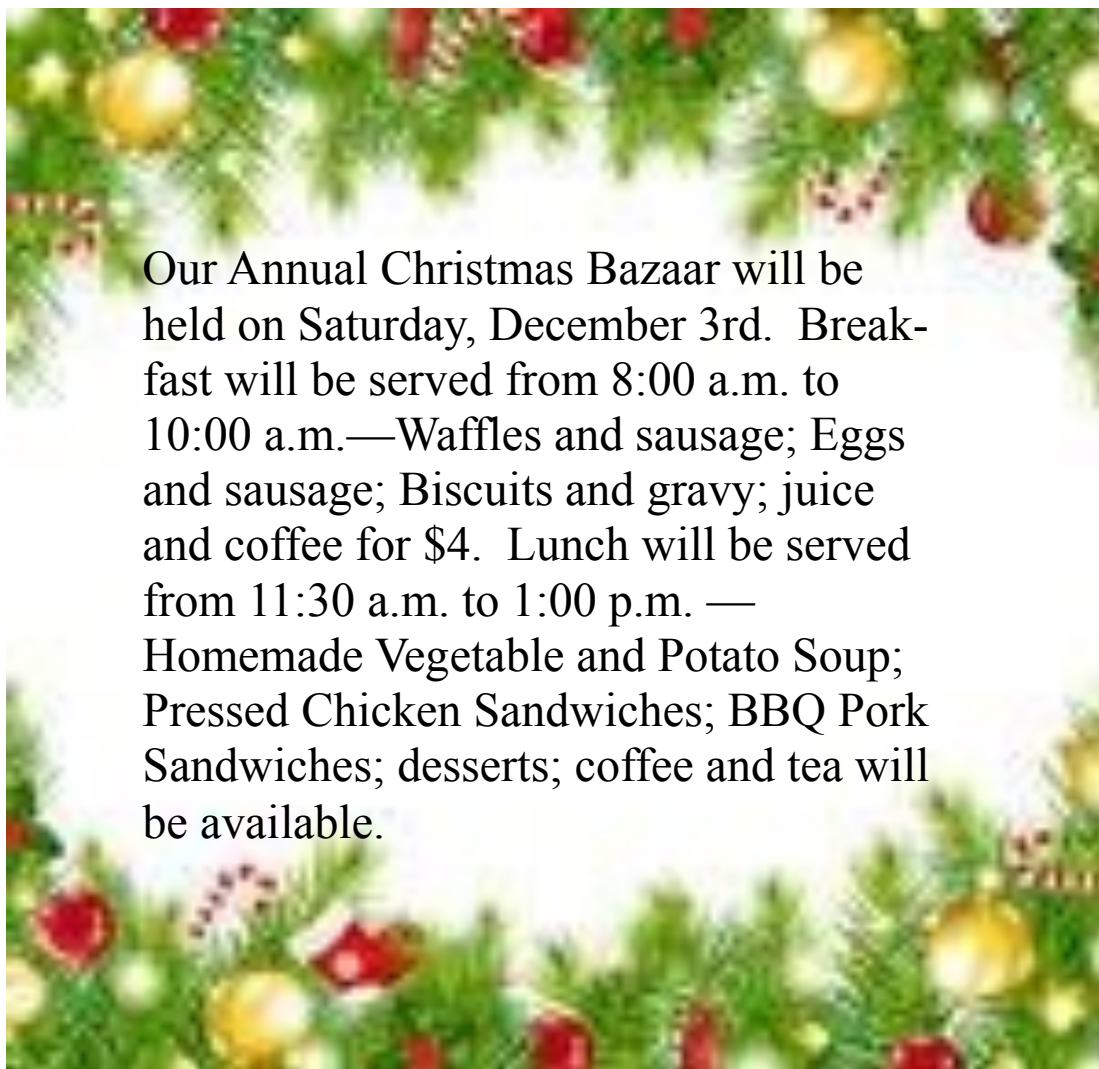
Stella Cramer,
Senior Center Director
655-2156

Brian Garber, Transportation
Manager
655-2165

Cindy Fitch, Supportive
Services
655-2151

Sherry Bowling, Homemaker
Supervisor
655-2164

Pam George, LPN
Case Management
655-2163



Our Annual Christmas Bazaar will be held on Saturday, December 3rd. Breakfast will be served from 8:00 a.m. to 10:00 a.m.—Waffles and sausage; Eggs and sausage; Biscuits and gravy; juice and coffee for \$4. Lunch will be served from 11:30 a.m. to 1:00 p.m. — Homemade Vegetable and Potato Soup; Pressed Chicken Sandwiches; BBQ Pork Sandwiches; desserts; coffee and tea will be available.



JUST A FRIENDLY REMINDER....
MEMBERSHIP DUES FOR 2017 ARE
DUE JANUARY. PLEASE FILL OUT
THE FORM ON PAGE 4 AND RE-
TURN WHEN PAYING YOUR DUES,
SO WE CAN UPDATE OUR MAIL-
ING LIST. THANKS!



Happy Birthday!!



Walk Club Update!

- October miles—388 miles
- Charlotte Bland—126 miles
- Judi Clay—113 miles
- Carole France—75 miles
- Carole Erdman—54 miles
- Polly Daugherty—20 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.

- Sharon Adams—12/11
- Kay Allen—12/02
- Teresa Avedisian—12/14
- Steven Baldwin—12/21
- Jon Barber—12/26
- Kenneth Beal—12/11
- Charlotte Bland—12/16
- Chuck Brewer—12/25
- Rheada Brown—12/18
- James Burge—12/16
- Larry Cordrey—12/06
- Joan Corr—12/04
- Ruth Curtis—12/24
- Jack France—12/21
- Steve Geffre—12/16
- Keith Griffin—12/25
- Mary Haselip—12/18
- JoAnn Hayslip—12/27
- Carol Ilg—12/07
- George Kees—12/25
- Barbara Ledford—12/21
- Jean Lay—12/16
- Jack Lindsay—12/13

- Truman Long—12/20
- Betty Lyon—12/17
- Wayne Manning—12/20
- Georgia Marburger—12/08
- Shirley Massie—12/14
- Wilma McBrayer—12/02
- Ronald McKee—12/17
- Judy Mills—12/13
- Elizabeth Mitchell—12/12
- Danny Mongold—12/27
- JoAnn Mossbarger—12/18
- Betty Ogden—12/27
- Priscilla Oliver—12/20
- David Ostermeier—12/06
- Gerald Pierson—12/30
- Yvonne Pollack—12/16
- Joyce Powers—12/30
- Anicia Powers-Russell—12/31
- Carol Rack—12/06

- Roland Richardson—12/24
- Gina Root—12/17
- Claire Ropp—12/02
- Charlotte Satterfield—12/05
- Mildred Shelton—12/30
- Jean Singleton—12/16
- Betty Smith—12/09
- Eugene Snyder—12/13
- Christine Snyder—12/23
- Leann Stephenson—12/09
- Carol Sternsher—12/30
- Sue Stewart—12/23
- Pauline Taylor—12/10
- Joe Trapp—12/02
- Ted Vandervort—12/20
- Theresa Vingo—12/19
- Edith Viviono—12/11



Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.

Congratulations to November winners!

- Esther Jordan—\$5.25
- Betty Yovich—\$6.59
- Mary Fulton—\$5.75
- Nancy Boldman—\$6.05
- Fran Unger—\$4.50



This institution is an equal opportunity provider.



WELCOME NEW MEMBERS!


- Robert Baker
- Nancy Dennis
- Margaret Maynard



Senior Center Board Report for October 2016

- Meals: 534 meals were served to 98 attendees.
- Transportation: 412 one way trips were provided to 64 participants.
- ESP Medical: There were 9 units for 4 clients.
- Adult Day Care: There were a total of 187 trips provided for 8 clients.
- Home Meals: There were 2600 home meals delivered to 101 clients.
- Supportive Services: There were 71.75 units for 39 clients.
- Socialization/Recreation: There were 100.75 different activities and 157 clients attending.
- Homemaking Services: 961 units for 141 clients.
- Total transportation miles: We traveled 4925 miles transporting clients.
- Total miles delivering meals: We traveled 2596 miles delivering meals.

Trip to see Christmas Lights at "Light Up Middletown" drive-thru display at Smith Park on Monday, December 12.



Leave the Center at 5:00 p.m. After the ride, we will return to the Center for Sloppy Joes, chips, cookies and hot chocolate. Cost for the evening is \$6. Please sign up in the lobby.

Miracle-Ear Hearing Center representative, Jason Steeber, currently comes to the Senior Center the 4th Wednesday of the month. Jason will be here by appointment only. If you need your hearing checked or your hearing aids adjusted, call 1-800-573-8854, ext. 978 to set up an appointment. If you have any questions, just call the Senior Center.

Buckley, Miller, Wright & Raizk
 Attorneys at Law
 145 North South Street
 Wilmington, Ohio 45177

www.bmwlaw.net (937) 382-0946
bmwlaw@bmwlaw.net Fax (937) 382-1361

CLINTON CO. ADULT DAY CENTER, INC.
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We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

Terry Spurlock Phone: 937-382-6100
 1403 Rombach Avenue Mobile: 937-603-5429
 Wilmington, OH 45177

West End

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THANK YOU!!!
 Many Thanks to:
 *Ohio Living for November Birthday cake
 *Wilmington Nursing and Rehab for November lunch
 *Jackie Dorsey-Love and YGI for Pizza Night

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Continental MANOR

Lois Butt, LNHA, MSOL
 Executive Director

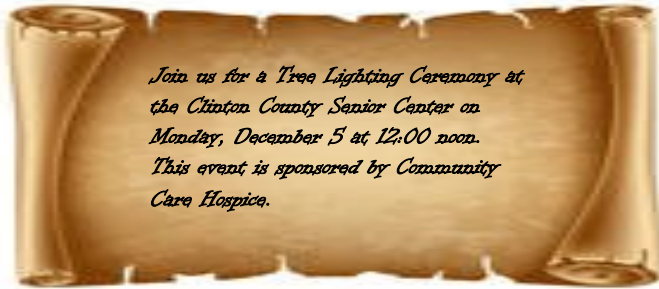
820 E. Center Street • Blanchester OH 45107
 937.783.4949 • fax 937.783.5820
 email: lbutt@continentalmanor.org

Members of the Senior Advisory Board are:

- Bob Thomas D Bullock
- Sid Clay Barb Davis
- Larry Cordrey

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Thank you to everyone that had a part in this successful 2016 Operation Christmas Child year. The Senior Center Packing Party was such a blessing to all who participated. 77 boxes were put together because of your faithful giving during the year. Blessings to all Debbie Hatten



Anyone like playing Chess? We have interest in getting people together for an afternoon of Chess. If you are interested, call the Center and we will try and get Chess on the activity schedule in the near future.

4-Ingredient Snickerdoodle Bars

- 1 roll (16.5 oz) Pillsbury refrigerated sugar Cookies
- 1 1/4 teaspoons ground cinnamon
- 1 teaspoon sugar
- 1 container (16 oz) vanilla creamy frosting



Heat oven to 350 degrees. Let cookie dough stand at room temp. 10 minutes to soften. Spray 8-inch square pan with cooking spray. In medium bowl, mix cookie dough and 1 tsp. of cinnamon with wooden spoon or hands until well blended. Press evenly in pan. Bake 25 to 30 minutes or until set and edges are golden brown. Cool completely, about 1 hour. Meanwhile, in small bowl, stir remaining 1/4 tsp. cinnamon and sugar until well blended. Spread frosting on bars. Sprinkle with cinnamon-sugar. Cut into bars.



DON'T FORGET TO RENEW YOUR MEMBERSHIP TO KEEP YOUR NEWSLETTER COMING!

NAME _____ BIRTH DATE _____

HOME PHONE _____ CELL PHONE _____

ADDRESS _____

ZIP CODE _____ COUNTY _____ TOWNSHIP _____

EMERGENCY CONTACT: _____
PHONE _____

AUTHORIZATION/RELEASE _____

I agree to release from liability CCCAP, Senior Operations staff and volunteers for any injury or illness accidental incurred by me. In the event of an emergency, first aid will be administered by a competent person. I give permission to the person in charge to summon an emergency squad to assist in my assessment and transport to the nearest hospital.

Signature _____ Date _____

Cut this form out and mail back or bring in to the Wilmington Savings Bank/Senior Center.

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



This was the Year...1950

U. S. President: Harry Truman

U. S. Vice President: Alben Barkley

Headlines:

The 22nd Amendment was ratified limiting the U.S. Presidential term in office to eight years (two terms).

First nuclear bomb was tested at Nevada test site.

The Broker Commuter Train crashed in Woodbridge, NJ, killing 85 people.

Public kissing was banned in Sweden.

Joe DiMaggio had a 56-game hitting streak and did not strike out during the 1951 season.

Cost Of Living:

New House-\$9,000

Movie Ticket-65 cents

New Car-\$1,520

Average Rent-\$78 month

Gasoline-19 cents gallon

Postage Stamp-3 cents

Average Income-\$3,515 year

Harvard Tuition-\$600 year

Cost of Food:

Sugar-85 cents per 10 lbs.

Eggs-24 cents dozen

Coffee-72 cents per lb.

Bacon-52 cents per lb.

Hamburger-50 cents per lb.

Fresh Bread-16 cents loaf

Technology News and Fads:

Tupperware parties were introduced; Oral contraceptive (The Pill) pills were invented; Direct dial coast-to-coast telephone service began in the U.S.; First color television picture was broadcast from the Empire State Building; View Master; Scrabble

Movies:

An American in Paris; Alice in Wonderland; Scrooge; A Streetcar Named Desire; The African Queen

TV Shows:

Texaco Star Theatre; I Love Lucy; The Red Skelton Show; The Jack Benny Show; You Bet Your Life

Popular Quote:

“Stella! Hey, Stella!”- Marlon Brando in *A Streetcar Named Desire*



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Wilmington Nursing & Rehabilitation Center

75 Hale Street
Wilmington, OH 45177

Phone: (937) 382-1621
Fax: (937) 383-1215

Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR DECEMBER 2016

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos
12:15 pm—Rook

TUESDAY

8:00 am—Early Bird
9:00 am—Stability Ball
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
7:00 pm—Square Dancing

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Sequence/Mexican Train Dominos
2:30 pm—Line Dancing

THURSDAY

8:00 am—Early Bird
9:00 am—Exercise with Weights
9:00 am—Pinochle
10:00 pm—Exercise
12:15 pm—Chair Volleyball

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:30 am—Bridge

UPCOMING EVENTS

Saturday, December 3—Christmas Bazaar from 8:00 a.m. to 2:00 p.m.

Monday, December 5—Community Care Hospice Tree Lighting Ceremony at 12:00 noon. Followed by a brief presentation of dealing with grief during the holidays.

Wednesday, December 7—Fall Risk Assessment program by Ohio Living at 11:30 a.m.

Monday, December 12—Trip to Middletown to see “Light Up Middletown”. Leave the Center at 5:00 p.m. and return for sloppy joes, chips, cookies and hot chocolate. Cost for the evening \$6.

Wednesday, December 14—10:00 a.m. Ohio Living returns to complete Fall Risk Assessments for those wishing to participate.

Friday, December 16—Birthday Dinner. We celebrate all December birthdays.

Friday, December 16—Health Department will be doing blood pressure checks from 10:30 a.m. to 11:30 a.m.

Friday, December 16—Christmas with Family and Friends Carry-In at 5:00 p.m. Bring covered dish—meat will be provided. Riverest Trio providing music. There will be a special guest.

Monday December 19—Christmas Dinner at 11:30 a.m. Christmas Music by Meda Pittser and Maribeth Bevis.

Friday, December 23 and Monday, December 26—Center will be closed in observance of the Christmas Holiday.

Monday, January 2—Center will be closed in observance of New Year’s Day Holiday.

No Ala carte on 12/16; 12/19

Ala Carte	Mon	Tue	Wed	Thu	Fri
<u>Mondays</u> Ham & Beans Cornbread				1 Baked Chicken Herb Dressing Broccoli Green Beans Wheat Bread	2 Turkey Tetrazzini Brussel Sprouts Baked Apples Wheat Bread
<u>Tuesdays, Thursdays</u> Grilled Cheese Grilled Ham & Cheese	5 Chicken & Brown Rice Broccoli Carrots Mandarin Oranges	6 BBQ Beef on Bun Creamy Veggie Soup Peas & Pearl Onions Potato Wedges Peaches	7 Cabbage Roll Peas & Onions Yellow Squash White Bread Pears	8 Country Fried Steak Potato Wedges Green Beans Wheat Bread Orange	9 Beef Stew Green Beans Cornbread Pineapple
<u>Wednesdays</u> Chef Salad	12 Cheese Lasagna Peas & Onions Carrot Coins Apple Cookie	13 Chicken Tenders Brown Rice Mixed Vegetables Wheat Bread Fruit Cocktail	14 Chicken Potato Casse- role Broccoli Wheat Bread Pears	15 Beef & Noodles Green Beans Carrots Wheat Bread Mandarin Oranges	16 Pork Cutlet Potato Wedges Vegetable Medley Wheat Bread Birthday Cake
<u>Fridays</u> Taco Salad	19 Cherry Glazed Ham Sweet Potato Patties Peas Dinner Roll Chocolate Eclairs	20 Spaghetti & Meatballs Italian Vegetables Spinach Wheat Bread Peaches	21 Pork Cutlet Broccoli Green Beans Wheat Bread Juice & Cookies	22 Southwestern Omelet Stewed Tomatoes O'Brien Potatoes Wheat Bread Pears	23 Closed for Christmas Holiday
	26 Closed for Christmas Holiday	27 Cheeseburger on Bun Great Northern Beans Broccoli Pineapple Tidbits	28 Italian Chicken Spaghetti Italian Vegetables Peas Wheat Bread	29 Salisbury Steak Whipped Sweet Pota- toes Oregon Vegetables Wheat Bread	30 Roast Pork Loin Brown Rice Oregon Vegetables Rye Bread Fruit Cocktail

Return Address

**Wilmington Savings Bank—
Clinton County Senior Center
717 North Nelson Ave., P. O. Box 32
Wilmington, Ohio 45177**

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