



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
 SENIOR OPERATIONS
 WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

Thank you Veterans for your service....

**Clinton County Community
 Action Programs, Inc.**

Hours Of Operation
 M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170
 937-382-1848

**SENIOR SERVICES
 CENTER**

Stella Cramer,
 Senior Center Director
 655-2156

Brian Garber, Transportation
 Manager
 655-2165

Cindy Fitch, Supportive
 Services
 655-2151

Vicki Trapp, Homemaker
 Supervisor
 655-2164

Pam George, LPN
 Case Management
 655-2163

In November 1919, President Wilson proclaimed November 11 as the first commemoration of Armistice Day with the following words: "To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..."

An Act (52 Stat. 351; 5 U. S. Code, Sec. 87a) approved May 13, 1938, made the 11th of November in each year a legal holiday—a day to be dedicated to the cause of world peace and to be thereafter celebrated and known as "Armistice Day." Armistice Day was primarily set aside to honor veterans of World War I, but in 1954, after World War II had required the greatest mobilization of soldiers, sailors, Marines and airmen in the Nation's history; after American forces had fought aggression in Korea, the 83rd Congress, at the urging of the veterans service organizations, amended the Act of 1938 by striking the word "Armistice" and inserting in its place the word "Veterans." With the approval of this legislation (Public Law 380) on June 1, 1954, November 11th became a day to honor American veterans of all wars.

The Uniform Holiday Bill (Public Law 90-363 (82 Stat.250)) was signed on June 28, 1968, and was intended to ensure three-day weekends for Federal employees by celebrating four national holidays on Mondays: Washington's Birthday, Memorial Day, Veterans Day and Columbus Day. It was thought that these extended weekends would encourage travel, recreational and cultural activities and stimulate greater industrial and commercial production. Many states did not agree with this decision and continued to celebrate the holidays on their original dates.

The first Veterans Day under the new law was observed with much confusion on October 25, 1971. It was quite apparent that the commemoration of this day was a matter of historic and patriotic significance to a great number of our citizens, and so on September 20th, 1975, President Gerald R. Ford signed Public Law 94-97 (89 Stat. 479), which returned the annual observance of Veterans Day to its original date of November 11, beginning in 1978. This action supported the desires of the overwhelming majority of state legislatures, all major veterans service organizations and the American people.

Veterans Day continues to be observed on November 11, regardless of what day of the week on which it falls. The restoration of the observance of Veterans Day to November 11 not only preserves the historical significance of the date, but helps focus attention on the important purpose of Veterans Day: A celebration to honor America's veterans for their patriotism, love of country and willingness to serve and sacrifice for the common good.





Happy Birthday!!



Walk Club Update!

- September miles—396 miles
- Charlotte Bland—130 miles
- Judi Clay—102.5 miles
- Carole France—71.25 miles
- Carole Erdman—53 miles
- Polly Daugherty—18 miles
- Janet Esmail—21 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.

- Lynne Adkins—11/19
- Loren Allen—11/29
- Frances Ames—11/28
- Billie Baker—11/21
- Vera Baker—11/04
- Linda Bales—11/09
- Rhonda Bond—11/27
- Angel Bowling—11/20
- Glen Brewer—11/21
- Roger Brown—11/06
- Jim Brubaker—11/25
- Joy Brubaker—11/05
- Cindy Burgess—11/04
- Walt Carruthers—11/21
- Herman Clark—11/30
- Mickey Current—11/14
- Harold Curry—11/22
- Tom Dalton—11/24
- Betty Davis—11/04
- Joan Davis—11/15
- Georgia Dodd—11/04
- Roberta Douglas—11/15
- Gloria Fulkerson—11/05

- Dorothy Garrison—11/26
- Lena Gibson—11/19
- Roberta Grooms—11/19
- Marjorie Haines—11/27
- Debbie Hatten—11/22
- James Hilterbrandt—11/24
- John Howell—11/30
- Clara Hurt—11/29
- Robert Irwin—11/02
- Charlie Kenser—11/22
- Ruth Lansing—11/18
- Ruth Malyuk—11/06
- Linda Moore—11/22
- Betty Osborn—11/09
- James Pagett—11/02
- Judy Russell—11/22
- Enriqueta Smith—11/25
- Karen Smith—11/12
- Juanita Snell—11/17
- Peggy Speaight—11/27
- Linda Theener—11/28
- Donna Vaughan—11/24
- Marilyn Whitamore—11/28

- Trisha Wiget—11/21
- Reba Williams—11/05
- Dana Yeagley—11/27

Shopping Trip to Jungle Jim's and Meijer at Eastgate— Tuesday, November 15. Leave at 9:30 a.m. Cost \$5. Stop and eat at Golden Corral.



Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



This institution is an equal opportunity provider.



Congratulations to October winners!

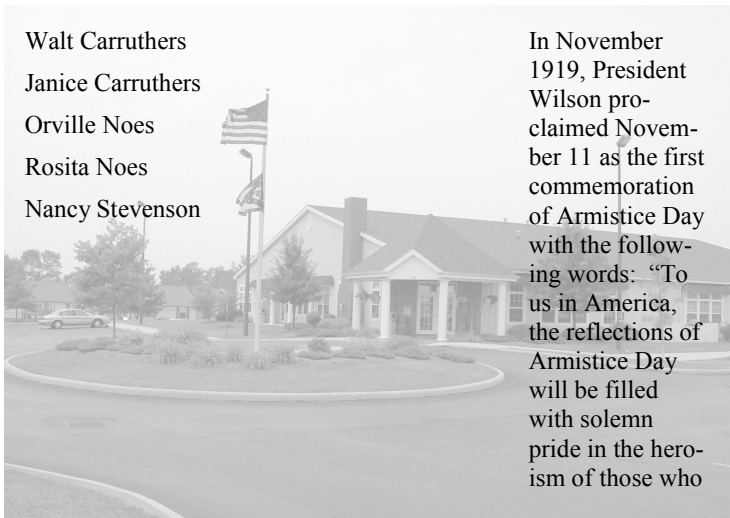
- Norma Shadley—\$5.70
- Sharon SchmidtsGesling—\$4.50
- Kenneth Rothwell—\$4.75



WELCOME NEW MEMBERS!

- Walt Carruthers
- Janice Carruthers
- Orville Noes
- Rosita Noes
- Nancy Stevenson

In November 1919, President Wilson proclaimed November 11 as the first commemoration of Armistice Day with the following words: "To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who



Senior Center Board Report for September 2016

- Meals: 588 meals were served to 91 attendees.
- Transportation: 383 one way trips were provided to 45 participants.
- ESP Medical: There were 6 units for 3 clients.
- Adult Day Care: There were a total of 216 trips provided for 11 clients.
- Home Meals: There were 2457 home meals delivered to 95 clients.
- Supportive Services: There were 31.75 units for 23 clients.
- Socialization/Recreation: There were 108 different activities and 169 clients attending.
- Homemaking Services: 961 units for 141 clients.
- Total transportation miles: We traveled 4925 miles transporting clients.
- Total miles delivering meals: We traveled 2596 miles delivering meals.

DEAN 
FELDMEYER
FOR CLINTON COUNTY
COMMISSIONER

STRONG CARING RESPONSIBLE

Paid for by "Dean Feldmeyer for County Commissioner" Alice Lundblad, Chairman

Miracle-Ear Hearing Center representative, Jason Steeber, currently comes to the Senior Center the 4th Wednesday of the month. Jason will be here by appointment only. If you need your hearing checked or your hearing aids adjusted, call 1-800-573-8854, ext. 978 to set up an appointment. If you have any questions, just call the Senior Center.

Buckley, Miller, Wright & Raizk

Attorneys at Law
 145 North South Street
 Wilmington, Ohio 45177

www.bmwlaw.net
bmwlaw@bmwlaw.net

(937) 382-0946
 Fax (937) 382-1361

CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street
 Wilmington, Ohio 45177

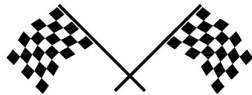
We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

Terry Spurlock
 1403 Rombach Avenue
 Wilmington, OH 45177

Phone: 937-382-6100
 Mobile: 937-603-5429

West End



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THANK YOU!!!

Many Thanks to:

*Cape May for October Birthday cake

*Wilmington Nursing and Rehab for October lunch

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Lois Butt, LNHA, MSOL
 Executive Director

820 E. Center Street • Blanchester OH 45107
 937.783.4949 • fax 937.783.5820
 email: lbutt@continentalmanor.org

Seniors Need Help call 382-7170

Operation Christmas Child Update

Bring in your items now and place in Operation Christmas Child baskets located in the lobby of the Senior Center. The Packing Party will be held Thursday, November 10 at 10:30 a.m.



WENDY'S THANKSGIVING DAY DINNER

THURSDAY, NOVEMBER 24

WHERE: WENDY'S RESTAURANT 11:30 A.M. TO 1:00 P.M.

1055 ROMBACH AVENUE

WILMINGTON, OH 45177

TURKEY WITH ALL THE TRIMMINGS—FREE OF CHARGE

CALL ARLA FAYE AT 937-382-2706 BY NOVEMBER 22ND



MEDICARE CHECK-UP DAY

**FRIDAY, NOVEMBER 4 AT
12:00 NOON.**



Open enrollment for prescription drug plans begins October 15, 2016 and goes through December 7, 2016. This is the time to compare drug plans to make sure you have the one best suited for you. Questions, call the Senior Center at 382-7170.

Members of the Senior Advisory Board are:

- | | |
|---------------|------------|
| Bob Thomas | D Bullock |
| Sid Clay | Barb Davis |
| Larry Cordrey | |

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.



Our Annual Christmas Bazaar will be held on Saturday, December 3rd. This year we are trying something different, in addition to our regular activities. We are also going to offering spaces that will be available to rent. If you are interested in a space, stop by the Senior Center. Spaces are available for \$25—which includes an area with a double 6' table. Deadline to reserve a space is November 23, 2016. We are also participating in the "Homespun Christmas" so we will be on the map.

Breakfast will be served from 8:00 a.m. to 10:00 a.m.—Waffles and sausage; Eggs and sausage; Biscuits and gravy; juice and coffee for \$4. Lunch will be served from 11:30 a.m. to 1:00 p.m. —Homemade Vegetable and Potato Soup; Pressed Chicken Sandwiches; BBQ Pork Sandwiches; desserts; coffee and tea will be available.

The Craft Room will be open along with Lions Club Candy and our White Elephant Sale.

We will be accepting donations for the White Elephant Sale (no clothing please) the week of November 28. If you would like to donate baked goods for Lunch, please bring them on Friday, December 2 before 4:30 p.m. or the morning of December 3.



Free Pizza Party—Monday,

November 14, 2016 at the Senior Center beginning at 5:00 p.m. This event is sponsored by Your Ins Group. There will be an educational discussion about seniors and what their rights are when it comes to life insurance. Please RSVP by Friday, November 11.



NOVEMBER



Thanksgiving Cranberry Salad

- 1 large box strawberry Jello
- 1 can pineapple, drained
- 1 can cranberry sauce, jellied or whole
- 1/2 cup chopped pecans
- 1 cup boiling water



Dissolve Jello in boiling water. Add other ingredients and chill.

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



This was the Year...1950

U. S. President: Harry Truman

U. S. Vice President: Alben Barkley

Headlines:

FBI began its "Ten Most Wanted Criminals" publicity campaign.

President Truman ordered the production of the hydrogen bomb.

North Korea invaded South Korea, capturing Seoul.

A blizzard on the East Coast lasted seven days, leaving more than one million homes without power.

Cost Of Living:

New House-\$8,450	Movie Ticket-65 cents
New Car-\$1,511	Average Rent-\$75 month
Gasoline-17 cents gallon	Postage Stamp-3 cents
Average Income-\$3,216 year	Harvard Tuition-\$600 year

Cost of Food:

Sugar-85 cents per 10 lbs.	Eggs-24 cents dozen
Coffee-70 cents per lb.	Bacon-50 cents per lb.
Hamburger-49 cents per lb.	Fresh Bread-17 cents loaf

Technology News and Fads:

TV remote control, *Lazy Bones*, was invented by Zenith; Diners Club issued first credit cards; TV ownership increased sharply to eight million sets being used; Watching *Your Show of Shows*; Magic-8 ball; Silly Putty; Woolly Willy

Movies:

All About Eve; *The Asphalt Jungle*; *Born Yesterday*; *Sunset Boulevard*; *Father of the Bride*; *Cinderella* (animated)

TV Shows:

Texaco Star Theatre; *Fireside Theatre*; *Your Show of Shows*; *The Lone Ranger*; *Hopalong Cassidy*; *The Colgate Comedy Hour*; *Philco TV Playhouse*

Popular Quote:

"Fasten your seatbelts. It's going to be a bumpy night"—Bette Davis in *All About Eve*



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Wilmington Nursing & Rehabilitation Center

75 Hale Street
Wilmington, OH 45177

Phone: (937) 382-1621
Fax: (937) 383-1215

Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR NOVEMBER 2016

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos
12:15 pm—Rook

TUESDAY

8:00 am—Early Bird
9:00 am—Stability Ball
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
2:30 pm—Line Dancing
7:00 pm—Square Dancing

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss

THURSDAY

8:00 am—Early Bird
9:00 am—Exercise with Weights
9:00 am—Pinochle
10:00 pm—Exercise
12:15 pm—Chair Volleyball

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:30 am—Bridge
12:15 pm—Rook

UPCOMING EVENTS

Tuesday, November 1—Meeting for those going on New York trip at 1:00 p.m. Itineraries and luggage tags will be distributed.

Friday, November 4—Medicare Check-up Day at 12:00 noon.

Tuesday, November 8—Advisory Board meeting at 10:00 a.m.

Thursday, November 10—Operation Christmas Child Packing Party at 10:30 a.m.

Sunday, November 13—La Comedia Trip to see *Christmas Carol*. Leave the Center at 10:00 a.m.

Monday, November 14—*Your Insurance Group (YGI)* is hosting a free Pizza Party at 5:00 p.m.

Tuesday, November 15—Shopping Trip to Jungle Jim's and Meijer's Eastgate. Leave at 9:30 a.m.

Wednesday, November 16—Lunch with Wilmington Nursing & Rehab at 12:00 noon. Free of charge. Please make reservations.

Friday, November 18—Birthday Dinner. We celebrate all November birthdays.

Monday, November 21—Thanksgiving Dinner at 11:30 a.m.

Thursday, November 24 and Friday, November 25—Closed in observance of Thanksgiving Holiday.

Saturday, December 3—Christmas Bazaar from 8:00 a.m. to 2:00 p.m.

No Ala carte on 11/16; 11/18; 11/21

Ala Carte	Mon	Tue	Wed	Thu	Fri
Mondays Ham & Beans Cornbread		1 Chicken & Brown Rice Broccoli Carrots Mandarin Oranges	2 BBQ Beef on Bun Creamy Veggie Soup Peas & Pearl Onions Potato Wedges Peaches	3 Beef Stew Green Beans Cornbread Pineapple	4 Country Fried Steak Potato Wedges Green Beans Wheat Bread Orange
Tuesdays/Thursdays Grilled Cheese Grilled Ham & Cheese	7 Chicken Tenders Brown Rice Mixed Vegetables Wheat Bread Fruit Cocktail	8 Chicken Potato Casse- role Broccoli Wheat Bread Pears	9 Cheese Pizza Peas & Onions Carrot Coins Apple Cookie	10 Pork Cutlet Potato Wedges Vegetable Medley Wheat Bread Fruit Cocktail	11 Pineapple Ham Potato Wedges Green Beans Wheat Bread Orange
Wednesdays Chef Salad	14 Beef & Noodles Green Beans Carrots Wheat Bread Mandarin Oranges	15 Broccoli Chicken Brown Rice Oregon Vegetables Corn Applesauce	16 Lunch with Wilming- ton Nursing and Re- hab at 12:00 noon	17 Southwestern Omelet Stewed Tomatoes O'Brien Potatoes Wheat Bread Pears	18 Pork Cutlet Broccoli Green Beans Wheat Bread Birthday Cake
Fridays Taco Salad	21 Turkey & Dressing Mashed Potatoes Green Beans Wheat Bread Pumpkin Pie	22 Salisbury Steak Sweet Potatoes Oregon Vegetables Wheat Bread Peaches	23 Hamburger on Bun Potato Wedges Cheesy Broccoli Applesauce	24 HAPPY THANKSGIVING! Center closed	25 Center closed
	28 Ham & Beans Vegetable Medley Cornbread Fruit Cocktail	29 Chili Spaghetti Mixed Vegetables Apple	30 Meatloaf Mashed Potatoes Spinach Dinner Roll Juice & Cake		

Return Address

**Wilmington Savings Bank—
Clinton County Senior Center
717 North Nelson Ave., P. O. Box 32
Wilmington, Ohio 45177**

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