



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
 SENIOR OPERATIONS
 WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

History of Labor Day

**Clinton County Community
 Action Programs, Inc.**

Hours Of Operation
 M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170
 937-382-1848

**SENIOR SERVICES
 CENTER**

Stella Cramer,
 Senior Center Director
 655-2156

Brian Garber, Transportation
 Manager
 655-2165

Cindy Fitch, Supportive
 Services
 655-2151

Vicki Trapp, Homemaker
 Supervisor
 655-2164

Pam George, LPN
 Case Management
 655-2163

Labor Day in the United States is a public holiday celebrated on the first Monday in September. It honors the American labor movement and the contributions that workers have made to the strength, prosperity and well-being of the country. It is the Monday of the long weekend known as Labor Day Weekend and is considered the unofficial end of summer.

Beginning in the late 19th century, as the trade union and labor movements grew, trade unionists proposed that a day be set aside to celebrate labor. "Labor Day" was promoted by the Central Labor Union and the Knights of Labor, which organized the first parade in New York City. In 1887, Oregon was the first state of the United States to make it an official public holiday. By the time it became an official federal holiday in 1894, thirty U. S. states officially celebrated Labor Day.

Canada's Labour Day is also celebrated on the first Monday of September. More than 80 countries celebrate International Worker's Day on May 1—the ancient European holiday of May Day—and several countries have chosen their own dates for Labour Day.

Beginning in the late 19th century, as the trade union and labor movements grew, different groups of trade unionists chose a variety of days on which to celebrate labor. In the United States and Canada, it was first proposed in the 1880s. In 1882, Matthew Maguire, a machinist, first proposed a Labor Day holiday while serving as secretary of the Central Labor Union of New York.

Some maintain that Peter J. McGuire of the American Federation of Labor put forward the first proposal in May 1882, after witnessing the annual labour festival held in Toronto, Canada. In 1887, Oregon became the first state of the United States to make Labor Day an official public holiday.

Following the deaths of workers at the hands of United States Army and United States Marshals Service during the Pullman Strike of 1894, the United States Congress unanimously voted to approve legislation to make Labor Day a national holiday and President Grover Cleveland signed it into law six days after the end of the strike. Cleveland supported the creation of the national holiday in an attempt to shore up support among trade unions following the Pullman Strike. All U. S. states, the District of Columbia and the United States territories have made Labor Day a statutory holiday.

The form for the celebration of Labor Day was outlined in the first proposal of the holiday: a street parade to exhibit to the public "the strength and esprit de corps of the trade and labor organizations", followed by a festival for the workers and their families. This became the pattern for Labor Day celebrations. Speeches were introduced later, as more emphasis was placed upon the civil significance of the holiday.

Labor Day is called the "unofficial end of summer" because it marks the end of the cultural summer season.





Happy Birthday!!



Walk Club Update!

July miles—411.5

Charlotte Bland—124 miles

Judi Clay—140 miles

Carole France—107 miles

Janet Esmail—17.5 miles

Polly Daugherty—23 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.

Joyce Baker—9/14
 Arline Bayless—9/07
 Beverly Beireis—9/13
 John Beireis—9/05
 Velma Billings—9/10
 Mary Camp—9/02
 Teresa Camp—9/21
 Huoyuan Chen—9/15
 Gail Clark—9/10
 Mary Conger—9/16
 Orville Conley—9/30
 Edith Crager—9/17
 Cynthia Curry—9/16
 Connie Damron—9/19
 Helen Damron—9/10
 Brenda Davis—9/01
 Jim Dobbins—9/30
 Patty Driscoll—9/28
 Janene Dunn—9/07
 Susan Fahrubel—9/17
 Kathryn Fauley—9/29
 Maurice Fauley—9/20
 Richard Foster—9/30
 Dianne Fugate—9/22
 Wanda Galliett—9/23

Kathleen Geyman—9/28
 Lois Gibson—9/25
 Kay Ginter—9/14
 Gypsy Goodman—9/22
 Linda Gregory—9/14
 JoAnn Hale—9/03
 Jean Henderson—9/18
 Phyllis Henize—9/25
 Deborah Hicks—9/24
 James Jones—9/04
 Van Jones—9/21
 Carol Kirby—9/03
 Colleen Lamb—9/14
 Barbara Martin—9/01
 Julianne Mason—9/24
 Ruby Minton—9/13
 Ida Mobley—9/30
 Ruth Moots—9/224
 Janet Morris—9/23
 James Morrison—9/02
 Diann Nadeau—9/29
 Margaret Rector—9/28
 Bill Reeves—9/01
 Harley Reveal—9/24
 John Riley—9/19

Kathy Rothwell—9/17
 Eloise Sabin—9/10
 Sharon Schmidtgeling—9/27
 Patty Schraner—9/93
 Nancy Seifried-Stanforth—9/15
 Glenda Sheets—9/03
 Tami Showen—9/18
 Paulette Sigman—9/18
 Eldon Speaight—9/26
 Eugene Stethem—9/25
 Ken Surface—9/05
 Lynn Swearingen—9/24
 Jean Swindler—9/17
 Kimberly Taylor—9/29
 Susan Utley—9/02
 Bill Vandervort—9/10
 Betty Wall—9/17
 Charlotte Walls—9/07
 Patricia Walt—9/17
 Connie Whitaker—9/27
 Karen Yeagley—9/12
 Beverly Yee—9/02

Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



This institution is an equal opportunity provider.



Congratulations to July/August winners!

Charlotte Baker—\$4.15
 Nancy Boldman—\$6.80
 Arline Bayless—\$6.25
 Dee Williams—\$7.75



WELCOME NEW MEMBERS!

Ronald Gregory	Kim Campbell	Deborah Robinett
Linda Conover	Jeanne Smith	
Catherine Wisecup	Barbara Martin	
Claire Ropp	Tami Showen	
Mike Ropp	Theresa Huesman	
Catherine Mahanes	Dayle Brown	
Wendell Mahanes	Jeri Stewart	
Kenna Edwards	Thomas Fillinger	
Donald Edwards	Mike Millard	
Cindy Burgess	Sandra Millard	
Linda Curtis	H. Frances Frazier	

Senior Center Board Report for July 2016

Meals: 479 meals were served to 83 attendees.
Transportation: 362 one way trips were provided to 63 participants.
ESP Medical: There were 24 units for 6 clients.
Adult Day Care: There were a total of 175 trips provided for 9 clients.
Home Meals: There were 2030 home meals delivered to 80 clients.
Supportive Services: There were 69 units for 23 clients.
Socialization/Recreation: There were 102.75 different activities and 141 clients attending.
Homemaking Services: 961 units for 141 clients.
Total transportation miles: We traveled 4925 miles transporting clients.
Total miles delivering meals: We traveled 2596 miles delivering meals.

DEAN 
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FOR CLINTON COUNTY
COMMISSIONER

STRONG CARING RESPONSIBLE

Paid for by "Dean Feldmeyer for County Commissioner" Alice Lundblad, Chairman

Miracle-Ear Hearing Center representative, Jason Steeber, currently comes to the Senior Center the 4th Wednesday of the month. Jason will be here by appointment only. If you need your hearing checked or your hearing aids adjusted, call 1-800-573-8854, ext. 978 to set up an appointment. If you have any questions, just call the Senior Center.

Buckley, Miller, Wright & Raizk

Attorneys at Law
 145 North South Street
 Wilmington, Ohio 45177

www.bmwlaw.net
bmwlaw@bmwlaw.net

(937) 382-0946
 Fax (937) 382-1361

CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street
 Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

Terry Spurlock
 1403 Rombach Avenue
 Wilmington, OH 45177

Phone: 937-382-6100
 Mobile: 937-603-5429

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THANK YOU!!!

Many Thanks to:

- *Beverly Gulla from Medigold for Bingo
- *Cape May for August Birthday cake
- *Wilmington Nursing and Rehab for August lunch
- *Patti Cook for Birthday Cake and Ice Cream to celebrate George's birthday.

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Lois Butt, LNHA, MSOL
 Executive Director

820 E. Center Street • Blanchester OH 45107
 937.783.4949 • fax 937.783.5820
 email: lbutt@continentalmanor.org

Seniors Need Help call 382-7170

The Luau is back!



Mark your calendar for Saturday, September 17 for a Luau. H'orderves at 4:00 p.m. Dinner served at 5:00 p.m. Menu: Roast Pork; various salads, fresh fruit and pineapple upside down cake. Tickets are \$7 each. Tickets sold in advance will have an extra door prize ticket attached —giving you an extra chance to win a prize. Tickets go on sale August 12.



We will be having a food booth at the Clinton County Corn Festival again this year selling pressed chicken sandwiches. This is our biggest fund raising event of the year. The festival will be held Friday, September 9; Saturday, September 10 and Sunday, September 11.

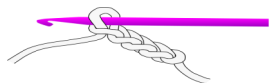
Also, the Third Annual 5K Run/Walk will be held on Saturday, September 10. Registration is at 7:00 a.m. The Run/Walk starts at 8:00 a.m. Proceeds from this event also benefits Clinton County Seniors. Stop by Community Action or the Senior Center to pick up a registration form. Pre-registered entries receive a free t-shirt. Awards will be given for the Top 3 overall Women Runners and the Top 3 overall Men Runners.

FREE CRAFT CLASS

THURSDAY, SEPTEMBER 15

1:00 P.M. TO 3:00 P.M.

There will be a Beginner Crocheting Class on Thursday, September 15 from 1:00 p.m. to 3:00 p.m. in the Craft Room. Connie Pyle will be teaching the class. There is no charge for the class, but those participating need an "H" crochet hook and 1 skein of peaches and cream yarn. Class size is limited so please sign up .



Members of the Senior Advisory Board are:

Bob Thomas	D Bullock
Sid Clay	Barb Davis
Larry Cordrey	

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Upcoming Trips:

Monday, October 10: Casino Trip to Rising Star. Leave Center at 9:30 a.m. Cost \$35—which includes \$20 coin play, \$5 food/gift shop voucher and transportation

Sunday, November 13: Trip to La Comedia to see *A Christmas Carol*. We will leave the Center at 10:00 a.m. Cost is \$43. Reservations and payment by September 30.

Monday, November 28—Thursday, December 1: Trip to New York City. Your 4 day/3 night package includes: 3 night hotel accommodations; 3 breakfasts at your hotel; 2 dinners including 1 dinner at a New York City Restaurant; guided tour of New York City; orchestra seating for the Radio City Music Hall Christmas Spectacular starring the Radio City Rockettes; visit the National 9/11 Memorial; plus holiday shopping in New York City. Price \$599 per person based on double occupancy. Travel protection is available. Deposit of \$250 is due by August 15 with balance due by September 19. For more information, call the Senior Center.

Join us on Tuesday, October 4 at 4:00 p.m. for a "Fall Party".

We will be serving Trash Can Soup and having S'mores for dessert. Weather permitting, we may have S'mores outside, so bring a lawn chair. "Campfire" Sing a long.

There is no charge for the evening, but please sign up by October 3.



Sunny Fruit Salad

From Shirley Noes



- 1 can (11 oz.) mandarin oranges
- 1 pkg (small) instant vanilla pudding
- 1 can (14oz) unsweetened pineapple tidbits, drained
- Marshmallows
- 1 cup whipped topping

Drain oranges, reserving juice, set oranges aside. In a large bowl, whisk pudding mix and reserved juice until smooth (mixture will be thick). Stir in pineapple, marshmallows and oranges. Fold in whipped topping. Refrigerate until served.



Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



This was the Year...1948

U. S. President: Harry Truman

U. S. Vice President: no Vice President

Headlines:

Mahatma Gandhi is assassinated in India

Israel is declared an independent state

United Nations creates the World Health Organization

Workman's compensation laws are passed in all 48 states

Extraterrestrials allegedly crash-land near Roswell, NM

Cost Of Living:

New House-\$7,700

Movie Ticket-60 cents

New Car-\$1,230

Average Rent-\$70 month

Gasoline-16 cents gallon

Postage Stamp-3 cents

Average Income-\$2,936 year

Harvard Tuition-\$525 year

Cost of Food:

Sugar-85 cents per 10 lbs.

Eggs-23 cents dozen

Coffee-60 cents per lb.

Bacon-50 cents per lb.

Hamburger-45 cents per lb.

Fresh Bread-14 cents loaf

Technology News and Fads:

Honda introduces a motorcycle. One million households in America own television sets. The game of Scrabble is introduced. Velcro is invented. Bar codes are invented. Ford F-series truck was introduced.

Movies:

Hamlet; Abbott and Costello Meet Frankenstein; Easter Parade; Fort Apache; I Remember Mama; Oliver Twist; Key Largo; The Red Shoes

Sports:

Champions include—Cleveland Indians (baseball); Philadelphia Eagles (football); Mauri Rose (Indy 500); Toronto Maple Leafs (hockey); Kentucky (NCAA basketball); Citation (Kentucky Derby); Ben Hogan (golf U. S. Open)

Popular Quote:

"Tonight, we have a really big show (pronounced shoe)"—Ed Sullivan



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75 Hale Street
Wilmington, OH 45177

Phone: (937) 382-1621
Fax: (937) 383-1215

Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR SEPTEMBER 2016

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos
12:15 pm—Rook

TUESDAY

8:00 am—Early Bird
9:00 am—Stability Ball
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
2:30 pm—Line Dancing
7:00 pm—Square Dancing (resumes 9/13)

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss

THURSDAY

8:00 am—Early Bird
9:00 am—Exercise with Weights
9:00 am—Pinochle
10:00 pm—Exercise
12:15 pm—Chair Volleyball

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:30 am—Bridge
12:15 pm—Rook

UPCOMING EVENTS

Monday, September 5—Closed in observance of Labor Day

Friday, September 9; Saturday, September 10; Sunday, September 11—Clinton County Corn Festival. We will be having our Pressed Chicken Sandwiches Booth this year.

Tuesday, September 13—Advisory Board meeting at 10:00 a.m.

Thursday, September 15—Beginner Crocheting Class from 1:00 p.m. to 3:00 p.m.

Friday, September 16—Birthday Dinner. We celebrate all September birthdays.

Saturday, September 17—Luau. Dinner served at 5:00 p.m. Riverest Trio will provide music. Cost \$7

Wednesday, September 21—Lunch with Wilmington Nursing and Rehab at 12:00 noon.

Wednesday, September 21—Representatives from the City of Wilmington and “Campaign for Wilmington’s Future” will be here at 11:45 a.m. to present a program on the proposed temporary municipal income tax increase.

Thursday, September 22—Banana Split Party from 2:00 p.m. to 3:00 p.m. Cost \$3

Wednesday, September 28—Pizza Night at 5:00 p.m. Pizza, salad and dessert \$4. Please sign up.

Friday, September 30—Medigold Information Table from 10:00 a.m. to 11:00 a.m.

Tuesday, October 4—Fall Party at 4:00 p.m. Trash Can Soup for dinner and S’mores for dessert. Event will be held indoors, however, weather permitting, S’mores may be outdoors—so bring a lawn chair “Campfire” sing a long. No charge for the evening. Please sign up by October 3.

No Ala carte on September 9, 16 and 21

Ala Carte	Mon	Tue	Wed	Thu	Fri
<i>Mondays</i> <i>Ham and Beans</i> <i>Cornbread</i>	5 Closed for Labor Day	6 Steak Hoagie on Bun Potato Wedges Baked Beans Mandarin Oranges	7 Roast Turkey Mashed Potatoes Vegetable Medley Dinner Roll Juice and Cake	8 Spaghetti & Meatballs Italian Vegetables Spinach Wheat Bread Peaches	9 Summer Salad Crackers Juice and Cookies
<i>Tuesdays, Thursdays</i> <i>Grilled Cheese;</i> <i>Grilled Ham and</i> <i>Cheese</i>	12 Rosemary Chicken Potato Wedges Vegetable Medley Wheat Bread Fruit Cocktail	13 Salisbury Steak Whipped Sweet Potatoes Oregon Vegetables Apple Juice	14 Italian Chicken Spaghetti Italian Vegetables Peas Wheat Bread	15 Cheeseburger Great Northern Beans Broccoli Pineapple	16 Smoked Sausage w/ Sauerkraut Mashed Potatoes Green Beans Birthday Cake
<i>Wednesdays</i> <i>Chef Salad</i>	19 Meatloaf Mashed Potatoes Spinach Dinner Roll Juice & Cake	20 Cheese Lasagna Peas and Onions Carrot Coins Apple Cookie	21 Chicken Salad Sandwich Tomato Soup Potato Salad Coleslaw	22 Baked Chicken Herb Dressing Broccoli Green Beans Wheat Bread	23 Chili Spaghetti Mixed Vegetables Banana
<i>Fridays</i> <i>Taco Salad</i>	26 Beef Stew Green Beans Cornbread Pineapple	27 Country Fried Steak Potato Wedges Green Beans Wheat Bread Orange	28 Southwestern Omelet Stewed Tomatoes O'Brien Potatoes Dinner Roll Pears	29 Chicken & Brown Rice Broccoli Carrots Mandarin Oranges	30 BBQ Beef on Bun Peas and Pearl Onions Coleslaw Peach Cobbler

Return Address

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