

CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
 SENIOR OPERATIONS
 WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
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THE SENIOR INFORMER



Memorial Day History

**Clinton County Community
 Action Programs, Inc.**

Hours Of Operation
 M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170
 937-382-1848

**SENIOR SERVICES
 CENTER**

Stella Cramer,
 Site Coordinator
 655-2156

Brian Garber, Transportation
 Manager
 655-2165

Cindy Fitch, Supportive
 Services
 655-2151

Vicki Trapp, Homemaker
 Supervisor
 655-2164

Pam George, LPN
 Case Management
 655-2163

Memorial Day, originally called Decoration Day, is a day of remembrance for those who have died in service of the United States of America. Over two dozen cities and towns claim to be the birthplace of Memorial Day. While Waterloo, N.Y. was officially declared the birthplace of Memorial Day by President Lyndon Johnson in May 1966, it's difficult to prove conclusively the origins of the day.

Memorial Day was borne out of the Civil War and a desire to honor our dead. It was officially proclaimed on May 5, 1868 by General John Logan in his General Order No. 11. "The 30th of May, 1868, is designated for the purpose of strewing with flowers, or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion, and whose bodies now lie in almost every city, village and hamlet churchyard in the land," he proclaimed. The date of Decoration Day, as he called it, was chose because it wasn't the anniversary of any particular battle.

On the first Decoration Day, General James Garfield made a speech at Ar-

lington National Cemetery, and 5,000 participants decorated the graves of the 20,000 Union and Confederate soldiers buried there.

The first state to officially recognize the holiday was New York in 1873. By 1890 it was recognized by all the northern states. The South refused to acknowledge the day, honoring their dead on separate days until after World War I (when the holiday changed from honoring just those who died in the Civil War to honoring Americans who died fighting in any war).

It is now observed in almost every state on the last Monday in May with Congressional passage of the National Holiday Act of 1971. This helped ensure a three day weekend for federal holidays, though several southern states have an additional separate day for honoring the Confederate war dead: January 19th in Texas; April 26th in Alabama, Florida, Georgia and Mississippi; May 10th in South Carolina; and June 3rd (Jefferson Davis' birthday) in Louisiana and Tennessee.



Red Poppies

In 1915, inspired by the poem "In Flanders Fields," Moina Michael replied with her own poem:

*We cherish too, the Poppy red
 That grows on fields where valor led,
 It seems to signal to the skies
 That blood of heroes never dies.*

She then conceived of an idea to wear red poppies on Memorial Day in hon-

or of those who died serving the nation during war. She was the first to wear one, and sold poppies to her friends and co-workers with the money going to benefit servicemen in need. Shortly before Memorial Day in 1922 the VFW became the first veteran's organization to nationally sell poppies. Two years later their "Buddy" Poppy program was selling artificial poppies made by disabled veterans.



Happy Birthday!!



Walk Club Update!

March miles—721.75

Charlotte Bland—124 miles

Judi Clay—137 miles

Carole France—101 miles

Janet Esmail—15 miles

Polly Daugherty—22 miles

Margie Pierson—218.75 miles

Sheila Bracht—104 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.

- Max Allen—5/29
- Aleta Brown—5/06
- Evelyn Brown—5/26
- Gerald Burton—5/23
- Robert Caldwell—5/26
- Richard Caplinger—5/09
- Barbara Chandler—5/13
- Carol Davidson—5/14
- Susan Delaney—5/20
- Jack Earley—5/10
- Sandra Fisher—5/17
- Nancy Fowler—5/30
- Mary Fritz—5/02
- Kandie Geffre—5/27
- Bob Ginter—5/14
- Joyce Graesser—5/26
- Robert Green—5/08
- Alice Hatton—5/01
- Barbara Kelly—5/07
- Joyce Kozopas—5/05
- Kathy Kral—5/08
- Cathy Lambcke—5/10

- Charlotte Lawrence—5/20
- Mary Lawson—5/17
- Barbara Morris—5/14
- Mary Ellen Murphy—5/12
- Joan Noel—5/21
- Gene Powers—5/20
- Calvin Pyle—5/07
- Robert Rhoads—5/30
- Glenna Samsel—5/31
- Wilma Scanlon—5/25
- Norma Sherod—5/09
- Paul Speelman—5/10
- Wilbert Ward—5/08
- Ronnie Dunn—5/10
- Dana Dunsith—5/02
- Paul Eichelberger—5/08
- Carol Ewing—5/03
- Joan Fauley—5/28
- Charlene Hogsett—5/12
- Margaret Jones—5/10
- Paul Klemetson—5/21
- Walter Lambcke—5/08

- Nancy Lewis—5/11
- Bonnie Reynolds—5/28
- Linda Ricker—5/02
- Joyce Seeger—5/24
- Doris Swisshelm—5/02
- Patty Taylor—5/19
- Mary Taylor—5.20

Miracle-Ear Hearing Center representative, Jason Steeber, currently comes to the Senior Center the 4th Wednesday of the month. Beginning in May, Jason will be here by appointment only. If you need your hearing checked or your hearing aids adjusted, call 1-800-573-8854, ext. 978 to set up an appointment. If you have any questions, just call the Senior Center.

Answers to Baseball Trivia.. 1) Yogi Berra; 2) Cooperstown, NY; 3) *Field of Dreams*; 4) *Take Me Out to the Ball Game*; 5) Hank Aaron , 715th home run hit in 1974; 6) Mickey Mantle & Roger Maris; 7) Willie Mays; 8) Pete Rose; 9) *The Natural*

Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



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Congratulations to April winners!

- Shirley Massie \$6.25**
- Marcella Rothwell \$5.75**
- Marlene Valentine \$7.71**
- Charlotte Baker \$6.25**



WELCOME NEW MEMBERS!

- Mary Irwin
- Robert Irwin
- John Riley
- Patti Cook
- George Cook
- June Baedyananda
- James Pagett
- Marcella Pagett
- Patricia McComas
- Bill Brown



Senior Center Board Report for March 2016

- Meals: 474 meals were served to 65 attendees.
- Transportation: 368 one way trips were provided to 52 participants.
- ESP Medical: There were 18 units for 5 clients.
- Adult Day Care: There were a total of 249 trips provided for 12 clients.
- Home Meals: There were 2022 home meals delivered to 74 clients.
- Supportive Services: There were 94.5 units for 22 clients.
- Socialization/Recreation: There were 137.5 different activities and 166 clients attending.
- Homemaking Services: 961 units for 141 clients.
- Total transportation miles: We traveled 4925 miles transporting clients.
- Total miles delivering meals: We traveled 2596 miles delivering meals.

Questions about Medicare?

On Tuesday, May 17, Mary Leep-Prichert from OSHIP (Ohio Senior Health Insurance Information Program) will be at the Senior Center from 10:30 a.m. to 2:30 p.m. Mary is accepting appointments for those hours and you can schedule an appointment by calling the Senior Center at 382-7170.



FISH FRY
 WEDNESDAY, MAY 18
 AT 6:00 P.M.
 BRING A COVERED DISH
 PLEASE SIGN UP ON OR BEFORE
 MAY 13.

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 145 North South Street
 Wilmington, Ohio 45177

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bmwlaw@bmwlaw.net Fax (937) 382-1361

CLINTON CO. ADULT DAY CENTER, INC.
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We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

Terry Spurlock Phone: 937-382-6100
 1403 Rombach Avenue Mobile: 937-603-5429
 Wilmington, OH 45177

West End

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THANK YOU!!!

Many Thanks to:

- *Beverly Gulla from Medigold for Birthday Dinner Bingo
- *Cape May for April Birthday cake
- *Wilmington Nursing and Rehab for April lunch
- *The Laurels of Blanchester for Blood Pressure Screening
- *Margie Pierson for new flag
- *Wilmington Savings Bank for new flag

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 1107 Rombach Ave., Wilmington, OH 45177



Lois Butt, LNHA, MSOL
 Executive Director

820 E. Center Street • Blanchester OH 45107
 937.783.4949 • fax 937.783.5820
 email: lbutt@continentalmanor.org

MEMORIAL DAY COOKOUT
FRIDAY, MAY 27 AT 12:00 NOON
HAMBURGERS, MACARONI SAL-
AD,
BAKED BEANS AND DESSERT.
COST \$4
RESERVATIONS BY MAY 25



BASEBALL TRIVIA ... Answers on page 2

1. Which Hall of Fame catcher inspired the name of cartoon character Yogi Bear?
2. Which city is home to the National Baseball Hall of Fame and Museum?
3. Kevin Costner, James Earl Jones and Burt Lancaster starred in this 1989 big screen classic; the plot revolves around a cornfield, baseball diamond and Shoeless Joe Jackson.
4. Name the 1908 Tin Pan Alley tune long considered the unofficial anthem of American baseball; clue: seventh inning stretch.
5. Who was the first MLB player to break Babe Ruth's record of 714 career home runs?
6. Who were the M & M boys?
7. He was known as "The Say Hey Kid" and was elected to the Hall of Fame in 1979.
8. He is banned from the Hall of Fame because he gambled on his team while acting as manager.
9. Considered one of the best baseball movies of all time, this film featured Robert Redford as Roy Hobbs; his bat was named Wonderboy.

Volunteers Honored at Annual Banquet

Senior Center volunteers were honored at the annual banquet held on Monday, April 25. The evening began with dinner and dessert. Afterwards, a short program was held honoring the volunteers. The evening concluded with door prizes being awarded. Volunteers are an essential part of the Senior Center—each and every one is appreciated immensely!

Thanks again for all you do!

Therapeutic Shoe Clinic scheduled—The Therapeutic Shoe Clinic has been scheduled for Wednesday, June 15 at 10:00 a.m. Medicare will cover the cost of one pair of therapeutic shoes and inserts for people with diabetes every calendar year. You must bring your insurance and doctor information to the clinic. Call the Senior Center for more information.



Members of the Senior Advisory Board are:

- | | |
|---------------|------------|
| Bob Thomas | D Bullock |
| Sid Clay | Barb Davis |
| Larry Cordrey | |
| Dee Foster | |

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

Sparkling Citrus No-Bake Cheesecake

- 2 cups boiling water
- 2 pkgs (3 oz.) Jell-o Lemon Flavor Gelatin
- 1-1/2 cups cold ginger ale
- 1-1/2 cups graham cracker crumbs
- 1/2 cup butter or margarine, melted
- 1/2 cup sugar, divided
- 1 pkg. (8 oz.) cream cheese, softened
- 1 tub (8 oz.) cool whip, thawed
- 2 cans (11 oz. each) mandarin oranges, drained



Add boiling water to gelatin mixes in medium bowl; stir 2 min. until completely dissolved. Stir in ginger ale. Refrigerate 1 hour or until slightly thickened.

Line 13x9 inch dish with plastic wrap, with ends of wrap extending over sides. Combine cracker crumbs, butter and 1/4 cup sugar; press onto bottom of prepared dish. Refrigerate until ready to use.

Mix cream cheese and remaining sugar in large bowl with whisk until blended. Stir in cool whip; spread over crust. Arrange oranges over cream cheese layer; cover with gelatin. Refrigerate 3 hours or until firm.

Use plastic wrap handles to remove dessert from dish before cutting to serve.

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



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This was the year....1944

U.S. President & Vice President—Franklin D. Roosevelt & Henry A. Wallace

TIME Magazine Person of the Year—Dwight David Eisenhower

Cost of Living:

New House	\$3,475
Average Income	\$2,378
New Car	\$ 975
Average Rent	\$50 per month
Gasoline	15 cents per gallon
Movie Ticket	40 cents
Postage Stamp	3 cents

Cost of Food:

Granulated Sugar	75 cents per 10 lb.
Milk	62 cents per gallon
Ground Coffee	48 cents per lb.
Bacon	45 cents per lb.
Eggs	21 cents dozen
Ground Beef	32 cents per lb.
Fresh Bread	10 cents per loaf

National and World News:

*Operation Overlord, code name D-Day, commences with the landing of 155,000 troops.

*Franklin D. Roosevelt becomes the only U.S. President to be elected to a fourth term.

*A 5.9 earthquake hits central New York.

*Anne Frank and her family are discovered by the Nazis and taken to concentration camps.

*Chiquita bananas are introduced in the U. S.

*Glenn Miller is killed in an airplane crash.

*Kidney dialysis machine, invented by Willem Kolff of the Netherlands, is introduced.



Wilmington Nursing & Rehabilitation Center

75 Hale Street
Wilmington, OH 45177

Phone: (937) 382-1621
Fax: (937) 383-1215

Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR MAY 2016

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos
12:15 pm—Rook

TUESDAY

8:00 am—Early Bird
9:00 am—Stability Ball
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
2:30 pm—Line Dancing
7:00 pm—Square Dancing

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss
1:30 pm—Chair Yoga**please note new time

THURSDAY

8:00 am—Early Bird
9:00 am—Exercise with Weights
9:00 am—Pinochle
10:00 pm—Exercise
12:15 pm—Chair Volleyball

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:30 am—Bridge
12:15 pm—Rook

UPCOMING EVENTS

Thursday, May 5—Cinco De Mayo Party at 12:00 noon. Cost \$7.

Monday, May 9—Mother-Daughter Banquet at 6:00 p.m. Bring covered dish.

Tuesday, May 10—Advisory Board meeting at 10:00 a.m.

Wednesday, May 11—Card Making Class with Cindy Quigley at 1:00 p.m.

Tuesday, May 17—Mary Leep-Prichert from OSHIP will be here from 10:30 a.m. to 2:30 p.m.

Wednesday, May 18—Lunch with Wilmington Nursing and Rehab at 12:00 noon. There is no charge for meal but please make reservations by Tuesday, 5/17.

Wednesday, May 18—Fish Fry at 6:00 p.m. Bring covered dish and sign up on or before Friday, 5/13.

Friday, May 20—Birthday Dinner. We celebrate all May birthdays. Bingo sponsored by Medigold after lunch.

Wednesday, May 25—Dinner Trip to Houston's. Leave at 4:00 p.m.

Friday, May 27—Memorial Day Cookout at 12:00 noon. Menu: Hamburger on Bun; Macaroni Salad; Baked Beans; Dessert. Cost \$4. Reservations by Wednesday, May 25.

Monday, May 30—Closed in observance of Memorial Day

Ala Carte

	Mon	Tue	Wed	Thu	Fri
<p>Monday</p> <p>Ham and Beans Cornbread</p>	<p>2</p> <p>Chili Spaghetti Mixed Vegetables Fresh Apple</p>	<p>3</p> <p>Country Fried Steak Potato Wedges Green Beans Mandarin Oranges</p>	<p>4</p> <p>Ham & Swiss Sandwich Creamy Veggie Soup Potato Salad Coleslaw</p>	<p>5</p> <p>Italian Meatloaf Spaghetti Italian Vegetables Wheat Bread Pears</p>	<p>6</p> <p>Baked Chicken Herb Dressing Broccoli Green Beans Mini Eclairs</p>
<p>Tuesday, Thursdays and Fridays</p> <p>Grilled Cheese; Grilled Ham & Cheese</p>	<p>9</p> <p>BBQ Beef on Bun Peas & Pearl Onions Peach Dessert Coleslaw</p>	<p>10</p> <p>Turkey Tetrazzini Brussel Sprouts Baked Cinnamon Apples Wheat Bread</p>	<p>11</p> <p>Chicken Tenders Brown Rice Mixed Vegetables Wheat Bread Fruit Cocktail</p>	<p>12</p> <p>Pork Cutlet Broccoli Green Beans Wheat Bread Juice & Cookies</p>	<p>13</p> <p>Beef Stew Green Beans Dinner Roll Strawberry Applesauce</p>
<p>Wednesday</p> <p>Chef Salad</p>	<p>16</p> <p>Meatloaf Mashed Potatoes Carrots Peaches Bun</p>	<p>17</p> <p>Chicken Potato Casserole Broccoli Wheat Bread Juice & Grahams</p>	<p>18</p> <p>Lunch with Wilmington Nursing and Rehabilitation at 12:00 noon</p>	<p>19</p> <p>Swiss Steak Stewed Tomatoes O'Brien Potatoes Wheat Bread Pears</p>	<p>20</p> <p>Pineapple Ham Sweet Potato Patties Peas Dinner Roll Birthday Cake</p>
<p>No ala carte available on: 5/5; 5/18; 5/20 and 5/27</p>	<p>23</p> <p>Roast Turkey Mashed Potatoes Vegetable Medley Dinner Roll Juice & Grahams</p>	<p>24</p> <p>Spaghetti & Meatballs Italian Vegetables Spinach Wheat Bread Applesauce</p>	<p>25</p> <p>Chef Salad</p>	<p>26</p> <p>Broccoli Chicken Brown Rice Oregon Vegetables Corn Wheat Bread</p>	<p>27</p> <p>Memorial Day Cookout—Hamburgers on Bun; Baked Beans; Macaroni Salad; Dessert \$4</p>
	<p>30</p> <p>Closed in observance of Memorial Day</p>	<p>31</p> <p>Steak Hoagie on Bun Potato Wedges Baked Beans Applesauce</p>			<p>**Ala Carte Change for June—Will be offering Taco Salad on Fridays for \$4</p>

Return Address

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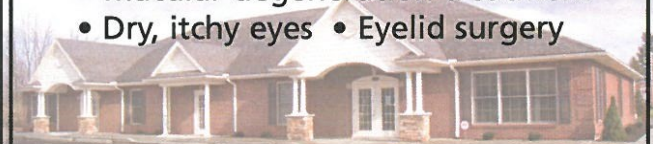


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