



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
SENIOR OPERATIONS
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

MEET THE CANDIDATES NIGHT

THURSDAY, FEBRUARY 25

SENIOR CENTER 6:00 P.M.

Clinton County Community Action Programs, Inc.

Hours Of Operation

M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170

937-382-1848

SENIOR SERVICES CENTER

Stella Cramer,
Site Coordinator
655-2156

Brian Garber, Transportation
Manager
655-2165

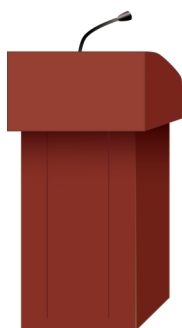
Cindy Fitch, Supportive
Services
655-2151

Vicki Trapp, Homemaker
Supervisor
655-2164

Pam George, LPN
Case Management
655-2157

This is an opportunity to meet those individuals running in the primary election for County Commissioner. The event is open to the public—invite your family and friends for this informative evening. YOU have a chance to hear the Candidates give their views on issues regarding Clinton County. Each candidate will have opportunity to speak. A question and answer session will be held following all the candidates.

Please mark your calendars and make plans to attend. Invite everyone you know to join us for this event.



Refreshments will be served.

We look forward to seeing you on Thursday,
February 25 at 6:00 p.m.

REMINDER.....It's the time of year to renew your Membership Dues at the Senior Center. Membership dues are \$20 per person. By renewing your membership, you will continue to receive the monthly newsletter.

If you wish to mail in your dues, make your check payable to CCCAP and mail to: P. O. Box 32, Wilmington, OH 45177.

Thank you for supporting the Senior Center!



Happy Birthday!!



Walk Club Update!

From November..

Judi Clay—99 miles

December miles—415

Charlotte Bland—112 miles

Judi Clay—138 miles

Carole France—108 miles

Janet Esmail—27 miles

Polly Daugherty—30 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join.

Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.

Tim Adams—2/25
Dale Adkins—2/15
Charlotte Baker—2/11
Marvin Barrett—2/10
Mike Belles—2/26
Shirley Bogan—2/21
Eddie Bosier—2/24
Marjorie Boutin—2/26
Mary Bowermaster—2/26
Wanda Bowermaster—2/19
Betty Bowers—2/06
Glenna Bryant—2/01
Ken Bumgarner—2/11
Kathleen Burris—2/21
Joyce Caplinger—2/16
William Caplinger—2/04
Rick Clevenger—2/26
Ben Conger—2/18
Esther Conner—2/21
Cynthia Curtis—2/03
Alicia Dabe—2/16
Patricia Damron—2/02

Pauline Daugherty—2/07
Pat Dobbins—2/07
Margaret Falcone—2/02
Doris Farris—2/23
Jane Fawley—2/09
Judy Felson—2/26
Betty Ferris—2/02
Sarah Fife—2/26
Doris Florea—2/25
Jim Frank—2/25
Micheal Gallagher—2/22
Jayne Garber—2/04
Virginia Gierse—2/24
Sara Jane Gilbert—2/18
Susan Glaser—2/26
Alfred Goley—2/09
Rosalie Guerra—2/21
Bobbi Hagen—2/19
Diana Henderson—2/11
Robert Hilderbrant—2/16
Betty Holmes—2/01
Merle Hudson—2/25
Geraldine Huffman—2/06
William Irwin—2/10
Nan Kennelly—2/24
Ronald Kersey—2/22
Ginny Kline—2/23
Sally Koons—2/03

Dorthea Kratzer
Robert Leidenheimer—2/09
Patricia Lewis—2/15
Nina Locke—2/21
Lillian Losey—2/26
Thurman Moore—2/05
Robert Noel—2/26
Anna Parsk—2/29
Gloria Pratt—2/21
Bobbie Preston—2/17
Vivian Rider—2/21
Gloria Rollins—2/01
Audrey Runyon—2/10
Ronna Sandlin—2/11
Mary Jean Scott—2/11
Dennis Simonson—2/17
Helen Skidmore—2/04
Edith Smith—2/02
Connie Smith—2/22
Dan Spires—2/14
Rowena Stanfield—2/01
Sue Straight—2/01
Pamela Strasser—2/07
Janet Surface—2/16
Diane Thompson—2/05
Frances Wilkin—2/27
Kathleen Wilkinson—2/12
Linda Williamson—2/07

Joy Wilson—2/22
Charlene Yeakley—2/03
Betty Yovich—2/23

Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



This institution is an equal opportunity provider, employer and lender



Congratulations to December/January winners!

Gerry Breckel—\$8.55

Arline Bayless—\$7.75

Brenda Davis—\$8.00

Doug Wallace—\$5.25



WELCOME NEW MEMBERS!

Teresa Avedisian

Kathy Rothwell

Lynn Goley

Alfred Goley

Jim Brubaker

Ace Spurlock

Patty Spurlock

Jane Newkirk

Mark Newkirk

Rachel Plank

Harley Reveal, Jr

Charity Gehringer

Laraine Boyles

Bob Brown

Terry Zurface

Janet Zurface

Orville Conley

Joe Davis

Enriqueta Smith

George Jones, Jr.

Linda Wallace

Doug Wallace

Patty Taylor

Gladys Bobbitt

Mary Montgomery

Bettyanne Short

Yvonne Pollack

Senior Center Board Report for December 2015

Meals: 499 meals were served to 84 attendees.

Transportation: 322 one way trips were provided to 53 participants.

ESP Medical: There were 24 units for 6 clients.

Adult Day Care: There were a total of 146 trips provided for 6 clients.

Home Meals: There were 2278 home meals delivered to 84 clients.

Supportive Services: There were 56 units for 23 clients.

Socialization/Recreation: There were 83 different activities and 149 clients attending.

Homemaking Services: 961 units for 141 clients.

Total transportation miles: We traveled 10501 miles transporting clients.

Total miles delivering meals: We traveled 3046 miles delivering meals.

Salmon Patty Dinner

Friday, February 19 at 5:00 p.m.

Menu:

Salmon Patty

Fried Potatoes

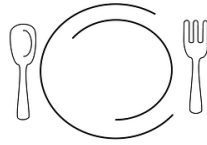
Creamed Peas

Dinner Roll

Dessert

Tickets \$7 in advance or \$9 after

February 17.

**THANK YOU!!!****Many Thanks to:**

*Beverly Gulla from Medigold for Birthday Dinner Door Prizes

*Cape May for December Birthday cake

*Wilmington Nursing and Rehab for January lunch

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Wilmington, Ohio 45177

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Wilmington, Ohio 45177

(937) 382-0946

Agent for Ohio Bar Title Insurance Co. Fax (937) 382-1361



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 1403 Rombach Avenue
 Wilmington, OH 45177

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 Mobile: 937-603-5429

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Residence (937) 382-3407

Cell (937) 728-0809

E-mail wmcbrayer@cinci.rr.com

1107 Rombach Ave., Wilmington, OH 45177


Lois Butt, LNHA, MSOL
 Executive Director

820 E. Center Street • Blanchester OH 45107

937.783.4949 • fax 937.783.5820

email: lbbutt@continentalmanor.org

Seniors Need Help call 382-7170



VALENTINES DAY LUNCH

Fundraiser lunch to be held for the Wilmington Savings Bank Clinton County Senior Center

Cost - \$10.00 per person

Date - February 12, 2016

Time - 12:00 noon

Place - Wilmington Savings Bank Clinton County Senior Center - 717 N. Nelson Avenue, Wilmington

TO MAKE RESERVATIONS PLEASE SEND YOUR MONEY ALONG WITH YOUR NAME TO P.O. Box 32, Wilmington, OH 45177 or PURCHASE A TICKET AT THE CENTER by February 8, 2016

THE MENU WILL INCLUDE PORK ROAST, MASHED POTATOES, GREEN BEANS, ROLLS, DESSERT AND DRINK (SPREAD THE WORD AND ENCOURAGE PEOPLE TO ATTEND/PURCHASE MEALS TO HELP THE CENTER)

CARRY OUT AND DELIVERY TO BUSINESSES AVAILABLE PLEASE CALL 382-8365 TO SCHEDULE (BY 2/8) HOURS FOR DELIVERY WILL BE BETWEEN 11:00 & 12:00



Members of the Senior Advisory Board are:

Bob Thomas D Bullock

Sid Clay Barb Davis

Larry Cordrey

Dee Foster

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.

This Was The Year....1945

U.S. President: Harry Truman takes office after Franklin Roosevelt dies unexpectedly on April 12th at age 63.

U.S. Vice President: There was no Vice President from 1945-1949

Headlines: World War II Ends
Iwo Jima Falls to U.S. Marines
General George Patton survives war, Dies From Car Accident Injuries
U.S. Army Bomber Crashes into 79th Floor Of Empire State Building—15 people killed, 11 Floors Set on Fire
Ball Point Pens, Tupperware & Frozen Orange Juice Introduced

Cost of Living: New House—\$4,625
New Car—\$1,025
Gasoline—15 cents gallon
Average Income—\$2,390 per year

Cost of Food: Eggs—22 cents dozen
Fresh Bread—9 cents loaf
Vitamin D milk—62 cents gallon
Bacon—45 cents pound
Ground Hamburger—35 cents pound
Ground Coffee—50 cents pound

February Recipe.....

Easy Peanut Butter & Chocolate Éclair Dessert



1 pkg. Vanilla Instant Pudding
1-3/4 cups cold milk
1/4 cup creamy peanut butter
1 (8 oz.) cool whip, thawed
24 graham crackers
1-1/2 pkg (4 oz. each) Baker's Semi-Sweet Chocolate, broken into pieces
3 tbsp. butter

Beat pudding mix and milk in large bowl with whisk 2 minutes. Add peanut butter, mix well. Stir in cool whip. Layer 1/3 of the grahams and half of the pudding mixture in 13x9 inch dish, breaking grahams as necessary to fit. Repeat layers. Top with remaining grahams.

Microwave chocolate and butter in microwaveable bowl on high for 2 minutes or until butter is melted, stirring after 1 minute. Stir until chocolate is completely melted and mixture is well blended. Spread over grahams. Refrigerate 8 hours.

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



VOTE FOR PROVEN EXPERIENCE

BRENDA K. WOODS

FOR COUNTY COMMISSIONER

Paid for by Elect Woods Commissioner
David E. Bailey, Treasurer, 170 Marion Drive
Wilmington, Ohio 45177



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Gerald K. Perelman, DPM

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**Wilmington Nursing &
Rehabilitation Center**

75 Hale Street
Wilmington, OH 45177

Phone: (937) 382-1621
Fax: (937) 383-1215

Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR FEBRUARY 2016

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos
12:15 am—Rook
12:15 am—Crafts

TUESDAY

8:00 am—Early Bird
9:00 am—Stability Ball
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
2:30 pm—Line Dancing
7:00 pm—Square Dancing

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss
1:00 pm—Chair Yoga

THURSDAY

8:00 am—Early Bird
9:00 am—Exercise with Weights
9:00 am—Pinochle
10:00 pm—Exercise
12:15 am—Chair Volleyball

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:00 am—Flex Class
9:30 am—Bridge
12:15 pm—Rook
12:15 pm—Crafts

MIRACLE-EAR HEARING CENTER

Steve Voller, BC-HIS

Wednesday, February 24, 2016

9:00 to Noon

**Call (800) 573-8854 ext. 978 if you would like to make an
appointment**

UPCOMING EVENTS

Tuesday, February 9—Advisory Board Meeting at 10:00 a.m.

Friday, February 12—Valentine's Lunch Fundraiser to benefit the Senior Center. Cost \$10 per person. Lunch served at 12:00 noon. Serving Roast Pork, Mashed Potatoes, Green Beans, Rolls, Dessert and Drink.

Monday, February 15—Center closed in observance of President's Day.

Monday, February 15—Trip to Hollywood Casino in Lawrenceburg. Depart Center at 9:00 a.m.

Wednesday, February 17—Lunch by Wilmington Nursing and Rehab at 12:00 noon. Reservations by February 16.

Friday, February 19—Birthday Dinner. We celebrate all February birthdays. Lunch will be served at noon.

Friday, February 19—Bingo sponsored by Medigold at 1:00 p.m.

Friday, February 19—Salmon Patty Dinner at 5:00 p.m. Tickets available for \$7 in advance. Tickets \$9 after February 17. Menu: Salmon Patty, Fried Potatoes, Creamed Peas, Dinner Roll and Dessert.

Wednesday, February 24—Pizza/Game Night at 5:00. \$4 for Pizza, Salad and Dessert. Please sign up by 2:00 p.m. February 24.

Thursday, February 25—Meet the Candidates Night at 6:00 p.m.

| |
|---|
| Operation Christmas Child item(s) for February: Toothpaste and toothbrushes. |
|---|

NO ALACARTE—2/12; 2/17; 2/19

| AlaCarte | Mon | Tue | Wed | Thu | Fri |
|--|---|--|---|--|--|
| Mondays Ham & Beans Cornbread | 1 Rosemary Chicken Potato Wedges Vegetable Medley Wheat Bread Apple | 2 Meatloaf w/gravy Mashed Potatoes Spinach Mandarin Oranges | 3 Chicken Potato Casserole Broccoli Wheat Bread Juice & Grahams | 4 Smoked Sausage w/ Sauerkraut Mashed Potatoes Green Beans Fruit Cocktail | 5 Pineapple Ham Sweet Potato Patties Peas Dinner Roll |
| Tuesdays, Thursdays and Fridays Grilled Ham & Cheese; Grilled Cheese | 8 Roast Turkey Mashed Potatoes Vegetable Medley Dinner Roll Juice & Grahams | 9 Broccoli Chicken Brown Rice Oregon Vegetables Corn Pineapple | 10 Salmon Croquette Red Skin Potatoes Mixed Vegetables Wheat Bread Juice & Cookies | 11 Chicken & Noodles Green Beans Carrots Wheat Bread Pears | 12 <i>Fund Raising Lunch 12:00 Noon</i> |
| Wednesdays Chef Salad | 15 Closed in observance of President's Day | 16 Hamburger on Bun Tomato Soup Great Northern Beans Broccoli Pineapple | 17 Lunch with Wilming- ton Nursing and Re- hab at 12:00 noon | 18 Grilled Chicken Potato Wedges Broccoli Bun Applesauce | 19 Chicken Tenders Brown Rice Mixed Vegetables Fruit Cocktail Birthday Cake |
| | 22 Baked Chicken Herb Dressing Broccoli Green Beans Applesauce | 23 Chili Spaghetti Mixed Vegetables Peaches | 24 Meatloaf Mashed Potatoes Spinach Mandarin Oranges | 25 Ham & Beans Vegetable Medley Cornbread Fruit Cocktail | 26 Beef & Broccoli Rice Carrots Corn Pineapple |
| | 29 Country Fried Steak Potato Wedges Green Beans Wheat Bread Juice & Grahams | | | | |

Return Address
Wilmington Savings Bank—
Clinton County Senior Center
717 North Nelson Ave., P. O. Box 32
Wilmington, Ohio 45177

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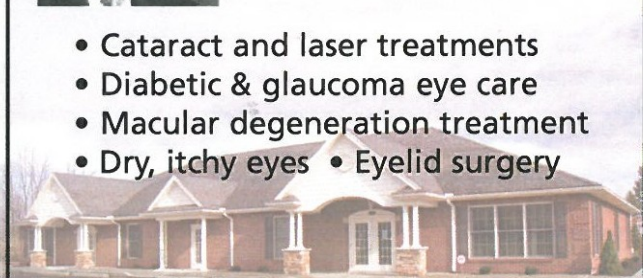
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