



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.  
SENIOR OPERATIONS  
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER  
*This institution is an equal opportunity provider and employer*

# THE SENIOR INFORMER

## 2016 Membership Drive

**Clinton County Community  
Action Programs, Inc.**

Hours Of Operation  
M-F 8:00 am - 4:30 pm

**SENIOR OPERATIONS**

937-382-7170  
937-382-1848

**SENIOR SERVICES  
CENTER**

Stella Cramer,  
Site Coordinator  
655-2156

Brian Garber, Transportation  
Manager  
655-2165

Cindy Fitch, Supportive  
Services  
655-2151

Vicki Trapp, Homemaker  
Supervisor  
655-2164

Pam George, LPN  
Case Management  
655-2157

It's the time of year to renew your Membership Dues at the Senior Center. If you have not done so, please pay your dues now for the 2016 year. Membership dues are \$20 per person. By renewing your membership, you continue to receive the monthly newsletter and are able to rent the Center at a reduced fee.

If you wish to mail in your dues, make your check payable to CCCAP and mail to: P. O. Box 32, Wilmington, OH 45177.

If you have changes in your personal information, make your changes on the form below and return to the Senior Center. If you know someone who would like to become a member, feel free to pass this form on to them along with our address.

Thank you for supporting the Senior Center!

**DON'T FORGET TO RENEW YOUR MEMBERSHIP TO KEEP YOUR NEWSLETTER COMING!**

NAME \_\_\_\_\_ BIRTH DATE \_\_\_\_\_  
HOME PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
ZIP CODE \_\_\_\_\_ COUNTY \_\_\_\_\_ TOWNSHIP \_\_\_\_\_

**EMERGENCY CONTACT:** \_\_\_\_\_  
PHONE \_\_\_\_\_

**AUTHORIZATION/RELEASE**

I agree to release from liability CCCAP, Senior Operations staff and volunteers for any injury or illness accidental incurred by me. In the event of an emergency, first aid will be administered by a competent person. I give permission to the person in charge to summon an emergency squad to assist in my assessment and transport to the nearest hospital.

Signature \_\_\_\_\_  
Date \_\_\_\_\_

Cut this form out and mail back or bring in to the Wilmington Savings Bank/Senior Center.



# Happy Birthday!!



## Walk Club Update!

Yvonne Ragan-48 miles

Carole France-120 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.

LouAnn Arnold—01/01  
 LaVerne Baer—01/29  
 Raymond Baker—01/28  
 Judy Barnhart—01/10  
 Kay Barrere—01/27  
 Madge Beam—01/20  
 Norma Bennett—01/30  
 Betty Berlin—01/21  
 Gordon Bosier—01/09  
 Dennis Bosworth—01/21  
 Jim Breusch—01/26  
 Sara Burnett—01/30  
 Doris Caldwell—01/04  
 Brenda Camp—01/13  
 Evelyn Christen—01/21  
 Patricia Clark—01/12  
 Sharon Cooper—01/07  
 Betty Craycraft—01/07  
 Cathy Curtis—01/14  
 Joe Daugherty—01/25  
 Donald DeBald—01/05  
 Ralph Doyle—01/17  
 Rosalee Doyle—01/18  
 Patricia Drostie—01/28  
 Shirley Elzey—01/10  
 Ed English—01/04  
 Marvin Ferris—01/01  
 Bernice Fleming—01/2

Geraldine Frump—01/27  
 Linda Green—01/21  
 Betty Gregory—01/22  
 Floyd Griffith—01/20  
 David Hackney—01/29  
 Peggy Haines—01/12  
 Ed Hamilton—01/11  
 Paulette Harp—01/22  
 Gregory Harris—01/25  
 Norman Harvey—01/29  
 Paul Hayes—01/01  
 Linda Hayslip—01/01  
 Bob Heyob—01/04  
 Bob Holmes—01/08  
 Collette Howard—01/23  
 Rita Howell—01/11  
 Lois Hutchinson—01/26  
 Collette Howard—01/23  
 Rita Howell—01/11  
 Lois Hutchinson—01/26  
 Bob Kelley—01/17  
 Suzanne Kenney—01/26  
 Betty Lane—01/01  
 Goldie Lawson—01/25  
 Billie Locklear—01/05  
 Tom Mahoney—01/17  
 Helen Manifold—01/01

Marge Manson—01/01  
 Mary McConnell—01/28  
 Shirley Micheal—01/21  
 Bertram Miller—01/11  
 Peggy Moeller—01/30  
 Virginia Mosley—01/22  
 Sandy Oettinger—01/26  
 Walter Peelle—01/17  
 Paul Penwell—01/16  
 Betty Perry—01/02  
 Margaret Pierson—01/22  
 Bernice Ramey—01/02  
 Robert Rollins—01/01  
 Elma Rosell—01/10  
 Marcella Rothwell—01/12  
 Cindy Rudd—01/10  
 Gail Satterthwaite—01/04  
 Linda Schaeffing—01/01  
 Ginger Settlemyre—01/06  
 Larry Sewell—01/22  
 Roger Smith—01/01  
 Pam Souder—01/16  
 Judy Stewart—01/06  
 Frances Stewart—01/23  
 Judy Stoops—01/02  
 Loren Stuckert—01/14

Ed Taylor—01/03  
 Doug Terrill—01/09  
 Vernon Thompson—01/02  
 Doris Tillinghast—01/12  
 Phyllis Townsend—01/01  
 Vicki Trapp—01/28  
 Theda Trick—01/29  
 William Trivett—01/13  
 Georgia Tucker—01/22  
 Frances Unger—01/28  
 Richard Unger—01/29  
 Judy Urban—01/06  
 Mary Ann VanTress—01/17  
 Marlene Viars—01/11  
 Jeanine Walker—01/28  
 Marvin Walls—01/20  
 Joel Walraven—01/09  
 Ron Walter—01/01  
 Judy Weatherford—01/12  
 George Wehner—01/13  
 Carolyn White—01/16  
 Wanda Whiting—01/27  
 Lorene Williams—01/12  
 Linda Williams—01/19

# JANUARY



Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



“This institution is an equal opportunity provider and employer” Equal Housing Opportunity.



Belated Birthday Wishes to: Debbie Huffman—11/27; Georgia Marburger—12/08; Ron McKee—12/17

## Congratulations to November/December winners!

**Ron McKee \$5.30**

**Ken Rothwell \$14.10**

**Larry Cordrey \$6.75**



## WELCOME NEW MEMBERS!

**Carol Ilg**

**Joyce Seeger**

**Jennifer Harvey**

**Gene Snyder**

**Christine Snyder**

**Mike Fouch**

**Katie Brausch**

**Jim Brausch**

**Kenneth Quigley**



### Senior Center Board Report for November 2015

Meals: 495 meals were served to 104 attendees.

Transportation: 290 one way trips were provided to 49 participants.

ESP Medical: There were 6 units for 3 clients.

Adult Day Care: There were a total of 156 trips provided for 8 clients.

Home Meals: There were 2183 home meals delivered to 86 clients.

Supportive Services: There were 50.25 units for 42 clients.

Socialization/Recreation: There were 111.5 different activities and 152 clients attending.

Homemaking Services: 880.75 units for 140 clients.

Total transportation miles: We traveled 10501 miles transporting clients.

Total miles delivering meals: We traveled 3046 miles delivering meals.

**Operation Christmas Child 2015**

The packing party for Operation Christmas Child was held November 10. There were 74 boxes put together from the items brought in throughout the year. The ladies, pictured at left, enjoyed putting the "GO" boxes together. The OCC box will be sitting in the foyer once again in January. January supplies: small toys: slinky, yo-yo, card games



**CLINTON CO. ADULT DAY CENTER, INC.**

66 N. Mulberry Street  
Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

**THANK YOU!!!**

Many Thanks to:

- \*Dick Mitchner for entertaining at the Christmas Party
- \*Cape May for December Birthday cake
- \*Melissa Valentine for assembly of and decorating the dining room Christmas Tree.
- \*Santa for visiting at the Christmas Party

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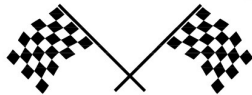


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Mobile: 937-603-5429

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E-mail [wmcbrayer@cinci.rr.com](mailto:wmcbrayer@cinci.rr.com)

1107 Rombach Ave., Wilmington, OH 45177



*Lois Butt, LNHA, MSOL*  
Executive Director

820 E. Center Street • Blanchester OH 45107  
937.783.4949 • fax 937.783.5820

email: [lbutt@continentalmanor.org](mailto:lbutt@continentalmanor.org)

**Seniors Need Help call 382-7170**



THIS WAS THE YEAR....1956

U.S. PRESIDENT & VICE PRESIDENT: Dwight Eisenhower & Richard Nixon

- HEADLINES:
- \*Hungarian Uprising Quashed by Soviets
  - \*Morocco Wins Independence from France
  - \*Fidel Castro Lands in Cuba
  - \*Martin Luther King Jr. Organizes Boycott of Montgomery, AL Buses
  - \*U. S. Federal Interstate Highway System Launched
  - \*Democrats Adlai Stevenson & Estes Kefauver Lose to Republican Presidential Ticket
  - \*U. S. Army Gets Official Flag
  - \*Grace Kelly Marries Prince Rainer of Monaco
  - \*Young DJ Dick Clark Hired to Host Teen Dance Program, *American Bandstand*
  - \*Elvis Presley Shakes Up America

COST OF LIVING:

New House—\$11,725	Average Income—\$4,454 year
New Car—\$2,050	Average Rent—\$88 month
Gasoline—23 cents gallon	Harvard Tuition—\$800 year
Movie Ticket—75 cents	U. S. Postage Stamp—3 cents

COST OF FOOD:

Granulated Sugar—85 cents per 10 lbs.  
 Ground Coffee—85 cents per pound  
 Eggs—27 cents dozen  
 Fresh Baked Bread—18 cents loaf  
 Vitamin D Milk—97 cents gallon  
 Bacon—58 cents per pound  
 Ground Hamburger—56 cents per pound

MOVIES:

Giant (Elizabeth Taylor, Rock Hudson, James Dean); High Society (Grace Kelly, Bing Crosby); The King and I (Yul Brynner, Deborah Kerr); The Ten Commandments (Charlton Heston, Yul Brynner); The Man Who Knew Too Much (James Stewart, Doris Day)

January Recipe.....

Potato Bacon Chowder Recipe

- 1 lb. potatoes, peeled and cubed
- 1 cup water
- 8 bacon strips
- 1 medium onion, chopped
- 1 celery rib, chopped
- 1 can cream of chicken soup, undiluted
- 1-3/4 cups whole milk
- 1 cup sour cream
- 1/2 tsp. salt
- Dash pepper
- 1 tbsp. minced fresh parsley



Place potatoes in a small saucepan and cover with the water. Bring to a boil. Reduce heat; cover and cook for 10 to 15 minutes or until tender.

In a large skillet, cook bacon until crisp; drain.

In same skillet, sauté onion and celery in drippings until tender; drain. Add to undrained potatoes. Stir in the soup, milk and sour cream, salt and pepper. Cook over low heat for 10 minutes or until heated through. (do not boil)

Crumble bacon; set aside 1/4 cup. Add remaining bacon to soup along with parsley. Sprinkle with reserved bacon. Yield: 6 servings.

A Trip to Hollywood Casino has been scheduled for Monday, February 15. We will be leaving the Center at 9:00 a.m. heading for Hollywood Casino in Lawrenceburg. Cost for trip is \$30, which includes your transportation, and you receive \$15 play and a \$5 food voucher. Reservations and payment by January 27. To make reservations, stop by the Center or call 382-7170.



Members of the Senior Advisory Board are:

- |               |            |
|---------------|------------|
| Bob Thomas    | D Bullock  |
| Sid Clay      | Barb Davis |
| Larry Cordrey |            |
| Dee Foster    |            |

If you have questions, concerns, complaints, ideas, etc., speak with one of the Board members. The Board member will relay the issue on to the remainder of the Board at the next meeting and we will address the situation. The Senior Advisory Board is a representation of you, the members, and your concerns are our concerns.



### Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



**ELECT Mike**  
**DAUGHERTY**  
**Judge**  
Paid for by Committee to Elect Michael Daugherty Judge



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**Wilmington Nursing & Rehabilitation Center**

75 Hale Street  
Wilmington, OH 45177

Phone: (937) 382-1621  
Fax: (937) 383-1215

**Seniors Need Help call 382-7170**

## ACTIVITY SCHEDULE FOR JANUARY 2016

### MONDAY

8:00 am—Early Bird  
8:30 am—Chair Yoga  
8:45 am—Silver Sneakers  
9:00 am—Walk Club  
9:00 am—Pool  
10:00 am—Corn Toss  
12:15 pm—Mexican Train Dominos  
12:15 am—Rook  
12:15 am—Crafts

### TUESDAY

8:00 am—Early Bird  
9:00 am—Stability Ball  
10:00 am—Exercise  
12:15 pm—Crafts  
12:15 pm—Euchre  
2:30 pm—Line Dancing  
7:00 pm—Square Dancing

### WEDNESDAY

8:00 am—Early Bird  
8:45 am—Silver Sneakers  
9:00 am—Pool  
10:00 am—Corn Toss  
1:00 pm—Chair Yoga

### THURSDAY

8:00 am—Early Bird  
9:00 am—Exercise with Weights  
9:00 am—Pinochle  
10:00 pm—Exercise  
12:15 am—Chair Volleyball

### FRIDAY

8:00 am—Early Bird  
8:45 am—Silver Sneakers  
9:00 am—Pool  
9:00 am—Walk Club  
9:00 am—Flex Class  
9:30 am—Bridge  
12:15 pm—Rook  
12:15 pm—Crafts

**MIRACLE-EAR HEARING  
CENTER  
Steve Voller, BC-HIS  
Wednesday, January 27, 2016  
9:00 to Noon**

## UPCOMING EVENTS

Friday, January 1—Happy New Year

Tuesday, January 5—New Weight Loss Challenge at 5:00 p.m. For more information,  
contact Sue Wylie at (937) 444-6161

Monday, January 11—Round Dancing at 6:00 p.m.

Tuesday, January 12—Advisory Board Meeting at 10:00 a.m.

Friday, January 15—Birthday Dinner. We celebrate all January birthdays. Bingo sponsored by MediGold from 11:00  
a.m. to 12:00 noon.

Monday, January 18—Closed for Martin Luther King Holiday

Wednesday, January 20—Lunch sponsored by Wilmington Nursing and Rehab at 12:00 noon








No charge for the lunch—please make reservations by Tuesday, January 19.

Friday, January 22—Pizza Night at 5:00 p.m. Join us for pizza, salad and dessert—\$4 donation per person. Stay  
afterwards and play dominoes, cards or any other game.

Monday, January 25—Round Dancing at 6:00 p.m.

Wednesday, January 27—Dinner Trip to Red Robin. Leave at 4:00 p.m.

Monday, February 15—Trip to Hollywood Casino. Depart at 9:00 a.m. Cost \$30

AlaCarte	Mon	Tue	Wed	Thu	Fri
<i>Mondays</i> Ham & Beans Cornbread					1 HAPPY NEW YEAR!! 
<i>Tuesdays, Thursdays</i> Fridays Grilled Cheese; Grilled Ham & Cheese ; Hamburger	4 Pork Cutlet w/gravy Broccoli Green Beans Wheat Bread	5 BBQ on Bun Creamy Veggie Soup Peas & Pearl Onions Potato Wedges	6 Italian Meatloaf Spaghetti Italian Vegetables Wheat Bread	7 Chicken Tenders Brown Rice Mixed Vegetables Wheat Bread	8 Beef Stew Green Beans Dinner Roll Pineapple 
<i>Wednesdays</i> Chef Salad	11 Chicken Potato Casse- role Broccoli Wheat Bread	12 Smoked Sausage w/ sauerkraut Mashed Potatoes Green Beans	13 Pork Cutlet Potato Wedges Vegetable Medley Wheat Bread	14 Pineapple Ham Sweet Potato Patties Peas Dinner Roll	15 Meatloaf w/gravy Mashed Potatoes Spinach Birthday Cake 
	18 Closed for Martin Luther King Holiday	19 Steak Hoagie Potato Wedges Baked Beans Peaches	20 <i>Lunch by Wilmington Nursing Rehab 12:00 NOON</i>	21 Spaghetti & Meatballs Italian Vegetables Spinach Wheat Bread	22 Chicken & Noodles Green Beans Carrots Wheat Bread 
	25 Chili Spaghetti Mixed Vegetables Fresh Apple	26 Baked Chicken Herb Dressing Broccoli Green Beans	27 Grilled Chicken Potato Wedges Green Beans Wheat Bread	28 Hamburger on Bun Potato Wedges Broccoli Applesauce	29 Ham & Beans Vegetable Medley Cornbread Fruit Cocktail 

\*\*No AlaCarte on 1/15 ; 1/20

## Return Address

**Wilmington Savings Bank—  
Clinton County Senior Center  
717 North Nelson Ave., P. O. Box 32  
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