

CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.  
SENIOR OPERATIONS  
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER  
*This institution is an equal opportunity provider and employer*



# THE SENIOR INFORMER

## Clinton County Community Action Programs, Inc.

Hours Of Operation  
M-F 8:00 am - 4:30 pm

### SENIOR OPERATIONS

937-382-7170  
937-382-1848

### SENIOR SERVICES CENTER

Rebecca Rushing, Director

655-2163

Stella Cramer,  
Site Coordinator

655-2156

Cindy Fitch, Supportive Services

655-2151

Vicki Trapp, Homemaker

Supervisor

655-2164

Case Management

Pam George, LPN

655-2157



## CORN FESTIVAL KING & QUEEN 2015 BOB and BARB THOMAS



## 2nd ANNUAL CORN/WALK!



# Happy Birthday!!



## Walk Club Update!

Judi Clay-121.84 miles

Janet Esmail-21.5 miles

Yvonne Ragan-46 miles

Kathy Schwab-89.7 miles

Polly Daughtery-21.5 miles

Charlotte Bland-128 miles

Carole France-120 miles

Margie Pierson-150.15 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.

Peggy Allen 10/14  
Ruth Anders 10/12  
Irv Arszman 10/21  
David Bailey 10/03  
Sandra Banks 10/05  
Edna Bartodej 10/31  
Daphne Blackburn 10/22  
William Bogan 10/01  
Richard Bogan 10/26  
Stella Boring 10/31  
Kim Boyle 10/05  
Lorraine Boyles 10/21  
Robert Brown 10/25  
Allen Bryan 10/22  
Betty Burge 10/12  
Judy Burton 10/14  
Mary Anna Cherryholmes 10/30  
Phyllis Clark 10/25  
Sue Clement 10/18  
Lucille Cloud 10/11  
David Cloud 10/13  
Roger Collins 10/01  
Dennis Conner 10/20  
Virginia Craig 10/12  
Debra Davis 10/19  
Michael Daye 10/07  
Mike Dobbins 10/27

Harley Douglas 10/07  
Carolyn Earley 10/26  
Charlotte Fahrer 10/26  
Jeanette Flint 10/22  
Carole France 10/05  
Dianne Freeze 10/23  
Josephine Harner 10/20  
Yvonne Hayes 10/28  
Ned Hill 10/04  
Wanda Hodge 10/28  
Hazel Hufford 10/28  
Sara Hummelgard 10/15  
Dale Inwood 10/24  
Pat Johnson 10/30  
Virginia Kelley 10/02  
Susie Kienle 10/15  
Helen Kirchmeier 10/26  
Ernie Kline 10/16  
Tillie Lenze 10/26  
Mark Lewis 10/06  
Donald Lorentz 10/22  
H. James Mason 10/31  
Rachel Mathews 10/27  
Laura McGuire 10/10  
Dorothy Mockabee 10/12  
Helen Mullenix 10/26  
Don Myers 10/23  
Sondra Nurdyke 10/30

Johnnie Pierson 10/28  
Vivian Probasco 10/18  
Leonard Redmond 10/14  
Mary Reeves 10/08  
Mary Reynolds 10/19  
Mary (Johnnie) Richardson 10/03  
Kenneth Rothwell 10/23  
Rodney Rutledge 10/24  
Virginia Shively 10/10  
Janive Slone 10/11  
Barbara Smith 10/31  
Gertrude Souder 10/18  
Marsella Tipton 10/09  
Connie Townsend 10/07  
Harold Uible 10/27  
Sylvan Vires 10/18  
Joyce Walker 10/30  
Joyce Wells 10/16  
Hannah Whitford 10/07  
Deloris Williams 10/06  
Betty Wilt 10/28  
Earl Zurface, Jr. 10/26

Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.

## STIMULUS DRAWING

### Congratulations to September winners!

Linda Hildebrandt \$7.90  
Wilma Kelso \$8.55  
Arline Bayless \$8.25  
Brenda Davis \$9.50



“This institution is an equal opportunity provider and employer” Equal Housing Opportunity.



## WELCOME NEW MEMBERS!

Sharon Niederbaumer  
Pauline Carol Taylor  
Rhonda Bond  
Sheri Watson  
Judy Santee  
Marilyn Rinehardt  
Harold Curry  
Libbie Curry  
Theresa Vingo

Colleen Lamb  
Wilma Washington  
Chuck Brewer  
Patty Hickey  
Bill Cataurl  
Phyllis Jones  
Walter Lambcke  
Patricia Lambcke



### Senior Center Board Report for September 2015

Meals: 533 meals were served to 112 attendees.

Transportation: 31 one way trips were provided to 50 participants.

ESP Medical: There were 14 units for 5 clients.

Adult Day Care: There were a total of 81.5 trips provided for 6 clients.

Home Meals: There were 1861 home meals delivered to 73 clients.

Supportive Services: There were 44.50 units for 18 clients.

Socialization/Recreation: There were 121 different activities and 183 clients attending.

Homemaking Services: 947 units for 133 clients.

Total transportation miles: We traveled 10426 miles transporting clients.

Total miles delivering meals: We traveled 3021 miles delivering meals.

Clinton Maid: 58 units for 13 clients

**THANK YOU! THANK YOU! THANK YOU!**

We would like to thank everyone for their support, whether it be your time or donations, in making this year's

Corn Festival a success!

A special *Thank You* to Bush Auto Place for providing the "chariot" used by the King & Queen in the parade.

Food booth profit was \$3191.01.

Craft booth profit was \$412.37.

**CLINTON CO. ADULT DAY CENTER, INC.**

66 N. Mulberry Street

Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

**THANK YOU!!!**

Many Thanks to:

- \*The Laurels of Blanchester for Blood Pressure Checks
- \*Wilmington Nursing & Rehab for our Luncheon
- \*Cape May for September Birthday cake

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Agent for Ohio Bar Title Insurance Co. Fax (937) 382-1361

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Mobile: 937-603-5429

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*Lois Butt, LNHA, MSOL*  
Executive Director

820 E. Center Street • Blanchester OH 45107  
937.783.4949 • fax 937.783.5820  
email: [lbutt@continentalmanor.org](mailto:lbutt@continentalmanor.org)

**Seniors Need Help call 382-7170**

# OPERATION CHRISTMAS CHILD IS STARTING UP AT THE CENTER

Begin purchasing items for the boxes that we will fill coming in November . If we begin early purchasing supplies then there won't be a needed supply coming in November.

Beginning in April-Nov. there will be a Big Christmas Box in the foyer for you to put in your items of the month or any items you wish. 100 boxes are our goal for the Center, so Happy Operation Christmas Child Shopping.

### October supplies:

This month is hard candy (no chocolates), gloves, hats, or socks. There are small baskets in the lobby where these items may be placed.



### October Recipe....

#### Caramel-Apple Crisp

1/2 cup caramel topping

1/2 tsp. ground cinnamon

6 large baking apples (about 2 3/4 lb), peeled, cut into 1/2 inch slices (about 6 cups)

2/3 cup all-purpose flour

1/2 cup packed brown sugar

1/2 cup cold butter or margarine, cut into small pieces

2/3 cup quick-cooking oats



Heat oven to 375 degrees. In large bowl, stir together caramel topping and the cinnamon until blended. Add apples; toss until evenly coated. Spread in ungreased 8 inch square glass baking dish.

In same bowl, mix 2/3 cup flour and the brown sugar. Cut in butter, using pastry blender (or pulling 2 table knives through mixture in opposite directions), until mixture looks like coarse crumbs. Stir in oats. Crumble mixture over apples in baking dish.

Bake 40 to 45 minutes or until apples are tender and topping is golden brown. If desired, serve with whipped cream and additional caramel topping.

### October 2015

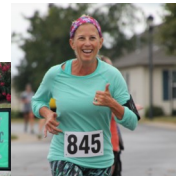
A **FREE** service brought to you by the Ohio Senior Health Insurance Information Program (OSHIIP) at the Ohio Department of Insurance.

Friday, October 30, 2015—12:00 pm Presentation

OSHIIP Volunteers Available for Assistance

Where: Clinton County Senior Center

- ◆ Learn about recent changes to Medicare
- ◆ Find out how the Oct 15-Dec 7 Medicare Annual Coordinated Election Period can work for you
- ◆ Get Tips on how to enroll for 2016 coverage in a Medicare prescription drug plan (Part D) and/or a Medicare health plan.
- ◆ See if you qualify to **SAVE** an average of \$3,900 on your prescription drug costs



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**OPEN HOUSE 11/01/15**

**2:00 to 4:00 pm**

**CHARLES & MARY LOU BUSH**

**65<sup>th</sup> ANNIVERSARY**

**HOSTED BY THEIR DAUGHTERS**

**“NO GIFTS PLEASE”**

## **FALL COOKOUT!**

**OCTOBER 23 @ NOON**

**Grilled Hamburgers**

**Baked Beans**

**Stella's Macaroni Salad**

**Assorted Desserts**

**Donation \$2.50**



### Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!




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**Wilmington Nursing & Rehabilitation Center**

75 Hale Street  
 Wilmington, OH 45177

Phone: (937) 382-1621  
 Fax: (937) 383-1215

**Seniors Need Help call 382-7170**

## ACTIVITY SCHEDULE FOR OCTOBER 2015

### MONDAY

8:00 am—Early Bird  
8:30 am—Chair Yoga  
8:45 am—Silver Sneakers  
9:00 am—Walk Club  
9:00 am—Pool  
10:00 am—Corn Toss  
12:15 pm—Mexican Train Dominos  
12:15 am—Rook  
12:15 am—Crafts

### TUESDAY

8:00 am—Early Bird  
9:00 am—Stability Ball  
10:00 am—Exercise  
12:15 pm—Crafts  
12:15 pm—Euchre  
2:30 pm—Line Dancing  
7:00 pm—Square Dancing

### WEDNESDAY

8:00 am—Early Bird  
8:45 am—Silver Sneakers  
9:00 am—Pool  
10:00 am—Corn Toss  
1:00 pm—Chair Yoga

### THURSDAY

8:00 am—Early Bird  
9:00 am—Exercise with Weights  
9:00 am—Pinochle  
10:00 pm—Exercise  
12:15 am—Chair Volleyball

### FRIDAY

8:00 am—Early Bird  
8:45 am—Silver Sneakers  
9:00 am—Pool  
9:00 am—Walk Club  
9:00 am—Flex Class  
9:30 am—Bridge  
12:15 pm—Rook  
12:15 pm—Crafts

**MIRACLE-EAR HEARING  
CENTER  
Steve Voller, BC-HIS  
Wednesday, October 28, 2015  
9:00 to Noon**

## UPCOMING EVENTS

- 10/07—Flu Clinic per Clinton County Health Dept. from 10:30—11:30 am  
10/08—Shopping Trip to Dayton Mall. Depart at 9:00 am. Donation is \$5.00  
10/09—\$100 deposit due for Pigeon Forge Trip  
10/12—Closed for Columbus Day  
10/13—Advisory Board at 10:00 am  
10/13—PERI at 10:30 am  
10/16—Birthday Dinner  
10/21—Luncheon provided by Wilmington Nursing & Rehab  
10/23—Fall Cook Out. Donation \$2.50  
10/26—Medigold Information from 10:00 am to 1:00 pm  
10/28—Dinner Trip to Traditions. Depart at 4:00 pm  
10/30—Medicare Check Up Presentation at noon  
10/01, 10/15, 10/29—Square Dancing at 7:00 pm

# Ala Carte

## Mon

## Tue

## Wed

## Thu

## Fri

<u>Monday</u> Ham & Beans Cornbread				1 Chicken Stew Green Beans Dinner Roll Pineapple Tidbits	2 Pork Cutlet Broccoli Green Beans Wheat Bread Fresh Orange
<u>Tuesdays, Thursdays &amp; Fridays</u> Grilled Ham & Cheese Grilled Cheese	5 Chicken Potato Casserole Broccoli Wheat Bread Elf Grahams	6 Meatloaf Mashed Potatoes Spinach Peaches	7 Pineapple Ham Sweet Potato Patties Peas Dinner Roll Juice & Cake	8 Turkey Sausage w/ sauerkraut Mashed Potatoes Green Beans Rye Bread	9 Rosemary Chicken Potato Wedges Vegetable Medley Wheat Bread Pears
<u>Wednesday</u> Chef Salad	12 <b>Closed for Columbus Day</b>	13 Broccoli Cheddar Chicken w/Rice Oregon Vegetables Corn Wheat Bread	14 Beef & Noodles Green Beans Carrots Animal Cookies Pineapple Juice	15 Steak Hoagie on Bun Potato Wedges Baked Beans Orange	16 Roast Turkey Mashed Potatoes Vegetable Medley Dinner Roll Birthday Cake
	19 Hamburger on Bun Great Northern Beans Broccoli Pineapple Tidbits	20 Fried Steak Italiano Spaghetti Italian Vegetables Wheat Bread Strawberry Applesauce	21 Lunch by Wilmington Nursing & Rehab at 12:00 noon	22 Salisbury Steak Whipped Sweet Potatoes Oregon Vegetables Wheat Bread	23 <b>FALL COOKOUT</b> 12:00 NOON
***all menus are subject to change***  No Ala Carte available on 10/16 & 10/21	26 Chili Spaghetti Mixed Vegetables Fresh Apple	27 Country Fried Steak Potato Wedges Green Beans Wheat Bread Fresh Orange	28 Turkey Sandwich Creamy Vegetable Soup Potato Salad Coleslaw Peaches	29 Baked Chicken Herb Dressing Broccoli Green Beans Wheat Bread Applesauce	30 Italian Meatloaf Spaghetti Vegetables Wheat Bread Pineapple Tidbits

## Return Address

**Wilmington Savings Bank—  
Clinton County Senior Center  
717 North Nelson Ave., P. O. Box 32  
Wilmington, Ohio 45177**

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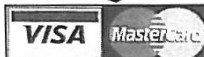


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