



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
 SENIOR OPERATIONS
 WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

Thank you Veterans for your service....

Clinton County Community Action Programs, Inc.

Hours Of Operation

M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170

937-382-1848

SENIOR SERVICES CENTER

Rebecca Rushing, Director

655-2163

Stella Cramer,
Site Coordinator

655-2156

Cindy Fitch, Supportive
Services

655-2151

Vicki Trapp, Homemaker
Supervisor

655-2164

Case Management

Pam George, LPN

655-2157

In November 1919, President Wilson proclaimed November 11 as the first commemoration of Armistice Day with the following words: "To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..."

An Act (52 Stat. 351; 5 U. S. Code, Sec. 87a) approved May 13, 1938, made the 11th of November in each year a legal holiday—a day to be dedicated to the cause of world peace and to be thereafter celebrated and known as "Armistice Day." Armistice Day was primarily set aside to honor veterans of World War I, but in 1954, after World War II had required the greatest mobilization of soldiers, sailors, Marines and airmen in the Nation's history; after American forces had fought aggression in Korea, the 83rd Congress, at the urging of the veterans service organizations, amended the Act of 1938 by striking the word "Armistice" and inserting in its place the word "Veterans." With the approval of this legislation (Public Law 380) on June 1, 1954, November 11th became a day to honor American veterans of all wars.

The Uniform Holiday Bill (Public Law 90-363 (82 Stat.250)) was signed on June 28, 1968, and was intended to ensure three-day weekends for Federal employees by celebrating four national holidays on Mondays: Washington's Birthday, Memorial Day, Veterans Day and Columbus Day. It was thought that these extended weekends would encourage travel, recreational and cultural activities and stimulate greater industrial and commercial production. Many states did not agree with this decision and continued to celebrate the holidays on their original dates.

The first Veterans Day under the new law was observed with much confusion on October 25, 1971. It was quite apparent that the commemoration of this day was a matter of historic and patriotic significance to a great number of our citizens, and so on September 20th, 1975, President Gerald R. Ford signed Public Law 94-97 (89 Stat. 479), which returned the annual observance of Veterans Day to its original date of November 11, beginning in 1978. This action supported the desires of the overwhelming majority of state legislatures, all major veterans service organizations and the American people.

Veterans Day continues to be observed on November 11, regardless of what day of the week on which it falls. The restoration of the observance of Veterans Day to November 11 not only preserves the historical significance of the date, but helps focus attention on the important purpose of Veterans Day: A celebration to honor America's veterans for their patriotism, love of country and willingness to serve and sacrifice for the common good.

Please join us Thursday, November 5 at 2:00 p.m. as we pay tribute to our valuable Veterans with a 'Veteran Recognition Ceremony'.





Happy Birthday!!



Walk Club Update!

Judi Clay-111.66 miles

Janet Esmail-24 miles

Yvonne Ragan-51 miles

Polly Daughtery-30.5 miles

Charlotte Bland-125 miles

Carole France-124.16 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join.

Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.

Rick Adams—11/12
Emma Adams—11/07
Lynne Adkins—11/19
Loren Allen—11/29
Frances Ames—11/28
Roselle Andregg—11.29
Minnie Arthur—11/07
Vera Baker—11/04
Billie Baker—11/21
Richard Baldwin—11/06
Janice Bauer—11/10
Robert Berlin—11/18
Roger Bigelow—11/05
Roger Blackmore—11/26
Joanne Blount—11/29
Janie Bogan—11/03
Glen Brewer—11/21
Roger Brown—11/06
Joy Brubaker—11/05
Eldon Burton—11/10
Christine Butler—11/10
Robert Cadeau—11/08
Anna Elaine Campbell—11/28
Jeane Chapman—11/01
Joyce Clark—11/01
Patricia Collins—11/10
Robert Conover—11/21
Sherry Conover—11/26

Jimmie Dale Credit—11/16
Ken Damron—11/17
Joan Davis—11/15
Georgia Dodd—11/04
Roberta Douglas—11/15
Zella Farrow—11/03
Cathy Floyd—11/01
Al Freeze—11/13
Gloria Fulkerson—11/05
Jean Gallagher—11/13
Dorothy Garrison—11/26
Leo Gerbus—11/25
Patty Gerbus—11/16
Lena Gibson—11/19
John Godlove—11/20
Rebecca Godfrey—11/23
Larry Griffith—11/24
Roberta Grooms—11/19
Marjorie Haines—11/27
Mary Emma Haines—11/25
Debbie Hatten—11/22
Patricia Haught—11/08
James Hilterbrandt—11/24
John Howell—11/30
Liz Jordan—11/12
Paul Kari—11/25
Mary Alice Kendall—11/16
Dee LaBaw—11/20
Ruth Lansing—11/18

Viki Laymon—11/09
Joan Leonard—11/21
Don Lindsey—11/03
Evelyn Lorentz—11/03
Ruth Malyuk—11/06
Murlean McDaniel—11/28
Rosemary McLarty—11/03
Bessie Miller—11/14
Linda Moore—11/22
Regina Moore—11/13
Anna Myers—11/11
Betty Osborn—11/09
Mary Jean Patton—11/06
Warren Pendell—11/20
Dianna Penwell—11/06
Judy Russell—11/22
James Scammahorn—11/08
Charlotte Shoemaker—11/22
Dave Sipe—11/18
Gary Slagle—11/06
Karen Smith—11/12
Judy Smith—11/30
Joan Spangenberg—11/17
Peggy Speaight—11/27
Jeannine Stacy—11/07
Jane Steiner—11/18
Pam Tedlie—11/25
Debby Thacker—11/07

Joetta Tolliver—11/24
Donna Vaughan—11/24
Janet Welch—11/12
Don Wells—11/21
Pat White—11/20
Trisha Wiget—11/21
Margaret Wilson—11/19
Linda Winkle—11/19
Marilyn Whitamore—11/28

Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YD 800-750-0750.



"This institution is an equal opportunity provider and employer" Equal Housing Opportunity.



STIMULUS DRAWING

Congratulations to October winners!

Sondra Nordyke—\$8.25

Virginia Craig—\$8.00

Ginny Jones Kelley—\$6.00

Brenda Davis—\$7.07



WELCOME NEW MEMBERS!

Nancy Jones
Van Jones
Sharon Ackerman
Jayne Garber
Vera Gross
Claudia Wilson
Karen Burton



Senior Center Board Report for September 2015

Meals: 532 meals were served to 89 attendees.

Transportation: 325 one way trips were provided to 52 participants.

ESP Medical: There were 12 units for 4 clients.

Adult Day Care: There were a total of 90.5 trips provided for 8 clients.

Home Meals: There were 2324 home meals delivered to 85 clients.

Supportive Services: There were 48 units for 18 clients.

Socialization/Recreation: There were 120.5 different activities and 188 clients attending.

Homemaking Services: 885.5 units for 133 clients.

Total transportation miles: We traveled 10426 miles transporting clients.

Total miles delivering meals: We traveled 3021 miles delivering meals.

Clinton Maid: 49 units for 13 clients

Operation Christmas Child Packing Party

Tuesday, November 10 at 10:30 a.m.



CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street

Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

THANK YOU!!!

Many Thanks to:

- *The Laurels of Blanchester for Blood Pressure Checks
- *Wilmington Nursing & Rehab for our Luncheon
- *Cape May for October Birthday cake

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Lois Butt, LNHA, MSOL
Executive Director

820 E. Center Street • Blanchester OH 45107
937.783.4949 • fax 937.783.5820
email: lbutt@continentalmanor.org

Seniors Need Help call 382-7170

The Noble and the Brave: A Veteran's Day Tribute

When America had an urgent need,
These brave ones raised a hand;
No hesitation held them back;
They were proud to take a stand.
They left their friends and family;
They gave up normal life;
To serve their country and their God,
They plowed into the strife.
They fought for freedom and for peace
On strange and foreign shores;
Some lost new friends; some lost their lives
In long and brutal wars.
Other veterans answered a call
To support the ones who fought;
Their country had requirements for
The essential skills they brought.
We salute every one of them,
The noble and the brave,
The ones still with us here today,
And those who rest in a grave.
So here's to our country's heroes;
They're a cut above the rest;
Let's give the honor that is due
To our country's very best.

By Joanna Fuchs

November Recipe....



Pumpkin Pie Dip

1 package (8 oz.) cream cheese, softened
2 cups confectioners' sugar
1 cup canned pumpkin
1/2 cup sour cream
1 tsp. ground cinnamon
1 tsp. pumpkin pie spice
1/2 tsp. ground ginger

Gingersnap cookies

In large bowl, beat cream cheese and confectioners' sugar until smooth. Beat in the pumpkin, sour cream, cinnamon, pumpkin pie spice and ginger until blended. Serve with gingersnaps. Refrigerate leftovers. Yield: 4 cups

Happy Thanksgiving

Annual Christmas Bazaar
Saturday, December 5
9:00 a.m. to 2:00 p.m.
Bake Sale
Craft Sale
Food

This Was The Year ... 1954

***U. S. President & Vice President: Dwight Eisenhower
and Richard Nixon***

Cost of Living:

New House—\$10, 250

New Car—\$1,700

Gasoline—22 cents per gallon

Average Rent—\$85 per month

Cost of Food:

Ground Coffee—78 cents per pound

Eggs—26 cents per dozen

Milk—92 cents per gallon

Bacon—57 cents per pound

Ground Hamburger—55 cents per pound

Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



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**Wilmington Nursing &
Rehabilitation Center**

75 Hale Street
Wilmington, OH 45177

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Fax: (937) 383-1215

Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR NOVEMBER 2015

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos
12:15 am—Rook
12:15 am—Crafts

TUESDAY

8:00 am—Early Bird
9:00 am—Stability Ball
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
2:30 pm—Line Dancing
7:00 pm—Square Dancing

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss
1:00 pm—Chair Yoga

THURSDAY

8:00 am—Early Bird
9:00 am—Exercise with Weights
9:00 am—Pinochle
10:00 pm—Exercise
12:15 am—Chair Volleyball

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:00 am—Flex Class
9:30 am—Bridge
12:15 pm—Rook
12:15 pm—Crafts

MIRACLE-EAR HEARING CENTER

Steve Voller, BC-HIS

Wednesday, December 30, 2015

9:00 to Noon

UPCOMING EVENTS

Thursday, November 5—Veteran Recognition Ceremony at 2:00 p.m.

Friday, November 6—Balance Due for Pigeon Forge Trip.

Tuesday, November 10—Advisory Board Meeting at 10:00 a.m.

Tuesday, November 10—Operation Christmas Child Packing Party at 10:30 a.m.

Wednesday, November 18—Luncheon by Wilmington Nursing and Rehab at 12:00 noon

Friday, November 20—Birthday Dinner. We celebrate all November birthdays

Friday, November 20—Health Department will be here doing Blood Pressure Checks 10:30 a.m. to 11:30 a.m.

Monday, November 23—Thanksgiving Dinner. The Laurels of Blanchester speaker: “Fall Prevention” at 11:00 a.m.

Thursday, November 26 and Friday, November 27—Closed for Thanksgiving Holiday

Saturday, December 5—Annual Christmas Bazaar 9:00 a.m. to 2:00 p.m. Bake Sale, Craft Sale, Lions Club Candy.
Food available from 10:00 a.m. to 1:00 p.m.

Saturday, December 12—Country Christmas Party. Details in December Newsletter

Ala Carte		Mon	Tue	Wed	Thu	Fri
<u>Monday</u> Ham & Beans Cornbread	2 Rosemary Chicken Potato Wedges Vegetable Medley Wheat Bread Pears	3 Pineapple Ham Sweet Potato Patties Peas Dinner Roll Juice & Cake	4 Chicken Potato Casserole Broccoli Wheat Bread Juice & Grahams	5 Meatloaf w/gravy Mashed Potatoes Spinach Bun Peaches	6 Turkey Tetrazzini Brussel Sprouts Cinnamon Apples Wheat Bread	There Will be NO ALA CARTE available on November 18, 20 and 23
<u>Tuesday</u> Grilled Cheese, Grilled Ham & Cheese	9 Chicken & Noodles Green Beans Carrots Wheat Bread Apple	10 Cheese Ravioli Italian Vegetables Spinach Wheat Bread Mandarin Oranges	11 Roast Turkey Mashed Potatoes Vegetable Medley Dinner Roll Juice & Grahams	12 Broccoli Chicken w/Rice Oregon Vegetables Corn Wheat Bread	13 Steak Hoagie Potato Wedges Baked Beans Bun Orange	
<u>Wednesday</u> Chef Salad	16 Hamburger Potato Wedges Broccoli Bun Raisins	17 Chicken & Rice Broccoli Carrots Wheat Bread Pears	18 Lunch provided by Wilmington Nursing and Rehab at 12:00 noon	19 Italian Chicken Spaghetti Italian Vegetables Wheat Bread Applesauce	20 Salisbury Steak Whipped Sweet Potatoes Oregon Vegetables Birthday Cake	
<u>Thursday</u> Grilled Cheese, Grilled Ham & Cheese	23 Roast Turkey Herb Dressing Broccoli Green Beans Holiday Dessert	24 Ham & Beans Vegetable Medley Cornbread Juice & Grahams	25 Chili Spaghetti Mixed Vegetables Apple	26 Happy Thanksgiving—Center Closed	27 Center Closed	
<u>Friday</u> Grilled Cheese, Grilled Ham & Cheese	30 Beef Stew Green Beans Dinner Roll Pineapple					

Return Address

**Wilmington Savings Bank—
Clinton County Senior Center
717 North Nelson Ave., P. O. Box 32
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