



CLINTON COUNTY COMMUNITY ACTION PROGRAM INC.
SENIOR OPERATIONS
WILMINGTON SAVINGS BANK-CLINTON COUNTY SENIOR CENTER
This institution is an equal opportunity provider and employer

THE SENIOR INFORMER

CONGRATULATIONS!

JIM & JOANN PATTERSON 40th ANNIVERSARY

**Clinton County Community
Action Programs, Inc.**

Hours Of Operation

M-F 8:00 am - 4:30 pm

SENIOR OPERATIONS

937-382-7170

937-382-1848

**SENIOR SERVICES
CENTER**

Rebecca Rushing, Director

655-2163

Stella Cramer,

Site Coordinator

655-2156

Cindy Fitch, Supportive
Services

655-2151

Vicki Trapp, Homemaker

Supervisor

655-2164

Case Management

Pam George, LPN

655-2157



WELCOME SILVER SNEAKERS!



SENIOR FIT CLASSES

MONDAY, WEDNESDAY, FRIDAY

8:45 am to 9:45 am

ZUMBA GOLD

FRIDAY at 1:00 pm



Walk Club Update!**April total: 313 miles**

Yvonne Ragan 46 miles
 Polly Daugherty 24.5 miles
 Charlotte Bland 104 miles
 Janet Esmail 20.5 miles
 Goldie Lawson 44 miles
 Kathy Schwab 74 miles

Walkers meet at the bike trail parking area on Nelson Avenue on Mondays, Wednesdays and Fridays at 8:00 a.m.

All walkers should pick up a calendar each month to track days and distance walked and return at the end of the month.

New members are always welcome to join. Treadmills and stationary bicycles are available at the Senior Center when inclement weather does not permit outdoor walking.

Fred Blake 06/11
 Nancy Lee Boldman 6/6
 Camille Brady 6/11
 Geraldine Breckel 6/13
 Gene Breckel 6/2
 Delious Bullock 6/7
 Shirley Burton 6/27
 Robyn Claibourne 6/27
 Lori Conger 6/20
 Dale Cioer 6/20
 Gladys Curless 6/30
 Barbara Davis 6/9
 Edith Deininger 6/1
 James Dixon 6/1
 Leo Femeyer 6/29
 Kathy Gebhart 6/15
 Richard Glaser 6/14
 Janene Goodman 6/10

Happy Birthday!!

Elizabeth Gray 6/27
 Mary Gray 6/21
 Inga Grove 6/16
 Nancy Haley 6/27
 Mildred Hamilton 6/27
 Connie Hardie 6/30
 Virgil Hawkins 6/17
 Patty Hibbs 6/10
 Linda Hildrebrandt 6/17
 Beverly Hottinger 6/7
 Joyce Hutchinson 6/23
 Bonnie Inwood 6/11
 Margaret Johnson 6/25
 Gwendolyn Jones 6/23
 Patty Long 5/15
 Marty Mason 6/24
 Paula Monday 6/12
 Jen Morrison 6/8
 Betty Nevels 6/5

Judy Nevels 6/26
 Naomi Nichols 6/6
 Joe Petrich 6/23
 John Philp 6/3
 Bill Pierson 6/14
 Debbie Powell 6/30
 Jo Ann Ray 6/11
 Leslie Rose 6/17
 Betty Salsibery 6/20
 Bob Schaeffing 6/20
 Norma Shadley 6/16
 Brenda Shaffer 6/12
 Jennifer Slagle 6/16
 Katherine Smith 6/28
 Beaurtrice Sparks 6/1
 Dale Sparks 6/3
 Donna Stewart 6/21

Robert Thomas 6/9
 Ann Von Pelt 6/28
 Stephen Walls 6/13
 Paula Walter 6/10
 Virginia Webb 6/17
 Betty Whittington 6/18
 Mary Wilkin 6/6
 Teri Willis 6/20
 Bob Wilson 6/27
 Kenneth Yeakley 6/27

Clinton Co. Community Action manages senior housing and is currently accepting names for the waiting list: Housing for 55 years of age or older—Blanchester Senior Villas located at 100 Madalyn Loftin Drive, formerly 344 Pansy Pike, Blanchester; Clinton Commons I located at 100 Commons Lane, off of Howard Street, Wilmington; Clinton Commons II located on Jeanie Wilson Way, off of Nunn Avenue, Wilmington; Housing for 62 years of age or older—Community Commons located on Community Drive, off of Nelson Avenue, Wilmington. For information Call (937) 382-8886 or visit our website at clintoncap.org or OHTTY/YYD 800-750-0750. "This institution is an equal opportunity provider and employer" Equal Housing Opportunity.

**STIMULUS DRAWING**

Carole Nichols \$7.75

Dee Foster \$6.25

Ginny Jones Kelly \$6.75

Esther Jordan \$8.75

Ginny Jones Kelly \$6.25

Shirley Massie \$5.05

**WELCOME NEW MEMBERS!**

Donald R. Johnson

Sharon M. Johnson

Susan Moore

Carol Sternsher

Jean True

Mary Taylor

Marty Mason

Jennie Mason

Margaret Johnson

Shirley Katter

Candie C. Mann

Pat Fenner

Candace Fenner

Terri Gross

Meda Pittser

Beverly Drapalik

Paul Skogstorm

Helen Skogstorm

Georgia Marburger

Senior Center Board Report for April 2015

Meals: 532 meals were served to 77 attendees.

Transportation: 546 one way trips were provided to 65 participants.

ESP Medical: There were 16 units for 6 clients.

Adult Day Care: There were a total of 94 trips provided for 7 clients.

Home Meals: There were 1751 home meals delivered to 67 clients.

Supportive Services: There were 91.5 units for 25 clients.

Socialization/Recreation: There were 116.50 different activities and 185 clients attending.

Homemaking Services: 890.25 units for 128 clients.

Total transportation miles: We traveled 11,042 miles transporting clients.

Total miles delivering meals: We traveled 2701 miles delivering meals.

Clinton Maid: 61.50 units for 13 clients

CAREGIVER ASSISTANCE NETWORK

Meets 2nd Monday each month at 7:00 pm at St. Columbkille Church Parish Center Library (Parish Center is building behind church).

All caregivers are welcome!

CLINTON CO. ADULT DAY CENTER, INC.

66 N. Mulberry Street

Wilmington, Ohio 45177

We are a non-profit organization that provides assistance with activities of daily living to impaired adults in a safe environment while providing respite for their caregiver.

Call 937-382-2070 for further information.

Buckley, Miller & Wright

Attorney at Law

145 North South Street

Wilmington, Ohio 45177

(937) 382-0946

Agent for Ohio Bar Title Insurance Co. Fax (937) 382-1361

THANK YOU!!!

Many Thanks to:

*The Laurels of Blanchester for Blood Pressure Checks

*Wilmington Nursing & Rehab for our Luncheon

*Cape May for May Birthday cake

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Terry Spurlock
1403 Rombach Avenue
Wilmington, OH 45177

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Mobile: 937-603-5429

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1107 Rombach Ave., Wilmington, OH 45177



Lois Butt, LNHA, MSOL
Executive Director

820 E. Center Street • Blanchester OH 45107
937.783.4949 • fax 937.783.5820
email: lbutt@continentalmanor.org

Seniors Need Help call 382-7170

OPERATION CHRISTMAS CHILD IS STARTING UP AT THE CENTER

Begin purchasing items for the boxes that we will fill coming in November . If we begin early purchasing supplies then there won't be a needed supply coming in November

Beginning in April-Nov. there will be a Big Christmas Box in the foyer for you to put in your items of the month. Or any items you wish. **100** boxes are our goal for the Center, so Happy Operation Christmas Child Shopping.

June supplies:

Combs, brushes, hair Accessories and deodorant.



SENIOR CENTER OPEN ON SATURDAYS!

Hours are 8 am to 10 am.



Starting June 27th Line Dancing will be held from 9 am to 10am



STRAWBERRY FESTIVAL

Saturday, June 20, 2015

Chester Friends Church

4:00 pm to 8:00 pm

THE RIVEREST TRIO and FRIENDS

Friday, June 19, 2015

Clifton Opera House

7:30 pm

CUBA FRIENDS MEETING ICE CREAM SOCIAL

June 27, 2015

4:00 pm to 8:00 pm

Silent Auction & Dinner

VISIT OUR CRAFT ROOM

PURCHASE HOMEMADE CARDS FOR EVERY OCCASION!



Jane Newman, RYT, is sponsoring two free chair yoga classes in June at Wilmington Saving Bank/Canton County Senior Center. This is an opportunity to experience gentle yoga classes to improve flexibility, strength, balance and relaxation. This gentle approach to yoga is appropriate for individuals recovering from an injury or medical condition, for people wanting more strength and flexibility, as well as senior citizens. No previous experience is necessary. People wanting support with relaxation and restful sleep will also enjoy these classes. Poses to renew strength, vitality and flexibility will be offered. These classes will meet from 1-2 pm on Wednesdays, June 17 and June 24. The instructor is Jane Newman, Registered Yoga Teacher with Main Street Yoga.



Recycling Program

Community Action now has a paper recycling bin located by the end driveway of the main office building. To enable us to keep the bin we need everyone to place their old newspapers, magazines, junk mail and shredding into the dumpster! Spread the word to your friends and family, they can place their items in the dumpster too!



Mike Daugherty LLC

Attorney at Law

202 West Locust Street
Wilmington, OH 45177

Phone (937)382-2345
Fax Toll Free (866)214-2074
mike@clintoncountylawyer.com
www.clintoncountylawyer.com





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Mindy Johnson

Owner/Operator
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Wilmington, Oh 45177

Phone: 937-509-1622
Call or Text

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WILMINGTON, OHIO 45177

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Wilmington Nursing & Rehabilitation Center

75 Hale Street
Wilmington, OH 45177

Phone: (937) 382-1621
Fax: (937) 383-1215

Seniors Need Help call 382-7170

ACTIVITY SCHEDULE FOR JUNE 2015

MONDAY

8:00 am—Early Bird
8:30 am—Chair Yoga
8:45 am—Silver Sneakers
9:00 am—Walk Club
9:00 am—Pool
10:00 am—Corn Toss
12:15 pm—Mexican Train Dominos
12:15 am—Rook
12:15 am—Crafts

TUESDAY

8:00 am—Early Bird
9:00 am—Stability Ball
10:00 am—Exercise
12:15 pm—Crafts
12:15 pm—Euchre
2:30 pm—Line Dancing
3:30 pm—Low Impact Aerobics
7:00 pm—Square Dancing

WEDNESDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
10:00 am—Corn Toss

THURSDAY

8:00 am—Early Bird
9:00 am—Exercise with Weights
9:00 am—Pinochle
10:00 pm—Exercise
12:15 am—Chair Volleyball
1:00 pm—Veteran's Meeting
3:30 pm—Low Impact Aerobics

FRIDAY

8:00 am—Early Bird
8:45 am—Silver Sneakers
9:00 am—Pool
9:00 am—Walk Club
9:00 am—Flex Class
9:30 am—Bridge
12:15 pm—Rook
12:15 pm—Crafts
1:00 pm—Zumba Gold

MIRACLE-EAR HEARING CENTER
Steve Voller, BC-HIS
Wednesday, June 24th
9:00 to Noon

UPCOMING EVENTS

June 8th—SERO Lunch at 12:00

June 12th—Senior Awareness Fair from 1:00 pm to 3:00 pm

June 17th—Diabetic Therapeutic Shoe Program Presentation—10:00 am to 11:30 am

Please sign up at the front desk if interested

You must bring insurance and Doctor information to clinic

June 17th—Free Chair Yoga Class by Jane Newman, RYT from 1:00 am to 2:00 am

June 19th—Birthday Dinner

June 23rd—Advisory Board at 9:30 am

June 24th—Free Chair Yoga Class by Jane Newman, RYT from 1:00 am to 2:00 am

June 24th—Dinner Trip to Bag of Nails. Depart at 4:00 pm

June 25th—Bananna Splits from 2:00 pm to 3:00 pm. Cost \$3.00

Mon		Tue		Wed		Thu		Fri	
1	Hamburger on Bun Great Northern Beans Broccoli Pineapple	2	Salisbury Steak Sweet Potatoes Oregon Vegetables Wheat Bread Mandarin Oranges	3	Chicken Salad on Bun Potato Salad Coleslaw Banana	4	Fried Steak Italiano Spaghetti Italian Vegetables Wheat Bread Applesauce	5	Chicken & Brown Rice Broccoli Carrots Pears
8	Grilled Chicken Potato Wedges Green Beans Bun Fresh Orange	9	Italian Meatloaf Spaghetti Italian Vegetables Dinner Roll Pineapple	10	Turkey Sandwich Creamy Veggie Soup Potato Salad Coleslaw Peaches	11	Baked Chicken Herb Dressing Broccoli Green Beans Applesauce	12	Chili Spaghetti Mixed Vegetables Fresh Apple
15	BBQ Beef on Bun Peas & Pearl Onions Coleslaw Peach Dessert	16	Chicken w/gravy Broccoli Green Beans Wheat Bread Pineapple	17	Lunch by Wilmington Nursing and Rehab at Noon	18	Chicken Stew Green Beans Dinner Roll Pineapple	19	Chicken Tenders Brown Rice Mixed Vegetables Fruit Cocktail Birthday Cake
22	Meatloaf Mashed Potatoes Spinach Peaches	23	Chicken Potato Casse- role Broccoli Wheat Bread Elf Grahams	24	Beef Taco Salad Black Beans Corn Apple Cobbler	25	Pineapple Ham Sweet Potato Patties Peas Dinner Roll Cake	26	Turkey Tetrazzini Brussel Sprouts Baked Apples Wheat Bread
29	Steak Hoagie Potato Wedges Baked Beans Orange	30	Cheese Ravioli Italian Vegetables Spinach Wheat Bread Mandarin Oranges						

Return Address

**Wilmington Savings Bank—
Clinton County Senior Center
717 North Nelson Ave., P. O. Box 32
Wilmington, Ohio 45177**

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