

Clinton County Help Me Grow

Lower level
103 E. Main St.
Wilmington, OH 45177
937-382-5899
937-382-8519 fax

The Help Me Grow office is open Monday through Friday, 8:30 a.m. to 4:00 p.m., other hours by appointment.

About Help Me Grow

Help Me Grow (HMG) is Ohio's birth to three system that provides state and federal funds to county Family and Children First Councils to be used in conjunction with state, local, and other federal funds to implement and maintain a coordinated, community-based, infrastructure that promotes trans-disciplinary, family-centered services, for expectant parents, newborns, infants, toddlers, and their families. The Ohio Department of Health and the Bureau of Early Intervention Services (BEIS) are the lead agencies administering HMG program in Ohio.

HMG is administered through 88 county-level offices throughout the state. Through the 88 counties, children and families in every county in Ohio can access Early Intervention services. Anyone can refer a child to HMG. In order to refer a child to HMG for an evaluation, contact local HMG staff at 937-382-5899.

What Services Does Help Me Grow Provide?

- Answers to your questions about your infant or toddler's health and well-being.
- Support and information about your infant or toddler's immunization, nutrition and development.
- Offers and brings together special services such as home visiting, family support and parent education to your family and child.
- Conducts developmental, hearing, vision, and nutrition screenings on your child.
- Assists your family in identifying medical and community resources to benefit your family and child.
- Prepares you and your child for transition from Help Me Grow to an appropriate "next" for your child.

Who Is Eligible?

Children from birth until age three and first time expectant parents, meeting one of these criteria's:

Federal Part C criteria:

- 1) A child with a medical diagnosis/disability or documented developmental delay, **OR**

State At-Risk criteria:

- 2) Expectant, first time mothers, with household income less than or equal to 200% of the current Federal Poverty Guideline, ***and*** having 2 additional risk factors (see below) **OR**
- 3) First time mothers (or fathers) whose baby is less than 6 months of age, with household income less than or equal to 200% of the current Federal Poverty Guideline, ***and*** having 2 additional risk factors (see below) **OR**
- 4) Children (birth to age three) identified through Children's Protective Services from substantiated cases of abuse or neglect who are not eligible to receive Part C early intervention services.

Additional risk factors:

- Adolescent (up to age 20 at time of baby's birth)
- Single (only one unmarried biological, adoptive or expectant parent of the child is present in the home)
- Lack of stable residence or dangerous living conditions
- Maternal prenatal substance abuse
- Parent with drug or alcohol dependence
- Parent with chronic or acute mental illness or developmental disability
- History of abuse or neglect

Please contact Help Me Grow at 937-382-5899 for clarification regarding eligibility.

How Much Does It Cost?

Help Me Grow is a free and voluntary program to families who qualify. We receive funding from the federal government, state of Ohio, United Way, and private donations.

Who Will Be Coming Into My Home?

Help Me Grow employs Service Coordinators, fully credentialed by the Ohio Department of Health. Each Service Coordinator must have specific credentials and are extensively trained by the Ohio Department of Health to deliver the most professional, sensitive, and quality care to your family.

Family Support Specialist may also visit you in your home. Family Support Specialists have a unique role in that they must have had a child receiving services from HMG. They, too, are extensively trained by the Ohio Department of Health to deliver the most professional, sensitive, and quality care to your family.

Locally, additional staff includes a Central Intake Coordinator, responsible for all data entry, data systems, and reporting.

All staff follows Help Me Grow on-going training schedules and receives required clinical supervision.

Where Can I Get More Information?

Locally, you are welcome to call Help Me Grow at 937-382-5899.

The Ohio Department of Health maintains the official Help Me Grow website packed with detailed information on child development, programs, policies, and more. Visit their site at www.ohiohelpmegrow.org